



Marathon

14 Oktober 2012

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Männer - Frauen / Gender

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Ergebnisse Männer

Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
1	3	Schmidt, Daniel	MH	1 LT DSHS Köln/Remscheid	1	0:49:53	1:10:12	2:12:01	2:23:00	2:23:00	3:23
2	2	Bräutigam, Marcel	MH	2 Laufclub Erfurt/Oberhof	2	0:49:51	1:10:14	2:11:46	2:24:02	2:24:03	3:24
3	1	Sansar, Elias	M30	1 LG Lage-Detmold/Detmold	3	0:50:06	1:10:40	2:12:37	2:24:12	2:24:13	3:25
4	4	Meyer, Manuel	M30	2 TV Wattenscheid 01/Coesfeld	4	0:49:53	1:10:13	2:12:13	2:24:22	2:24:23	3:25
5	1740	Knode, Felix	MH	3 Marathon-Club Menden/Arnsberg	5	0:54:20	1:16:36	2:23:58	2:37:11	2:37:12	3:43
6	2229	Basak, Necat	MH	4 FV Wallau/Biedenkopf	6	0:54:47	1:17:11	2:25:48	2:39:55	2:39:57	3:47
7	1878	Loehndorf, Thomas	M45	1 Greenock Glenpark Harriers/Gouro	7	0:57:38	1:20:42	2:28:33	2:41:17	2:41:19	3:49
8	1814	Abbing, Sven	M30	3 PP Essen/-	8	0:57:03	1:20:16	2:28:30	2:41:39	2:41:42	3:49
9	690	Tertünste, Björn	M35	1 MTG Horst Essen/Essen	9	0:57:46	1:21:08	2:28:59	2:42:20	2:42:22	3:50
10	1390	Albrecht, Jörg	M40	1 RWE Starlight Team Essen/Sprockhö	10	0:57:38	1:20:12	2:28:22	2:42:27	2:42:28	3:50
11	1657	Oesterwind, Dirk	M45	2 Triathlon TG Witten/Witten	11	0:57:05	1:20:13	2:28:53	2:44:12	2:44:13	3:53
12	1207	Jäkel, Robert	M45	3 TuS 08 Lintorf/Ratingen	13	0:57:47	1:21:09	2:31:00	2:45:23	2:45:24	3:55
13	1357	Sporkmann, Tim	MH	5 TV Wattenscheid 01/Oberhausen	15	0:54:19	1:16:36	2:31:10	2:48:50	2:48:51	4:00
14	1588	Lawrenz, Leif	M30	4 ESV Meiderich/Duisburg	16	0:59:23	1:23:26	2:34:51	2:48:54	2:48:57	4:00
15	1868	Weiß, Peter	M40	2 Lauftreff Lüdinghausen/Lüdinghaus	17	0:59:07	1:23:06	2:34:38	2:49:08	2:49:10	4:00
16	1933	Wolf, Alexander	M40	3 Brander SV Tri Team/Aachen	18	0:59:23	1:23:28	2:36:56	2:50:56	2:50:59	4:03
17	1589	Torke, Fred	M45	4 ASV Duisburg/Duisburg	19	0:59:22	1:23:26	2:36:54	2:51:08	2:51:12	4:03
18	1929	Schröer, Ludger	M40	4 -/Münster	20	0:57:46	1:21:08	2:36:55	2:51:12	2:51:15	4:03
19	1743	Fickers, Daniel	M45	5 -/Büllingen	21	0:59:55	1:24:00	2:37:26	2:51:43	2:51:44	4:04
20	2123	Schmich, Christoph	M45	6 RWE Starlight Team Essen/Essen	22	0:59:52	1:23:58	2:37:10	2:51:54	2:52:00	4:04
21	1690	Saadani, Abdellah	M45	7 Aids-Hilfe Münster/Münster	23	0:55:31	1:19:23	2:36:30	2:52:33	2:52:34	4:05
22	1459	Schmidt, Heiko	M35	2 rhein-marathon Düsseldorf/Düssel	24	0:59:52	1:24:02	2:38:01	2:52:54	2:52:58	4:05
23	1520	Mlynski-Wiese, Alexander	M45	8 TV Roetgen/Roetgen	25	0:56:20	1:20:04	2:37:26	2:53:26	2:53:28	4:06
24	1527	Neuhaus, Baptist	M30	5 -/Hattingen	26	1:01:06	1:25:44	2:39:34	2:53:37	2:53:41	4:06
25	923	Lücker, Max	MH	6 TSG Söflingen/Pr.Oldendorf	27	0:59:54	1:23:58	2:38:41	2:53:53	2:53:55	4:07
26	1060	Steindl, Marc	M45	9 MTV Kronberg/Bad Homburg	28	0:59:54	1:24:02	2:38:27	2:53:56	2:54:00	4:07
27	1003	Grell, Thomas	M45	10 BSG Sparkasse Siegen/Siegen	29	1:01:22	1:26:11	2:40:01	2:54:06	2:54:10	4:07
28	1163	Haase, Roland	M40	5 TSG Harsewinkel/Harsewinkel	30	1:03:02	1:28:25	2:40:29	2:54:21	2:54:27	4:07
29	1532	Schmidt, Marco	M40	6 SWE-Laufteam Erfurt/Erfurt	31	1:01:07	1:25:47	2:40:16	2:54:48	2:54:50	4:08
30	1692	Ziegler, Marc	M40	7 LSF Münster/Münster	32	1:01:09	1:25:49	2:39:39	2:54:51	2:54:51	4:08
31	729	Hansmann, Frank	M40	8 LG Bauerkamp Warburg/Warburg	33	1:02:24	1:27:27	2:41:10	2:55:13	2:55:15	4:09
32	1723	Altinova, Egemen	M40	9 Ayyo Team Essen/Leverkusen	35	1:01:08	1:25:46	2:40:12	2:55:56	2:55:58	4:10
33	1166	Ebert, Enrico	M30	6 SC Demker 95 e.V./Demker	36	1:03:35	1:28:02	2:41:14	2:56:08	2:56:13	4:10
34	1782	Malchow, Reiner	M40	10 SG Eintracht Ergste/Schwerte	37	1:01:07	1:25:50	2:41:01	2:56:36	2:56:40	4:11
35	1344	Diekmann, Bernd	M40	11 Lauffreunde HADI Wesel/Wesel	38	1:00:59	1:25:46	2:41:42	2:56:53	2:56:56	4:11
36	1798	Lange, Christof	M40	12 -/Heiligenhaus	39	1:03:29	1:29:07	2:43:50	2:57:49	2:57:55	4:12
37	1297	Heßling, Michael	M40	13 Tri Ducks Dorsten/Dorsten	40	1:02:27	1:27:39	2:42:39	2:57:49	2:57:53	4:12
38	1402	Bajon, Ralf	M45	11 Team Walburga/Bochum	41	1:03:33	1:29:20	2:43:43	2:57:55	2:58:02	4:12
39	733	Thonemann, Markus	M35	3 LG Bauerkamp Warburg/Warburg	42	1:03:08	1:28:40	2:43:47	2:57:57	2:57:59	4:13
40	830	Meier, Thorsten	M35	4 -/Herne	43	1:03:34	1:29:25	2:44:07	2:57:58	2:58:05	4:13
41	1888	Markiewicz, Darius	M40	14 -/Mülheim	44	1:02:29	1:27:38	2:43:07	2:58:03	2:58:06	4:13
42	1745	Cremer, Johannes	M35	5 -/Amel	45	1:03:33	1:29:19	2:44:44	2:58:15	2:58:23	4:13
43	1496	Böckmann, Roman	M35	6 -/Münster	46	1:01:29	1:26:55	2:43:11	2:58:18	2:58:23	4:13
44	514	Jatzlau, Guido	M40	15 O.K.U.K. Düsseldorf/Düsseldorf	47	1:03:43	1:29:25	2:44:20	2:58:22	2:58:31	4:13
45	826	Faehling, Florian	MH	7 Daidalos Runners/Tübingen	48	1:04:16	1:29:21	2:44:08	2:58:27	2:58:33	4:13
46	1784	Weling, Nico	M35	7 -/Eupen	49	1:02:21	1:27:37	2:43:07	2:58:28	2:58:31	4:13



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Ergebnisse Männer

Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
47	1667	Henne, Christian	M45	12 Ski Klub Lüdenscheid/Lüdenscheid	50	1:03:34	1:29:24	2:44:31	2:58:28	2:58:35	4:13
48	973	Hohn, Matthias	M40	16 TV Erkelenz/Erkelenz	51	1:02:49	1:28:13	2:43:46	2:58:28	2:58:30	4:13
49	1326	Griep, Dirk	M45	13 MTV Kronberg/Kronberg	52	1:03:32	1:29:24	2:44:30	2:58:28	2:58:36	4:13
50	1113	Lütge-Varney, Martin	M40	17 MTV Kronberg/Kronberg	53	1:03:36	1:29:23	2:44:29	2:58:30	2:58:34	4:13
51	300	Strätling, Benedikt	M40	18 Adler-Langlauf Bottrop/-	54	1:03:34	1:29:25	2:44:32	2:58:30	2:58:36	4:13
52	520	Rocheteau, Dominique	M45	14 LG Gummersbach/Gummersbach	55	1:03:41	1:29:31	2:44:38	2:58:35	2:58:35	4:13
53	600	Gelbarth, Markus	M40	19 RWE Starlight Team Essen/Essen	56	1:03:39	1:29:28	2:44:34	2:58:38	2:58:42	4:13
54	506	Dorobeck, Burkhard	M50	1 Team Hinkesforst/Düsseldorf	57	1:02:58	1:28:36	2:44:15	2:58:39	2:58:41	4:14
55	2201	Elsen, Mario	M30	7 SC Bütgenbach/Büllingen	58	1:02:50	1:27:37	2:43:40	2:58:40	2:58:43	4:14
56	1230	Cattepoel, Torsten	M40	20 LG Alsbach/Breitenau	59	1:03:35	1:29:24	2:44:25	2:58:40	2:58:47	4:14
57	1533	Segga, Christian	M40	21 Viermärker Dortmund/Erlangen	60	1:03:30	1:29:19	2:44:31	2:58:43	2:58:51	4:14
58	1809	wesbuer, Thomas	M45	15 Marathon Steinfurt/Ochtrup	61	1:03:00	1:28:33	2:44:13	2:58:53	2:59:02	4:14
59	1583	Henselmann, Frank	M45	16 TuS Eintracht Bielefeld/Oerlinghaus	62	1:03:02	1:28:37	2:44:17	2:59:08	2:59:13	4:14
60	575	scaramuzzo, giuseppe	M45	17 TGH Wetter/Wetter	63	1:03:41	1:29:28	2:45:00	2:59:48	2:59:50	4:15
61	1625	Kannapinn, Daniel	M40	22 -/Köln	64	1:02:48	1:28:28	2:44:32	3:00:06	3:00:09	4:16
62	1254	Steinmetz, Christian	M30	8 -/Essen	65	1:03:35	1:29:24	2:44:59	3:00:13	3:00:19	4:16
63	710	Voerste, Heinz Rudolf	M50	2 LG Kreis Ansbach/Ansbach	66	1:03:34	1:29:24	2:44:47	3:00:21	3:00:29	4:16
64	1205	van Dijk, Hans	M55	1 -/Leusden	67	1:03:19	1:28:36	2:45:04	3:01:07	3:01:10	4:17
65	610	Weber, Thoralf	M35	8 ASV Sangerhausen/Sangerhausen	68	1:03:55	1:29:51	2:46:30	3:01:39	3:01:53	4:18
66	1152	Göttlinger, Tobias	M30	9 TSV Bayer Dormagen/Neuss	69	1:02:50	1:28:29	2:45:05	3:01:43	3:01:45	4:18
67	1049	Beisert, Michael	M40	23 Rot-Weiss Essen/Hagen im Bremisc	70	1:03:42	1:29:26	2:46:25	3:01:47	3:01:56	4:18
68	542	Peterka, Andreas	M45	18 Renntiere/Oer-Erkenschwick	71	1:02:57	1:28:33	2:45:56	3:02:03	3:02:08	4:18
69	934	Wanske, Thomas	M45	19 marathon-club menden/rödinghaus	72	1:03:40	1:29:26	2:46:32	3:02:26	3:02:33	4:19
70	1463	Flemming, Bernhard	M50	3 FeRoJa Team/Hohenfelde	73	1:04:05	1:30:22	2:48:06	3:03:38	3:03:46	4:21
71	1676	Schöne, Burkhard	M45	20 Marathon-Club Menden/Balve	74	1:01:05	1:25:45	2:44:44	3:03:49	3:03:53	4:21
72	512	Fritsch, Franz	M55	2 TV Ufort-Eick/Rheinberg	75	1:03:35	1:29:24	2:48:14	3:03:59	3:04:06	4:21
73	954	Schliemann, Hans-Peter	M45	21 MTV Kronberg/Kronberg	76	1:04:43	1:30:58	2:49:08	3:04:00	3:04:08	4:21
74	1884	Kersten, Wienny	M55	3 Cifla Nymegen/Ubbergen	77	1:03:03	1:29:02	2:47:24	3:04:02	3:04:04	4:21
75	777	Beck, Alexander	M30	10 ASV Duisburg/Duisburg	78	1:03:45	1:29:26	2:48:14	3:04:17	3:04:24	4:22
76	650	Bizjak, Daniel Alexander	MH	8 Beste zehn Prozent/Herne	79	1:03:40	1:29:20	2:47:20	3:04:20	3:04:27	4:22
77	765	Rodriguez-Baena, Rafael	M40	24 TC Kray 1892 e.V./Essen	80	1:03:40	1:29:25	2:48:14	3:04:25	3:04:34	4:22
78	1840	Pösentrup, Ludger	M50	4 LSF Münster/Münster	81	1:04:07	1:30:01	2:47:49	3:04:29	3:04:31	4:22
79	1943	Mockenhaupt, Armin	M45	22 SG Westerwald/Malberg	82	1:03:32	1:29:23	2:48:34	3:05:00	3:05:09	4:23
80	631	Rüsenberg, Michael	MH	9 TV 1895 Steinheim/Steinheim	83	1:03:52	1:29:51	2:49:08	3:05:03	3:05:10	4:23
81	906	Gaudschun, Alfred	M55	4 TuS 09 Erkenschwick/Oer-Erkenschw	84	1:03:03	1:29:02	2:49:34	3:05:14	3:05:19	4:23
82	2071	Hohberg, Oliver	M45	23 RWE Starlight Team Essen/Essen	85	1:03:41	1:29:31	2:49:06	3:05:25	3:05:25	4:23
83	591	Begert, Marco	M40	25 1.LAC Dessau/Dessau	86	1:03:35	1:29:25	2:49:00	3:05:29	3:05:35	4:23
84	2138	Wagner, Matthias	M45	24 RWE Trier/Newel	87	1:03:34	1:29:24	2:49:29	3:05:37	3:05:45	4:23
85	1515	Blum, Dr. Stefan	M35	9 -/Bonn	88	1:05:38	1:32:16	2:50:54	3:06:12	3:06:27	4:24
86	966	Blazynski, Björn	M45	25 VfL Jesteburg/Buchholz	89	1:03:17	1:29:05	2:48:32	3:06:21	3:06:28	4:24
87	1595	Braun, Wolfgang	M55	5 LG Mützenich/Simmerath	90	1:03:01	1:28:55	2:50:28	3:06:26	3:06:33	4:25
88	1000	van der Zalm, Frans	M50	5 Harrie's Team/Weert	91	1:04:44	1:30:50	2:50:13	3:06:41	3:06:43	4:25
89	1729	Bodach, Christian	M30	11 Tri-Geckos Dortmund/Dortmund	92	1:06:01	1:32:56	2:52:00	3:06:50	3:06:54	4:25
90	1642	Damm, Harald	M50	6 LG Wuppertal/Wülfrath	93	1:03:35	1:29:26	2:50:11	3:06:54	3:07:00	4:25
91	1938	Tepper, Oliver	M35	10 Lauftreff Morsbach/Morsbach	94	1:03:04	1:28:45	2:49:57	3:07:04	3:07:09	4:25
92	912	Beifuss, Johannes	MH	10 -/Tübingen	95	1:06:50	1:34:11	2:53:22	3:07:10	3:07:21	4:26



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Ergebnisse Männer

Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
93	597	Link, Marco	M30	12 ASV Duisburg/Duisburg	96	1:03:32	1:29:24	2:50:50	3:07:14	3:07:21	4:26
94	1212	Warneke, Rainer	M50	7 -/Düsseldorf	97	1:03:34	1:29:25	2:50:49	3:07:28	3:07:37	4:26
95	579	Hüser, Dirk	M45	26 LG Theater Essen/Essen	98	1:06:49	1:34:01	2:53:17	3:07:29	3:07:39	4:26
96	1565	Oelsner, Dr. Malte	M45	27 LT Alt-Erkrath/Erkrath	99	1:03:39	1:29:29	2:50:20	3:07:47	3:07:52	4:27
97	699	Gorczyca, Thomas	M50	8 Erler-sportgemeinschaft/Gelsenkirc	100	1:06:48	1:33:39	2:53:22	3:08:16	3:08:27	4:27
98	511	Lorenz, Frank	M40	26 LT Gruiten-Neandertal/Mettmann	101	1:04:02	1:29:26	2:52:31	3:08:32	3:08:39	4:28
99	1699	Jacob, Klaus	M55	6 SuS Schalke 96/Gelsenkirchen	102	1:06:59	1:34:09	2:53:32	3:08:42	3:08:52	4:28
100	1136	Stapelfeldt, Detlef	M45	28 LTV Kiel-Ost/Kiel	103	1:07:01	1:33:39	2:52:47	3:08:43	3:08:53	4:28
101	1937	Luppens, Felix	MH	11 -/Bielefeld	104	1:07:53	1:34:49	2:53:48	3:08:47	3:09:01	4:28
102	1409	Feldmann, Daniel	M30	13 LG Theater Essen/Oberhausen	105	1:06:49	1:34:01	2:53:55	3:08:57	3:09:07	4:28
103	1502	Krobok, Marc	M40	27 LC Duisburg/Mülheim an der Ruhr	106	1:07:03	1:34:10	2:53:40	3:08:58	3:09:06	4:28
104	1756	Braun, Christof	M45	29 SV Bergwacht Rohren/Monschau	107	1:06:15	1:33:15	2:53:20	3:09:06	3:09:13	4:28
105	1432	Klein, Thomas	M50	9 -/Essen	108	1:07:24	1:34:31	2:53:48	3:09:10	3:09:28	4:28
106	1672	Gehrke, Klaus	M45	30 Team Walburga/Velbert	109	1:07:33	1:34:40	2:53:53	3:09:10	3:09:19	4:28
107	844	Marek, Reinhold	M45	31 -/Paderborn	111	0:59:59	1:25:38	2:51:58	3:09:33	3:09:36	4:29
108	816	Polaczek, Marcus	M30	14 TV Obermaubach/Düren	112	1:02:22	1:27:37	2:51:07	3:09:33	3:09:37	4:29
109	1805	Butler, Richard	M45	32 TV Roetgen/Roetgen	113	1:07:18	1:34:00	2:54:03	3:09:35	3:09:51	4:29
110	1977	Gütinger, Dr. Christoph	M40	28 BSG Bund Berlin/Bonn	114	1:04:29	1:31:44	2:54:03	3:09:49	3:09:56	4:29
111	1973	Meisel, Andreas	M45	33 -/Wickede	115	1:06:49	1:33:45	2:54:14	3:09:53	3:09:57	4:29
112	1355	Schmitt, Christian	M45	34 -/Dortmund	116	1:07:02	1:34:07	2:54:16	3:09:55	3:10:06	4:30
113	1370	Bettermann, Rainer	M45	35 LG Bauerkamp Warburg/Warburg	117	1:07:01	1:34:07	2:54:18	3:10:07	3:10:18	4:30
114	1356	Löbbers, Daniel	M30	15 Tri Finish Münster/Münster	118	1:05:16	1:31:59	2:53:07	3:10:20	3:10:29	4:30
115	2050	van Dongen, Werner	M50	10 TSV Weeze/Kevelaer	119	1:06:35	1:33:35	2:53:42	3:10:33	3:10:47	4:30
116	1329	Zöllner, Johannes	MH	12 TSV 1863 Herdecke/Herdecke	120	1:06:11	1:32:05	2:53:45	3:10:37	3:10:50	4:31
117	2198	Pannek, Stephan	M45	36 -/Herdecke	121	1:08:26	1:36:06	2:55:41	3:10:38	3:10:53	4:31
118	804	Jordan, Jürgen	M55	7 SuS Bertlich/Herten	122	1:03:42	1:30:32	2:55:13	3:11:33	3:11:40	4:32
119	614	Kuckelt, Frank	M50	11 FACE/Berlin	123	1:04:20	1:30:47	2:54:39	3:11:44	3:11:54	4:32
120	1041	Altmann, Sven	M35	11 -/Oberkirchen	124	1:07:59	1:34:50	2:55:13	3:11:45	3:11:58	4:32
121	1389	Schade, Volker	M45	37 -/Leichlingen	125	1:07:35	1:34:47	2:56:10	3:11:51	3:12:00	4:32
122	922	Pluljm, Cornelis	M45	38 LC Duisburg/Duisburg	126	1:07:25	1:34:29	2:55:30	3:12:07	3:12:21	4:33
123	2111	Gutmann, Hagen	M50	12 -/Essen	127	1:09:08	1:37:40	2:57:20	3:12:34	3:13:05	4:33
124	1823	Neumann, Dr. Matthias	M40	29 Henkel AG/Düsseldorf	128	1:07:04	1:34:09	2:55:33	3:12:45	3:12:54	4:34
125	1190	Smethurst, Miles	M45	39 Triathlon Team Ratingen 08 e.V/Rat	129	1:03:39	1:30:23	2:55:01	3:13:02	3:13:11	4:34
126	1831	Haaser, Matthias	M45	40 TV Witzhelden/Leichlingen	131	1:10:53	1:39:26	2:58:06	3:13:25	3:13:46	4:35
127	1606	März, Georg	M45	41 DJK Herzogenrath/Herzogenrath	132	1:03:36	1:31:40	2:56:42	3:13:33	3:13:37	4:35
128	1727	Leonard, Dr. Peter	M45	42 LSF Münster/Münster	133	1:09:00	1:36:42	2:57:52	3:13:34	3:13:42	4:35
129	1867	Grunenberg, Lars	M40	30 Lauffreunde Bönen/Bönen	134	1:08:31	1:35:47	2:58:10	3:13:42	3:13:59	4:35
130	1022	Eisele, Andy	M45	43 LSG Karlsruhe/Waldbronn	136	1:03:05	1:29:05		3:13:51	3:13:52	4:35
131	1835	Bath, Dr. Uwe	M45	44 FC Deutsche Post/Rösrath	137	1:09:04	1:37:13	2:58:16	3:13:53	3:14:08	4:35
132	1309	Ant, Wolfgang	M45	45 DJK Herzogenrath JungSiegfried/K	138	1:08:56	1:36:40	2:58:15	3:13:55	3:14:05	4:35
133	908	Lenzen, Stefan	M50	13 -/Düsseldorf	139	1:07:06	1:34:14	2:57:46	3:13:58	3:14:01	4:35
134	2137	Wagner, Jörg	M35	12 Tri-As Hamm/Hamm	140	1:09:04	1:37:20	2:58:17	3:14:11	3:14:27	4:36
135	1423	Bücker, Thorsten	M40	31 Lauffreunde Bönen/Bönen	142	1:08:33	1:35:48	2:58:12	3:14:20	3:14:35	4:36
136	315	Dietz, Ralph	M45	46 Team Deutschland/-	143	1:09:05	1:37:22	2:58:19	3:14:21	3:14:34	4:36
137	1768	Fritz, Thomas	M35	13 LSG Wind Immobilien/Köln	144	1:04:12	1:30:11	2:55:07	3:14:22	3:14:32	4:36
138	790	Woo, Lee-Yi	M35	14 Langenfelder Sportsfreunde/Lange	145	1:10:54	1:39:12	2:59:52	3:14:26	3:14:47	4:36



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
138	1968	Olf, Alexander	M30	16 -/Duisburg	145	1:08:14	1:35:34	2:57:23	3:14:26	3:14:41	4:36
140	1677	Schumacher, Uli	M50	14 SV Brackwede/Bielefeld	147	1:03:43	1:30:37	2:58:04	3:14:34	3:14:39	4:36
141	1767	Bastian, Hans	M35	15 SC Alemannia Dreikirchen/Heilbers	148	1:03:38	1:30:38	2:57:36	3:14:40	3:14:42	4:36
142	314	Lipsky, Manfred	M40	32 TUSEM Essen/-	149	1:09:18	1:37:22	2:59:15	3:14:47	3:15:00	4:36
143	1694	Teipel, Wolfgang	M55	8 -/Attendorf	150	1:05:30	1:33:17	2:58:24	3:14:47	3:14:55	4:36
144	1932	Siewert, Holger	M45	47 Brander SV Tri Team/Aachen	151	1:07:46	1:35:19	2:58:21	3:14:47	3:14:57	4:36
145	1070	Feicht, Gunnar	M50	15 LC Solbad Ravensberg/Werther	152	1:06:51	1:34:14	2:58:19	3:14:51	3:15:00	4:37
146	2145	Reiser, Jürgen	M45	48 RWE/Horrem	154	1:11:00	1:39:19	2:59:59	3:14:55	3:15:09	4:37
147	1722	Kaiser, Jörn	M35	16 Pulheimer SC Triathlon/Köln	155	1:09:04	1:37:19	2:59:32	3:15:07	3:15:23	4:37
148	1407	Gennaro, Esposito	M50	16 ASV Duisburg/duisburg	156	1:09:10	1:37:14	2:58:23	3:15:11	3:15:21	4:37
149	1339	Schrage, Andreas	M45	49 -/Bielefeld	157	1:09:06	1:37:29	2:59:40	3:15:20	3:15:33	4:37
150	1216	Schmetzke, Sebastian	M30	17 DJK Adler 07 Bottrop/Bochum	158	1:11:05	1:39:20	2:59:56	3:15:20	3:15:41	4:37
151	1594	Möchel, Uwe	M45	50 Angerland LT Lintorf/Ratingen	159	1:08:55	1:37:00	2:59:01	3:15:32	3:15:49	4:38
152	1846	Thoms, Christian	M40	33 -/Köln	160	1:08:14	1:35:50	2:58:18	3:15:33	3:15:47	4:38
153	1186	Knauff, Matthias	M40	34 RWE Starlight Team/Essen	161	1:09:39	1:38:01	2:59:49	3:15:34	3:15:49	4:38
154	1887	Rosenkranz, Dirk	M40	35 -/Wuppertal	162	1:10:48	1:39:08	3:00:29	3:15:39	3:16:02	4:38
155	1504	Frank, Karsten	M40	36 Vorwärts Rückwärts/Essen	163	1:08:59	1:36:55	2:59:18	3:15:45	3:15:56	4:38
156	582	Leonhard, Wilfried	M50	17 PV Triathlon Witten e.V./Witten	164	1:08:06	1:35:33	2:58:50	3:15:51	3:16:07	4:38
157	1870	Rombach, Rudolf	M45	51 SV Bergwacht Rohren/Monschau	165	1:06:17	1:33:16	2:57:48	3:16:02	3:16:10	4:38
158	1382	Rogge, Thomas	M50	18 Dülmen läuft/Dülmen	166	1:09:06	1:37:12	2:59:34	3:16:07	3:16:21	4:38
159	1366	Grävenstein, Lutz	M40	37 TuS 08 Lintorf/Duisburg	167	1:09:17	1:36:53	3:00:37	3:16:24	3:16:44	4:39
160	507	Rehorst, Andreas	M50	19 -/Broderstorf OT Pastow	168	1:09:10	1:37:20	2:59:04	3:16:24	3:16:38	4:39
161	2116	Johann, Thomas	M40	38 AS Neukirchen-Vluyn/Neukirchen-V170	169	1:09:05	1:37:19	3:01:04	3:16:50	3:17:05	4:39
162	1278	Glombek, Patrick	M35	17 -/Brilon	171	1:10:45	1:39:41	3:01:52	3:17:01	3:17:06	4:40
163	1079	Weiß, Christoph	M40	39 MTG Horst Essen/Essen	172	1:05:33	1:33:27	2:59:21	3:17:03	3:17:07	4:40
164	1904	Mühleneisen, Carsten	M40	40 TVE Lauffreunde Gladbeck/Gladbec173	173	1:08:53	1:36:40	3:01:23	3:17:23	3:17:35	4:40
165	1426	Schyra, Josef	M40	41 -/Bielefeld	174	1:08:58	1:37:10	2:59:36	3:17:26	3:17:40	4:40
166	2224	Bader, Christoph	M30	18 -/Wülfrath	175	1:09:18	1:37:22	3:00:19	3:17:43	3:17:57	4:41
167	1575	Grewe, Dennis	M30	19 TuS Eintracht Bielefeld/Herford	176	1:09:42	1:37:39	3:01:39	3:18:08	3:18:23	4:41
168	1969	Honold, Peter	M45	52 -/Erkelenz	177	1:07:52	1:34:49	2:59:57	3:18:08	3:18:22	4:41
169	1617	Ohlenbusch, Dirk	M50	20 Team-Magic/Lemwerder	178	1:10:34	1:39:13	3:02:35	3:18:16	3:18:23	4:41
170	2081	Biermann, Stephan	M40	42 TV Werne 03 Wasserfreunde e. V. / 179	179	1:10:28	1:39:02	3:01:51	3:18:23	3:18:41	4:42
171	1572	Ramdohr, Martin	M40	43 Lauftreff FeG Herborn/Waldaubach180	180	1:08:32	1:36:00	2:59:34	3:18:30	3:18:40	4:42
172	2206	Dodemoni, Leon	M45	53 -/Landgraaf	181	1:10:39	1:39:25	3:03:47	3:18:38	3:18:43	4:42
173	1404	Jannik, Frenefort	MU20	1 Fc Vreden/Vreden	182	1:09:04	1:37:22	3:02:13	3:18:50	3:19:06	4:42
174	1360	Mittkowski, Thomas	M45	54 BSG Springorum Bochum/Bochum	183	1:04:35	1:31:59	3:00:15	3:18:54	3:18:55	4:42
175	1783	Marson, Guido	M45	55 -/Dorsten	184	1:08:43	1:36:23	3:01:12	3:19:03	3:19:23	4:43
176	1391	Büker, Stephan	MH	13 -/Duisburg	186	1:09:03	1:37:19	3:01:42	3:19:09	3:19:24	4:43
177	544	Gwinner, Konrad	M45	56 TG Hörste/Halle	187	1:07:46	1:35:19	3:00:29	3:19:15	3:19:29	4:43
178	1646	Sadrozinski, Axel	M40	44 RWE Starlight Team Essen/Essen	188	1:08:54	1:37:03	3:01:20	3:19:21	3:19:37	4:43
179	1388	Gaudenz, Thomas	M35	18 -/Bochum	189	1:08:47	1:36:40	3:02:01	3:19:27	3:19:43	4:43
180	1559	Salomon, Gregor	M45	57 -/Espelkamp	190	1:08:39	1:36:03	3:01:26	3:19:31	3:20:11	4:43
181	810	Rausch, Karsten	M45	58 5Kaunitzer/Verl	192	1:09:10	1:37:26	3:02:19	3:19:42	3:19:51	4:43
182	1919	Patzelt, Jörn	M40	45 TV Gronau/-	193	1:12:50	1:42:08	3:05:08	3:19:54	3:20:02	4:44
183	1567	Berthold, Dr. Richard	M50	21 Saarfighters/Homburg/Schwarzena194	194	1:07:42	1:35:35	3:02:42	3:19:56	3:20:10	4:44
184	2209	Krüger, Dirk	M35	19 TV 1848 Mönchengladbach/Erkele	195	1:02:13	1:28:28	3:01:11	3:19:56	3:20:01	4:44



