

GesPl	Startnr.	Name	Jahrg.	m/w	AK	Verein	Zeit
ERGEBNISSE WALKING / Walking-Day 10.10.09							
1.	248	Hubert Schürmann	1953	m	M50	TUS Stockum	01:30:47
2.	104	Joachim Buschka	1957	m	M50	BTC-Herne	01:32:20
3.	11	Kurt Borowski	1946	m	M60		01:32:31
4.	229	Toni Radau	1953	m	M50	Viktoria Winnekendonk	01:33:00
5.	196	Peter Bechstein	1958	m	M50	TLV Germania Überraehr	01:35:24
6.	209	Heinz von Bockelmann	1957	m	M50	TLV Germania Überraehr	01:35:41
7.	262	Raphael Lemmens	1962	m	M40		01:36:39
8.	187	Anke Reetz	1967	w	W40	SSVg 09/12 Heiligenhaus	01:37:32
9.	197	Michael Beisemann	1951	m	M50	TLV Germania Überraehr	01:37:32
10.	93	Reinhard Reppmann	1955	m	M50	Aktion Canchanabury	01:37:48
11.	139	Dirk Menzel	1969	m	M40	Marathon Dinslaken	01:40:54
12.	5	Henry Bister	1952	m	M50		01:40:56
13.	142	Angelika Zacher	1958	w	W50	Marathon Dinslaken	01:40:57
14.	97	Manfred Lipsky	1970	m	M30	Borbecker Raketen	01:41:49
15.	105	Tanja Drinkmann	1968	w	W40	BTC-Herne	01:42:32
16.	254	Kirsten Pecher	1959	w	W50	LT Lintorf	01:42:59
17.	31	Manfred Kolberg	1963	m	M40		01:43:00
18.	94	helmut dürrfeld	1942	m	M60	Angerland Laufftreff Ratingen	01:43:41
19.	203	Reiner Proplesch	1956	m	M50	TLV Germania Überraehr	01:44:28
20.	258	Herbert Pietsch	1951	m	M50		01:44:48
21.	106	Michael Thiele	1953	m	M50	BTC-Herne	01:44:51
22.	154	Hans-Walter Zirkwitz	1953	m	M50	Pumuckl runners	01:44:57
23.	131	Claus-Jürgen Dellke	1948	m	M60	LT Wischlingen	01:44:59
24.	234	Norbert Stratenschulte	1961	m	M40	Walking Treff Möhnesee	01:45:00
25.	189	Dietmar Schöneberg	1960	m	M40	SSVg 09/12 Heiligenhaus	01:45:00
26.	199	Elfi Ettelt	1953	w	W50	TLV Germania Überraehr	01:45:28
27.	253	Doris Habig	1940	w	W60	LT Lintorf	01:46:20
28.	138	Bärbel Latzberg	1951	w	W50	Marathon Dinslaken	01:46:38
29.	176	Anette Droß	1971	w	W30	SSVg 09/12 Heiligenhaus	01:46:41
30.	30	Helmuth Klar	1945	m	M60		01:46:52
31.	123	Dagmar Heckmann	1960	w	W40	LSF-Unna-2000	01:48:21
32.	124	Edgar Heckmann	1958	m	M50	LSF-Unna-2000	01:48:22
33.	264	Beate Schering	1952	w	W50	LT Oppum	01:48:52
34.	192	Klaus Vogel	1965	m	M40	SSVg 09/12 Heiligenhaus	01:48:56
35.	95	Christine Empelmann	1966	w	W40	AS Neukirchen-Vluyn	01:49:01
36.	195	Rainer Hagen	1948	m	M60	Tbd. Osterfeld	01:49:03
37.	96	Harry Schneider	1964	m	M40	AS Neukirchen-Vluyn	01:49:04
38.	53	Thomas Preuß	1959	m	M50		01:49:21
39.	102	Michael Heilgenpahl	1965	m	M40	BSG Stadtwerke Duisburg AG	01:49:28
40.	20	Günter Fege	1957	m	M50		01:49:35
41.	214	Rudi Kurzmann	1946	m	M60	TuS Drevenack	01:50:02
42.	175	Anke Besler	1966	w	W40	SSVg 09/12 Heiligenhaus	01:50:04
43.	186	Bernhard Prehm	1962	m	M40	SSVg 09/12 Heiligenhaus	01:50:08
44.	45	Jürgen Minkus	1959	m	M50		01:50:09
45.	120	Matthias Breuer	1962	m	M40		01:50:58
46.	133	Resi Arand	1954	w	W50	LT/WT Schöllerhof	01:51:10
47.	255	Gerhard Zenker	1948	m	M60	MTV Langenberg 1882 e.V.	01:51:14
48.	136	Roger Biesenbach	1952	m	M50	LTD Köln-Dellbrück	01:51:17
49.	76	Monika Temming	1966	w	W40		01:51:34
50.	185	Erika Olschinka	1966	w	W40	SSVg 09/12 Heiligenhaus	01:51:39
51.	247	Wolfgang Liefering	1936	m	M70	KG Wanderfalke Essen	01:52:27
52.	184	Ralf Nonnenmacher	1964	m	M40	SSVg 09/12 Heiligenhaus	01:52:51
53.	225	Helene Assmuth-Chilla	1951	w	W50	Viermärker Dortmund	01:53:22
54.	220	Gerd Hoppe	1946	m	M60	TV Hösel	01:53:24