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
185	2089	Gieb, Willi	M60	1 LTV Kiel-Ost/Neumünster	196	1:08:59	1:37:12	3:02:41	3:19:58	3:20:07	4:44
186	1552	Jahnke, Olaf	M45	59 Dülmen läuft/Dülmen	197	1:08:58	1:37:18	3:01:46	3:20:00	3:20:13	4:44
187	759	Semmler, Olaf	M30	20 ASV Duisburg/Duisburg	198	1:09:04	1:37:14	3:02:24	3:20:06	3:20:20	4:44
188	1866	Mohnkern, Tobias	M35	20 Lauffreunde Bönen/Bergkamen	199	1:08:51	1:36:39	3:03:05	3:20:12	3:20:27	4:44
189	1487	Petri, Ralf	M45	60 -/Witten	200	1:08:45	1:36:33	3:02:22	3:20:30	3:20:48	4:45
190	1935	Janyga, Jürgen	M40	46 SV Gladbeck 13/Gladbeck	202	1:09:04	1:37:27	3:03:30	3:20:38	3:20:46	4:45
191	1312	Holzappel, Dirk	M45	61 SG Essen Schönebeck/Essen	203	1:08:58	1:36:41	3:01:00	3:20:44	3:20:54	4:45
192	1157	Weiß, Hans-Christoph	M45	62 -/Essen	204	1:13:26	1:42:18	3:05:09	3:20:46	3:21:16	4:45
193	1313	van Marwick, Klaus	M55	9 OT Bremen/Delmenhorst	205	1:12:37	1:41:21	3:05:45	3:20:48	3:21:33	4:45
194	786	Webelsieb, Jan	MH	14 MTG Horst Essen/Essen	206	1:05:10	1:32:17	3:01:30	3:20:56	3:21:03	4:45
195	1169	Bosch, Waldemar	M50	22 LTV-Kiel-Ost/Kiel	207	1:08:57	1:37:10	3:03:46	3:21:00	3:21:11	4:45
195	2143	Witte, Dirk	M40	47 BSG Recklinghausen/Witten	207	1:10:33	1:39:37	3:03:00	3:21:00	3:21:04	4:45
197	522	Schax, Manfred	M45	63 SV Viktoria Winnekendonk/Kevelae210	210	1:06:24	1:33:17	3:03:03	3:21:02	3:21:18	4:45
198	2230	Schmidt, Uwe	M40	48 HTSV Leiberg/Leiberg	211	1:13:07	1:41:35	3:05:48	3:21:12	3:21:42	4:46
199	1411	Brock, Helmut	M55	10 TSV Neustadt/Rems/Waiblingen	213	1:06:12	1:33:12	3:03:02	3:21:16	3:21:26	4:46
200	1689	Niemietz, Stefan	M30	21 Marathon-Club Menden/Fröndenbe214	214	1:09:38	1:37:17	3:04:03	3:21:16	3:21:35	4:46
201	1099	Slabon, Raimund	M50	23 Team Erdinger alkoholfrei/Velbert	215	1:06:28	1:34:07	3:03:07	3:21:20	3:21:32	4:46
202	780	Berger, Frank	M55	11 LAV Halensia/Halle (Saale)	216	1:12:21	1:41:21	3:05:37	3:21:24	3:21:59	4:46
203	1721	Pahlke, Dirk	M40	49 Renttiere/Marl	217	1:10:22	1:38:39	3:03:28	3:21:25	3:21:43	4:46
204	1742	Krüskemper, Markus	M35	21 DJK Dülmen TriTeam/Dülmen	218	1:13:58	1:43:31	3:07:11	3:21:43	3:22:14	4:46
205	1408	Runte, Meinolf	M50	24 TuS Breitscheid/Ratingen	219	1:08:54	1:37:11	3:04:48	3:21:45	3:22:01	4:46
206	1308	Bolten, Peter	M45	64 FC Stramme Jungs/Mülheim	221	1:09:05	1:37:32	3:04:31	3:21:53	3:22:03	4:47
207	1094	Toonen, Theo	M50	25 TSV Weeze/Siebewald	222	1:08:55	1:37:14	3:05:03	3:22:01	3:22:25	4:47
208	1771	Stadie, Wolfgang	M45	65 Wolles Frittenbuden Team/Wesel	223	1:06:13	1:33:36	3:02:49	3:22:05	3:22:17	4:47
209	539	Radis, Wolfgang	M40	50 -/Witten	224	1:08:35	1:36:40	3:03:34	3:22:05	3:22:19	4:47
210	502	Brandenburg, Martin	M45	66 Angerland LT Lintorf/Düsseldorf	225	1:12:27	1:41:55	3:06:33	3:22:10	3:22:25	4:47
211	508	Kirsch, Sven	M35	22 Hometown-Loop 2012/Haan	226	1:11:07	1:39:40	3:05:18	3:22:10	3:22:20	4:47
212	1327	Rische, Karsten	M50	26 jamartRUNNERS/Roetgen	228	1:09:12	1:37:52	3:04:55	3:22:14	3:22:28	4:47
213	1656	Bettger, Thomas	M40	51 Hamminkelner SV/Wesel	229	1:11:50	1:41:09	3:06:37	3:22:17	3:22:37	4:47
214	2054	Böhle, Dirk	M50	27 TV Werne 03/-	230	1:10:45	1:39:47	3:04:10	3:22:18	3:22:22	4:47
215	1830	Giersberg, Andreas	M45	67 Stadt Bochum Team/Bochum	231	1:09:15	1:37:25	3:04:19	3:22:20	3:22:31	4:47
216	1494	Renkens, Heinz-Peter	M40	52 LLG Kevelaer/Geldern	232	1:11:06	1:40:04	3:05:40	3:22:22	3:22:36	4:47
217	1876	Krieger, Hermann	M55	12 -/Emmendingen	233	1:12:45	1:41:40	3:06:00	3:22:27	3:22:53	4:47
218	681	Schellin, Holger	M35	23 -/Unna	234	1:07:56	1:35:54	3:04:34	3:22:28	3:24:02	4:47
219	801	Möllenhoff, Klaus	MH	15 TG Neuss/Neuss	235	1:07:02	1:34:09	3:03:07	3:22:33	3:22:43	4:48
220	1580	Brouwer, Jörg	M40	53 LAC Veltins HSK TuS Oeventrop/Arr236	236	1:10:30	1:39:15	3:05:08	3:22:37	3:22:52	4:48
221	1956	Drehkard, Stephan	M30	22 Tri Team FS Düsseldorf/Düsseldorf	237	1:13:01	1:42:26	3:05:33	3:22:41	3:24:01	4:48
222	745	Kühnel, Andreas	M50	28 TVK 1877 Essen/Essen	238	1:13:31	1:42:44	3:06:47	3:22:42	3:23:03	4:48
223	1358	Unbehaun, Lars	M40	54 ULTRARUNNER-TEAM.de/Erfurt	239	1:11:01	1:40:11	3:06:08	3:22:43	3:23:06	4:48
224	1688	Recknagel, Volker	M30	23 HTW Berlin Hochschulsport/Cottbu240	240	1:11:07	1:39:07	3:05:07	3:22:47	3:22:52	4:48
225	1963	Funk, Marc-Alexander	M40	55 ASC Ströher Dillenburg/Greifenstei241	241	1:08:38	1:36:23	3:04:55	3:22:57	3:23:10	4:48
226	877	Ridder, Ingbert	M50	29 Stadt Bochum Team/Essen	242	1:09:36	1:38:13	3:06:05	3:23:10	3:23:25	4:48
227	648	Mock, Christian	MH	16 -/Mülheim an der Ruhr	243	1:10:15	1:38:58	3:06:05	3:23:17	3:23:43	4:49
228	1788	Timm, Rüdiger	M45	68 Team Ronja/Iserlohn	244	1:10:35	1:39:29	3:06:46	3:23:21	3:23:39	4:49
229	1364	Skoric, Oliver	M40	56 -/Osnabrück	245	1:09:58	1:38:46	3:06:03	3:23:34	3:23:45	4:49
230	1481	Bergmann, Frank	M50	30 LT Essen-Heisingen/Essen	246	1:06:47	1:34:06	3:04:32	3:23:36	3:23:46	4:49



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
231	1734	von der Lohe, Leon	MH	17 -/Bochum	248	1:11:50	1:40:46	3:07:15	3:23:42	3:23:58	4:49
232	1792	Doifl, Helge	M35	24 -/Herne	249	1:09:16	1:37:16	3:05:36	3:23:44	3:24:02	4:49
233	1478	Wrobel, Arndt	M40	57 MTG Horst Essen/Essen	250	1:11:01	1:39:51	3:07:26	3:23:46	3:24:06	4:49
234	1936	Simon, Dieter	M50	31 LG Mülheim/Mülheim	252	1:10:21	1:38:38	3:05:38	3:24:14	3:24:31	4:50
235	1210	Habendorf, Thomas Karl	M50	32 LG Haeder Stendal/Stendal	253	1:10:51	1:40:03	3:07:15	3:24:28	3:24:48	4:50
236	1861	Kuhlmann, Christoph	M45	69 Laufsport Senden/Senden	254	1:14:10	1:43:50	3:08:43	3:24:30	3:24:43	4:50
237	1889	Schallus, Thomas	M35	25 -/Gau-Odernheim	255	1:15:26	1:44:13	3:08:39	3:24:38	3:25:15	4:50
238	1581	Schlemper, Dirk	M40	58 -/Aachen	256	1:11:35	1:40:41	3:07:37	3:24:45	3:25:06	4:51
239	665	Zerweck, Daniel	M45	70 LC Rapid Dortmund/Dortmund	257	1:16:10	1:46:17	3:09:31	3:24:46	3:25:12	4:51
240	947	Grube, André	M35	26 LG Gummersbach/Gummersbach	258	1:10:54	1:39:39	3:08:35	3:24:47	3:25:11	4:51
241	1970	Severin, Sascha	M40	59 Spiridon FFM/Essen	259	1:08:55	1:37:19	3:06:10	3:25:02	3:25:19	4:51
242	909	Brinkmann, Wolfgang	M60	2 MTG Horst Essen/Essen	260	1:13:31	1:42:44	3:08:18	3:25:25	3:25:45	4:52
243	2134	Schillings, Hubert	M50	33 RWE/Dormagen	261	1:07:10	1:34:36	3:04:20	3:25:27	3:25:35	4:52
244	972	Vogt, André	M40	60 LC Duisburg/Duisburg	262	1:09:02	1:37:19	3:07:34	3:25:30	3:25:44	4:52
245	503	Grosnitz, Dirk	M45	71 Angerland LT Lintorf/Ratingen	263	1:14:26	1:44:30	3:10:16	3:25:31	3:25:59	4:52
246	860	Sprang, Holger	M45	72 -/Aachen	264	1:10:48	1:39:41	3:08:17	3:26:01	3:26:07	4:52
247	1016	Lücke, Thorsten	M40	61 -/Essen	265	1:11:48	1:41:08	3:09:08	3:26:12	3:26:35	4:53
248	543	John, Dennis	M30	24 Team Erdinger Alkoholfrei/Essen	267	1:13:42	1:42:59	3:10:20	3:26:30	3:26:53	4:53
249	1031	Kämereit, Peter	M50	34 -/Essen	268	1:13:32	1:42:26	3:09:01	3:26:32	3:27:03	4:53
250	1886	Peters, Swen	M30	25 -/Dortmund	269	1:12:39	1:41:42	3:09:19	3:26:41	3:26:55	4:53
251	1098	Wollnik, Steffen	M40	62 Hamburger Sportclub/Hamburg	271	1:14:10	1:43:52	3:10:16	3:26:47	3:27:06	4:54
252	1506	Cüppers, Michael	M30	26 DJK Gillrath/Geilenkirchen	272	1:13:19	1:43:16	3:10:51	3:26:49	3:26:55	4:54
253	1090	König, Hartmut	M50	35 -/Wegberg	273	1:11:38	1:41:10	3:08:21	3:26:57	3:27:16	4:54
254	891	Iachmann, Johannes	M60	3 SV Würzburg Oberdürrbach/Würzb274	274	1:10:49	1:39:37	3:08:18	3:26:57	3:27:29	4:54
255	667	Boven, Michael	MH	18 TuS Haren/Haren	275	1:13:13	1:41:51	3:08:35	3:26:59	3:27:31	4:54
256	676	Duch, Ludwig	M45	73 D & D Hilden/Hilden	277	1:12:11	1:42:27	3:11:45	3:27:05	3:27:22	4:54
257	1125	Orosz, Dr. Robert	M35	27 LT Uerdingen Marathon Runners/Ki278	278	1:10:54	1:39:23	3:08:56	3:27:08	3:27:28	4:54
258	2091	Kalweit, Siegfried	M70	1 TSV Viktoria Mülheim/Mülheim	279	1:13:22	1:43:09	3:10:30	3:27:11	3:27:19	4:54
259	1465	Stolpmann, Christian	M40	63 -/Ratingen	280	1:11:56	1:41:00	3:09:43	3:27:17	3:27:34	4:54
260	1645	Lauth, Alexander	M30	27 -/Wesel	281	1:11:50	1:41:09	3:08:06	3:27:18	3:27:37	4:54
261	2189	Schwedler, Kay		0 -/Trier	282	1:11:30	1:39:39	3:08:44	3:27:22	3:27:47	4:54
262	895	Koepke, Jens	M35	28 -/München	283	1:11:44	1:40:47	3:09:00	3:27:32	3:27:57	4:55
263	683	Hellrung, Heiko	M45	74 -/Bad Sooden-Allendorf	285	1:12:56	1:41:51	3:09:50	3:27:34	3:27:51	4:55
264	996	Lössner, Ralph	M40	64 TuS 08 Lintorf/Duisburg	286	1:10:48	1:40:08	3:09:56	3:27:37	3:27:54	4:55
265	2197	Bahlmann, Bjoern	M35	29 Eintracht Frankfurt-Triathlon/Hütte287	287	1:11:45	1:40:33	3:09:21	3:27:40	3:28:24	4:55
266	1202	Uedelhoven, Stefan	M45	75 LC Euskirchen/Euskirchen	288	1:12:29	1:41:10	3:10:08	3:27:51	3:27:53	4:55
267	2144	Nußpickel, Frank	M35	30 \RWE Dea AG Speicherbetriebe"/	289	1:12:07	1:41:13	3:10:06	3:27:53	3:28:35	4:55
268	1182	Rüther, Martin	M45	76 -/Wesel	290	1:14:01	1:43:48	3:11:48	3:27:53	3:28:16	4:55
269	1485	Voß, Claus	M45	77 DJK TuS Rotthausen/Gelsenkirchen291	291	1:12:15	1:41:57	3:10:51	3:27:58	3:28:16	4:55
270	2195	Frings, Dominik	M30	28 -/München	292	1:13:14	1:43:08	3:11:01	3:28:09	3:28:32	4:55
271	1183	Rimbach, Tino	M35	31 -/Ammerbuch	293	1:13:35	1:42:55	3:10:26	3:28:11	3:28:34	4:56
272	1250	Niewalda, Andreas	MH	19 -/Wülfrath	294	1:12:54	1:41:55	3:10:33	3:28:12	3:28:43	4:56
272	1251	Brutke, Dennis	MH	19 -/Wülfrath	294	1:12:54	1:41:54	3:10:32	3:28:12	3:28:43	4:56
274	1561	Henry, Paul	M40	65 Active Lauffreunde Hamm/Hamm	296	1:09:25	1:38:10	3:09:46	3:28:16	3:28:22	4:56
275	1687	Crone, Peter	M45	78 -/Schneverdingen	297	1:13:36	1:43:36	3:10:59	3:28:16	3:28:43	4:56
276	1741	Komenda, Peter	M50	36 Erler Sportgem./Herten	298	1:10:21	1:39:15	3:09:51	3:28:20	3:28:38	4:56



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
277	1538	Winter, Stefan	M35	32 TB Weiden/Bochum	299	1:13:54	1:43:36	3:12:09	3:28:22	3:29:06	4:56
278	1170	Thode, Dirk	M45	79 LG Haeder Stendal/Tangermünde	300	1:10:52	1:40:03	3:10:32	3:28:24	3:28:44	4:56
279	829	Haberzeth, Udo	M50	37 VfL Gladbeck Fun Runner/Gladbeck	301	1:11:39	1:40:25	3:09:06	3:28:25	3:28:41	4:56
280	1881	Bartels, Nicolas	MH	21 -/Neuss	302	1:14:18	1:44:30	3:12:08	3:28:31	3:28:56	4:56
281	1377	Otto, Wolfgang	M45	80 Stadt Bochum Team/Bochum	303	1:13:43	1:43:15	3:11:56	3:28:32	3:29:26	4:56
282	1611	Naves, Volker	M40	66 -/Rees	304	1:14:35	1:44:04	3:11:48	3:28:34	3:29:01	4:56
283	1738	Wilms, Robert	MH	22 SG Wenden/Schalksmühle	305	0:58:31	1:23:04	3:04:23	3:28:34	3:28:36	4:56
284	898	Goldmann, Stefan	M40	67 -/Heiligenhaus	306	1:12:28	1:41:58	3:11:44	3:28:40	3:29:04	4:56
285	1434	Schneider, Herbert	M45	81 -/Lahr	307	1:14:20	1:44:30	3:12:16	3:28:44	3:29:11	4:56
286	726	Ast, Rudolf	M50	38 Renttiere/Recklinghausen	308	1:14:13	1:44:22		3:28:46	3:29:09	4:56
287	1067	Behrendt, Sigggi	M45	82 Renttiere/Marl	309	1:14:15	1:44:22	3:13:03	3:28:47	3:29:08	4:56
288	1220	kana-klinger, mario	M35	33 FC St. Pauli Marathon/bottrop	310	1:14:26	1:44:25	3:12:25	3:28:50	3:29:17	4:56
289	1615	Erkner-Bißlich, Jan	M30	29 -/Bocholt	311	1:14:21	1:44:31	3:11:51	3:28:51	3:29:23	4:56
290	1021	Eickhoff, Markus	M45	83 LB Burg Wiedenbrück/Rheda-Wied	313	1:14:24	1:44:33	3:12:28	3:28:58	3:29:26	4:57
291	1164	Roeske, Thomas	MH	23 TV Ufthor Eick/Moers	314	1:14:24	1:44:32	3:12:31	3:29:04	3:29:28	4:57
292	1785	Vogler, Stephan	M40	68 Adler-Langlauf Bottrop/Bottrop	315	1:14:19	1:44:24	3:12:04	3:29:05	3:29:32	4:57
293	789	Gralka, Robert	M40	69 Sub4/Iserlohn	316	1:08:37	1:37:15	3:12:17	3:29:05	3:29:25	4:57
294	1786	Enk, Werner	M50	39 -/Rhede	317	1:14:42	1:44:34	3:12:02	3:29:06	3:29:35	4:57
295	1709	Roßbach, Michael	M40	70 -/Essen	318	1:14:05	1:44:06	3:12:23	3:29:06	3:29:37	4:57
296	1439	Glabian, Thorsten	M40	71 -/Gelsenkirchen	319	1:14:22	1:44:32	3:12:28	3:29:07	3:29:33	4:57
297	831	Dieterich, Volker	M55	13 Sakura Heidelberg e.V./Heidelberg	320	1:12:15	1:41:36	3:11:58	3:29:08	3:29:32	4:57
298	1605	Preißdorf, Thomas	M40	72 SV Blau-Weiß Recklinghausen/Mül	321	1:09:06	1:38:15	3:11:19	3:29:12	3:29:40	4:57
299	941	Werner, Dr. Frank	M45	84 MTG Horst Essen/Essen	322	1:14:29	1:44:36	3:12:31	3:29:14	3:29:36	4:57
300	1951	Dohle, Joscha	M30	30 -/Bielefeld	323	1:10:30	1:39:14	3:11:05	3:29:17	3:29:32	4:57
301	1858	Lange, Dr. Roland	M40	73 -/Krefeld	324	1:09:09	1:37:50	3:10:53	3:29:18	3:29:35	4:57
302	1135	Gdanitz, Peter	M45	85 LT MG-Volksgarten/Mönchengladb	325	1:09:35	1:37:43	3:10:19	3:29:18	3:29:30	4:57
303	1697	Kirschte, Thomas	M45	86 FC Erzgebirge Aue/Leipzig	326	1:11:06	1:40:41	3:12:33	3:29:19	3:29:30	4:57
304	1915	Lau, Stephan	M45	87 Marathon-Club Menden/Hemer	327	1:10:34	1:40:31	3:12:46	3:29:22	3:29:30	4:57
305	821	Gosling, Andreas	M45	88 LG Theater Essen/Essen	328	1:10:08	1:39:34	3:12:34	3:29:24	3:29:43	4:57
306	1522	Miethe, Ralf	M40	74 TV Mesum/Rheine	329	1:14:25	1:44:31	3:12:38	3:29:26	3:29:53	4:57
307	1654	Renting, Ralf	M45	89 -/Bocholt	330	1:13:20	1:43:14	3:12:29	3:29:29	3:29:46	4:57
308	2231	Trilling, Oliver	M35	34 KC Wiking Bochum/Hattingen	331	1:12:21	1:41:57	3:11:54	3:29:32	3:29:38	4:57
309	883	Oßenbrink, Jan	M40	75 Haltern am See/Haltern am See	332	1:09:31	1:38:13	3:11:30	3:29:34	3:29:51	4:57
310	329	Riedel, Roland	M45	90 Adler-Langlauf Bottrop/-	333	1:14:26	1:44:36	3:12:33	3:29:36	3:29:57	4:58
311	330	Fischer, Gerd	M45	91 Team Erdinger Alkoholfrei/-	334	1:14:25	1:44:35	3:12:38	3:29:37	3:29:58	4:58
312	527	Pries, Thomas	M50	40 Marathon Steinfurt/Steinfurt	335	1:12:31	1:42:00	3:12:03	3:29:53	3:30:11	4:58
313	1939	Roller, Helmut	M55	14 -/Recklinghausen	336	1:08:58	1:37:05	3:10:12	3:29:56	3:30:09	4:58
314	1071	Behroz, A.Wahied	M55	15 BSG Team EVAG/Essen	338	1:15:39	1:45:50	3:14:08	3:30:31	3:30:55	4:59
315	2088	Eerden, Günther	M50	41 Leichtathletik Nütterden/Kleve	339	1:14:23	1:44:31	3:12:34	3:30:34	3:31:00	4:59
316	621	ARNDT, Eitel	M50	42 -/Duisburg	340	1:11:17	1:40:22	3:11:04	3:30:34	3:30:36	4:59
317	1272	Homann, Guido	M35	35 -/Attendorf	341	1:03:34	1:29:25	3:08:44	3:30:44	3:30:50	4:59
318	1750	Hörmeyer, Heinrich	M60	4 -/Essen	342	1:13:21	1:43:13	3:12:46	3:30:44	3:30:51	4:59
319	1317	Schäfer, Michael	M45	92 -/Essen	343	1:14:24	1:44:33	3:13:37	3:30:47	3:31:12	4:59
320	1837	Ingenhaag, Sebastian	MH	24 -/Bocholt	344	1:14:21	1:44:32	3:13:09	3:30:55	3:31:27	4:59
321	1009	Brinker, Hans-Dieter	M50	43 RT Osnabrück/Osnabrück	345	1:11:34	1:40:18	3:13:16	3:31:08	3:31:33	5:00
322	1564	Fiekers, Stefan	M30	31 DJK Kleinenbroich/Korschenbroich	346	1:14:26	1:44:32	3:12:52	3:31:21	3:31:49	5:00



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
323	1221	Reidelstürz, Achim	M45	93 -/Wülfrath	347	1:14:57	1:44:45	3:13:15	3:31:21	3:31:50	5:00
324	2104	Brune, Markus	M40	76 ASV Duisburg/Duisburg	348	1:08:54	1:37:01	3:10:33	3:31:25	3:31:39	5:00
325	2086	Thiel, Marcel	M30	32 -/	349	1:10:55	1:39:31	3:11:56	3:31:26	3:31:45	5:00
326	1804	Rasten, Heinz	M45	94 TV 1908 Neunkirchen/Neunkirchen	350	1:12:24	1:41:49	3:11:48	3:31:51	3:32:21	5:01
327	1470	Krieg, Volker	M60	5 LC Duisburg/Duisburg	351	1:15:33	1:46:08	3:14:39	3:32:05	3:32:23	5:01
328	1361	Hantscher, Stefan	M40	77 ULTRARUNNER-TEAM.de/Suhl	352	1:14:10	1:43:44	3:13:51	3:32:15	3:32:38	5:01
329	1455	Marquis, Frank	M45	95 LC Duisburg/Duisburg	353	1:14:24	1:44:29	3:14:23	3:32:43	3:33:06	5:02
330	1898	Schauerte, Holger	M45	96 -/Essen	354	1:14:10	1:44:12	3:14:32	3:32:45	3:33:08	5:02
331	1039	Hauschild, Uwe	M55	16 TV Dieburg/Dieburg	356	1:14:23	1:44:30	3:14:57	3:32:52	3:33:21	5:02
332	1375	Prösch, Lutz	M40	78 TSG 07 Burg Gretesch/Belm	357	1:16:28	1:47:22	3:16:56	3:32:56	3:33:43	5:02
333	1545	Lehmann, Jürgen	M60	6 SCU Emlichheim/Emlichheim	359	1:16:33	1:46:40	3:16:07	3:33:16	3:33:37	5:03
334	1050	Janzen, Berthold	M35	36 SG Welper Triathlon/Bochum	360	1:13:43	1:43:27	3:14:11	3:33:17	3:33:37	5:03
335	580	Kania, Andreas	M50	44 Lauffreunde Stefansbecke/Hatting	361	1:14:04	1:43:54	3:13:18	3:33:20	3:33:47	5:03
336	2115	Horst, Hubert	M45	97 -/Bornheim	363	1:10:46	1:39:30	3:13:38	3:33:30	3:33:46	5:03
337	1619	Mock, Stephan	M45	98 TSV Straberg/Dormagen	364	1:14:26	1:44:35	3:14:43	3:33:31	3:33:52	5:03
338	1495	Fuhrwerk, Frank	M45	99 -/Lünen	365	1:14:12	1:44:12	3:14:38	3:33:33	3:33:56	5:03
339	1832	Rooch, Mathias	M50	45 LC Paderborn/Paderborn	367	1:12:31	1:42:02	3:15:24	3:33:38	3:33:41	5:03
340	1899	Duvenkamp, Stefan	M40	79 -/Essen	368	1:14:10	1:44:12	3:15:20	3:33:39	3:34:02	5:03
341	724	Stein, Volker	M45	100 TuS Deuz/Netphen	369	1:09:06	1:37:22	3:12:00	3:33:41	3:33:54	5:03
342	725	Krause, Bernd	M45	101 TuS Wilnsdorf/Wilgersdorf/Wilnsdorf	370	1:14:36	1:45:14	3:16:43	3:33:43	3:34:07	5:03
343	926	Pokoyski, Guido	M45	102 Renttiere/Marl	371	1:14:13	1:44:23	3:15:34	3:34:10	3:34:32	5:04
344	1811	Laps, Roland	M40	80 PP Essen/-	373	1:14:13	1:44:43	3:15:34	3:34:11	3:34:33	5:04
345	1222	Bald, Dietrich	M45	103 -/Haiger	374	1:14:57	1:44:45	3:14:25	3:34:15	3:34:44	5:04
346	1558	Grauke, Tobias	M50	46 SG Stern Düsseldorf/Ratingen	375	1:14:25	1:44:32	3:15:36	3:34:17	3:34:44	5:04
347	2146	Steinhauer, Achim	M45	104 LG RWE Power/Niederzier	376	1:15:09	1:45:42	3:16:32	3:34:18	3:34:45	5:04
348	2059	Krzizek, Raphael	M30	33 -/Essen	377	1:14:16	1:44:22	3:15:42	3:34:30	3:35:08	5:05
349	529	Krayer, Bernd	M50	47 TuS Breitscheid/Ratingen	378	1:14:33	1:44:40	3:15:35	3:34:33	3:34:51	5:05
350	1531	Dunger, Eberhard	M60	7 LC Wuppertal/Wuppertal	379	1:11:32	1:40:43	3:13:28	3:34:41	3:35:05	5:05
351	559	Jann, Horst	M55	17 LC Duisburg/Düsseldorf	380	1:13:41	1:43:38	3:15:04	3:34:43	3:35:01	5:05
352	675	Feichtinger, Axel	M45	105 -/Duisburg	381	1:14:31	1:44:42	3:16:24	3:34:48	3:35:11	5:05
353	1336	Meijer, Fulco	M40	81 Marathon Ibbenbüren/Ibbenbüren	382	1:14:13	1:44:19	3:16:27	3:35:05	3:35:23	5:05
354	1675	Mollaie, Dr. Nader	M50	48 Iran/Sande	383	1:13:35	1:43:18	3:16:27	3:35:05	3:35:33	5:05
355	646	Weißing, Jörg	M40	82 -/Essen	384	1:16:31	1:46:38	3:16:42	3:35:06	3:35:31	5:05
356	1464	Sander, Holger	M45	106 TV Konzen/Aachen	387	1:16:25	1:47:51	3:18:19	3:35:20	3:35:49	5:06
357	2051	Witzler, Frank	M50	49 -/	388	1:16:26	1:47:25	3:18:16	3:35:21	3:36:04	5:06
358	1555	Kirch, Gregor	M40	83 -/Essen	391	1:17:18	1:48:13	3:18:54	3:35:31	3:36:15	5:06
359	1827	Müller, Wolfgang	M55	18 VfL Engelskirchen/Gummersbach	393	1:16:38	1:47:33	3:17:32	3:35:36	3:36:12	5:06
360	1563	Kemper, Erhard	M65	1 Marathon-Club Menden/Menden	394	1:14:54	1:45:28	3:17:32	3:35:38	3:36:04	5:06
361	1174	Sons, Stefan	M40	84 -/Velbert	395	1:13:47	1:43:56	3:16:33	3:35:39	3:35:52	5:06
362	2120	Lang, Norbert	M50	50 BSG Neuss/Leverkusen	397	1:14:14	1:44:31	3:17:18	3:35:50	3:36:14	5:06
363	1926	Völl, Günter	M55	19 LG Mützenich/-	398	1:12:58	1:44:42	3:17:56	3:35:50	3:35:58	5:06
364	1908	Lamers, Marcel	M45	107 -/Bad Salzdetfurth	399	1:09:07	1:37:31	3:14:41	3:35:51	3:35:57	5:06
365	2060	Schmid-Moser, Wolfgang	M40	85 TUS-Breitscheid/-	400	1:16:31	1:46:45	3:16:40	3:35:51	3:36:24	5:06
366	1765	Iken, Matthias	M40	86 Emden LG/Emden	401	1:17:51	1:48:22	3:18:21	3:35:54	3:36:25	5:06
367	564	Fabricius, Harald	M50	51 1.JJJC Hattingen/Hattingen	402	1:14:19	1:44:40	3:17:24	3:36:02	3:36:15	5:07
368	1794	Kluge, Carsten	M45	108 Lauffreunde Bönen/Bönen	403	1:12:31	1:41:57	3:16:59	3:36:09	3:36:28	5:07



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
369	1171	Neumann, Frank	M45	109 SG Sparkasse Aachen/Aachen	404	1:15:52	1:46:44	3:18:37	3:36:13	3:36:43	5:07
370	578	Kortmann, Thomas	M40	87 -/Essen	405	1:14:25	1:44:32	3:17:18	3:36:15	3:36:41	5:07
371	1610	Boerenkamp, Rainer	M50	52 -/Nettetal	406	1:17:25	1:48:15	3:19:04	3:36:22	3:36:59	5:07
372	1859	Teigelkamp, Guido	M40	88 Adler Langlauf Bottrop/Bottrop	407	1:14:21	1:44:30	3:18:16	3:36:28	3:36:54	5:07
373	1661	Appel, Uwe	M45	110 TVA Dortmund Wickede/Dortmund	408	1:14:42	1:44:36	3:17:46	3:36:35	3:37:03	5:07
374	1730	Westerdorf, Dr. Stefan	M45	111 SV Neptun Herne/Herne	409	1:14:21	1:44:31	3:14:07	3:36:36	3:37:03	5:07
375	1508	Hennig, Marian	MH	25 -/Mönchengladbach	410	1:14:13	1:44:28	3:17:57	3:36:36	3:37:03	5:07
376	731	Heldt, Carsten	M35	37 -/Wermelskirchen	411	1:13:41	1:43:02	3:14:57	3:36:39	3:36:58	5:08
377	1749	Middendorf, Rainer	M45	112 VfL Ahaus 1892 e.V./Ahaus	414	1:10:53	1:40:12	3:16:04	3:36:53	3:37:11	5:08
378	2087	Kaci, A.W.	M35	38 -/Dortmund	415	1:14:31	1:44:39	3:17:20	3:36:57	3:37:18	5:08
379	2109	Fischer, Florian	M35	39 -/Düsseldorf	416	1:17:04	1:48:14	3:19:35	3:37:00	3:37:30	5:08
380	853	Griesang, Jens	M45	113 -/Erlangen	417	1:17:12	1:48:28	3:19:43	3:37:07	3:37:34	5:08
381	1636	Schäper, Ralph	M50	53 -/Essen	418	1:14:20	1:44:31	3:18:08	3:37:09	3:37:40	5:08
382	715	Spodymek, Sebastian	M35	40 -/Essen	419	1:14:13	1:44:48	3:18:05	3:37:11	3:37:32	5:08
383	1534	Juris, Michael	MH	26 -/Aachen	420	1:14:26	1:44:36	3:18:03	3:37:14	3:37:37	5:08
384	1165	Vittinghoff, Alf	M40	89 RWE Starlight Team Essen/Alsbach	422	1:11:51	1:41:46	3:18:03	3:37:38	3:37:53	5:09
385	1447	Timmermann, Carsten	M40	90 -/Rödermark	424	1:14:45	1:44:56	3:18:25	3:37:43	3:38:12	5:09
386	1872	Lipinski, Karsten	M35	41 flyballdream.de/Erkrath	425	1:17:13	1:48:30	3:20:20	3:37:46	3:38:11	5:09
387	2228	Münster, Bernward	M45	114 -/Köln	427	1:17:33	1:48:50	3:20:13	3:37:56	3:38:02	5:09
388	1658	Dahlhaus, Holger	M40	91 -/Wuppertal	428	1:16:06	1:46:56	3:20:17	3:38:00	3:38:46	5:09
389	1627	Schmidt, Werner	M60	8 LC Duisburg/Duisburg	429	1:14:29	1:45:02	3:19:17	3:38:04	3:38:27	5:10
390	2148	Oebel, Rolf	M35	42 -/Wessen	430	1:17:09	1:47:39	3:20:19	3:38:10	3:38:51	5:10
391	1674	Kruse, Hansgeorg	M60	9 Marathon-Club Menden/Menden	431	1:14:17	1:44:23	3:18:40	3:38:16	3:38:42	5:10
392	976	Paetzold, Ralf	M40	92 SuS Oberaden/Bergkamen	432	1:17:46	1:48:52	3:20:21	3:38:43	3:39:24	5:10
393	754	Piel, Andreas	M35	43 TV Witzhelden/Burscheid	433	1:17:49	1:49:26	3:21:41	3:38:43	3:39:21	5:10
394	566	Rembert, Hieronymus	M45	115 LAC Veltins Hochsauerland/Arnsber	434	1:14:16	1:44:38	3:17:59	3:38:47	3:39:05	5:11
395	1497	Joachim, Hans-Hermann	M60	10 Team Erdinger Alkoholfrei/Hesel	435	1:17:51	1:49:28	3:21:43	3:38:53	3:39:33	5:11
396	661	Deiters, Matthias	M35	44 TVG Kaiserau/Unna	436	1:14:33	1:45:04	3:20:05	3:38:54	3:39:27	5:11
397	2063	Gaßner, Dirk	M40	93 RWE Starlight Team Essen/Essen	437	1:15:03	1:45:23	3:17:14	3:38:54	3:39:15	5:11
398	1114	Hospod, Lucjan	MH	27 -/Dortmund	438	1:14:28	1:44:39	3:18:30	3:38:55	3:39:19	5:11
399	1653	Wurm, Christoph	M35	45 crazyrunner.de/Marsberg	440	1:14:59	1:46:25	3:21:21	3:39:08	3:39:31	5:11
400	1864	Rottmann, Rainer	M50	54 Marathon Ibbenbüren/Ibbenbüren	441	1:16:41	1:48:05	3:22:12	3:39:17	3:39:36	5:11
401	2076	Mitvovic, Milorad	M45	116 -/Bochum	442	1:13:43	1:43:01	3:19:28	3:39:20	3:39:41	5:11
402	1445	Groeters, Detlef	M45	117 -/Mülheim	443	1:15:59	1:47:04	3:20:53	3:39:28	3:39:56	5:12
403	1787	Müller, Werner	M55	20 LT Essen-Heisingen/Essen	444	1:09:02	1:38:05	3:18:01	3:39:28	3:39:39	5:12
404	776	Dittmann, Hans-Joachim	M55	21 -/Waltrop	445	1:14:13	1:44:21	3:20:52	3:39:32	3:40:10	5:12
405	1038	Hartmann, Horst	M40	94 -/Goch	446	1:13:17	1:42:37	3:18:15	3:39:36	3:40:20	5:12
406	500	Olejniczak, Stefan	M55	22 Continental Dortmund/dortmund	447	1:18:23	1:50:32	3:22:34	3:39:36	3:40:16	5:12
407	1422	Pötschke, Rainer	M40	95 Marathon Mülheim/Mülheim	448	1:14:27	1:45:40	3:18:07	3:39:42	3:40:05	5:12
408	1716	Helmus, Dirk	M35	46 -/Köln	449	1:14:20	1:44:21	3:20:19	3:39:43	3:40:26	5:12
409	1380	Tietz, Torsten	M40	96 -/Butzbach	450	1:11:38	1:41:34	3:18:44	3:39:49	3:40:13	5:12
410	1203	Luber, Anton	M45	118 BSG N-Ergie/Nürnberg	453	1:18:30	1:50:35	3:23:02	3:39:59	3:40:38	5:12
411	1204	Blumensaat, Roland	M50	55 -/Nürnberg	454	1:18:30	1:50:35	3:23:02	3:40:00	3:40:38	5:12
412	1802	Gude, Günter	M45	119 Dülmen läuft/Dülmen	455	1:17:26	1:49:09	3:21:31	3:40:00	3:40:31	5:12
413	1477	Derlich, Michael	M40	97 Borbecker Raketen Essen/Essen	456	1:14:12	1:44:34	3:21:38	3:40:04	3:40:26	5:12
414	1330	Ischinsky, Ludger	M55	23 Lauffreunde Bottrop/Bottrop	457	1:16:21	1:46:59	3:21:32	3:40:07	3:40:40	5:12



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
415	863	Brauckmann, Klaus	M45	120 Hövelhof/Hövelhof	458	1:17:21	1:48:52	3:23:15	3:40:11	3:40:52	5:13
416	823	Kodjayan, Patrick	M35	47 hofacker-runner.de.vu/Mülheim	459	1:18:07	1:50:49	3:23:36	3:40:17	3:41:02	5:13
417	526	Haase, Falko	M40	98 -/Hamburg	460	1:22:01	1:54:01	3:24:57	3:40:18	3:41:05	5:13
418	1137	Franzen, Michael	M50	56 -/Voerde	461	1:14:29	1:44:36	3:21:08	3:40:22	3:40:47	5:13
419	1374	Dumke, Holger	M35	48 BSG WAZ Essen/Duisburg	462	1:14:13	1:44:24	3:20:11	3:40:22	3:40:54	5:13
420	874	Trinks, Maik	M45	121 -/Gelsenkirchen	463	1:14:10	1:44:10	3:20:07	3:40:41	3:41:04	5:13
421	1444	Kustermann, Michael	MH	28 UNI DUE/Essen	465	1:14:23	1:44:41	3:21:52	3:40:42	3:41:05	5:13
422	1505	Mendritzki, Martin	M40	99 -/Rheinberg	466	1:17:45	1:49:20	3:21:54	3:40:45	3:41:27	5:13
423	769	Schuster, Ralf	M50	57 TC Kray 1892 e.V./Essen	467	1:17:55	1:49:46	3:23:16	3:40:46	3:41:22	5:13
424	1523	Bujotzek, Ulrich	M50	58 BSG Barmenia Versicherungen/Wupp	468	1:17:55	1:49:35	3:21:55	3:40:46	3:41:25	5:13
425	2079	Schrey, Rainer	M50	59 NWO/Mülheim	469	1:13:38	1:44:03	3:20:20	3:40:47	3:40:59	5:13
426	1450	Wassink, Andreas	M40	100 LC Duisburg/Duisburg	470	1:15:08	1:44:54	3:20:42	3:40:49	3:41:23	5:13
427	1029	Albers, Günter	M40	101 TuS Haren/Haren	471	1:14:38	1:44:29	3:19:13	3:40:51	3:41:23	5:14
428	592	Tröger, Andre	M40	102 VfL Reumtengrün/Auerbach Ot Reu	472	1:13:09	1:42:50	3:20:27	3:40:53	3:41:13	5:14
429	1142	Fiedler, Michael	M45	122 -/Voerde	473	1:14:29	1:44:37	3:20:33	3:40:56	3:41:22	5:14
430	773	Wittoesch, Stephan	M35	49 TC Kray 1892 e.V./Essen	474	1:13:03	1:42:17	3:20:54	3:41:01	3:41:22	5:14
431	1323	hendricks, johannes	M50	60 -/kevelaer	475	1:14:22	1:44:40	3:21:35	3:41:03	3:41:31	5:14
432	639	Gromzig, Dr. Werner	M55	24 LG Hart am Limit/Mülheim Ruhr	476	1:17:46	1:49:29	3:22:09	3:41:09	3:41:50	5:14
433	702	Reker, Christoph	M40	103 -/Heiligenhaus	477	1:17:33	1:47:35	3:20:35	3:41:16	3:42:15	5:14
434	757	Pleyter, Jürgen	M40	104 -/Duisburg	478	1:15:32	1:46:23	3:22:35	3:41:23	3:42:04	5:14
435	1446	Schroten, Achim	M55	25 SC Bayer 05 Uerdingen/Krefeld	479	1:17:50	1:49:32	3:23:45	3:41:24	3:42:08	5:14
436	1959	Halbrügge, Thomas	M50	61 LCO/Bissendorf	480	1:17:52	1:51:41	3:23:51	3:41:25	3:42:07	5:14
437	1879	Crone, Reinhard	M60	11 LCO/Osnabrück	481	1:17:52	1:49:35	3:23:51	3:41:26	3:42:08	5:14
438	1854	Quattrocchi, Dr. Fulvio	M60	12 Vicky4ever/Münster	482	1:17:54	1:49:34	3:23:17	3:41:29	3:42:11	5:14
439	1342	Klein, Michael	M45	123 Lauffreunde Bönen 1985 e.V./Böne	483	1:15:17	1:46:04	3:21:55	3:41:31	3:41:56	5:14
440	1345	Niehenker, Bernhard	M50	62 TV Gronau/Rheine	484	1:15:04	1:46:30	3:22:23	3:41:32	3:42:01	5:15
441	616	Staiger, Harald	M55	26 SG Commerzbank Stuttgart/Altbach	485	1:18:10	1:49:54	3:24:00	3:41:43	3:42:05	5:15
442	836	Feuser, Peter	M50	63 -/Essen	486	1:17:51	1:49:29	3:23:01	3:41:45	3:42:22	5:15
443	1670	Link, Ingolf	M55	27 Team Walburga/Bochum	487	1:17:42	1:48:38	3:22:06	3:41:46	3:42:27	5:15
444	1790	Korobejnikov, Vladimir	M55	28 Laufsport Senden/Senden	488	1:10:56	1:41:02	3:20:26	3:41:46	3:41:59	5:15
445	1753	Igelbrink, Hans-Gerd	M55	29 TV Georgsmarienhütte/Hagen	489	1:17:34	1:49:23	3:23:50	3:41:51	3:42:37	5:15
446	2207	Bobe, Nils	MH	29 SG Welper Triathlon/Hattingen	490	1:13:43	1:43:00	3:21:13	3:41:52	3:42:14	5:15
447	924	Petersen, Niklas	MH	30 Lauffreunde HADI Wesel/Viersen	491	1:15:27	1:45:53	3:21:25	3:41:54	3:42:13	5:15
448	1262	Uferkamp, Bastian	M35	50 Hamminkener SV/Wesel	492	1:16:53	1:48:02	3:22:17	3:41:56	3:42:16	5:15
449	939	Hüttner, Peter	M45	124 TuS Germania Schnelsen/Hamburg	493	1:14:50	1:46:13	3:21:34	3:41:58	3:42:03	5:15
450	720	Schmeink, Jörg	M30	34 -/Bochum	494	1:17:16	1:48:53	3:23:37	3:42:03	3:42:38	5:15
451	1570	Rother, Jurgen	M55	30 TuS Eintracht Bielefeld/Bielefeld	495	1:15:53	1:45:52	3:23:09	3:42:03	3:42:19	5:15
452	2121	Langenbeck, Michael	M45	125 Bujin-Gym Essen e. V./Essen	496	1:14:27	1:45:21	3:20:08	3:42:04	3:42:27	5:15
453	1512	Günzel, Klaus	M50	64 TSVE 1890 Bielefeld e.V./Bielefeld	497	1:14:29	1:44:36	3:21:08	3:42:05	3:42:30	5:15
454	1443	Jorgel, Thomas	MH	31 -/Heiligenhaus	499	1:16:40	1:47:28	3:24:07	3:42:12	3:42:47	5:15
455	1431	Klingen, Jürgen	M40	105 NEW Runners SG 26/Wegberg	500	1:17:47	1:49:13	3:23:00	3:42:15	3:42:44	5:16
456	1392	Killius, Klaus	M50	65 Borbecker Raketen Essen/Essen	501	1:14:11	1:44:34	3:21:58	3:42:15	3:42:36	5:16
457	1547	Evers, Thore	MH	32 Team Aerzener Maschinenfabrik/Ha	502	1:14:26	1:45:01	3:22:35	3:42:16	3:42:40	5:16
458	2199	Unger-Vongehr, Udo	M50	66 -/Reichshof	503	1:14:09	1:44:31	3:21:06	3:42:16	3:42:36	5:16
459	1849	Rüttgers, Otmar	M55	31 LSG BK-Mönchengladbach/Alsdorf	504	1:16:03	1:47:37	3:23:20	3:42:30	3:42:54	5:16
460	1865	Dietrich, Oliver	M45	126 -/Krefeld	505	1:17:44	1:49:29	3:24:42	3:42:31	3:43:20	5:16



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
461	617	Lembeck, Thomas	M45	127 -/Essen	506	1:17:27	1:48:41	3:23:46	3:42:35	3:43:08	5:16
462	1412	Kindermann, David	M40	106 -/Essen	507	1:09:04	1:37:20	3:22:30	3:42:35	3:42:47	5:16
463	1812	Gernhuber, Manfred	M60	13 PP Essen/-	508	1:19:18	1:50:28	3:23:31	3:42:36	3:43:13	5:16
464	2149	Strehlke, Reiner	M55	32 TV Ufthort-Eick/Moers	509	1:18:18	1:50:33	3:25:17	3:42:38	3:43:01	5:16
465	1268	Friend, Tristan	M30	35 Borussia Mönchengladbach/Solingen	511	1:14:36	1:45:19	3:22:28	3:42:47	3:43:15	5:16
466	848	Baumgarten, Horst	M55	33 -/Oberhausen	512	1:18:04	1:49:46	3:24:18	3:42:47	3:43:29	5:16
467	687	Krämer, Olaf	M45	128 TuS Esborn/Wetter	513	1:14:26	1:44:34	3:17:28	3:42:49	3:43:17	5:16
468	1599	Orelia, Frank	M50	67 LT Gruiten-Neandertal/Erkrath	514	1:17:03	1:48:17	3:23:30	3:42:52	3:43:21	5:16
469	1714	Genender, Hans-Wilhelm	M45	129 LT Issum Turboschnecken/Geldern	515	1:17:52	1:49:19	3:24:20	3:42:54	3:43:34	5:16
470	944	Neuheuser, Markus	M45	130 Die wilden Hunde/Bottrop	516	1:14:27	1:44:32	3:23:22	3:42:54	3:43:22	5:16
471	1155	Rinsche-Pingel, Jens	M30	36 Marathon-Club Menden/Menden	517	1:14:10	1:44:04	3:22:27	3:42:55	3:43:22	5:16
472	1245	Schmitz, Stefan	M45	131 Marathon-Club Menden/Hemer	518	1:14:10	1:43:45	3:22:25	3:42:55	3:43:21	5:16
473	1591	Frings, Andreas	M45	132 TV Witzhelden/Wermelskirchen	519	1:14:16	1:44:47	3:22:04	3:42:55	3:43:16	5:16
474	1791	Funk, Bruno	M50	68 Alemannia Aachen/Geilenkirchen	520	1:14:25	1:44:55	3:22:26	3:42:56	3:43:26	5:16
475	1521	Ritter, Roland	M50	69 TuS Uentrop/Hamm	521	1:16:49	1:47:37	3:23:52	3:43:00	3:43:40	5:17
476	1511	Landon, Nicolas	M40	107 -/Goch	522	1:16:40	1:47:40	3:23:22	3:43:01	3:43:21	5:17
477	1778	Verfürth, Christian	M40	108 vodafone runners/Düsseldorf	523	1:17:05	1:48:29	3:24:28	3:43:02	3:43:27	5:17
478	1454	Heitmeyer, Claus	M50	70 TV Georgsmarienhütte/Hagen a.T.	524	1:12:38	1:42:53	3:22:47	3:43:04	3:43:22	5:17
479	1173	Brocke, Carsten Claus	M40	109 -/Essen	525	1:17:50	1:49:38	3:24:07	3:43:05	3:43:43	5:17
480	346	Grütering, Ludwig	M50	71 LT Lippehasen/-	527	1:17:51	1:49:40	3:24:11	3:43:07	3:43:43	5:17
481	345	Trebing, Christoph	M45	133 TRC Essen 84/-	528	1:18:20	1:50:38	3:24:08	3:43:09	3:43:43	5:17
482	2124	Mirto, Robertino-Lukas	MH	33 Gesellschaft Deutschland AG/Essen	529	1:17:13	1:48:54	3:24:00	3:43:09	3:43:52	5:17
483	751	Strack, Sascha	M35	51 Marathon Dinslaken/Duisburg	531	1:22:32	1:55:53	3:27:44	3:43:11	3:44:02	5:17
484	1760	Rohde, Markus	M45	134 TV Brilon/Brilon	532	1:14:48	1:44:43	3:21:17	3:43:11	3:43:34	5:17
485	1828	Scavello, Andrea	M35	52 -/Remscheid	533	1:20:13	1:52:22	3:26:53	3:43:18	3:44:03	5:17
486	534	Kauk, Johann	M60	14 DJK Ellwangen/Ellwangen	534	1:14:47	1:44:55	3:22:15	3:43:18	3:43:20	5:17
487	1623	Zeh, Peter	M50	72 -/Bergheim	535	1:17:12	1:48:34	3:23:22	3:43:21	3:43:55	5:17
488	1807	Rudkowski, Eugen	M30	37 -/Mülheim an der Ruhr	538	1:13:44	1:43:09	3:22:55	3:43:24	3:44:00	5:17
489	1526	Karrenberg, Holger	M40	110 Provinzial Schützengel Team/Duisburg	539	1:18:28	1:50:53	3:25:36	3:43:32	3:43:46	5:17
490	839	Glomp, Günter	M50	73 Sparkasse Dortmund/Bergkamen	540	1:17:24	1:48:34	3:24:47	3:43:34	3:44:04	5:17
491	344	Niedergesäss, Frank	M50	74 LC Duisburg/-	541	1:17:50	1:50:37	3:24:27	3:43:36	3:44:11	5:17
492	1911	Farin, Winfried	M60	15 -/Neuss	542	1:17:52	1:49:40	3:24:31	3:43:36	3:44:12	5:17
493	1046	Maerz, Christian	M45	135 -/Essen	543	1:20:07	1:52:19	3:25:44	3:43:36	3:44:21	5:17
494	1068	Keßler, Sebastian	M35	53 BSG WAZ Essen/Essen	545	1:20:08	1:52:20	3:25:44	3:43:37	3:44:22	5:17
495	1930	Völker, Markus	M40	111 -/Paderborn	546	1:17:58	1:48:57	3:24:20	3:43:38	3:44:10	5:17
496	1776	Kummetz, Jörg	M45	136 Osnabrücker TB/Osnabrück	547	1:15:00	1:45:16	3:22:12	3:43:38	3:44:08	5:17
497	654	Sachs, Ralph	M50	75 SV Viktoria Winnekendonk/Kevelaer	548	1:14:41	1:46:19	3:24:25	3:43:47	3:44:14	5:18
498	846	Boven, Heinz	M55	34 TuS Haren/Haren	549	1:14:38	1:44:28	3:17:40	3:44:03	3:44:35	5:18
499	1365	Gaß, Thomas	M50	76 Lauftreff FEG Herborn/Mittenaar	550	1:19:51	1:52:10	3:25:43	3:44:03	3:44:14	5:18
500	723	Heimes, Tobias	M35	54 Depotrunners Bracht/Brüggen	551	1:20:26	1:53:11	3:26:54	3:44:04	3:44:56	5:18
501	1631	Brendler, Dirk	M40	112 Beimer-Team/Nettetal	552	1:20:37	1:53:22	3:27:05	3:44:16	3:44:56	5:18
502	1054	Bluhm, Jan-Peter	M40	113 TV Gütersloh/Gütersloh	553	1:13:09	1:44:24	3:25:35	3:44:16	3:44:35	5:18
503	1568	Reichenbecher, Wolfram	M45	137 Fischelner TV/Krefeld	554	1:22:33	1:54:30	3:27:57	3:44:28	3:45:09	5:19
504	1311	Bechtloff, Bernd	M55	35 FC Nordkirchen/Nordkirchen	555	1:17:02	1:47:49	3:24:10	3:44:30	3:44:51	5:19
505	854	Krajewski, Roman	M55	36 -/Bottrop	556	1:20:00	1:52:08	3:26:31	3:44:31	3:45:09	5:19
506	1834	Bungert, Joachim	M40	114 Stadtlohner Gladiator/Stadtlohn	557	1:14:26	1:44:37	3:22:08	3:44:34	3:44:54	5:19



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Männer - Frauen / Gender

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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
507	858	Gerbrecht, Klaus	M55	37 LT Lustige Schleicher Essen/Essen	558	1:16:13	1:45:31	3:22:57	3:44:40	3:45:12	5:19
508	656	Räbiger, Roland	M40	115 DJK Löwe Hambach/Düren	560	1:17:24	1:47:56	3:23:05	3:44:44	3:45:01	5:19
509	671	Greif, Uwe	M45	138 Dürener TV 1847/Düren	561	1:17:23	1:47:56	3:23:04	3:44:44	3:45:01	5:19
510	2093	Skornitzke, Günther	M55	38 -/Münster	562	1:17:58	1:49:44	3:25:01	3:44:46	3:45:24	5:19
511	535	Koschnick, Andreas	M35	55 Team Erdinger Alkoholfrei/Oberhau	563	1:19:17	1:51:50	3:27:21	3:44:52	3:45:35	5:19
512	1942	Wenzel, Bernd	M45	139 TUS Oedt/Grefrath	564	1:15:20	1:45:46	3:23:52	3:44:55	3:45:20	5:19
513	1863	Markowitz, Werner	M55	39 -/Jüchen	565	1:16:33	1:48:04	3:24:48	3:44:58	3:45:28	5:19
514	1910	Lange, Jürgen	M50	77 -/-	566	1:14:21	1:45:02	3:24:11	3:45:08	3:45:49	5:20
515	672	Strauch, Ralf	M45	140 -/Elsfleth	567	1:20:09	1:52:20	3:26:45	3:45:10	3:45:54	5:20
516	1754	Bauhaus, Frank	M50	78 Krefelder Kanu Klub/Moers	568	1:17:41	1:49:15	3:26:39	3:45:15	3:46:02	5:20
517	753	Spanier, Volker	M50	79 KathLaufjugendArnstadt/Erkelenz	569	1:14:17	1:44:49	3:24:14	3:45:20	3:45:27	5:20
518	1427	Marek, Jan	M65	2 Team Kempen/Grefrath	570	1:17:30	1:48:28	3:25:00	3:45:30	3:45:59	5:20
519	2141	Zipplies, Günter	M40	116 Soest/Soest	571	1:13:53	1:43:33	3:24:44	3:45:35	3:46:12	5:20
520	1901	Dohrmann, Christian	M40	117 GSV Geldern 09/34/Geldern	572	1:19:25	1:51:41	3:27:15	3:45:38	3:46:19	5:20
521	684	Simon, Ralf	M50	80 LG DUW/Oberursel	574	1:16:30	1:46:56	3:19:16	3:45:45	3:46:21	5:20
522	1414	Kutschenko, Stephan	MH	34 Team Magic Triathlon/Göttingen	575	1:19:23	1:51:36	3:28:21	3:45:46	3:46:33	5:21
523	1540	Fleischer, Bernhard	M40	118 FC Polvo/Willich	576	1:17:34	1:49:00	3:26:41	3:45:47	3:46:26	5:21
524	975	Ellrichmann, Jürgen	M50	81 Diddi´s Lauftreff/Osnabrück	577	1:17:54	1:49:40	3:26:18	3:45:53	3:46:28	5:21
525	1940	Jokschat, Marcus	M45	141 Erler Sportgemeinschaft/Gelsenkirch	579	1:15:10	1:46:43	3:25:47	3:45:55	3:46:22	5:21
526	601	Wehr, Thomas	M45	142 -/Wuppertal	580	1:14:15	1:44:28	3:24:19	3:45:56	3:46:35	5:21
527	682	Schultheiß, Volker	M55	40 Team Erdinger Alkoholfrei/Kerpen	581	1:15:40	1:46:26	3:25:47	3:45:59	3:46:39	5:21
528	1101	Schäfers, Peter	M50	82 Ruhrpottläufer/Essen	582	1:11:04	1:40:00	3:24:01	3:46:03	3:46:12	5:21
529	1206	van Megen, Ron	M55	41 -/Leusden	583	1:15:13	1:46:25	3:26:06	3:46:04	3:46:07	5:21
530	1348	Lodenkämper, Klaus	M45	143 BSG 96 Jugendamt/Essen	584	1:21:14	1:53:12	3:28:52	3:46:19	3:47:13	5:21
531	1537	Granzen, Stefan	M40	119 BSG Sparkasse Duisburg/Oberhaus	585	1:19:12	1:51:28	3:27:33	3:46:19	3:46:58	5:21
532	1064	Bleckwehl, Joachim	M60	16 LTB Bremen/Bremen	586	1:19:16	1:51:59	3:27:43	3:46:33	3:47:07	5:22
533	1666	Nowak, Dominik	M30	38 -/Essen	587	1:17:51	1:49:36	3:27:08	3:46:38	3:47:14	5:22
534	867	Schott, Martin	M45	144 LC Duisburg/Krefeld	588	1:17:52	1:49:40	3:26:58	3:46:49	3:47:23	5:22
535	787	Jahnke, Siegfried	M60	17 TC Kray 1892 e.V./Essen	589	1:14:54	1:45:50	3:26:00	3:46:58	3:47:28	5:22
536	993	Asel, Andreas	M45	145 LT Haumannplatz Essen/Essen	591	1:17:49	1:49:42	3:27:35	3:47:04	3:47:40	5:22
537	1853	Dolch, Daniel	M40	120 -/Essen	592	1:23:14	1:56:14	3:30:25	3:47:04	3:47:55	5:22
538	558	Lawrenz, Sven	M35	56 TRI FOR FUN/Oberhausen	593	1:19:16	1:51:49	3:27:57	3:47:11	3:47:55	5:23
539	1839	Lodzin, André	M45	146 Isselrunner/Isselburg	594	1:19:34	1:51:39	3:28:42	3:47:17	3:47:48	5:23
540	917	Dirkschneider, Norbert	M45	147 -/Dortmund	595	1:15:33	1:47:09	3:25:00	3:47:23	3:47:47	5:23
541	1841	Dissemond, Guido	M45	148 SuS Stadtlohn/Stadtlohn	596	1:13:43	1:43:53	3:26:01	3:47:26	3:47:51	5:23
542	1091	Janßen, Jürgen	M50	83 -/Nettetal	597	1:20:32	1:53:21	3:29:36	3:47:43	3:48:27	5:23
543	1092	Hellermann, Jürgen	M45	149 -/Grefrath	598	1:20:32	1:53:21	3:29:33	3:47:43	3:48:27	5:23
544	1109	Filipov, Robert	M40	121 LGO Bochum/Bochum	599	1:14:57	1:45:47	3:27:35	3:47:44	3:47:57	5:23
545	1703	Brendecke, Christian	M65	3 SG Olympia 1896 Leipzig e.V./Lei	600	1:17:37	1:48:37	3:26:40	3:47:50	3:48:45	5:23
546	744	Koch, Jörn	M30	39 TuRa Brügggen/Wegberg	601	1:19:23	1:51:36	3:28:06	3:47:52	3:48:32	5:23
547	1044	Bucksteeg, Steffen	M35	57 FREAK OUT/Essen	602	1:17:51	1:49:10	3:27:58	3:48:02	3:48:41	5:24
548	2186	Wattenberg, Christian		0 -/Essen	605	1:09:11	1:38:17	3:23:46	3:48:22	3:48:31	5:24
549	1614	Hoppe, Sebastian	MH	35 SV Blau-Weiss Bochum/Bochum	606	1:20:07	1:50:33	3:27:47	3:48:22	3:49:07	5:24
550	747	Uebis, Klaus-Dieter	M50	84 BSG Barmenia Versicherungen/Wu	607	1:18:04	1:49:39	3:28:08	3:48:29	3:49:08	5:24
551	1652	Korte, Frank	M45	150 SCDJK Everswinkel/Everswinkel	608	1:16:31	1:47:42	3:26:20	3:48:48	3:49:27	5:25
552	1650	König, Volker	M50	85 -/Bergisch Gladbach	609	1:20:03	1:52:01	3:30:26	3:48:59	3:49:40	5:25



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
553	1678	Thiel, Markus	M40	122 running4charity/Duisburg	611	1:22:55	1:56:14	3:31:05	3:49:15	3:50:14	5:25
554	1737	PAPADAKIS, Dr. MARIOS	M30	40 -/Magdeburg	612	1:18:01	1:49:38	3:28:27	3:49:15	3:49:44	5:25
555	1258	Brabender, Klaus Jürgen	M50	86 Werricher Lauftreff/Wesel	613	1:21:44	1:55:12	3:31:08	3:49:17	3:49:54	5:26
556	1574	Willmann, Ralph	M55	42 LT Wischlingen Dortmund/Lünen	614	1:17:31	1:49:37	3:29:45	3:49:21	3:50:00	5:26
556	1890	Kerstieus, Norbert	M50	87 LT Wischlingen Dortmund/Dortm	614	1:18:06	1:49:59	3:29:32	3:49:21	3:50:00	5:26
558	1528	Gronau, Robert	M40	123 -/Niederkassel	617	1:20:28	1:52:31	3:31:46	3:49:22	3:50:18	5:26
559	1468	Pandorf, Markus	M40	124 SV Germania Eicherscheid/Simmer	618	1:21:58	1:54:08	3:31:41	3:49:27	3:50:19	5:26
560	1053	Mroos, Kalle	M55	43 Borbecker Raketen Essen/Essen	619	1:18:19	1:50:13	3:28:22	3:49:29	3:50:21	5:26
561	1773	Willemsen, Udo	M45	151 Oepping Motorsport/Oberhausen	620	1:19:12	1:51:44	3:30:41	3:49:32	3:50:04	5:26
562	1337	Topp, Klaus	M45	152 -/Bochum	621	1:14:34	1:45:03	3:28:13	3:50:17	3:50:32	5:27
563	984	Gereke, Carsten	M40	125 LC Mittwochenabend Ratingen/Me	622	1:25:20	1:57:36	3:32:31	3:50:22	3:51:27	5:27
564	585	Emonds, Reiner	M35	58 -/Düsseldorf	623	1:23:51	1:57:18	3:33:41	3:50:26	3:51:23	5:27
565	2200	Staude, Peter	M60	18 VFL Hüls/Marl	624	1:22:29	1:55:55	3:32:28	3:50:30	3:51:19	5:27
566	1751	Pataridis, Anestis	M40	126 -/Herne	625	1:20:16	1:53:21	3:31:46	3:50:31	3:50:48	5:27
567	1659	Kallinger, Matthias	M35	59 -/Landshut	626	1:24:00	1:57:23	3:33:41	3:50:33	3:51:31	5:27
568	1953	Timmerhaus, Robert	M45	153 Marathon Dinslaken/Voerde	628	1:19:26	1:51:43	3:31:10	3:50:39	3:51:30	5:27
569	1875	Tachilzik, Andreas	M45	154 -/Essen	630	1:17:53	1:49:41	3:29:18	3:50:41	3:51:17	5:28
570	1437	Berge, Paul	M30	41 -/Dortmund	631	1:04:15	1:31:55	3:28:47	3:50:44	3:50:49	5:28
571	1310	Bezani, Helmut	M30	42 -/Dortmund	632	1:17:53	1:49:36	3:31:31	3:50:46	3:51:24	5:28
572	2114	Hertrich, Nico	MH	36 -/Essen	633	1:19:01	1:51:37	3:30:18	3:50:50	3:51:00	5:28
573	1435	Wacht, Georg	M30	43 -/Bochum	634	1:20:06	1:52:18	3:29:06	3:50:53	3:51:42	5:28
574	1499	Brauns, Tobias	M30	44 FC St. Pauli Triathlon/Duesseldorf	635	1:12:59	1:42:00	3:26:53	3:50:54	3:51:19	5:28
575	606	Teske, Michael	M60	19 -/Dorsten	636	1:18:12	1:50:30	3:30:33	3:50:56	3:51:30	5:28
576	576	Büns, Karl-Heinz	M55	44 TVK 1877 Essen/ESSEN	637	1:16:11	1:47:46	3:31:25	3:50:56	3:51:31	5:28
577	1629	Habeck, David	MH	37 Lauftreff Lausitz e.V./Hoyerswerda	638	1:09:02	1:40:43	3:29:16	3:51:03	3:51:09	5:28
578	1287	Behn, Holger	M50	88 -/Barsinghausen	639	1:17:38	1:49:51	3:30:36	3:51:12	3:51:38	5:28
579	750	Friedrich, Armin	M45	155 TSV Sandhofen/Mannheim	641	1:20:38	1:53:44	3:32:26	3:51:22	3:51:54	5:28
580	1413	Görke, Maxim	M30	45 -/Hamburg	642	1:16:11	1:46:49	3:31:13	3:51:28	3:51:59	5:29
581	666	Schütz, Hans-Dieter	M55	45 -/Magdeburg	643	1:18:01	1:50:01	3:31:09	3:51:28	3:51:33	5:29
582	1764	Karabulut, Erol	M45	156 -/Essen	644	1:18:12	1:50:26	3:31:39	3:51:48	3:52:17	5:29
583	1909	Krallmann, Frank	M45	157 BSG Sparkasse Gelsenkirchen/Gelse	645	1:23:03	1:55:59	3:33:01	3:51:48	3:52:48	5:29
584	1624	Vogler, Klaus	M55	46 -/Köln	646	1:20:53	1:53:15	3:32:39	3:51:50	3:52:32	5:29
585	1195	Wehner, Markus	M40	127 -/Korschenbroich	647	1:20:04	1:52:55	3:32:41	3:51:53	3:52:37	5:29
586	2106	EHLEN, Andreas	M40	128 -/Kreuzau	648	1:18:12	1:50:25	3:31:31	3:51:53	3:52:23	5:29
587	1108	Oster, Simon	MH	38 -/Velbert	649	1:22:44	1:55:43	3:34:18	3:51:55	3:52:45	5:29
588	1469	Rosche, Johannes	M35	60 -/Oberhausen	650	1:19:25	1:51:41	3:33:01	3:51:56	3:52:38	5:29
589	1088	Eidens, Georg	M50	89 -/Elsdorf	651	1:18:52	1:52:33	3:33:03	3:52:01	3:52:45	5:29
590	1829	Holt, Robert	M40	129 -/Remscheid	652	1:20:14	1:52:24	3:30:58	3:52:02	3:52:47	5:29
591	1553	Weyerbrock, Ralf	M45	158 Marathonteam online/Mönchengla	653	1:23:01	1:55:38	3:32:48	3:52:02	3:53:04	5:29
592	1424	Schmidt, Rudi	M60	20 -/Leverkusen	654	1:18:04	1:49:51	3:30:34	3:52:06	3:52:31	5:30
593	2068	Clemens, Ulf	M45	159 -/Mettmann	655	1:18:51	1:51:24	3:32:18	3:52:10	3:52:50	5:30
594	963	Nowak, Sascha	M30	46 -/Gelsenkirchen	656	1:14:12	1:44:56	3:30:55	3:52:12	3:52:34	5:30
595	1458	Sander, Hansjörg	M60	21 Berg-und Skigilde Hattingen/Hattin	657	1:20:26	1:53:01	3:33:01	3:52:15	3:52:50	5:30
596	1679	Förster, Carsten	M40	130 BSG Springorum Bochum/Bochum	659	1:23:57	1:57:30	3:33:42	3:52:21	3:53:22	5:30
597	1927	Hennemann, Heribert	M60	22 BSG DRV Rheinland/Ratingen	660	1:17:16	1:49:35	3:31:40	3:52:28	3:52:59	5:30
598	1905	Allerheiligen, Jens	M40	131 LG Hannover/Hannover	661	1:22:36	1:55:44	3:34:04	3:52:31	3:53:20	5:30



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
599	749	Demes, Stefan	M45	160 Treiser LWT/Allendorf (Lda)	662	1:15:23	1:47:55	3:31:54	3:52:35	3:52:53	5:30
600	1554	Nowoczin, Peter	M40	132 LA Spvgg Herten/Dorsten	663	1:21:29	1:54:10	3:32:51	3:52:37	3:53:37	5:30
601	1952	Sanders, Jürgen	M45	161 RT Backfieldrunners Bocholt/Bocho	664	1:21:35	1:53:32	3:32:33	3:52:45	3:53:35	5:30
602	1843	Bäumker, Robert	MH	39 Borussia Mönchengladbach/Rheda	665	1:24:05	1:57:46	3:34:28	3:52:50	3:53:42	5:31
603	1006	Butzer, Martin	M45	162 ATV86/Essen	666	1:08:55	1:37:20	3:18:29	3:52:54	3:53:09	5:31
604	1415	Kraft, Horst-Norbert	M50	90 Tri-Team Hagen/Lüdenscheid	668	1:17:48	1:51:00	3:35:18	3:52:56	3:53:36	5:31
605	633	Rosenhöfel, Erik	M35	61 Team Laufrausch e.V./Edeweicht - F	670	1:18:45	1:50:48	3:32:02	3:53:00	3:53:23	5:31
606	1306	Schrader, Willi	M65	4 LG Theater Essen/Essen	671	1:21:46	1:55:01	3:33:19	3:53:01	3:53:34	5:31
607	1757	Koschlitzki, Norbert	M45	163 Eintracht Duisburg 1848 eV/Duisbu	672	1:22:23	1:55:53	3:32:55	3:53:02	3:53:57	5:31
608	1240	Behlau, Markus	M30	47 LC Duisburg/Duisburg	673	1:25:25	1:58:53	3:34:33	3:53:03	3:54:04	5:31
609	1131	Grittner, Werner	M50	91 Lauf-Club Duisburg/Duisburg	674	1:25:25	1:58:53	3:34:33	3:53:03	3:54:04	5:31
610	1821	Kosiahn, Stefan	M50	92 SG Siegen-Giersberg/Siegen	675	1:19:24	1:51:36	3:32:21	3:53:04	3:53:53	5:31
611	1293	Schmitz, Henning	M50	93 LC Duisburg / DUV/Duisburg	676	1:25:27	1:58:54	3:34:34	3:53:04	3:54:04	5:31
612	1912	Müller-Zeder, Ralph	M50	94 -/Runkel	677	1:25:27	1:58:55	3:34:34	3:53:04	3:54:04	5:31
613	1604	Malinowski, Arnd	M45	164 SG Siegen-Giersberg/Siegen	678	1:19:27	1:51:38	3:32:24	3:53:07	3:53:53	5:31
614	1036	Peters, Frank	M50	95 -/Bielefeld	679	1:18:05	1:49:38	3:30:03	3:53:07	3:53:46	5:31
615	940	Weirich, Jörg	M50	96 TUS Oedt/Grefrath	680	1:15:21	1:45:47	3:23:55	3:53:10	3:53:34	5:31
616	1352	Münzer, Dawid	MH	40 -/Wuppertal	681	1:17:39	1:47:50	3:30:53	3:53:12	3:54:15	5:31
617	2069	Eden, Gerd	M60	23 -/Bochum	682	1:21:42	1:54:34	3:33:40	3:53:16	3:53:36	5:31
618	1129	Wiengarn, Wilfried	M45	165 -/Lippetal	683	1:22:34	1:55:45	3:34:35	3:53:22	3:54:15	5:31
619	1282	Otto, Marc-Peter	M30	48 BSG WAZ Essen/Essen	684	1:22:18	1:55:26	3:33:33	3:53:25	3:54:01	5:31
620	952	Tischer, Norman	M30	49 TuS Breitscheid/Ratingen	686	1:22:03	1:55:00	3:33:22	3:53:31	3:54:17	5:32
621	562	Heideck, Daniel	M30	50 -/Kerken	687	1:17:54	1:49:59	3:33:08	3:53:33	3:54:13	5:32
622	1015	Sablotny, Roman	M40	133 Rennschnecken2000 e.V./Düsseld	688	1:15:59	1:47:20	3:30:56	3:53:34	3:54:03	5:32
623	1488	Lütkestratkötter, Herbert	M60	24 -/Essen	691	1:14:07	1:44:30	3:31:14	3:53:45	3:54:11	5:32
624	1089	Wiemer, Michael	M45	166 Deichläufer/Dinslaken	692	1:21:55	1:54:38	3:34:56	3:53:45	3:54:44	5:32
625	1363	Manczak, Michael	M45	167 VfL Brandenburg/Brandenburg	694	1:11:46	1:42:15	3:30:45	3:53:54	3:54:14	5:32
626	1302	Schramm, Peter	M50	97 -/Essen	695	1:23:58	1:57:40	3:36:16	3:53:57	3:54:59	5:32
627	1857	Jankowski, Marco	M35	62 LT Mainufer Frankfurt a.M./Frankfu	696	1:24:10	1:58:19	3:36:32	3:54:00	3:55:08	5:32
628	2078	Spönlein, Paul	M50	98 ETSV Lauda/Lauda-Königshofen	698	1:13:43	1:44:34	3:32:55	3:54:01	3:54:23	5:32
629	968	Giessau, Reiner	M50	99 Sportfreunde Werler Süden/Werl	701	1:21:46	1:54:43	3:34:14	3:54:09	3:54:41	5:32
630	1844	Schwiderowski, Dr. Peter	M50	100 -/Essen	703	1:19:17	1:51:50	3:32:48	3:54:11	3:54:42	5:32
631	806	Hoffmann, Wolfgang	M40	134 LTB Aachen/Aachen	704	1:20:57	1:53:44	3:34:39	3:54:12	3:55:44	5:33
632	1236	Klostermann, Michael	MH	41 TRC Essen 84/Essen	705	1:14:23	1:44:34	3:30:28	3:54:16	3:54:39	5:33
633	1295	Altan, Abdul	M40	135 Team EVAG/Essen	707	1:19:40	1:51:44	3:33:50	3:54:21	3:54:47	5:33
634	1541	Kieselbach, Wolfgang	M60	25 100 Marathon Club/Buchholz	708	1:22:20	1:55:45	3:35:07	3:54:23	3:55:11	5:33
635	833	Rutschke, Dirk	M40	136 keiner/Hattingen	709	1:14:14	1:45:31	3:33:45	3:54:29	3:54:53	5:33
636	1004	Fleischhauer, Karl	M45	168 -/Homberg (Ohm)	711	1:23:33	1:57:14	3:36:03	3:54:33	3:55:40	5:33
637	618	Harder, Günter	M50	101 -/Velbert	712	1:24:23	1:58:35	3:36:09	3:54:36	3:55:04	5:33
638	1288	Schwierz, Dr. Christoph	M35	63 -/Brüssel	713	1:17:49	1:48:59	3:35:21	3:54:36	3:55:16	5:33
639	2092	Fuchß, Michael	M50	102 Team 110 Essen/Witten	714	1:16:18	1:47:21	3:30:38	3:54:49	3:55:43	5:33
640	714	Linder, Patrick	M40	137 LT Rhein-Herne Kanal/Essen	715	1:17:47	1:49:21	3:32:48	3:54:53	3:55:35	5:33
641	1328	Wiezorek, Christian	M35	64 -/Essen	717	1:18:32	1:50:49	3:34:54	3:55:05	3:55:29	5:34
642	1880	Schulte, Sebastian	M35	65 Westfunk - Radio Essen/Mülheim	718	1:17:53	1:49:38	3:33:19	3:55:12	3:55:47	5:34
642	1960	Schulte, Sebastian	M35	65 Westfunk Radio Essen/-	718	1:17:53	1:49:38	3:33:19	3:55:12	3:55:47	5:34
644	1452	Spennhoff, Andreas	M45	169 BSG Ev. Krankenhaus Mülheim R/M	720	1:17:57	1:49:44	3:32:59	3:55:16	3:55:47	5:34



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
645	1373	Schulte-Zweckel, Michael	M50	103 BSG WAZ Essen/Bottrop	721	1:24:27	1:59:11	3:36:51	3:55:19	3:55:55	5:34
646	1501	Spieker, Johann	M70	2 100 Marathon-Club/Laar	723	1:24:27	1:58:29	3:36:21	3:55:20	3:56:07	5:34
647	565	Kawohl, Peter	M45	170 Rostocker Maratonis/Rostock	724	1:21:03	1:53:13	3:34:43	3:55:20	3:55:30	5:34
648	1836	Rettig, Thorsten	M45	171 -/Duisburg	725	1:24:15	1:58:18	3:36:45	3:55:25	3:56:20	5:34
649	1680	Winnemann, Friedhelm	M55	47 BSG SPK HildenRatingenVelbert/Ve726	726	1:24:13	1:58:21	3:36:44	3:55:27	3:56:16	5:34
650	1641	Veit, Daniel	M40	138 -/Essen	727	1:23:59	1:58:10	3:37:17	3:55:27	3:56:21	5:34
651	1896	Reichelt, Herbert	M55	48 Die Blauen Bengel/Kamp-Lintfort	728	1:17:47	1:49:34	3:33:44	3:55:29	3:56:11	5:34
652	1228	Sommerfeldt, Jan	MH	42 -/Iserlohn	729	1:13:50	1:44:52	3:33:33	3:55:29	3:55:42	5:34
653	1062	Bucksteeg, Lutz	M35	67 -/Kempen	730	1:17:50	1:49:10	3:33:47	3:55:32	3:56:11	5:34
654	1731	Schnellbügl, Hans-Wilhelm	M65	5 Laufspass SW Sende/Stukenbrock	731	1:16:36	1:49:05	3:33:26	3:55:36	3:56:01	5:34
655	2185	Müter, Tobias	M35	68 PP Essen/-	732	1:22:09	1:53:57	3:34:24	3:55:36	3:55:49	5:35
656	1897	Klingen, Thomas	M30	51 -/Duisburg	733	1:22:23	1:55:38	3:34:34	3:55:37	3:56:22	5:35
657	517	Prehn, Andreas	M35	69 coastrunner/Cuxhaven	734	1:24:16	1:58:20	3:37:10	3:55:39	3:56:28	5:35
658	2147	May, Friedrich	M45	172 TV Flerke Tri-Team/Werl	735	1:14:38	1:45:40	3:31:51	3:55:40	3:56:01	5:35
659	1083	Müller, Jochen	M50	104 -/Essen	736	1:24:06	1:58:08	3:37:09	3:55:43	3:56:37	5:35
660	2108	Faust, Daniel-Josef	M35	70 LG RWE Power/Inden	738	1:19:36	1:51:39	3:34:50	3:55:48	3:56:26	5:35
661	1486	Heid, Harald	M50	105 LG Theater Essen/Gladbeck	739	1:21:46	1:55:01	3:35:16	3:55:48	3:56:21	5:35
662	800	Dreimann, Stefan	M40	139 Adler-Langlauf Bottrop/Bottrop	740	1:14:27	1:44:24	3:32:42	3:55:53	3:56:21	5:35
663	1598	Büchel, Oliver	M45	173 LC Euskirchen/Bad Münstereifel	743	1:23:16	1:56:48	3:36:54	3:56:19	3:56:25	5:36
664	1321	Brömmelhaus, Ulrich	M40	140 SV RW Deuten/Dorsten	744	1:21:54	1:54:47	3:35:57	3:56:20	3:57:13	5:36
665	657	Gräwe, Detlef	M55	49 Tri-As Hamm/Hamm	745	1:18:15	1:52:37	3:37:41	3:56:21	3:57:00	5:36
666	1748	Schulte, Oliver	M40	141 -/Essen	746	1:14:15	1:44:55	3:35:39	3:56:24	3:56:45	5:36
667	624	Müller, Arno	M55	50 Die Ruhrpotts Dortmund/Dortmund	747	1:23:00	1:56:23	3:36:43	3:56:24	3:57:19	5:36
668	2070	Scharfenberg, Siegfried	M50	106 VfL Gladbeck Fun Runner/Essen	748	1:19:00	1:51:08	3:36:06	3:56:28	3:57:34	5:36
669	911	Alt, Rudi	M60	26 Tri-Ducks-Dorsten/Dorsten	749	1:18:04	1:50:46	3:36:31	3:56:33	3:57:08	5:36
670	1825	Sampson, Darrell	M30	52 -/Ruttenscheider Stern	750	1:30:07	2:03:10	3:38:00	3:56:35	3:56:35	5:36
671	1628	Schnare, Matthias	M45	174 -/Großmaiseid	751	1:21:48	1:55:05	3:35:42	3:56:36	3:57:33	5:36
672	2208	Hagen, Marco	M35	71 -/Essen	752	1:24:13	1:58:27	3:38:38	3:56:38	3:57:24	5:36
673	594	Kyewski, Niels	M40	142 Triminators TV Voerde/Moers	754	1:23:50	1:57:34	3:38:13	3:56:43	3:57:37	5:36
674	1902	Müller, Jürgen	M50	107 -/Düsseldorf	756	1:24:00	1:58:04	3:38:23	3:56:47	3:57:49	5:36
675	2184	Herhut, Thorsten	M35	72 PP Essen/Essen	757	1:24:12	1:57:59	3:37:17	3:56:49	3:57:38	5:36
676	1331	Audehm, Dr. Uwe	M50	108 Alfterer SC/Bornheim	758	1:23:07	1:56:31	3:37:29	3:56:53	3:57:47	5:36
677	1340	Eggert, Uwe	M50	109 LG Haeder Stendal/Arneburg	759	1:23:58	1:57:32	3:38:34	3:56:58	3:57:48	5:36
678	629	Gentzcke, Jan	M45	175 -/Reinbek	760	1:18:08	1:50:41	3:36:55	3:56:59	3:57:37	5:36
679	1224	Matthies, Dietmar	M50	110 SC Demker 95 e.V./Demker	761	1:23:58	1:57:30	3:38:34	3:56:59	3:57:49	5:36
680	1387	Schorn, Ralf	M45	176 ASC Düsseldorf/Duesseldorf	762	1:22:27	1:55:30	3:36:31	3:57:01	3:58:00	5:37
681	1123	Beier, Thorsten	M40	143 -/Essen	763	1:17:02	1:47:28	3:34:34	3:57:02	3:57:42	5:37
682	1215	Böcking, Detlef	M55	51 TUSEM Essen/Bonn	764	1:23:06	1:56:30	3:35:29	3:57:03	3:57:57	5:37
683	2129	Jongen, Paul Dieter	M60	27 LG RWE Power/Inden	765	1:23:08	1:56:03	3:36:35	3:57:04	3:57:58	5:37
684	1453	Niekämper, Markus	M40	144 LS Allegro/Essen	766	1:24:01	1:58:07	3:37:17	3:57:05	3:57:59	5:37
685	1711	Casella, Marco	M45	177 -/Essen	767	1:24:02	1:58:12	3:37:17	3:57:05	3:57:59	5:37
686	2067	Gruner, Jürgen	M60	28 Krefelder Kanu Klub/Moers	768	1:23:12	1:57:17	3:37:26	3:57:09	3:58:12	5:37
687	1922	Lempken, Uwe	M50	111 Homberger TV/Duisburg	769	1:24:06	1:57:45	3:37:12	3:57:10	3:58:03	5:37
688	1816	Ahmadpour, Martin	M30	53 PP Essen/-	770	1:22:48	1:56:38	3:37:55	3:57:12	3:57:48	5:37
689	1571	Küppers, Peer	M30	54 -/Münster	771	1:23:25	1:57:30	3:37:07	3:57:15	3:58:18	5:37
690	1473	Laufs, Stephan	M45	178 LT Metzkausen/Mettmann	773	1:24:07	1:57:37	3:37:31	3:57:16	3:58:11	5:37



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
691	1586	Mai, Christian	M45	179 LT SV Haldern/Rees	774	1:24:19	1:58:28	3:37:50	3:57:16	3:58:07	5:37
692	1144	Schreglmann, Rainer	M45	180 LT Gruiten-Neandertal/Wuppertal	775	1:20:51	1:53:40	3:36:31	3:57:17	3:57:54	5:37
693	1395	Groß, Michael	M40	145 -/Duisburg	776	1:23:55	1:57:27	3:37:18	3:57:21	3:58:10	5:37
694	2077	Schottner, Michael	M40	146 -/Leimen	777	1:18:13	1:50:11	3:33:59	3:57:25	3:57:34	5:37
695	960	Korte, Ludger	M50	112 -/Reken	778	1:23:09	1:55:40	3:37:34	3:57:25	3:58:24	5:37
696	1442	Kordbarlag, Sven	M35	73 -/Bielefeld	780	1:24:16	1:57:34	3:37:26	3:57:30	3:58:30	5:37
697	568	Szezan, Frank	M40	147 -/Essen	781	1:24:10	1:58:17	3:38:02	3:57:31	3:58:25	5:37
698	1810	Fantuzzi, Marc	M35	74 PP Essen/-	782	1:25:07	1:58:44	3:37:39	3:57:32	3:58:10	5:37
699	1967	Zeitl, Holger	M40	148 SC Patagonicus/Mülheim	783	1:16:43	1:49:29	3:35:16	3:57:35	3:58:04	5:37
700	1087	Klink, Werner	M50	113 Berufsfeuerwehr Gütersloh/Gütersl	784	1:21:30	1:54:41	3:36:59	3:57:37	3:58:35	5:37
701	852	Steinebach, André	M35	75 LT Phoenixsee Dortmund/Dortmun	785	1:27:28	2:02:34	3:39:01	3:57:38	3:58:55	5:37
702	1822	Florian, Hans-Gerd	M55	52 VFB Post Telekom Essen/Essen	786	1:21:48	1:55:22	3:37:19	3:57:43	3:58:20	5:38
703	1013	Fischer, Holger	M40	149 Polizei Essen/Essen	787	1:24:09	1:58:10	3:38:26	3:57:46	3:58:48	5:38
704	822	Fieber, Thomas	M35	76 hofacker-runner.de.vu/Mülheim	788	1:18:09	1:51:29	3:37:32	3:57:48	3:58:32	5:38
705	2073	Mestriner, Heinz	M55	53 Meine Familie/Oberhausen	789	1:23:20	1:56:53	3:37:17	3:57:48	3:58:52	5:38
706	1291	Koch, Sebastian	M35	77 -/Düsseldorf	790	1:18:36	1:51:35	3:37:37	3:57:49	3:58:27	5:38
707	879	Heesen, Ralf	M45	181 -/Kempen	791	1:22:57	1:56:08	3:35:59	3:57:49	3:58:37	5:38
708	1249	Waschmann, Franz	M40	150 -/Viersen	793	1:24:11	1:58:13	3:38:38	3:57:56	3:58:57	5:38
709	1386	Binnberg, Thomas	M35	78 -/Arnsberg	794	1:24:15	1:58:16	3:38:32	3:58:01	3:58:53	5:38
710	1655	Ganz-Lauterbach, Alfred	M45	182 TSG Kirchhellen/Lüdenscheid	795	1:24:42	1:58:24	3:37:17	3:58:04	3:58:56	5:38
711	2232	Brandt, Manfred	M55	54 LAV Oberhausen/Oberhausen	796	1:24:16	1:57:41	3:37:37	3:58:07	3:59:00	5:38
712	1815	Pütz, Erik	M35	79 PP Essen/-	797	1:22:47	1:56:38	3:38:18	3:58:09	3:58:45	5:38
713	1517	Herzog, Peter	M45	183 -/Mönchengladbach	798	1:24:27	1:58:40	3:38:39	3:58:10	3:59:02	5:38
714	2103	Breuer, Andreas	M35	80 RWE Deutschland AG/Essen	799	1:20:20	1:53:08	3:35:26	3:58:13	3:58:32	5:38
715	1461	Potrykus, Joachim	M50	114 marathonteam-online/Mönchengla	800	1:24:27	1:57:54	3:37:50	3:58:16	3:58:57	5:38
716	1256	Eickhoff, Thomas	M35	81 -/Borken	801	1:23:45	1:57:20	3:37:33	3:58:19	3:59:21	5:38
717	1014	Boehl, Folker	M45	184 -/Essen	802	1:24:10	1:58:11	3:38:28	3:58:24	3:59:25	5:38
718	1613	Rennspies, Klaus	M55	55 -/Essen	803	1:24:05	1:58:16	3:38:30	3:58:27	3:59:28	5:39
719	400	Schilke, Norbert	M45	185 TRC Essen 84/-	804	1:24:15	1:58:13	3:37:31	3:58:33	3:59:25	5:39
720	1139	Reinhardt, Dr. Jens-Peter	M45	186 -/Frankfurt	806	1:17:53	1:49:40	3:37:52	3:58:34	3:59:09	5:39
721	401	Berg, Jörg	M50	115 LT Lippehasen/-	807	1:24:17	1:58:15	3:37:37	3:58:36	3:59:26	5:39
722	991	van Dunderen, Jörg	M35	82 -/Reken	809	1:17:50	1:49:43	3:37:00	3:58:38	3:59:19	5:39
723	1877	Voss, Michael	M40	151 Tri-As Hamm/Hamm	810	1:18:15	1:52:38	3:37:43	3:58:41	3:59:21	5:39
723	2113	Mohnberg, Hans-Peter	M65	6 Deutsche Ultramarathon Vereini/M	810	1:20:01	1:53:14	3:37:41	3:58:41	3:59:22	5:39
725	950	Teigelkötter, Johannes	M45	187 LaufZiel/Aschaffenburg	812	1:21:49	1:55:07	3:38:26	3:58:44	3:59:26	5:39
726	1507	Klenovsek, Sascha	M35	83 AS Neukirchen-Vluyn/Rheurdt	813	1:20:06	1:52:16	3:35:28	3:58:44	3:59:22	5:39
727	1833	Schmerer, Robin	MH	43 -/Hagen	815	1:25:19	1:59:11	3:39:48	3:58:46	3:59:45	5:39
728	1808	Schmitz, Timo	MH	44 Tri-Team Hagen/Hagen	816	1:25:22	1:59:11	3:39:49	3:58:46	3:59:45	5:39
729	2135	Schwarz, Thomas	M45	188 -/Schwalmtal	817	1:22:06	1:56:44	3:39:46	3:58:47	3:58:57	5:39
730	705	Redicker, Lorenz	M45	189 SuS Störmede/Dortmund	819	1:20:36	1:53:47	3:37:50	3:58:52	3:59:42	5:39
730	1524	Beckmann, Thomas	M45	189 LG Niers/Willich	819	1:24:20	1:58:31	3:39:18	3:58:52	3:59:58	5:39
732	1950	Vollenbröker, Klaus	M40	152 LT Wettringen/Wettringen	822	1:24:15	1:58:16	3:38:16	3:58:53	3:59:47	5:39
733	1752	Raith, Manfred	M55	56 Leichtathletik Nütterden/Bedburg	823	1:24:19	1:58:20	3:39:13	3:58:53	3:59:44	5:39
734	1257	Theisen, Ulrich	M45	191 -/Kaarst	824	1:23:37	1:57:22	3:37:31	3:58:53	3:59:50	5:39
735	635	Reisch, Axel	M55	57 Laufschule Oberhausen/Oberhause	825	1:25:23	1:58:56	3:38:57	3:58:58	4:00:02	5:39
736	2210	Kiesel, Prof. Ludwig	M55	58 UKM Münster/Münster	826	1:24:11	1:57:54	3:37:38	3:59:01	3:59:52	5:39



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
737	1733	Koopmann, Franz	M65	7 Laufschmiede Rheurdt/Rheurdt	827	1:23:00	1:56:46	3:38:26	3:59:02	3:59:46	5:39
738	2133	Rudnik, Christian	M45	192 -/Gelsenkirchen	828	1:16:39	1:50:21	3:38:08	3:59:03	3:59:12	5:39
739	560	Pomp, Sven	M35	84 -/Wachtendonk	829	1:19:13	1:51:54	3:37:13	3:59:03	3:59:43	5:39
740	1726	Dressel, Urs	M30	55 -/Essen	830	1:23:35	1:57:43	3:37:46	3:59:04	3:59:52	5:39
741	1851	Vollbracht, Ralf	M45	193 LC Duisburg/Essen	831	1:24:11	1:58:09	3:38:51	3:59:06	3:59:54	5:39
742	674	Meier, Andreas	M55	59 Laufclub Burgwedel/Burgwedel	832	1:21:19	1:55:13	3:39:00	3:59:07	3:59:35	5:40
743	1277	Sobieraj, Mariusz	MH	45 -/Essen	833	1:22:48	1:56:01	3:39:34	3:59:10	3:59:49	5:40
744	1267	Friend, Alan	M65	8 OSC Waldniel/Schwalmtal	834	1:19:22	1:51:44	3:37:24	3:59:19	4:00:08	5:40
745	1746	herzhoff, peter	M55	60 -/Jüchen	835	1:14:37	1:45:08	3:36:40	3:59:23	3:59:42	5:40
746	533	Grünholz, Ralf	M40	153 -/Wiesbaden	836	1:17:14	1:48:40	3:35:21	3:59:28	3:59:58	5:40
747	1551	Fischer, Thomas	M40	154 LG Ahlen/Ahlen	837	1:11:43	1:42:11	3:36:47	3:59:33	3:59:51	5:40
748	1264	Rosenträger, Stefan	M35	85 LGO Bochum/Bochum	838	1:14:58	1:45:47	3:37:52	3:59:33	3:59:46	5:40
749	843	Schmitz, Arno	M50	116 Sartorius Aachen/Alsdorf	839	1:24:12	1:58:04	3:37:40	3:59:36	4:00:25	5:40
750	920	Kirchner, Tim	M30	56 -/Essen	841	1:24:22	1:58:31	3:39:48	3:59:57	4:00:53	5:41
751	546	Frychel, Adrian	M45	194 Velbert/Velbert	842	1:24:28	1:58:41	3:42:08	4:00:03	4:00:31	5:41
752	1819	Krebber, Michael	M30	57 PP Essen/-	844	1:18:30	1:51:43	3:40:21	4:00:16	4:00:55	5:41
753	1500	Schnurbusch, Jürgen	M45	195 Schauspielhaus Bochum/Essen	845	1:22:28	1:55:53	3:37:47	4:00:20	4:01:14	5:41
754	1585	Behnisch-Wittig, Martin	M50	117 Team Wittig und Helfer/Neukircher	846	1:23:20	1:57:21	3:39:44	4:00:22	4:01:06	5:41
755	2095	Lohoff, Wilm	M35	86 Lien Tauf/Köln	847	1:25:59	2:01:35	3:42:09	4:00:38	4:01:54	5:42
756	1334	Lehmann, Tobias	MH	46 Reinshagener TB/Remscheid	848	1:21:08	1:54:06	3:38:09	4:00:41	4:01:28	5:42
757	1700	Petrak, Peter	M50	118 SuS Schalke 96/Dortmund	849	1:18:04	1:49:46	3:39:40	4:00:42	4:00:52	5:42
758	1159	Url, Michael	M35	87 Lauffreunde Friemersheim/Moers	850	1:24:07	1:57:48	3:40:36	4:00:46	4:01:48	5:42
759	1549	Schütz, Peter	M50	119 -/Gelsenkirchen	851	1:29:26	2:02:35	3:41:20	4:00:53	4:02:03	5:42
760	1720	Teigelkötter, Christoph	M45	196 TV Vreden/Vreden	852	1:19:39	1:52:11	3:38:52	4:00:56	4:01:39	5:42
761	752	Faulhaber, Matthias	M40	155 Unterwegs im Auftrag des Herrn/D	855	1:23:12	1:57:17	3:38:36	4:01:04	4:02:06	5:42
762	554	Walter, Dennis	MH	47 -/Datteln	856	1:15:53	1:49:00	3:40:08	4:01:04	4:02:20	5:42
763	903	Heesen, Uwe	M40	156 -/Geldern	857	1:22:57	1:56:08	3:39:14	4:01:05	4:01:54	5:42
764	662	Schlemme, Jens	M30	58 BTC Herne/Herne	858	1:23:51	1:57:47	3:45:21	4:01:08	4:02:00	5:42
765	1058	Addo, Ralph	M45	197 -/Straelen	859	1:24:33	1:59:04	3:41:54	4:01:13	4:01:56	5:42
766	1440	Schlutius, Reinhard	M65	9 VfL Bergheide/Oberhausen	861	1:20:08	1:52:30	3:38:22	4:01:31	4:01:52	5:43
767	583	Richter, Klaus	M50	120 -/Herne	862	1:22:46	1:56:19	3:40:30	4:01:34	4:02:18	5:43
768	1781	Lembke, Dr. Mark	M40	157 MTV Kronberg/Kronberg im Taunus	864	1:22:49	1:56:38	3:41:21	4:01:35	4:02:20	5:43
769	1270	Niewalda, Patrick	M30	59 -/Essen	865	1:24:13	1:58:10	3:38:51	4:01:41	4:02:39	5:43
770	685	Aydemir, Gürhan	M45	198 ASV Köln Triathlon/Bergisch Gladb	867	1:22:45	1:56:43	3:40:57	4:02:08	4:02:57	5:44
771	2101	van Beek, Wolfgang	M55	61 Amprion/Essen	868	1:24:12	1:58:13	3:39:14	4:02:31	4:03:29	5:44
772	577	Müller, Uwe	M45	199 Borbecker Raketen Essen/Essen	869	1:23:09	1:57:23	3:39:46	4:02:33	4:03:30	5:44
773	1725	Giersberg, Alexander	M40	158 LT Niederkrüchten/Niederkrüchten	870	1:24:20	1:58:25	3:42:16	4:02:44	4:03:30	5:45
774	1820	Reckmann, Thomas	M50	121 -/Münster	871	1:24:20	1:58:26	3:41:06	4:02:47	4:03:40	5:45
775	1148	Prass, Andreas	M45	200 TLV Germania Überruhr/Essen	872	1:23:41	1:57:34	3:41:09	4:02:48	4:03:44	5:45
776	1219	Banik, Stefan	M45	201 -/Langerwehe	873	1:21:31	1:54:52	3:39:57	4:02:49	4:03:35	5:45
777	1519	Schäfers, Rüdiger	M40	159 -/Paderborn	874	1:18:02	1:50:44	3:40:26	4:02:53	4:03:23	5:45
778	1780	Müller, Andreas	M40	160 Westfalen-Kolleg Paderborn/Paderb	875	1:15:42	1:45:52	3:40:26	4:02:53	4:03:23	5:45
779	1845	Nägel, Jens	M50	122 TSV Rot-Weiss-Körle/Körle	876	1:25:21	1:59:35	3:42:49	4:02:54	4:03:26	5:45
780	1941	Buß, Dr. Carsten	M45	202 LT-Isola Düren/Düsseldorf	880	1:24:22	1:58:26	3:42:28	4:03:41	4:04:27	5:46
781	771	Otten, Thomas	M50	123 TC Kray 1892 e.V./Essen	881	1:23:57	1:57:30	3:40:12	4:03:48	4:04:48	5:46
782	1368	Demming, Klaus	M55	62 -/Rhede	884	1:12:22	1:42:19	3:33:21	4:04:10	4:04:36	5:47



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
783	1607	Luijken, Johan	M45	203 -/Emmerich am Rhein	885	1:24:15	1:58:15	3:42:34	4:04:11	4:05:02	5:47
784	1018	Kolberg, Armin	M50	124 FLIEGENDE BAUTEN/Hattingen	887	1:20:59	1:54:37	3:38:43	4:04:15	4:05:05	5:47
785	2190	Köhler, Thorsten	M35	88 -/Castrop-Rauxel	888	1:19:32	1:51:32	3:39:02	4:04:18	4:04:57	5:47
786	1708	Glockner, Wolf	M50	125 GSG-Partner/Düsseldorf	889	1:13:42	1:44:24	3:37:12	4:04:22	4:04:45	5:47
787	1719	Szegan, Dr. Frank	M50	126 MAKE EVERY DAY COUNT/Hemer	890	1:21:46	1:55:02	3:41:17	4:04:31	4:05:09	5:47
788	743	Weisslinger, Jean-Marc	M50	127 DalAlu/Châtenois	891	1:18:28	1:51:12	3:39:28	4:04:37	4:05:08	5:47
789	547	Diex, Uwe	M50	128 -/Essen	892	1:24:15	1:58:30	3:45:13	4:04:41	4:05:41	5:47
790	626	Kohl, Christof	M45	204 -/Essen	893	1:18:17	1:50:41	3:40:37	4:04:41	4:05:31	5:47
791	1448	Strathoff, Jürgen	M50	129 LG Habbeskamp/Unna	894	1:06:48	1:34:07	3:36:11	4:04:53	4:05:01	5:48
792	737	Wisse, Daniel	M35	89 -/Geldern	895	1:21:22	1:54:09	3:44:06	4:05:01	4:05:46	5:48
793	700	Klink, Ralf	M45	205 TSV Goddelau/Riedstadt / Goddela	897	1:18:04	1:50:32	3:42:31	4:05:15	4:05:55	5:48
794	740	Hilke, Friedel	M55	63 LG WeKu Essen/Essen	898	1:14:42	1:46:39	3:42:38	4:05:40	4:06:01	5:49
795	593	Kleinböhl, Helge	M40	161 TSV 03 Wolfskehlen/Riedstadt	899	1:12:14	1:43:38	3:43:01	4:05:41	4:05:55	5:49
796	1367	Hessberger, Bernward	M60	29 -/Köln	900	1:24:14	1:58:24	3:44:13	4:05:43	4:06:39	5:49
797	2225	Sager, Dirk	M35	90 -/	901	1:24:11	1:58:13	3:44:21	4:05:46	4:06:45	5:49
798	1475	Meyer-Langefeld, Dr. Tobias	M40	162 -/Essen	902	1:26:57	2:01:49	3:45:28	4:05:52	4:07:01	5:49
799	1691	Beckmann, André	M40	163 -/Bochum	903	1:26:57	2:01:50	3:45:28	4:05:54	4:07:02	5:49
800	2072	Hellinger, Harry	M40	164 LAC THG Kettwig e.V./Essen	904	1:24:04	1:58:03	3:43:07	4:06:00	4:06:55	5:49
801	1955	Pompe, Klaus-Peter	M55	64 LT Wezlar/Aßlar	905	1:27:46	2:02:35	3:46:00	4:06:09	4:07:16	5:50
802	2193	Mgyar, Stefan	M30	60 -/Mönchengladbach	906	1:24:08	1:58:14	3:43:41	4:06:10	4:07:03	5:50
803	706	Sebastian, Jens	M40	165 Dynamo Durst/Heiligenhaus	910	1:23:10	1:57:24	3:43:33	4:06:24	4:07:22	5:50
804	501	Schrumpf, Hans-Georg	M60	30 Stadt Bochum Team/Bochum	911	1:24:05	1:58:55	3:45:36	4:06:32	4:07:26	5:50
805	1744	Fiebig, Tim	MH	48 -/Gelsenkirchen	912	1:27:58	2:03:27	3:47:06	4:06:45	4:07:52	5:50
806	1167	Ebert, Bernd	M50	130 SC Demker 95 e.V./Demker	913	1:23:58	1:57:32	3:42:01	4:06:55	4:07:44	5:51
807	1130	Störmer, Manfred	M45	206 -/Schwerte	914	1:21:38	1:56:09	3:44:37	4:06:55	4:07:45	5:51
808	888	Lang, Andreas	M40	166 -/Essen	915	1:18:20	1:51:18	3:44:25	4:07:02	4:07:31	5:51
809	2205	Zeiler, Manfred	M35	91 -/Stolberg	917	1:24:03	1:58:26	3:45:40	4:07:03	4:07:59	5:51
810	2058	Homp, Sascha	M40	167 Feuerwehr Remscheid/Remscheid	918	1:27:29	2:02:55	3:47:50	4:07:09	4:07:53	5:51
811	1971	Burger, Manfred	M70	3 FC Nordkirchen/Nordkirchen	920	1:26:07	2:00:40	3:47:43	4:07:11	4:08:25	5:51
812	589	Dohm, Egbert	M50	131 Running Devils/Overath	921	1:22:46	1:56:45	3:46:16	4:07:16	4:08:03	5:51
813	1706	Krüger, Hajo	M50	132 CaBas CaBaNauTeN/Mettmann	922	1:26:53	2:01:45	3:45:13	4:07:18	4:08:30	5:51
814	1626	Lamp, Frank	M50	133 -/Hamm	924	1:24:06	1:58:19	3:43:47	4:07:37	4:08:23	5:52
815	1467	Wegener-Gärtner, Kai Uwe	M45	207 SV Büren/Dortmund	925	1:24:06	1:58:19	3:43:47	4:07:37	4:08:23	5:52
816	985	Jüchter, Birger	M40	168 Rennschnecken 2000/Düsseldorf	926	1:35:15	2:08:04	3:49:01	4:07:38	4:09:14	5:52
817	1770	Wendt, David	M30	61 -/Paderborn	927	1:23:56	1:58:07	3:46:07	4:07:38	4:08:01	5:52
818	688	Mechnig, Heiko	M50	134 SuS Oberaden/Kamen	928	1:24:57	1:59:13	3:46:01	4:07:42	4:08:24	5:52
819	1885	Gottschalk, Bernd	M40	169 -/Essen	929	1:26:10	2:01:13	3:47:36	4:07:45	4:09:09	5:52
820	784	Fierus, Rainer	M50	135 -/Wülfrath	930	1:23:21	1:56:56	3:45:35	4:07:46	4:08:40	5:52
821	1838	Emde, Rainer	M50	136 LG Bauerkamp Warburg e.V./Warb	931	1:23:18	1:58:01	3:46:38	4:08:00	4:08:36	5:52
822	655	Polakovs, Horst	M55	65 LT Ende Herdecke/Herdecke	932	1:21:57	1:54:48	3:43:38	4:08:03	4:08:53	5:52
823	1429	Bicher, Stefan	M30	62 Team Hanka/Berlin	933	1:27:47	2:02:45	3:48:04	4:08:05	4:08:56	5:52
824	851	Plank, Peter	M45	208 -/Wesel	934	1:25:14	1:58:48	3:45:47	4:08:05	4:09:11	5:52
825	893	Pollmeier, Michael	M45	209 Laufspass SW Sende/Gütersloh	935	1:16:37	1:53:37	3:46:14	4:08:09	4:08:34	5:52
826	1273	Sander, Patrick	M40	170 -/Bochum	937	1:22:05	1:57:37	3:44:53	4:08:13	4:09:01	5:52
827	1239	Binias, Jürgen	M50	137 LC Duisburg/-	938	1:25:25	1:58:59	3:47:07	4:08:16	4:09:11	5:53
828	1883	Scholten, Dietmar	M60	31 LT Gruiten-Neandertal/Erkrath	939	1:25:35	2:00:55	3:47:16	4:08:20	4:09:23	5:53



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
829	735	Fiedler, Ernst-Oskar	M55	66 LT Gruiten-Neandertal/Wuppertal	940	1:25:36	2:00:56	3:47:17	4:08:21	4:09:23	5:53
830	812	Laumann, Peter	M45	210 -/Hattingen	941	1:24:15	1:58:20	3:44:10	4:08:25	4:09:24	5:53
831	1862	Köhler, Thomas	M45	211 Keiner/Münster	942	1:13:56	1:43:58	3:41:27	4:08:27	4:08:50	5:53
832	2110	Fischer, Martin	M30	63 TKD Duisburg/Essen	943	1:25:41	2:00:49	3:44:46	4:08:51	4:09:32	5:53
833	637	Walther, Michael	M45	212 Schnecke & Co Lindheim/Altenstad	944	1:29:09	2:04:43	3:48:48	4:08:55	4:10:01	5:53
834	1548	Jumpertz, Udo	M50	138 SV Germania Dürwiß/Baesweiler	945	1:24:03	1:58:16	3:45:46	4:08:55	4:09:46	5:53
835	1034	Heimbach, Bernd	M40	171 -/Mülheim an der Ruhr	946	1:24:16	1:58:20	3:47:05	4:08:56	4:09:50	5:53
836	1378	Schubert, René	M35	92 -/Ratingen	947	1:24:43	1:59:34	3:49:02	4:09:20	4:10:16	5:54
837	1557	Klatt, Christian	M45	213 -/Essen	948	1:24:13	1:58:13	3:49:09	4:09:29	4:10:23	5:54
838	2187	Nellissen, Philipp	MH	49 -/Essen	949	1:27:59	2:03:14	3:48:46	4:09:32	4:10:41	5:54
839	1578	Schwaiger, Peter	M50	139 -/Haren	950	1:25:30	2:00:07	3:46:55	4:09:43	4:10:37	5:55
840	1620	Steingröver, Ralf	M35	93 TV Georgsmarienhütte/Georgsmari	951	1:24:09	1:58:12	3:46:42	4:09:46	4:10:44	5:55
841	1134	Hölting, Rainer	M50	140 -/Bottrop	953	1:24:00	1:58:11	3:47:00	4:09:49	4:10:43	5:55
842	1315	Ricken, Frank	M50	141 -/Wuppertal	954	1:24:04	1:57:22	3:46:36	4:09:50	4:10:41	5:55
843	1894	Scheepers, Wilhelm	M70	4 -/Duisburg	955	1:23:25	1:57:36	3:47:08	4:09:55	4:10:47	5:55
844	1095	Köhler, Klaus	M50	142 DJK VfL Forstwald/Tönisvorst	956	1:24:15	1:58:22	3:40:22	4:09:57	4:10:53	5:55
845	1384	Buijs, Jemp	M45	214 BNS Lintgen/Blaschette	957	1:28:55	2:05:27	3:52:02	4:09:58	4:10:45	5:55
846	1140	Uhl, Rainer	M50	143 LT Gruiten-Neandertal/Wuppertal	958	1:26:02	2:01:21	3:49:16	4:10:02	4:10:37	5:55
847	781	Vornholt, Frank	M40	172 Feuerwehr Gütersloh/Gütersloh	959	1:19:07	1:51:12	3:46:23	4:10:09	4:11:07	5:55
848	1860	Schomburg, Michael	M50	144 Erler SG e.V./Gelsenkirchen	961	1:24:09	1:58:08	3:46:39	4:10:26	4:11:25	5:56
849	302	Ludden, Peter	M50	145 Gerscheder SV Essen/-	963	1:32:49	2:09:13	3:51:46	4:10:34	4:11:59	5:56
850	2188	Zimmermann, Volker	M45	215 -/Saarbrücken	964	1:24:27	1:58:46	3:47:50	4:10:36	4:11:21	5:56
851	1161	Mertens, Christoph	M45	216 -/Bonn	965	1:18:53	1:52:45	3:46:25	4:10:43	4:11:20	5:56
852	834	Hermesmeier, Martin	MH	50 -/Bochum	966	1:28:02	2:03:46	3:50:47	4:10:47	4:11:53	5:56
853	1035	Leistner, Christoph	M45	217 TG Naurod/Wiesbaden	967	1:28:10	2:03:47	3:50:41	4:10:51	4:11:49	5:56
854	1128	Kaempffe, Joost	M30	64 -/Dortmund	969	1:24:18	1:58:22	3:47:47	4:11:04	4:11:54	5:56
855	1211	Schreiber, Christian	M45	218 Rennmäuse Nahetal/Staudernheim	970	1:24:14	1:58:17	3:49:26	4:11:15	4:12:06	5:57
856	1777	Pamotat, Ralf	M45	219 LT Bittermark Dortmund/Herdecke	971	1:28:02	2:03:42	3:49:51	4:11:16	4:12:24	5:57
857	1059	Schelter, Michael	M40	173 Lauffreunde Bönen/Bönen	972	1:19:04	1:53:00	3:47:04	4:11:24	4:11:27	5:57
858	1634	Seebacher, Wolfgang	M65	10 TVA DO-Wickede/Dortmund	973	1:21:12	1:55:31	3:48:55	4:11:25	4:11:53	5:57
859	756	Amberger, Andreas	M45	220 SuS Oberaden/Lünen	976	1:21:04	1:54:11	3:46:10	4:11:49	4:12:29	5:58
860	2139	Wellen, Sascha	M40	174 BSG RWE Neuss/Kaarst	977	1:24:20	1:58:34	3:51:40	4:11:54	4:12:49	5:58
861	1086	Böse, Thomas	M35	94 -/Essen	978	1:20:34	1:53:16	3:44:23	4:11:56	4:12:33	5:58
862	1736	Möller, Daniel	M45	221 -/Mülheim an der Ruhr	979	1:27:48	2:03:27	3:51:05	4:12:01	4:12:43	5:58
863	1483	Dubov, Igor	M45	222 -/Essen	980	1:22:05	1:55:40	3:46:45	4:12:15	4:12:58	5:58
864	763	Nöldemann, Dieter	M65	11 run for fun/Essen	981	1:24:20	1:58:27	3:49:07	4:12:21	4:13:11	5:58
865	1198	Ackermann, Detlev	M40	175 ASV Köln e.V./Köln	982	1:25:26	2:01:20	3:50:45	4:12:28	4:12:31	5:58
866	2052	Kischel, Heiko	M40	176 LG Ems Warendorf/-	983	1:24:06	1:57:55	3:48:37	4:12:59	4:13:49	5:59
867	2085	Stefener, Bernd	M50	146 SG Siegen-Giersberg/Siegen	984	1:29:38	2:06:02	3:53:27	4:13:03	4:14:00	5:59
868	951	Krajnik, Daniel	MH	51 Dean Team/Dortmund	987	1:27:55	2:03:11	3:51:40	4:13:18	4:14:29	6:00
869	1803	Falk, Klaus	M60	32 -/Bottrop	988	1:32:15	2:06:06	3:48:36	4:13:33	4:14:54	6:00
870	555	Stammen, Jens	M30	65 PSV Oberhausen/Oberhausen	989	1:20:43	1:54:32	3:52:36	4:13:43	4:14:34	6:00
871	807	Schmitz, Herbert	M65	12 BSG Sparkasse Honnef/Bad Honnef	990	1:28:13	2:03:43	3:50:56	4:13:47	4:14:48	6:00
872	1385	Brüggenkötter, Michael	M45	223 -/Oelde	991	1:26:15	2:01:46	3:51:59	4:13:52	4:14:53	6:00
873	847	Franz, Wolfgang	M40	177 Schwarz-Rot Hügel/Essen	992	1:26:20	2:02:10	3:52:46	4:13:53	4:14:48	6:00
874	2105	Debelts, Frank	M45	224 LG RWE Power/Essen	993	1:29:59	2:05:44	3:52:51	4:14:02	4:15:15	6:01



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
875	1732	Woyt, Albert	M65	13 Fc Nordkirchen/Nordkirchen	994	1:24:22	1:58:34	3:48:39	4:14:13	4:15:07	6:01
876	1850	Kalkhoff, Heinrich	M50	147 -/Hattingen	995	1:31:03	2:07:27	3:55:33	4:14:15	4:15:30	6:01
877	1274	Sturmfels, Jörn	M35	95 -/Wuppertal	996	1:28:59	2:04:59	3:53:10	4:14:23	4:14:51	6:01
878	1660	Wukadinowitsch, Fred	M55	67 SG Siegen-Giersberg/Siegen	997	1:21:36	1:56:47	3:53:00	4:14:34	4:15:21	6:01
879	1275	Redlinger, Thilo	M40	178 -/Düsseldorf	998	1:22:15	1:56:10	3:50:08	4:14:34	4:15:39	6:01
880	1895	Wetterau, Dr. Ferdinand	M60	33 Freiwillige Feuerwehr Blankenbach	999	1:27:57	2:03:35	3:53:22	4:14:47	4:15:57	6:02
881	1695	Winken, Burkhard	M45	225 BTC-Herne/Herne	1000	1:27:37	2:02:18	3:52:53	4:14:48	4:15:55	6:02
882	1797	Kerkenbusch, Werner	M65	14 marathon4you.de/Oberhausen	1002	1:28:20	2:04:00	3:54:28	4:14:50	4:15:45	6:02
883	1143	Lausch, Harald	M45	226 -/Erkrath	1004	1:19:15	1:53:01	3:49:47	4:15:07	4:15:48	6:02
884	808	Orlov, Pavel	M35	96 Running just for fun/Essen	1005	1:18:33	1:50:51	3:51:28	4:15:11	4:15:51	6:02
885	1074	Hahn, Ruediger	M50	148 -/Essen	1006	1:23:57	1:57:35	3:53:58	4:15:14	4:16:08	6:02
886	2083	Strauch, Mark	M45	227 TUS Oedt/Grefrath	1007	1:24:33	1:59:04	3:52:53	4:15:16	4:15:58	6:02
887	1579	Sweers, Ralf	M45	228 Emden LG/Emden	1009	1:28:55	2:04:36	3:54:29	4:15:19	4:15:49	6:03
888	1682	Thiesing, Frank	M40	179 -/Essen	1010	1:28:19	2:04:10	3:53:37	4:15:20	4:16:36	6:03
889	919	du Maire, Klaus	M50	149 TuS Breitscheid/Ratingen	1012	1:18:00	1:52:23	3:50:42	4:15:21	4:15:25	6:03
890	1462	Huysmann, Carsten	M40	180 -/Mülheim an der Ruhr	1013	1:23:22	1:58:02	3:53:59	4:15:22	4:16:22	6:03
891	1892	Dürdodt, Christian	M40	181 -/Bochum	1015	1:24:11	1:58:20	3:52:20	4:15:34	4:16:34	6:03
892	722	Nicklaus, Ulrich	M55	68 KLB2000/Wuppertal	1016	1:21:42	1:56:14	3:50:55	4:15:37	4:16:20	6:03
893	1223	Lappöhn, Berthold	M50	150 -/Bonn	1018	1:25:09	2:01:10	3:53:56	4:15:55	4:16:50	6:03
894	1145	Jansen, Jürgen	M50	151 SV Diestelbruch-Mosebeck/Detmold	1020	1:22:21	1:56:02	3:52:51	4:16:00	4:16:55	6:04
895	1824	Groesz, Hans-Juergen	M50	152 Celtic Harriers Cape Town/Schorndorf	1021	1:22:30	1:56:24	3:52:06	4:16:00	4:17:06	6:04
896	1061	schneiderei, bernd	M55	69 -/Essen	1022	1:24:33	1:58:51	3:53:51	4:16:30	4:17:27	6:04
897	415	Ley, Helmut	M65	15 TV Homberg/-	1024	1:28:02	2:03:41	3:54:12	4:16:36	4:17:39	6:04
898	1261	Bensmann, Ansgar	M45	229 TV Georgsmarienhütte/Georgsmarienhütte	1025	1:24:08	1:58:18	3:52:29	4:16:39	4:17:38	6:04
899	1246	Flacke, Olaf	M45	230 TV Georgsmarienhütte/Georgsmarienhütte	1026	1:24:11	1:58:20	3:52:31	4:16:40	4:17:38	6:04
900	1265	Grittner, Frank	M50	153 -/Wermelskirchen	1027	1:30:09	2:04:28	3:55:28	4:16:54	4:18:10	6:05
901	942	Wüllenweber, Ulrich	M50	154 BSG Stadtverwaltung Remscheid/Remscheid	1028	1:27:52	2:03:17	3:55:29	4:16:54	4:18:10	6:05
902	1724	Müller, Gunnar	M55	70 Remscheider SCB/Remscheid	1029	1:27:09	2:02:00	3:53:39	4:16:54	4:18:10	6:05
903	2191	Vofrei, Andreas	M45	231 -/Haltern am See	1030	1:17:48	1:51:14	3:55:10	4:16:57	4:17:42	6:05
904	987	Bier, Günther	M55	71 -/Velbert	1031	1:24:55	1:59:33	3:54:19	4:17:05	4:17:22	6:05
905	1474	Knott, Sven	M35	97 Team Erdinger alkoholfrei/Oberhausen	1032	1:34:34	2:11:31	3:58:40	4:17:10	4:18:22	6:05
906	695	Speer, Rudi	M60	34 TV Offenbach-Hundheim/Idar-Oberhausen	1033	1:28:34	2:06:19	3:56:11	4:17:13	4:18:17	6:05
907	1630	Grüneberg, Manfred	M55	72 Lauftreff Lausitz e.V./Hoyerswerda	1034	1:22:40	1:57:26	3:55:04	4:17:20	4:17:30	6:05
908	588	Schlimmer, Dieter	M55	73 -/Gelsenkirchen	1035	1:27:06	2:02:39	3:54:04	4:17:21	4:18:21	6:05
909	1097	Helmenstein, Frank	M45	232 LG Gummersbach/Gummersbach	1037	1:28:07	2:03:36	3:55:15	4:17:24	4:18:30	6:06
910	2175	Dreiucker, Thomas	M35	98 -/Haiger	1038	1:25:03	1:58:29	3:55:40	4:17:36	4:18:41	6:06
911	2119	Landrock, Jens	M45	233 -/Essen	1040	1:23:44	1:57:41	3:53:22	4:18:00	4:18:56	6:06
912	1957	Weitkämper, Wolfgang	M50	155 Krombacher/-	1041	1:30:51	2:09:29	3:57:54	4:18:00	4:19:17	6:06
913	1194	Schneider, Carsten	M35	99 JASRIE/Datteln	1044	1:18:07	1:50:10	3:55:02	4:18:19	4:18:48	6:07
914	741	Stelter, Harry	M45	234 -/Mönchengladbach	1045	1:30:12	2:05:08	3:56:16	4:18:24	4:19:36	6:07
915	1710	Rühl, Heinz	M75	1 TSV Viktoria Mülheim/Mülheim	1047	1:28:30	2:04:52	3:56:46	4:18:34	4:19:23	6:07
916	1008	Jeromin, Jens	M35	100 Jogmap Ruhr/Bochum	1048	1:23:51	1:57:48	3:54:44	4:18:40	4:19:32	6:07
917	1592	Scholten, Karl-Heinz	M60	35 LLG Kevelaer/Kevelaer	1049	1:28:56	2:05:03	3:56:53	4:18:45	4:19:26	6:07
918	1648	Viehoff, Jochen	M40	182 HNF/Paderborn	1050	1:27:22	2:02:41	3:56:46	4:18:48	4:19:51	6:07
919	1259	Schäfer, Gerd	M45	235 Borbecker Raketen Essen/Essen	1052	1:28:12	2:03:53	3:54:23	4:18:59	4:19:57	6:08
920	1702	Ricken, Tobias	M35	101 Borbecker Raketen Essen/Essen	1053	1:28:09	2:03:47	3:54:22	4:19:00	4:19:59	6:08



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
921	1428	Dogan, Murat	M35	102 -/Duisburg	1054	1:23:16	1:56:00	3:54:59	4:19:08	4:19:55	6:08
922	505	Kellmer, Peter	M35	103 Vegan & Vital/Essen	1055	1:20:04	1:53:18	3:56:32	4:19:08	4:20:09	6:08
923	1001	Holthoff, Carsten	M35	104 LG Monheim Baumberg/Langenfeld	1056	1:14:10	1:44:31	3:48:15	4:19:14	4:19:30	6:08
924	1146	Porombka, Marko	M35	105 -/Herten	1057	1:27:57	2:03:19	3:56:51	4:19:15	4:20:02	6:08
925	748	Borchert, Norbert	M50	156 Erler-Sportgemeinschaft/Gelsenkirch	1058	1:28:03	2:03:43	3:54:52	4:19:17	4:20:19	6:08
926	1856	Grote, Harald	M50	157 Lt Gruiten-Neandertal/Wuppertal	1060	1:20:50	1:54:05	3:56:06	4:19:35	4:20:12	6:09
927	641	Raunick, Reiner	M50	158 -/Henstedt-Ulzburg	1061	1:34:15	2:12:21	3:59:56	4:19:51	4:20:34	6:09
928	1063	van der Heyden, Ralf	M50	159 -/Dinslaken	1062	1:28:04	2:03:43	3:58:52	4:19:57	4:21:02	6:09
929	1873	Säufferer, Frank	M45	236 -/Wesel	1063	1:25:46	2:01:03	3:57:27	4:19:59	4:20:55	6:09
930	862	vieth, markus	M35	106 www.buebies.de.tl/bünde	1064	1:14:33	1:46:52	3:50:09	4:20:00	4:20:23	6:09
931	1353	Leffler, Mirko	M40	183 ULTRARUNNER-TEAM.de/Suhl	1066	1:27:46	2:02:44	3:57:09	4:20:10	4:21:03	6:09
932	1947	Schnurawa, Maik	M40	184 FC Nordkirchen/Nordkirchen	1068	1:32:40	2:10:28	3:59:29	4:20:12	4:21:26	6:09
933	1359	Hempel, Matthias	M40	185 ULTRARUNNER-TEAM.de/Suhl	1069	1:18:01	1:52:51	3:57:12	4:20:14	4:21:04	6:10
934	1024	Wolf, Rainer	M50	160 LT Düsseldorf-Süd/Wuppertal	1070	1:24:09	1:58:43	3:56:29	4:20:21	4:21:16	6:10
935	1715	Bannierink, Ludger	M45	237 LSF Münster/Münster	1072	1:29:42	2:06:33	4:00:15	4:20:31	4:21:35	6:10
936	1717	Kallien, Jürgen	M55	74 Funrunner/Minden	1074	1:28:10	2:03:47	3:57:17	4:20:43	4:21:45	6:10
937	809	Winkler, Günter	M55	75 -/Witten	1075	1:35:37	2:12:49	3:59:23	4:20:44	4:22:02	6:10
938	1332	Winkler, Manfred	M50	161 TSV RW Niebüll/Niebüll	1076	1:35:37	2:12:49	3:59:23	4:20:45	4:22:03	6:10
939	1643	Winter, Jörg	M40	186 TVA Dortmund-Wickede/Dortmund	1077	1:24:22	1:58:22	3:53:06	4:20:53	4:21:42	6:10
940	1789	Preilowski, Peter	M45	238 Recklinghäuser LC/Gelsenkirchen	1078	1:27:35	2:02:49	3:58:39	4:20:56	4:21:52	6:11
941	1471	Nießen, Andreas	M35	107 -/Stolberg	1079	1:28:13	2:03:33	3:56:16	4:20:56	4:21:51	6:11
942	1906	Mauer, Thomas	M55	76 TUS Treis-Karden/Treis-Karden	1080	1:23:38	1:58:20	3:57:04	4:21:07	4:21:58	6:11
943	1562	Probol, Dr. Thomas	M45	239 OSC Waldniel/Schwalmtal	1081	1:28:45	2:05:36	3:59:18	4:21:23	4:22:11	6:11
944	1772	Franz, Frieder	M30	66 -/Heidelberg	1082	1:18:08	1:50:38	3:55:36	4:21:41	4:22:17	6:12
945	620	Martin, Dieter	M50	162 LC Buchendorf/München	1083	1:24:07	1:58:11	3:57:35	4:21:42	4:22:31	6:12
946	652	Rinderknecht, Kai	M45	240 -/Holzwickede	1085	1:31:40	2:07:33	3:59:17	4:21:57	4:23:08	6:12
947	1466	Schmitz, Daniel	MH	52 -/Essen	1088	1:35:12	2:13:14	4:04:52	4:22:17	4:23:27	6:12
948	1492	Burghardt, Steffen	M45	241 -/Pforzheim	1089	1:25:33	2:02:37	3:59:25	4:22:33	4:22:52	6:13
949	1582	Thönes, Marc	M40	187 -/Heiligenhaus	1091	1:26:57	2:02:31	3:59:03	4:22:39	4:23:32	6:13
950	1584	Karrenberg, Andreas	M40	188 -/Heiligenhaus	1092	1:26:57	2:02:31	3:59:05	4:22:40	4:23:32	6:13
951	1460	Rossenbach, Tim Daniel	MH	53 -/Bergneustadt	1093	1:30:32	2:09:15	4:01:25	4:22:44	4:23:46	6:13
952	2075	Corteyn, Serge	M45	242 -/Bochum	1094	1:27:10	2:03:00	3:58:03	4:22:45	4:23:38	6:13
953	1299	Lengelsen, Jens	M40	189 VCA/fvump/Düsseldorf	1095	1:28:29	2:05:12	3:59:36	4:22:47	4:23:52	6:13
954	1394	Falk, Michael	M55	77 Alumni Universitaet Wuerzburg/Hilt	1096	1:28:48	2:06:00	4:00:13	4:22:50	4:23:56	6:13
955	569	Illner, Rolf	M55	78 -/Dorsten	1100	1:25:13	2:00:51	3:59:08	4:23:09	4:24:20	6:14
956	587	Brandenburger, Bodo	M45	243 SV Serno 58/Coswig	1101	1:23:21	2:02:27	4:01:09	4:23:11	4:23:42	6:14
957	669	Baier, Andreas	M45	244 BSG Commerzbank/Mülheim	1102	1:28:02	2:03:39	3:58:55	4:23:15	4:24:22	6:14
958	1102	Hermann, Dr. Christopher	M55	79 -/Stuttgart	1104	1:30:49	2:07:44	3:59:26	4:23:39	4:24:35	6:14
959	1640	Zech, Stefan	M35	108 -/Geilenkirchen	1105	1:36:21	2:15:22	4:05:37	4:24:03	4:24:36	6:15
960	746	Zissler, Detlef	M55	80 Schnecke & Co. Lindheim/Altenstad	1106	1:29:09	2:04:42	3:59:26	4:24:07	4:25:13	6:15
961	1735	Kohlstedde, Guido	M40	190 -/Witten	1107	1:29:23	2:06:28	4:01:31	4:24:13	4:25:19	6:15
962	1931	Wilde, David	M30	67 -/Schwerte	1108	1:27:28	2:02:36	4:00:47	4:24:40	4:25:57	6:16
963	1093	Wille, Thomas	M45	245 LG Emsdetten/Emsdetten	1110	1:31:10	2:08:42	4:02:03	4:24:47	4:25:55	6:16
964	1405	Berger, Georg	M55	81 Gerscheder SV Essen/Mülheim an d	1111	1:24:10	1:58:26	3:58:24	4:24:51	4:25:51	6:16
965	1847	Brill, Peter	M65	16 -/Mülheim An Der Ruhr	1112	1:24:05	1:58:09	3:58:25	4:24:51	4:25:51	6:16
966	727	Pflügler, Christian	M45	246 100 Marathon Club/Münster	1115	1:21:02	1:56:37	4:01:26	4:24:54	4:25:35	6:16



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
967	2192	Kröschel, Peter	M40	191 Schain Orthopädie Remscheid/Remscheid	116	1:18:34	1:51:53	3:59:41	4:25:08	4:25:39	6:17
968	865	Vajnberger, Manfred	M45	247 LT Cappberger See/Lünen	1118	1:24:14	1:58:44	4:04:07	4:25:27	4:26:19	6:17
969	1189	Decker, Karsten	M45	248 TuS Meinerzhagen/Meinerzhagen	1119	1:28:29	2:05:08	4:01:58	4:25:50	4:27:03	6:17
970	2168	Cool, Erik	M45	249 -/Mechelen	1120	1:21:06	1:56:30	3:58:59	4:25:50	4:26:30	6:17
971	742	Lorse, Udo	M55	82 Adler-Langlauf Bottrop/Essen	1121	1:28:25	2:04:59	4:00:52	4:26:07	4:27:11	6:18
972	1479	Ickert, Peter	M50	163 Pfannkuchen Runners/Niederkrüchten	1122	1:32:43	2:11:14	4:05:20	4:26:13	4:27:23	6:18
973	971	Schnittker, Werner	M50	164 -/Lippetal	1123	1:24:09	1:58:15	3:56:09	4:26:13	4:27:05	6:18
974	691	Grosse, Karl-Heinz	M60	36 Team Erdinger Alkoholfrei/Essen	1124	1:34:20	2:12:19	4:05:18	4:26:23	4:27:36	6:18
975	1638	Webersberger, Oliver	MH	54 -/Münster	1126	1:23:53	1:57:30	4:01:04	4:26:41	4:27:45	6:19
976	2150	Ziemek, Holger	M45	250 -/Tönisvorst	1128	1:34:04	2:12:11	4:05:40	4:26:50	4:28:02	6:19
977	1668	Rummert, Horst	M55	83 -/Aachen	1130	1:25:56	2:02:05	4:02:56	4:26:57	4:28:12	6:19
978	1280	Maurer, Manfred	M60	37 -/Bad Homburg	1131	1:22:51	1:57:29	4:01:13	4:27:04	4:27:54	6:19
979	734	Riepenhausen, Horst	M50	165 LT Gruiten-Neandertal/Mettmann	1132	1:30:13	2:07:01	4:03:59	4:27:05	4:28:15	6:19
980	1651	Kollakowski, Klaus	M60	38 LT Gruiten-Neandertal/Wuppertal	1133	1:30:15	2:07:02	4:03:59	4:27:06	4:28:16	6:19
981	1303	Ludwig, Dirk	M50	166 Basbergrunner Hameln 04/Hameln	1134	1:31:35	2:08:47	4:06:16	4:27:25	4:28:26	6:20
982	1244	Sanno, Martin	M50	167 Prosecco/Brühl	1136	1:35:12	2:14:06	4:06:26	4:27:46	4:28:59	6:20
983	1609	Strutz, Wolfgang	M45	251 -/Wuppertal	1137	1:33:38	2:11:51	4:05:50	4:27:49	4:28:58	6:20
984	1701	Udelhofen, Dr. Dirk	M45	252 Alfterer SC/Bonn	1138	1:31:47	2:09:24	4:05:38	4:27:53	4:29:05	6:20
985	1560	Hoffert, Ingo	M40	192 Schulwald-Runners/Olpe	1139	1:27:55	2:02:54	4:05:52	4:27:58	4:29:02	6:21
986	1104	Punge, Wolfgang	M45	253 Trail Team OWL/Bünde	1140	1:33:52	2:12:07	4:09:40	4:27:58	4:29:13	6:21
987	1151	Schönig, Jürgen	M50	168 -/Voerde	1141	1:18:16	1:53:21	4:00:38	4:28:03	4:28:38	6:21
988	1030	Kirchhoff, Florian Maximilian	MH	55 -/Remscheid	1142	1:21:08	1:55:56	4:03:00	4:28:05	4:28:52	6:21
989	1294	Schäfer, Udo	M50	169 -/Herford	1145	1:28:06	2:04:56	4:06:00	4:28:17	4:29:24	6:21
990	632	Dragun, Maik	M40	193 -/Essen	1146	1:28:03	2:03:43	4:04:05	4:28:20	4:29:27	6:21
991	1917	Rickert, Manfred	M50	170 TSV Bocholt/Bocholt	1148	1:35:22	2:14:25	4:06:58	4:28:30	4:29:40	6:21
992	1281	Köhl, Uli	M30	68 -/Wupeertal	1149	1:28:07	2:03:48	4:04:53	4:28:33	4:29:37	6:21
993	545	GAIDA, PETER	M50	171 -/VELBERT	1150	1:24:24	1:58:36	4:00:12	4:28:33	4:29:02	6:21
994	868	Espey, Reinhard	M40	194 Baldeney Lake Racers/Heiligenhaus	1151	1:30:11	2:06:22	4:06:23	4:28:46	4:29:59	6:22
995	1292	Kemper, Bernd	M40	195 LG Bauerkamp Warburg/Warburg	1152	1:17:56	1:49:43	4:01:49	4:28:49	4:29:23	6:22
996	429	Huth, Thorsten	M50	172 LC Duisburg/-	1153	1:35:42	2:14:24	4:06:58	4:29:05	4:30:14	6:22
997	431	Heidenreich, Frank	M45	254 LC Duisburg/-	1155	1:35:44	2:14:25	4:06:59	4:29:05	4:30:14	6:22
998	430	Klingelhöfer, Markus	M35	109 LC Duisburg/-	1156	1:35:43	2:14:24	4:06:59	4:29:05	4:30:14	6:22
999	1020	Baumgart, Roger	M45	255 Ausdauerschule by Bunert/Wuppertal	1158	1:35:33	2:14:20	4:06:55	4:29:11	4:30:25	6:22
1000	1795	Presser, Christian	M45	256 TuS Breitscheid/-	1160	1:24:10	1:58:54	4:06:40	4:29:16	4:29:59	6:22
1001	2055	Niederstraße, Bernd	M35	110 -/Essen	1162	1:24:21	1:58:21	3:56:29	4:29:23	4:30:15	6:23
1002	1103	Speckels, Martin	M45	257 -/Hattingen	1163	1:35:33	2:14:39	4:07:55	4:29:36	4:30:46	6:23
1003	567	Klitzsch, Thomas	M55	84 SILBERMÖVE/Freudenberg	1164	1:36:23	2:14:18	4:06:22	4:29:36	4:30:49	6:23
1004	603	Thurn, Andreas	M40	196 Lippelläufer/Salzotten	1165	1:20:01	1:54:51	4:06:19	4:29:38	4:29:46	6:23
1005	653	Strecker, Detlef	M45	258 BSG Stadtverwaltung Remscheid/Remscheid	1166	1:35:01	2:12:28	4:07:09	4:29:59	4:31:14	6:23
1006	1774	martin, jean	M30	69 -/essen	1169	1:27:18	2:03:33	4:09:47	4:30:24	4:31:41	6:24
1007	509	König, Arne	M45	259 Hamminkelner SV/Eltville	1171	1:23:31	1:58:05	4:09:27	4:30:41	4:31:37	6:24
1008	2196	Menze, Michael	M40	197 TTC Kalthof 1958 e. V./Iserlohn	1172	1:35:36	2:14:38	4:09:05	4:31:11	4:32:29	6:25
1009	1040	Schürmann, Alexander	M45	260 -/Krefeld	1173	1:25:41	2:01:59	4:06:13	4:31:29	4:32:27	6:26
1010	1891	Becker, Markus	M45	261 -/Bochum	1174	1:27:11	2:03:00	4:04:26	4:31:34	4:32:27	6:26
1011	1269	Michels, Stefan	M30	70 -/Wülfrath	1176	1:26:13	2:04:10	4:08:39	4:31:48	4:32:45	6:26
1012	1156	Börger, Thomas	M45	262 -/Borken	1179	1:32:20	2:08:50	4:10:01	4:32:25	4:33:53	6:27



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
1013	856	Bergmann, Tim	M35	111 -/Essen	1180	1:33:03	2:11:30	4:08:14	4:32:32	4:33:34	6:27
1014	899	Wiebe, Johannes	MH	56 -/Duisburg	1182	1:34:20	2:12:05	4:08:03	4:32:49	4:33:58	6:27
1015	1510	Kassegger, Frank	M45	263 -/Lünen	1183	1:28:26	2:03:47	4:07:40	4:33:01	4:33:41	6:28
1016	969	Herzig, Uli	M50	173 -/Moers	1184	1:29:26	2:07:50	4:09:55	4:33:18	4:34:25	6:28
1017	1539	Metzner, Tobias	M30	71 BASF-Runners/Neuss	1185	1:37:48	2:17:35	4:13:55	4:33:37	4:35:01	6:29
1018	1762	Jahn, Thomas	M45	264 MKC Duisburg/Oberhausen	1186	1:21:40	1:55:10	4:02:26	4:33:38	4:34:30	6:29
1019	1530	Erceg, Patrick	M40	198 BASF-Runners/Viersen	1187	1:37:48	2:17:35	4:13:55	4:33:41	4:35:05	6:29
1020	1396	Kuhfeldt, Heinz	M55	85 BMW Hans Brandenburg GmbH/Lahr	1188	1:24:24	1:58:32	4:02:31	4:33:42	4:34:30	6:29
1021	636	Mangul, Dmitriy	M30	72 -/Essen	1190	1:24:37	2:00:36	4:09:12	4:33:51	4:34:34	6:29
1022	1543	Waloszczyk, Dieter	M65	17 -/Bochum	1191	1:27:38	2:03:35	4:08:47	4:34:26	4:35:26	6:30
1023	782	Wehmeier, Bastian	M35	112 Aktion Canchanabury/Essen	1192	1:33:26	2:12:01	4:15:06	4:34:34	4:35:21	6:30
1024	1154	Lochmann, Daniel	M40	199 -/Essen	1193	1:37:39	2:19:07	4:13:18	4:35:02	4:36:30	6:31
1025	928	Hafner, Jörg	M35	113 www.androgon.de/Hamburg	1194	1:29:37	2:08:47	4:13:03	4:35:05	4:36:54	6:31
1026	1576	Welters, Klaus	M45	265 Borussia Mönchengladbach/Mönchengladbach	1196	1:24:25	1:58:31	4:10:12	4:35:08	4:35:57	6:31
1027	1944	Socher, Michael	M50	174 LC Duisburg/-	1197	1:35:41	2:14:40	4:12:21	4:35:51	4:37:07	6:32
1028	693	Wenzel, Christoph	M50	175 100 Marathon Club/Dortmund	1198	1:23:30	1:57:52	4:07:54	4:35:58	4:36:38	6:32
1029	1484	Vieth, Alexander	MU20	2 Fc Nordkirchen/Nordkirchen	1200	1:35:11	2:13:14	4:12:49	4:36:16	4:37:27	6:32
1030	622	Remmers, Uwe	M50	176 Marathon Mülheim/Essen	1201	1:37:51	2:17:36	4:13:58	4:36:22	4:37:43	6:32
1031	1590	Scheid, Christian	M40	200 ODIN/Hattingen	1202	1:36:50	2:15:36	4:14:33	4:36:38	4:36:38	6:33
1032	841	Lohmann, Bernd	M55	86 Team ForeverYoung/Bochum	1203	1:24:28	1:59:47	4:08:51	4:37:00	4:38:12	6:33
1033	525	Neumann, Klaus	M60	39 100 Marathon Club/Stuttgart	1204	1:35:31	2:14:59	4:13:57	4:37:08	4:38:50	6:34
1034	602	Gmyrek, Siegfried	M55	87 -/Wuppertal	1206	1:21:17	1:56:18	4:05:53	4:37:15	4:37:36	6:34
1035	1032	Meinhold, Günter	M60	40 stolpertrupp ihmert/Hemer	1207	1:35:38	2:15:10	4:14:06	4:37:17	4:38:50	6:34
1036	586	Dünholter, Andreas	M45	266 DRK Gütersloh/Gütersloh	1208	1:31:01	2:10:33	4:13:53	4:37:37	4:38:47	6:34
1037	1351	Risse, Dr. Hans	M60	41 -/Wildeshausen	1209	1:30:46	2:08:30	4:14:05	4:37:43	4:39:04	6:34
1038	1072	Fuchs, Christian	M30	73 -/Gütersloh	1210	1:42:04	2:20:30	4:16:43	4:37:44	4:37:44	6:34
1039	1255	Harder, Volker	M45	267 -/Stromberg	1211	1:31:29	2:09:08	4:11:42	4:37:59	4:39:05	6:35
1040	1237	Parakenings, Ingo	M40	201 -/Duisburg	1212	1:31:30	2:09:09	4:11:42	4:38:00	4:39:05	6:35
1041	1150	Wildemann, Marco	M35	114 -/Essen	1213	1:23:53	1:57:55	4:04:30	4:38:06	4:39:14	6:35
1042	1513	Grieger, Thomas	M45	268 BSG Stadtverwaltung Remscheid/Remscheid	1214	1:34:55	2:13:08	4:13:15	4:38:09	4:39:24	6:35
1043	1713	Fluegge, Harald	M60	42 radsport msv steele/Essen	1215	1:26:15	2:04:22	4:14:15	4:38:09	4:39:02	6:35
1044	718	Sonnenschein, Daniel	M40	202 Naturheilpraxis Sonnenschein/Essen	1216	1:25:23	2:00:03	4:08:18	4:38:20	4:39:23	6:35
1045	1048	Seidlitz, Dirk	M45	269 One Man Show/Gelsenkirchen	1217	1:28:10	2:06:17	4:14:59	4:38:46	4:39:50	6:36
1046	1671	Froning, Oliver	M45	270 -/Münster	1218	1:35:37	2:14:16	4:14:34	4:38:49	4:40:04	6:36
1047	658	Szameit, Holger	M40	203 Bin eben Brötchen holen/Düsseldorf	1219	1:32:39	2:11:17	4:12:52	4:39:06	4:40:20	6:36
1048	664	Niemann, Detlev	M50	177 BTC Herne/Herne	1220	1:32:39	2:11:17	4:12:49	4:39:07	4:40:21	6:36
1049	1419	Groß, Lothar	M55	88 -/Kerken	1221	1:31:27	2:08:48	4:13:54	4:39:21	4:40:27	6:37
1050	2202	Peschla, Joachim	M55	89 -/Dortmund	1222	1:34:59	2:13:20	4:14:17	4:39:22	4:40:26	6:37
1051	819	Blümer, Christoph	M45	271 Germania Vossenack/Hürtgenwald	1223	1:25:17	2:04:02	4:15:19	4:40:15	4:40:58	6:38
1052	958	Bentz, Kai	M40	204 -/Hannover	1225	1:20:28	1:56:46	4:11:39	4:41:02	4:41:38	6:39
1053	1644	Bremer, Andreas	M50	178 -/Essen	1226	1:37:38	2:17:50	4:18:59	4:41:07	4:42:19	6:39
1054	1126	Schlageter, Günter	M55	90 BKK-Hoesch/ Ruhrpotts/Dortmund	1227	1:27:36	2:02:41	4:09:15	4:41:16	4:42:19	6:39
1055	896	Flagge, Michael	M50	179 BSG Stadtverwaltung Remscheid/Remscheid	1228	1:36:53	2:16:41	4:17:47	4:41:27	4:42:40	6:40
1056	1047	Dickmann, Volker	M45	272 Lauffreunde HADI Wesel/Wesel	1229	1:37:40	2:16:27	4:16:57	4:41:30	4:42:51	6:40
1057	1314	Boländer, Bernhard	M45	273 FC Nordkirchen/Nordkirchen	1230	1:35:09	2:13:12	4:17:05	4:41:42	4:42:54	6:40
1058	1893	Rio, Kai Tristan	M50	180 KTR/Essen	1234	1:37:52	2:16:32	4:17:50	4:42:00	4:43:26	6:40



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
1059	530	Szarvas, Markus	M45	274 LT Schnecke Sonsbeck/Sonsbeck-Lb235	1235	1:25:23	2:04:47	4:17:04	4:42:01	4:42:50	6:41
1060	1964	Heumann, Dirk	M45	275 VFR Wilschei Neubokel/Gifhorn	1236	1:34:47	2:16:29	4:21:48	4:42:45	4:43:43	6:42
1061	946	Greiß, Felix	MH	57 -/Recklinghausen	1237	1:33:03	2:11:31	4:16:39	4:42:46	4:43:48	6:42
1062	1482	Rusidovic, Denis	M35	115 -/Witten	1239	1:25:22	2:01:12	4:13:05	4:42:52	4:43:26	6:42
1063	1949	Winter, Klaus	M55	91 TV Datteln 09/Datteln	1241	1:40:54	2:19:10	4:20:12	4:43:15	4:44:34	6:42
1064	1621	Krenn, Toni	M50	181 -/Geldern	1242	1:27:54	2:03:29	4:14:59	4:43:17	4:44:26	6:42
1065	1601	Peters, Mathias	M45	276 -/Neukirchen-Vluyn	1245	1:40:44	2:21:03	4:20:26	4:43:38	4:44:58	6:43
1066	1608	Hertel, Ralf	M45	277 -/Jüchen-Gierath	1246	1:35:41	2:14:33	4:18:25	4:44:01	4:45:15	6:43
1067	1934	Uhlhorn, Kurt	M50	182 Kronos aktiv/Leverkusen	1247	1:28:42	2:08:03	4:22:11	4:44:15	4:44:39	6:44
1068	1333	Schmergal, Michael	M50	183 Bechener Laufhirsche/Bergisch Glä250	1250	1:40:46	2:20:58	4:20:24	4:44:35	4:45:56	6:44
1069	2094	Laig, Uwe	M55	92 TV Hohne/Lengerich	1252	1:34:55	2:13:49	4:20:35	4:44:37	4:45:57	6:44
1070	446	Helbig, Steffen	M50	184 Team Erdinger Alkoholfrei/-	1253	1:40:48	2:21:00	4:20:27	4:44:37	4:45:56	6:44
1071	444	Littwin, Rüdiger	M55	93 LT Lippehasen/-	1254	1:41:00	2:21:31	4:20:26	4:44:38	4:45:56	6:44
1072	518	Stampfer, Hartmann	M50	185 www.stampfer.org/Völs am Schle1255	1255	1:33:57	2:11:56	4:17:07	4:44:44	4:46:26	6:44
1073	2126	Möglich, Thomas	M35	116 -/Unna	1256	1:38:32	2:17:37	4:21:38	4:44:45	4:46:07	6:44
1074	870	Drängmann, Artur	M40	205 Lenni Runners/Eschweiler	1257	1:28:05	2:04:58	4:18:28	4:44:49	4:45:57	6:44
1075	855	Glehn, Gregor	MH	58 -/Aachen	1260	1:24:28	2:01:29	4:20:30	4:45:52	4:46:48	6:46
1076	1002	Warnat, Rolf-Peter	M55	94 ROLVO-TEAM BOCHOLT/Bocholt	1262	1:30:33	2:09:16	4:17:08	4:46:06	4:47:07	6:46
1077	1685	Sohm, Henning	M35	117 LG Bauerkamp Warburg/Warburg	1263	1:28:01	2:07:17	4:21:07	4:46:26	4:47:16	6:47
1078	1566	Preisler, Horst	M75	2 LAV Hamburg-Nord/Hamburg	1264	1:43:51	2:24:49	4:23:48	4:46:55	4:48:24	6:47
1079	728	Hazebrouck, Dr. Jan-Peter	M40	206 -/Essen	1265	1:44:09	2:25:41	4:25:01	4:47:09	4:48:31	6:48
1080	1800	Wenda, Herbert	M60	43 TUSEM Essen/-	1266	1:39:59	2:20:24	4:22:20	4:47:20	4:48:42	6:48
1081	1962	Bernhardt, Diete	M70	5 -/Recke	1268	1:40:37	2:21:09	4:24:12	4:48:33	4:49:50	6:50
1082	630	Rüsenberg, Michael (sen)	M55	95 TV 1895 Steinheim/Steinheim	1269	1:33:40	2:14:22	4:25:31	4:50:18	4:50:52	6:52
1083	977	Wirz, Jochen	M55	96 LW Gimble/Greven	1270	1:30:50	2:08:54	4:27:07	4:50:29	4:51:48	6:53
1084	1133	Patzner, Roland	M55	97 -/Düsseldorf	1271	1:31:09	2:10:51	4:23:11	4:50:34	4:51:44	6:53
1085	1055	Thülig, Bernhard	M75	3 VfL Bergheide/Essen	1275	1:40:24	2:20:59	4:24:04	4:52:33	4:53:52	6:55
1086	1433	Wendland, David	MH	59 -/Rees	1276	1:34:13	2:12:22	4:28:34	4:52:47	4:53:55	6:56
1087	651	Holtkamp, Fred	M40	207 Lauftreff weiße Äthiopier/Holzwick277	1277	1:31:41	2:11:35	4:23:59	4:53:10	4:54:21	6:56
1088	1755	Küpper, Gustav	M50	186 LF SSV Herten/Herten	1278	1:44:06	2:25:39	4:29:53	4:53:30	4:54:50	6:57
1089	1848	Bebernik, Edmund	M50	187 LT Waldschleicher Lohne/Lohne	1280	1:34:02	2:15:02	4:27:50	4:53:41	4:54:27	6:57
1090	1420	Sohn, Andreas	M50	188 -/Stolberg	1281	1:40:28	2:21:30	4:28:40	4:53:42	4:54:56	6:57
1091	716	Wessoly, Frank	M40	208 -/Baesweiler	1284	1:28:32	2:08:05	4:31:25	4:55:22	4:56:31	6:59
1092	598	Zirkwitz, Hans-Walter	M55	98 Pumuckl Runners Düsseldorf/Düsseld286	1286	1:33:42	2:10:56	4:26:49	4:56:01	4:57:31	7:00
1093	1503	Hoffmann, Prof. Sebastian	M40	209 Haxter Lauffreunde Paderborn/Biele287	1287	1:32:28	2:14:10	4:30:00	4:56:04	4:56:37	7:00
1094	802	Kluge, Dr. Achim	M50	189 -/Lüdenscheid	1290	1:40:42	2:21:12	4:33:40	4:56:39	4:57:59	7:01
1094	967	Kluge, Laurenz	MU20	3 -/Lüdenscheid	1290	1:40:42	2:21:12	4:33:41	4:56:39	4:57:58	7:01
1096	573	Otremba, Edwin	M45	278 SF Katernberg 1913 e.V./Essen	1293	1:44:09	2:26:39	4:34:12	4:57:58	4:59:20	7:03
1097	1232	Kocherscheidt, Carsten	M40	210 -/Essen	1295	1:40:41	2:20:59	4:33:35	4:58:34	4:59:58	7:04
1098	1535	Kalkbrenner, Norbert	M60	44 Lauf Team Unna/Bönen	1297	1:38:04	2:17:27	4:34:17	4:58:46	5:00:04	7:04
1099	1916	Marzahri, Kester	M40	211 einfach mal so/Gummersbach	1298	1:32:53	2:11:46	4:30:33	4:58:57	5:00:11	7:05
1100	825	Steffes, Robert	M55	99 TC Kray/Essen	1299	1:36:54	2:18:08	4:34:20	4:59:06	5:00:19	7:05
1101	698	Voegelin, Christoph	M50	190 Adler-Langlauf Bottrop/Geldern	1303	1:44:10	2:26:41	4:35:26	4:59:21	5:00:43	7:05
1102	5	Schranz, Jörg	M45	279 Borbecker Raketen/-	1304	1:44:11	2:26:40	4:34:13	4:59:22	5:00:44	7:05
1103	1587	Oberkötter, Georg	M45	280 -/Essen	1307	1:35:40	2:15:07	4:32:29	4:59:30	5:00:30	7:05
1104	1618	Weidemann, Manfred	M55	100 -/Perleberg	1308	1:35:42	2:14:34	4:32:44	4:59:32	5:00:43	7:05



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
1105	1882	Röser, Thomas	M50	191 -/Bochum	1309	1:40:47	2:20:55	4:32:23	4:59:42	5:01:00	7:06
1106	1476	Brendemühl, Dieter	M70	6 -/Lontzen	1310	1:43:08	2:26:08	4:35:42	4:59:47	5:01:11	7:06
1107	1284	Kuhnke, Martin	MH	60 -/Wesel	1311	1:35:29	2:15:00	4:34:38	4:59:51	5:01:14	7:06
1108	1283	Schlagkamp, Claas	MH	61 -/Hövelhof	1312	1:35:29	2:15:00	4:34:38	4:59:51	5:01:14	7:06
1109	513	Just, Egbert	M60	45 Polizei Essen/Essen	1314	1:32:54	2:15:48	4:36:24	5:03:40	5:04:26	7:11
1110	1188	Plückelmann, Willi	M60	46 TuS Hamborn Neumühl/Duisburg	1318	1:44:10	2:27:40	4:42:30	5:06:17	5:07:40	7:15
1111	1663	Hautkappe, Peter	M55	101 ohne/Bochum	1319	1:43:10	2:26:09	4:37:35	5:06:32	5:07:55	7:15
1112	1410	Lackmann, Markus	M35	118 -/Dortmund	1320	1:32:22	2:16:46	4:38:51	5:07:42	5:09:03	7:17
1113	1818	Littfin, Reinhold	M55	102 PP Essen/-	1321	1:44:12	2:26:41	4:40:31	5:08:14	5:09:35	7:18
1114	905	Roth, Klaus	M60	47 TV Rheinau 1893/Mannheim	1323	1:42:01	2:21:57	4:44:26	5:09:43	5:11:00	7:20
1115	989	Schäfer, Christian	M40	212 BSG WAZ Essen/Essen	1324	1:44:13	2:25:37	4:39:15	5:10:28	5:11:49	7:21
1116	805	Klein, Jürgen	M45	281 -/Mönchengladbach	1325	1:28:23	2:08:28	4:45:35	5:10:55	5:11:44	7:22
1117	869	Judt, Thomas	M50	192 BSG Stadtverwaltung Remscheid/R	1326		4:45:35		5:11:29	5:12:46	7:22
1118	1920	Ungemach, Andreas	M75	4 TV Georgsmarienhütte/Osnabrück	1328	1:41:40	2:24:30	4:37:49	5:11:36	5:12:26	7:23
1119	1324	von Kampen, Jürgen	M50	193 Dönges Running Team/Remscheid	1329	1:37:19	2:19:20	4:42:54	5:12:13	5:13:29	7:23
1120	1300	Liebisch, Thomas	M45	282 Borbecker Raketen Essen/Essen	1330	1:37:23	2:21:51	4:45:35	5:13:15	5:14:12	7:25
1121	697	Jahoda, Leander	M55	103 LT Rennhamster Düsseldorf/Düsse	1331	1:35:31	2:15:02	4:40:15	5:13:51	5:15:17	7:26
1122	1569	Ehrmann, Dieter	M55	104 Laufftreff TuS St.Sebastian/Kettig	1332	1:34:11	2:16:56	4:47:13	5:13:58	5:14:45	7:26
1123	1073	Kowalsky, Paul	M75	5 Gerscheder SV Essen/Essen	1334	1:42:23	2:25:45	4:47:24	5:16:55	5:18:13	7:30
1124	1869	Rahde, Heinz-Joachim	M60	48 SC Oberlahn/Runkel	1335	1:43:22	2:26:01	4:49:41	5:18:10	5:18:33	7:32
1125	2056	Mintgen, Dietmar	M55	105 Team Erdinger Alkoholfrei/-	1337	1:28:22	2:09:52	4:35:59	5:19:23	5:20:31	7:34
1126	1707	Waihs, Udo	M45	283 -/Lüdenscheid	1339	1:28:54	2:03:40	4:30:29	5:27:29	5:28:39	7:45
1127	1871	Hagemann, Fritz	M65	18 TV Arnsberg 1861/Arnsberg	1340	1:22:39	1:56:07	4:30:52	5:27:52	5:28:39	7:46
1128	704	Petter, Ehrhardt	M50	194 USC Kiel/Kronshagen	1342	1:43:24	2:28:05	4:59:10	5:28:09	5:29:28	7:46
1129	814	Zincirkiran, Atilla	M40	213 Vodafone Hamm Unna Ahlen/Hamf	1343	1:42:33	2:27:52	5:03:34	5:30:35	5:31:32	7:50
1130	813	Zincirkiran, Ayhan	M35	119 Vodafone Hamm Unna Ahlen/Hamf	1344	1:42:33	2:27:52	5:03:34	5:30:36	5:31:33	7:50
1131	931	Rosenbaum, Jörg	M45	284 Gehörlosen TSV Essen/-	1345				5:30:39	5:30:43	7:50
1132	930	Buschmann, Ralf	M45	285 Gehörlosen TSV Essen/Essen	1346	1:41:37	2:30:19	5:01:04	5:30:39	5:30:43	7:50
1133	1085	Hildebrand-Effelberg, Thoma	M50	195 BSG Stadtverwaltung Remscheid/R	1347	1:47:07	2:30:17	5:03:57	5:31:52	5:33:09	7:51
1133	1322	Sternkopf, Martin	M50	195 BSG Stadtverwaltung Remscheid/R	1347	1:46:00	2:30:18	5:03:57	5:31:52	5:33:08	7:51
1135	730	Geistert, Reinhard	M60	49 100 Marathon Club/Norderstedt	1349	1:49:18	2:37:12	5:07:06	5:35:16	5:36:31	7:56
1136	811	Zincirkiran, Akif	M40	214 Vodafone Hamm Unna Ahlen/Hamf	1350	1:42:32	2:27:53	5:12:41	5:40:11	5:41:07	8:03
1137	5000	Braun, Helmut	M60	50 100 Marathon Club Grüne Handsch	1351	1:49:30	2:35:07	5:14:30	5:53:01	5:54:27	8:21
1138	1718	Nowak, Adolf	M70	7 Dawnrunners Buer/Gelsenkirchen	1352	1:44:11	2:26:41	5:14:33	5:53:05	5:54:27	8:22



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
1	F11	Optekamp, Silke	W30	1 PSV Grün-Weiß Kassel/Mönchenglac	12	0:57:46	1:21:09	2:30:59	2:45:03	2:45:05	3:54
2	F14	Viebahn, Christel	W35	1 LAZ Puma Rhein-Sieg/Gummersbac	14	0:57:47	1:21:16	2:31:53	2:45:34	2:45:35	3:55
3	F15	Vabic, Nina	WH	1 TSG Kleinostheim/Langenselbolg	34	1:02:23	1:27:30	2:41:10	2:55:27	2:55:28	4:09
4	F93	Just, Gladys	W35	2 Team Hinkesforst/Ratingen	110	1:05:22	1:32:15	2:53:39	3:09:20	3:09:28	4:29
5	F351	Grabenkamp, Annika	WH	2 Ayyo Team Essen/Essen	130	1:09:35	1:37:29	2:58:12	3:13:12	3:13:27	4:34
6	F192	Andres, Sabine	W30	2 Spiridon Schleswig/Schenefeld	135	1:05:03	1:31:55	2:56:22	3:13:49	3:13:53	4:35
7	F276	Möllensiep, Sybille	W50	1 SuS Schalke 96/Marl	141	1:07:04	1:34:32	2:58:12	3:14:17	3:14:21	4:36
8	F309	Geiken, Annette	W45	1 LAZ Puma Rhein-Sieg/Oberaußem	153	1:11:00	1:39:19	3:00:00	3:14:55	3:15:08	4:37
9	F283	Stutzenberger, Anita	W45	2 SF Ennepetal e.V./Schwelm	169	1:07:57	1:35:26	2:59:36	3:16:38	3:16:43	4:39
10	F361	Postert, Dr. Christiane	W35	3 LG Ems Warendorf/Münster	185	1:10:10	1:38:41	3:03:04	3:19:08	3:19:26	4:43
11	F52	Becker, Verena	W35	4 SG TSV Kronshagen/Kieler TB/Kiel	191	1:06:51	1:35:29	3:02:49	3:19:38	3:19:42	4:43
12	F355	Nowotny-Hupka, Rita	W50	2 LT Wischlingen Dortmund/Dortmur201	201	1:10:29	1:39:15	3:04:16	3:20:32	3:20:47	4:45
13	F356	Niemann, Marianne	W55	1 LC Solbad Ravensberg/Bielefeld	209	1:10:34	1:39:14	3:04:27	3:21:02	3:21:13	4:45
14	F255	Wietscher, Antje	W55	2 TV Refrath/Leichlingen	212	1:10:52	1:39:26	3:04:31	3:21:15	3:21:36	4:46
15	F202	Bruns, Klaudia	W50	3 Borbecker Raketen Essen/Essen	220	1:09:18	1:37:21	3:04:20	3:21:47	3:22:01	4:46
16	F235	Bardenheuer, Astrid	W50	4 PSV Grün-Weiß Kassel/Fuldatal	227	1:12:23	1:41:55	3:06:11	3:22:12	3:22:19	4:47
17	F367	Peters, Kristina	W30	3 -/Haltern am See	247	1:11:10	1:41:13	3:07:16	3:23:39	3:23:45	4:49
18	F136	Roth, Stefanie	WH	3 LG Wuppertal/Wuppertal	251	1:12:34	1:41:44	3:07:27	3:24:02	3:24:20	4:50
19	F148	Bader, Christiane	W40	1 TSV Bayer 04 Lev Triathlon/Leverku266	266	1:11:06	1:40:19	3:09:17	3:26:28	3:26:46	4:53
20	F158	Rey, Claudia	W40	2 LAZ Puma Rhein Sieg/-	270	1:07:09	1:34:16	3:07:58	3:26:42	3:26:43	4:53
21	F291	Prommesberger, Yvonne	W35	5 -/Essen	276	1:13:25	1:42:51	3:10:16	3:27:01	3:27:08	4:54
22	F167	Breuer, Sabine	W45	3 LC Duisburg/Duisburg	284	1:10:49	1:40:08	3:09:57	3:27:34	3:27:50	4:55
23	1907	Libuda, Anke	W30	4 BSG Springorum Bochum/Witten	312	1:14:25	1:44:35	3:12:33	3:28:53	3:29:15	4:57
24	F233	Claus, Ute	W45	4 LT Issum Turboschnecken/Geldern	337	1:15:30	1:45:41	3:13:50	3:30:07	3:30:49	4:58
25	2057	Limbach, Lisa	W45	5 LT B Aachen/Aachen	355	1:11:33	1:42:46	3:15:25	3:32:49	3:32:51	5:02
26	F185	Hendricks, Maria	W45	6 SV Viktoria Winnekendonk/Kevelae358	358	1:12:37	1:42:26	3:14:01	3:32:57	3:33:13	5:02
27	F189	Hieronymus, Paula	WH	4 LAC Veltins Hochsauerland/Düsseld362	362	1:14:17	1:44:37	3:15:27	3:33:24	3:33:42	5:03
28	F289	Feyerabend, Maria	W55	3 LSF Münster/Münster	366	1:09:22	1:38:46	3:14:16	3:33:34	3:33:46	5:03
29	F91	Wiethoff, Conny	W45	7 Renntiere/Marl	372	1:14:14	1:44:23	3:15:31	3:34:11	3:34:32	5:04
30	F171	Bohmann, Sonja	W40	3 LC Duisburg/duisburg	385	1:14:25	1:44:33	3:16:18	3:35:12	3:35:35	5:05
31	F152	Störbrock, Petra	W40	4 -/Castrop-Rauxel	386	1:16:18	1:46:26	3:17:50	3:35:13	3:35:49	5:06
32	F313	Niedick, Tanja	W35	6 jogmap-Ruhr/Düsseldorf	389	1:16:27	1:47:25	3:18:16	3:35:22	3:36:04	5:06
33	F155	Hahn-Gebhardt, Paula	W40	5 Team Schokker/Leverkusen	390	1:14:34	1:44:50	3:18:01	3:35:25	3:35:50	5:06
34	F368	Horstick, Julia	W30	5 -/Essen	392	1:17:18	1:48:13	3:18:54	3:35:34	3:36:17	5:06
35	F20	Lippke, Elke	W50	5 RSC Essen-Kettwig/Essen	396	1:15:51	1:46:29	3:18:10	3:35:49	3:36:25	5:06
36	F215	Appelhans, Tatjana	W40	6 TV GM-Huette/Georgsmareinhuette412	412	1:14:14	1:44:26	3:17:50	3:36:45	3:37:02	5:08
37	F284	Miketta, Helga	W70	1 Birkesdorfer TV/Düren	413	1:16:38	1:47:00	3:18:50	3:36:47	3:37:05	5:08
38	F286	Müller, Susanne	W40	7 Renntiere/Bottrop	421	1:17:52	1:48:55	3:20:21	3:37:26	3:38:04	5:09
39	F280	Kirchberg, Angelika	W45	8 LC Duisburg/Oberhausen	423	1:14:39	1:45:47	3:19:45	3:37:40	3:38:03	5:09
40	F141	Sander, Dr. Ingrid	W50	6 LGO Bochum/Bochum	426	1:14:57	1:45:12	3:18:45	3:37:47	3:38:00	5:09
41	F275	Tödter, Elke	W45	9 TV Jahn Schneverdingen/Schneverd339	439	1:17:54	1:49:22	3:22:01	3:39:07	3:39:34	5:11
42	F184	Deutscher, Claudia	W45	10 Renntiere/Marl	451	1:19:14	1:50:19	3:21:58	3:39:50	3:40:36	5:12
43	F293	Krell-Witte, Delia	W50	7 LSF Münster/MÜNSTER	452	1:15:20	1:46:41	3:20:33	3:39:59	3:40:10	5:12
44	F76	Morgenschweis, Dagmar	W50	8 LC Duisburg/Duisburg	464	1:17:43	1:49:13	3:22:15	3:40:41	3:41:16	5:13
45	F267	Hoppe, Stephanie	WH	5 LSF Münster/Münster	498	1:15:20	1:46:40	3:23:27	3:42:08	3:42:20	5:15
46	F203	Lenz-Reichstein, Natascha	W35	7 -/Leverkusen	510	1:14:17	1:44:36	3:23:41	3:42:42	3:43:06	5:16



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47	F260	Wenzel, Regina	W45	11 waldhessenlauf.de/Bad Hersfeld	526	1:15:21	1:46:00	3:22:59	3:43:05	3:43:30	5:17
48	F364	Petzold, Annette	W40	8 -/Baden-Baden	530	1:14:38	1:45:34	3:23:59	3:43:11	3:43:34	5:17
49	F172	Simon, Iris	W40	9 LC Duisburg/Duisburg	536	1:17:50	1:49:39	3:24:35	3:43:21	3:43:56	5:17
50	F295	Hein, Susanne	W50	9 :anlauf Siegen/Hilchenbach	537	1:16:26	1:48:51	3:25:50	3:43:23	3:44:19	5:17
51	F113	Bohnenkamp, Claudia	W40	10 -/Kölln-Reisiek	544	1:17:46	1:49:38	3:24:49	3:43:37	3:44:00	5:17
52	F246	Beuthe, Burga	W40	11 Theorunner/Herten	559	1:19:33	1:51:46	3:26:04	3:44:42	3:45:30	5:19
53	F134	Sons, Sandra	W40	12 -/Velbert	573	1:17:09	1:48:36	3:27:43	3:45:38	3:46:09	5:20
54	F274	Smidt, Dorle	W50	10 Non-Stop-Ultra Brakel/Höxter	578	1:14:26	1:46:07	3:25:46	3:45:53	3:46:04	5:21
55	F180	Hempel, Susanne	W45	12 LC Duisburg/Duisburg	590	1:17:50	1:49:39	3:28:23	3:46:59	3:47:36	5:22
56	F122	Weinreich, Claudia	W45	13 -/Herdecke	603	1:21:44	1:54:48	3:30:36	3:48:09	3:49:00	5:24
57	1925	Roters, Christiane	W45	14 TV Gronau/Gronau	604	1:17:55	1:49:31	3:27:31	3:48:13	3:48:49	5:24
58	F182	Dahm, Sabine	W40	13 Spaßläufer/Monheim	610	1:17:52	1:49:40	3:28:54	3:49:14	3:49:52	5:25
59	F298	Beyer, Claudia	W50	11 Klinikum Westfalen/Lünen	616	1:17:31	1:49:37	3:29:45	3:49:21	3:50:00	5:26
60	F250	Demirtas, Karin	W45	15 1. Tri Team Gütersloh GTV/Herzebr	627	1:21:32	1:53:58	3:31:07	3:50:34	3:51:28	5:27
61	F297	Kluge, Silke	W40	14 Lauffreunde Bönen/Bönen	629	1:17:07	1:48:53	3:30:36	3:50:40	3:51:02	5:27
62	F199	Zanger, Heike	W45	16 Running Team Bad Ems/Nievern	640	1:14:37	1:46:39	3:31:31	3:51:17	3:51:23	5:28
63	1903	Wittkop, Steffi	WH	6 -/Bochum	658	1:17:51	1:49:41	3:31:02	3:52:17	3:52:52	5:30
64	F27	Zuschlag, Dr. Daniela	W35	8 -/Dortmund	667	1:22:12	1:55:40	3:34:48	3:52:54	3:53:59	5:31
65	F365	Meyer, Monique	WH	7 Team Erdinger Alkoholfrei/Aachen	669	1:19:46	1:52:14	3:33:12	3:52:59	3:53:34	5:31
66	F64	Stützer, Kerstin	W35	9 TC Kray 1892 e.V./Bochum	685	1:23:18	1:56:45	3:35:21	3:53:31	3:54:14	5:32
67	F49	Schlüter, Karin-Barbara	W50	12 SuS Oberaden/Schwerte	689	1:21:05	1:54:12	3:34:05	3:53:38	3:54:18	5:32
68	F106	Schikorsky, Sabine	W40	15 SuS Oberaden/Schwerte	690	1:21:05	1:54:12	3:34:06	3:53:38	3:54:18	5:32
69	F362	Niehues, Simone	W35	10 Spiridon Haltern/Haltern am See	693	1:17:58	1:50:23	3:33:08	3:53:50	3:54:17	5:32
70	F213	Fricke, Alexandra	WH	8 -/Gummersbach	697	1:27:59	2:02:52	3:36:36	3:54:00	3:55:06	5:32
71	F366	Skrzypczak, Alicja	WH	9 -/Daszebice	699	1:24:16	1:57:50	3:35:38	3:54:05	3:55:05	5:32
72	F196	Haghgu, Katrin	W35	11 -/Soest	700	1:21:45	1:54:43	3:34:14	3:54:08	3:54:41	5:32
73	F253	Keil, Waltraud	W45	17 Saarfighters/Homburg/Schwarzena	702	1:17:27	1:50:30	3:33:25	3:54:10	3:54:43	5:32
74	F238	Diesner, Wiebke	W40	16 TVE Burgaltendorf/Essen	706	1:22:03	1:55:09	3:34:54	3:54:20	3:54:51	5:33
75	F162	Austermann, Andrea	W30	6 -/Marienfeld	710	1:20:58	1:53:51	3:34:41	3:54:32	3:55:28	5:33
76	F65	Sult, Barbara	W55	4 TC Kray 1892 e.V./Essen	716	1:17:52	1:49:47	3:32:41	3:55:03	3:55:39	5:34
77	F264	Kapons, Sylke	W40	17 -/Brandenburg	722	1:24:27	1:59:11	3:36:51	3:55:19	3:55:56	5:34
78	F170	Amalou, Linda	W30	7 LC Ruhrpott-America/Essen	737	1:24:06	1:58:08	3:37:10	3:55:43	3:56:38	5:35
79	F195	Tarrach, Michaela	W40	18 LT Haumannplatz Essen/Essen	741	1:22:31	1:56:06	3:36:49	3:56:03	3:56:40	5:35
80	F43	Schoelen, Ina	W30	8 TV Goch/Geldern	742	1:21:21	1:54:09	3:35:33	3:56:05	3:56:51	5:35
81	F249	Kienast, Daniela	W30	9 -/Essen	753	1:17:53	1:49:42	3:36:47	3:56:40	3:57:14	5:36
82	F285	Fritsch-Tenhagen, Sonja	W40	19 -/Neuss	755	1:23:35	1:57:21	3:37:12	3:56:45	3:57:42	5:36
83	F232	Reimet, Verena	W30	10 LT Metzkausen/Mettmann	772	1:24:06	1:57:41	3:37:31	3:57:15	3:58:11	5:37
84	F217	Max, Rebecca	WH	10 TV Kreupel/Kranenburg	779	1:24:10	1:57:52	3:38:08	3:57:28	3:58:14	5:37
85	F24	Radis, Ulrike	W40	20 -/Witten	792	1:22:51	1:56:19	3:38:12	3:57:56	3:58:51	5:38
86	F216	Rinteln, Martina	W35	12 LG Bauerkamp Warburg/Borgentre	805	1:24:02	1:58:32	3:39:33	3:58:33	3:59:05	5:39
87	F36	Wahl, Susanne	W40	21 -/Bergisch Gladbach	808	1:22:45	1:56:45	3:38:30	3:58:37	3:59:24	5:39
88	F153	Bücken, Simone	W30	11 DJK Armada Euchen-Würselen/Sto	814	1:21:54	1:55:52	3:38:58	3:58:45	3:59:18	5:39
89	F292	Seitz, Anne	W45	18 -/Bedburg-Hau	818	1:24:16	1:58:19	3:39:12	3:58:52	3:59:43	5:39
90	F288	Raith, Doris	W50	13 Leichtathletik Nütterden/Bedburg	821	1:24:16	1:58:20	3:39:13	3:58:52	3:59:43	5:39
91	F132	Eisemann, Helga	W55	5 SV Westfalia Rhyern/Hamm	840	1:20:13	1:56:35	3:38:38	3:59:44	4:00:30	5:40
92	F304	Groß, Dorothea	W50	14 -/Nochern	843	1:20:21	1:53:34	3:40:18	4:00:13	4:00:38	5:41



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Platz	St-Nr.	Name	AK	AK-PL.Verein/*Ort	Pos	15km	21km	38,5km	Endzeit	Brutto	M/k
93	2096	Wilms, Karoline	WH	11 -/Schalksmühle	853	1:26:22	2:01:59	3:42:33	4:01:00	4:01:53	5:42
94	F357	Hommes, Claudia	W40	1c duisburg/Duisburg	854	1:24:05	1:57:54	3:42:24	4:01:01	4:01:52	5:42
95	F223	Zimmermann, Christiane	W30	12 -/Essen	860	1:24:27	1:58:28	3:41:11	4:01:14	4:02:00	5:43
96	F178	Hennig, Dr. Kerstin	W45	19 MTV Kronberg/Koenigstein	863	1:22:50	1:56:39	3:41:22	4:01:34	4:02:20	5:43
97	F22	Kauffmann, Inga	W35	13 Team Sporti Essen/Essen	866	1:24:05	1:57:37	3:42:12	4:01:56	4:02:44	5:44
98	F358	Nägel, Gudrun	W45	20 TSV Rot-Weiss-Körle/Körle	877	1:25:22	1:59:48	3:42:52	4:02:54	4:03:27	5:45
99	F281	Trinschek, Anke	W35	14 -/Hamm	878	1:25:25	1:59:31	3:43:08	4:03:09	4:04:13	5:45
100	F69	Lymann, Jessica	W30	13 TC Kray 1892 e.V./Essen	879	1:23:17	1:56:45	3:43:23	4:03:27	4:04:10	5:46
101	F234	Wölky, Mel	W40	23 Wesseling Vermins/Essen	882	1:26:57	2:01:49	3:45:16	4:03:55	4:05:04	5:46
102	F183	Bergner, Ursula	W35	15 -/Darmstadt	883	1:27:07	2:01:55	3:45:10	4:04:09	4:05:11	5:47
103	F265	Müller, Birgit	W50	15 SG Siegen-Giersberg/Siegen	886	1:26:17	2:00:59	3:43:04	4:04:12	4:05:10	5:47
104	F121	Coenen, Heike	W40	24 -/Mönchengladbach	896	1:23:00	1:57:04	3:44:42	4:05:15	4:06:16	5:48
105	F128	Magyar, Sarah	W30	14 Entenhausen/Mönchengladbach	907	1:24:09	1:58:14	3:43:42	4:06:11	4:07:04	5:50
106	F290	Tanja, Dreiucker	W35	16 TV Haiger/Haiger	908	1:26:13	2:00:52	3:46:40	4:06:22	4:07:26	5:50
107	F56	Dauster, Katja	W40	25 -/Stuttgart	909	1:23:09	1:57:23	3:43:33	4:06:23	4:07:22	5:50
108	F248	Schümer, Martina	WH	12 -/Wuppertal	916	1:24:04	1:58:16	3:45:40	4:07:03	4:07:59	5:51
109	F83	Sprang, Sonja	W35	17 -/Aachen	919	1:23:59	1:59:12	3:46:23	4:07:10	4:07:17	5:51
110	F279	Brauksiepe, Anette	W45	21 Essener Skiklub/Bielefeld	923	1:27:37	2:03:34	3:48:25	4:07:24	4:08:24	5:51
111	F251	Pipper, Jasmin	WH	13 TV Roetgen/Roetgen	936	1:21:59	1:59:39	3:47:55	4:08:12	4:08:45	5:52
112	F142	Farber, Dagmar	W45	22 LT SV Haldern/Rees	952	1:25:54	2:01:01	3:48:26	4:09:47	4:10:39	5:55
113	F204	Elüstü, Filiz	W45	23 LG Bauerkamp Warburg/Warburg	960	1:24:42	2:00:03	3:49:38	4:10:14	4:10:46	5:55
114	F51	Petter, Ulla	W50	16 USC Kiel/Kronshagen	962	1:25:59	2:01:31	3:49:19	4:10:30	4:11:32	5:56
115	F268	Bißlich, Mareen	WH	14 -/Bocholt	968	1:26:31	2:02:12	3:50:59	4:11:00	4:11:54	5:56
116	414	Bullig, Conny	W50	17 MUT Troisdorf/-	974	1:28:03	2:03:42	3:50:49	4:11:35	4:12:38	5:57
117	F225	Bartscher, Gerda	W55	6 SCC Berlin/Berlin	975	1:28:05	2:03:42	3:50:49	4:11:48	4:12:50	5:58
118	F261	Konrad, Silke	W40	26 LC Duisburg/Oberhausen	985	1:28:06	2:03:45	3:52:24	4:13:05	4:14:09	5:59
119	1921	Voges, Jutta	W55	7 TV GM Hütte/Hasbergen	986	1:24:09	1:58:49	3:50:51	4:13:13	4:14:13	6:00
120	F236	Könemann, Berrit	WH	15 -/Bünde	1001	1:28:11	2:04:14	3:53:23	4:14:49	4:15:40	6:02
121	F41	Laschke, Ulrike	W50	18 Borbecker Raketen Essen/Essen	1003	1:28:11	2:03:53	3:53:30	4:14:59	4:15:56	6:02
122	F133	Michel, Ronja	WH	16 TLV Germania Überruhr/Essen	1008	1:21:42	1:55:34	3:51:39	4:15:17	4:16:10	6:02
123	F160	Neugebauer, Nina	W35	18 -/Essen	1011	1:28:20	2:04:10	3:53:38	4:15:21	4:16:36	6:03
124	F135	Skorsinsky, Rosy	W45	24 BTC-Herne/Herne	1014	1:28:04	2:03:51	3:54:08	4:15:32	4:16:40	6:03
125	F231	Matschke, Wilma	W55	8 Biorunner/Bad Homburg	1017	1:28:03	2:03:57	3:53:44	4:15:54	4:16:58	6:03
126	F354	Rüsweg, Maria	W50	19 Dülmen läuft/Dülmen	1019	1:28:42	2:06:18	3:55:33	4:15:58	4:17:02	6:03
127	F177	Rost, Sabine	W50	20 -/Schwerte	1023	1:24:05	1:58:30	3:53:23	4:16:33	4:17:34	6:04
128	F243	Moser, Susanne	W45	25 LC Duisburg/Duisburg	1036	1:28:05	2:03:46	3:56:50	4:17:21	4:18:27	6:05
129	F221	Koch, Mechthild	W40	27 LG Bauerkamp Warburg/Willebad	1039	1:28:18	2:04:13	3:56:25	4:17:45	4:18:59	6:06
130	F149	Lassig, Claudia	W50	21 ASV-LT Kemperdick/Erkrath	1042	1:28:41	2:05:13	3:55:35	4:18:04	4:19:13	6:06
131	F150	Schröter, Bettina	W40	28 ASV-Lt-Kemperdick/Hilden	1043	1:28:41	2:05:13	3:55:35	4:18:05	4:19:13	6:06
132	2084	Wukadinowitsch, Ute	W50	22 SG Siegen-Giersberg/Siegen	1046	1:28:17	2:04:59	3:57:04	4:18:30	4:19:29	6:07
133	F176	Dziersan, Claudia	W30	15 Laktatexpress Borbeck/Essen	1051	1:28:10	2:03:52	3:54:23	4:18:58	4:19:56	6:08
134	F115	Morlak, Sandra	W30	16 -/Belvaux	1059	1:28:09	2:03:47	3:56:47	4:19:22	4:20:26	6:08
135	F124	Renner, Kerstin	W40	29 TuS Lübeck 93/Lübeck	1065	1:31:52	2:08:39	3:59:04	4:20:04	4:21:08	6:09
136	1948	Baran, Andrea	W40	30 FC Nordkirchen/Nordkirchen	1067	1:32:40	2:10:27	3:59:29	4:20:12	4:21:26	6:09
137	2203	Hecker, Antje	W45	26 -/Schalksmühle	1071	1:18:15	1:52:53	3:52:31	4:20:27	4:21:00	6:10
138	F39	Schröder-Raunick, Karin	W60	1 -/Henstedt-Ulzburg	1073	1:34:18	2:12:22	4:00:00	4:20:38	4:21:21	6:10



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140	F360	Binner, Angelika	W35	19 Dudertsongmeinteam/Bergneustadt	1086	1:25:55	2:02:08	4:00:13	4:22:01	4:22:25	6:12
141	1954	Brömstrup, Ramilja	W60	2 Osnabrücker Turner Bund e.V./Lott	1087	1:26:42	2:03:39	4:00:06	4:22:03	4:22:53	6:12
142	F210	Becker, Anne	WH	17 -/Gummersbach	1090	1:27:59	2:03:30	4:01:04	4:22:39	4:23:44	6:13
143	F282	Nordhaus, Karin	W40	31 FC Nordkirchen/Nordkirchen	1097	1:35:07	2:13:12	4:02:18	4:22:54	4:24:06	6:13
144	F75	Wurzel, Johanna	WH	18 -/Duisburg	1098	1:28:52	2:05:32	3:59:56	4:23:06	4:23:50	6:14
145	F23	Dincklage, Melanie	W40	32 Triminators TV Voerde/Voerde	1099	1:28:52	2:06:30	4:00:29	4:23:06	4:23:51	6:14
146	F206	Kluge, Maria-Luise	W65	1 Victoria-Linden/Hannover	1103	1:29:44	2:06:57	4:01:09	4:23:27	4:23:37	6:14
147	F131	Wille, Anja	W40	33 LG Emsdetten/Emsdetten	1109	1:31:10	2:08:41	4:02:03	4:24:47	4:25:55	6:16
148	F262	Klenovsek-Nibou, Ulrike	W45	27 AS Neukirchen- Vluyn/Rheurd	1113	1:35:14	2:13:15	4:04:52	4:24:52	4:26:02	6:16
149	F200	Uhr, Mathilde	W55	9 SV Germania Dürwiß/Eschweiler	1114	1:28:29	2:04:08	4:01:38	4:24:52	4:25:55	6:16
150	F166	Matthies, Ines	W45	28 SC Demker 95 e.V./Demker	1117	1:26:58	2:03:30	4:01:21	4:25:09	4:26:19	6:17
151	F25	John, Svenja	WH	19 Team Erdinger Alkoholfrei/Essen	1125	1:34:20	2:12:19	4:05:18	4:26:24	4:27:37	6:18
152	F71	Jansen, Dorothea	W50	24 TC Kray 1892 e.V./Essen	1127	1:35:01	2:12:56	4:04:33	4:26:44	4:27:55	6:19
153	F242	Jansen, Diana	W30	17 SV Germania Dürwiß/Eschweiler	1129	1:28:27	2:05:09	4:02:51	4:26:52	4:27:56	6:19
154	F120	Bieber, Jutta	W55	10 -/Velbert	1135	1:28:11	2:04:55	4:03:21	4:27:38	4:28:41	6:20
155	1918	Schwerhoff, Andrea	W40	34 Lauftreff Alpenrod Wistertal/Bellin	1143	1:35:56	2:14:43	4:07:09	4:28:15	4:29:24	6:21
156	2226	Storp, Nele	W30	18 -/Dortmund	1144	1:32:40	2:11:43	4:08:01	4:28:15	4:29:29	6:21
157	F197	Pries, Anne	W40	35 SV Biemenhorst/Bocholt	1147	1:35:22	2:14:25	4:06:59	4:28:30	4:29:39	6:21
158	F173	Heidenreich, Susanne	W45	29 LC Duisburg/Duisburg	1154	1:35:29	2:14:24	4:06:57	4:29:05	4:30:14	6:22
159	F363	Möller, Geli	W45	30 LSH Elsdorf/Elsdorf	1157	1:34:07	2:12:20	4:06:55	4:29:08	4:30:23	6:22
160	F350	Neuhaus-Kania, Sabine	W45	31 Lauffreunde Stefansbecke/Hattingel	1159	1:34:44	2:12:31	4:07:00	4:29:13	4:30:25	6:22
161	F157	Weyers, Britta	W30	19 Entenhausen/Mönchengladbach	1161	1:25:42	2:02:17	4:07:16	4:29:19	4:30:12	6:22
162	F57	Jordan, Angelika	W55	11 -/Hamburg	1167	1:28:04	2:03:43	4:04:19	4:30:15	4:31:20	6:24
163	F161	Habendorf, Katrin	W45	32 LG Haeder Stendal/Stendal	1168	1:29:25	2:06:15	4:06:29	4:30:16	4:31:22	6:24
164	F82	Büsing, Janina	WH	20 -/Bochum	1170	1:32:40	2:11:44	4:08:01	4:30:40	4:31:54	6:24
165	F252	Heckmann, Brigitte	W50	25 LSF Münster/Münster	1175	1:38:00	2:18:09	4:11:11	4:31:41	4:32:54	6:26
166	F54	Nicklaus, Dagmar	W50	26 KLB2000/Wuppertal	1177	1:30:40	2:08:23	4:07:53	4:32:06	4:33:12	6:26
167	F61	Borchert, Karin	W50	27 Erler-Sportgemeinschaft/Gelsenkir	1178	1:35:13	2:13:15	4:08:32	4:32:08	4:33:18	6:26
168	F228	Klenke, Margot	W60	3 Marathonteam Kempen/kempen	1181	1:30:08	2:09:13	4:08:38	4:32:40	4:33:43	6:27
169	F156	Guth, Heidelinde	W65	2 tgü/Gelsenkirchen	1189	1:33:31	2:12:04	4:10:06	4:33:45	4:34:52	6:29
170	F239	Kretschmer, Silke	W35	20 sports.ibcaps.com/Wedel	1195	1:29:37	2:08:47	4:13:02	4:35:05	4:36:53	6:31
171	F352	Schneider, Sabine	W45	33 DJK Marienstatt/Hachenburg	1199	1:31:04	2:10:31	4:12:14	4:36:11	4:37:20	6:32
172	F220	Kolobanova, Liudmila	W65	3 -/Reutov	1205	1:31:32	2:09:54	4:12:44	4:37:11	4:38:18	6:34
173	F55	Berg, Marita	W45	34 TV Offenbach-Hundheim/Meisenhe	1224	1:28:34	2:07:20	4:15:26	4:40:54	4:41:58	6:39
174	F208	Friese, Annabelle	W30	20 -/Bonn	1231	1:34:51	2:12:53	4:14:47	4:41:42	4:42:56	6:40
175	F139	Thurner, Astrid	W45	35 -/Düsseldorf	1232	1:31:09	2:10:52	4:17:06	4:41:44	4:42:55	6:40
176	F241	Nickl, Isabella	W35	21 E.ON Ruhrgas SG/Essen	1233	1:30:01	2:10:26	4:19:37	4:41:45	4:42:19	6:40
177	F98	Jekosch, Anika	WH	21 -/Recklinghausen	1238	1:33:03	2:11:31	4:16:39	4:42:47	4:43:48	6:42
178	F237	Rusidovic, Annette	W35	22 -/Witten	1240	1:25:23	2:01:25	4:13:05	4:42:54	4:43:28	6:42
179	F47	Hülsmann, Stefanie	W35	23 -/Unna	1243	1:35:36	2:17:23	4:20:19	4:43:25	4:44:50	6:43
180	F110	Fiedler, Malyn	W30	21 BSG Remscheid/Remscheid	1244	1:38:06	2:17:31	4:19:42	4:43:34	4:44:49	6:43
181	2053	Bley, Bianca	W40	36 -/Solingen	1248	1:28:13	2:06:10	4:20:23	4:44:18	4:45:22	6:44
182	F60	Gottschewski, Renate	W50	28 BSG Springorum Bochum/Bochum	1249	1:34:44	2:12:31	4:14:57	4:44:23	4:45:35	6:44
183	445	Wartenberg, Patricia	WH	22 PP Essen/-	1251	1:40:53	2:21:03	4:20:27	4:44:37	4:45:56	6:44
184	F263	Kaiser, Silvia	W45	36 TUS Bösinghoven/Krefeld	1258	1:41:23	2:21:04	4:22:31	4:44:53	4:46:15	6:45



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185	F90	Möller, Babsi	W45	37 -/Gelsenkirchen	1259	1:31:33	2:08:48	4:21:53	4:44:59	4:46:07	6:45
186	F81	Lohmann, Avelina	W60	4 Team ForeverYoung/Bochum	1261	1:29:39	2:08:39	4:20:52	4:46:05	4:47:17	6:46
187	F130	Drechsel, Rita	W55	12 SuS Bertlich/Marl	1267	1:40:49	2:21:07	4:24:06	4:47:57	4:49:17	6:49
188	1974	Griebbach-Schmitz, Heide	W55	13 TG Neuss/Neuss	1272	1:41:43	2:23:02	4:29:07	4:51:38	4:52:55	6:54
189	F296	Fenzl, Bernadett	W45	38 Spiridon Frankfurt/Frankfurt	1273	1:42:00	2:23:22	4:27:46	4:51:48	4:52:58	6:54
190	F245	Breidenbach, Elisabeth	W50	29 LSG Menden/Menden	1274	1:31:22	2:11:35	4:25:30	4:52:09	4:53:16	6:55
191	F193	Walter, Barbara-Ann	W50	30 Laufclub 21 Gelnhausen/Gelnhausen	1279	1:38:08	2:20:00	4:28:57	4:53:39	4:55:06	6:57
192	F46	Kluge, Sandra	W35	24 -/Unna	1282	1:35:36	2:17:23	4:29:58	4:54:17	4:55:42	6:58
193	F277	Kreft, Birgit	W45	39 -/Essen	1283	1:35:43	2:17:38	4:30:14	4:54:33	4:55:42	6:58
194	F254	Rohde, Conny	W40	37 VfB Salzkotten/Salzkotten	1285	1:36:15	2:22:43	4:33:21	4:55:56	4:57:06	7:00
195	1966	Passon, Sylvia	W45	40 Beimer-Team/Nettetal	1288	1:35:43	2:15:17	4:29:34	4:56:37	4:57:50	7:01
196	1965	Johrmanns, Elisabeth	W50	31 -/Nettetal	1289	1:35:43	2:15:17	4:29:34	4:56:37	4:57:50	7:01
197	F165	Wieczorek, Alba	W35	25 -/Dortmund	1292	1:44:11	2:26:40	4:34:13	4:57:20	4:58:43	7:02
198	F32	Bieler, Maïke	WH	23 -/Siegen	1294	1:44:13	2:26:39	4:34:13	4:57:59	4:59:21	7:03
199	F114	Hegemann, Ute	W50	32 -/Hagen	1296	1:37:43	2:19:19	4:34:10	4:58:35	5:00:00	7:04
200	F190	Halbach, Petra	W55	14 BSG Stadtverwaltung Remscheid/R00	1300	1:44:17	2:26:45	4:34:18	4:59:07	5:00:23	7:05
201	F97	Busowitz Wüllenweber, Birgit	W45	41 BSG Stadtverwaltung Remscheid/R01	1301	1:44:19	2:26:46	4:34:19	4:59:07	5:00:23	7:05
202	1900	Motzet, Theresa	WU20	1 -/Rosendahl	1302	1:40:49	2:20:58	4:34:16	4:59:09	5:00:29	7:05
203	459	Strosny, Angela	W45	42 Bautzener LV/-	1304	1:44:13	2:26:40	4:34:39	4:59:22	5:00:44	7:05
204	458	Zachow, Doris	W45	43 LG DUV/-	1306	1:44:13	2:26:41	4:34:14	4:59:23	5:00:44	7:05
205	F201	Volkmar, Monika	W60	5 LT Paffrath/Bergisch Gladbach	1313	1:44:08	2:26:35	4:36:10	5:02:04	5:03:30	7:09
206	2100	Koch, Sonja	W40	38 -/Herten	1315	1:43:44	2:26:18	4:39:24	5:04:06	5:05:14	7:12
207	F88	Jürgensen, Bettina	W55	15 LTV Kiel-Ost/Kiel	1316	1:40:29	2:24:07	4:40:18	5:04:45	5:06:02	7:13
208	F191	Naumann, Ute	W50	33 BSG Stadtverwaltung/Wuppertal	1317	1:47:08	2:29:50	4:38:43	5:05:31	5:06:48	7:14
209	F129	Gall, Sabrina	WH	24 VfL Bergheide/Oberhausen	1322	1:40:44	2:23:17	4:42:31	5:08:42	5:10:01	7:18
210	F211	Sternkopf, Marion	W45	44 BSG Stadtverwaltung Remscheid/R026	1326	1:45:59	2:30:18	4:45:35	5:11:29	5:12:46	7:22
211	F224	Günnewig, Anna	WU20	2 -/Arnsberg	1333	1:41:00	2:26:31	4:49:20	5:16:50	5:17:21	7:30
212	F287	Federholzner, Heike	W45	45 -/Dortmund	1336	1:42:03	2:25:59	4:50:12	5:18:15	5:19:37	7:32
213	F258	Wieß, Maren	W65	4 Spiridon Frankfurt/Frankfurt am Main	1338	1:44:09	2:29:00	4:52:26	5:22:53	5:24:11	7:39
214	F87	Roth, Ruth	W60	6 TV Rheinau 1893/Mannheim	1341	1:48:14	2:35:45	5:01:04	5:28:06	5:29:24	7:46