55.	80 Günter Töller	1952 m	M50		01:53:27
56.	182 Monika Krause	1953 w	W50	SSVg 09/12 Heiligenhaus	01:53:29
57.	217 Caroline Bott	1964 w	W40	TV Hösel	01:53:43
58.	64 Sylke Schauer	1972 w	W30		01:53:45
59.	179 Irina Gohr	1957 w	W50	SSVg 09/12 Heiligenhaus	01:53:52
60.	61 Elke Ruschel	1960 w	W40		01:54:00
61.	34 Marlies Küntzer	1947 w	W60		01:54:17
62.	144 Harald Heuser	1941 m	M60	Moerser Turnverein	01:54:33
63.	35 Christa Kupzig	1961 w	W40		01:54:37
64.	114 Ursula Graef-Stania	1953 w	W50	Erler-Sportgemeinschaft e.V.	01:54:40
65.	75 Thomas Szymiczek	1965 m	M40		01:55:01
66.	42 Michael Markhoff	1960 m	M40		01:55:02
67.	207 Alfred Sprang	1938 m	M70	TLV Germania Überraehr	01:55:05
68.	183 Steffi Kutzner	1967 w	W40	SSVg 09/12 Heiligenhaus	01:55:11
69.	153 Ellen Zirkwitz	1940 w	W60	Pumuckl Runners	01:55:19
70.	147 Alfred Tschorn	1936 m	M70	Moerser Turnverein	01:55:23
71.	208 Claribel von Bockelmann	1961 w	W40	TLV Germania Überraehr	01:55:50
72.	266 Elke Hau	1946 w	W60	LT Kettwig 2000	01:55:58
73.	270 Gudrun Bydlowski	1941 w	W60	DJK Preussen 1911 Bochum	01:56:05
74.	140 Sabine Nühlen	1965 w	W40	Marathon Dinslaken	01:56:10
75.	44 Angelika Middelhaufe	1962 w	W40		01:56:40
76.	177 Maria Fielenbach	1938 w	W70	SSVg 09/12 Heiligenhaus	01:56:41
77.	191 Christel Lilienthal	1948 w	W60	SSVg 09/12 Heiligenhaus	01:56:42
78.	62 Gabriele Ryks	1958 w	W50		01:56:43
79.	205 Bruni Rogulla	1945 w	W60	TLV Germania Überraehr	01:57:22
80.	231 Michael Mecherlein	1953 m	M50	Williams Lea	01:57:44
81.	103 Peter Probst	1956 m	M50	BSG Stadtwerke Duisburg AG	01:57:51
82.	267 Winfried Rebel	1954 m	M50		01:57:54
83.	6 Irene Bister	1952 w	W50		01:58:04
84.	125 Jürgen Steinmann	1951 m	M50	LT Brechten	01:58:07
85.	272 Elmar Sulk	1959 m	M50	DJK Preussen 1911 Bochum	01:58:46
86.	268 Waldemar Gusto	1961 m	M40	DJK Preussen 1911 Bochum	01:58:48
87.	68 Martin Scholten	1957 m	M50		01:59:08
88.	15 RÜDIGER DERENTHAL	1954 m	M50		01:59:11
89.	22 Silke Gerkensmeier	1964 w	W40		01:59:13
90.	246 Uwe Haack	1958 m	M50		01:59:20
91.	230 Sabine Frosch	1970 w	W30	Williams Lea	01:59:37
92.	221 Irene Horwege	1964 w	W40	TV Utfoot-Eick	01:59:50
93.	118 Lothar Deiters	1934 m	M70	GSV-Porz / Köln	01:59:58
94.	190 Gerald Steinberg	1941 m	M60	SSVg 09/12 Heiligenhaus	02:00:15
95.	155 Verena Nolten	1977 w	W30	Renntiere	02:00:20
96.	156 Susanne Vieten	1976 w	W30	Renntiere	02:00:20
97.	100 Waltraud Busch	1953 w	W50	BSG Stadtwerke Duisburg AG	02:00:25
98.	261 Katrin Helleches	1976 w	W30	VFL Gladbeck Fun Walker	02:00:26
99.	260 Klaus Opalka	1957 m	M50	VFL Gladbeck Fun Walker	02:00:27
100.	40 Wilburg Lücke	1937 w	W70		02:00:37
101.	241 Ulrich Braukmann	1952 m	M50		02:00:40
102.	74 Rainer Stiene	1956 m	M50		02:00:50
103.	73 Barbara Stiene	1958 w	W50		02:00:51
104.	70 Ute Schutte	1969 w	W40		02:00:51
105.	129 Petra Zmarzly	1952 w	W50	LT Kettwig 2000	02:00:55
106.	263 Sabine Schroth	1951 w	W50		02:01:06
107.	148 Ursula Kühn	1953 w	W50	Oberhausener Turnverein	02:01:10
108.	201 Ursel Geldmacher	1941 w	W60	TLV Germania Überraehr	02:01:30
109.	181 Ilona Köver	1966 w	W40	SSVg 09/12 Heiligenhaus	02:01:32
110.	157 Johannes Kalthoff	1948 m	M60	S. G. EVO/STOAG 1960 e.V.	02:01:33

111.	46 Barbi Mohr	1954 w	W50		02:01:34
112.	149 Karin Schmitz	1953 w	W50	Oberhausener Turnverein	02:01:35
113.	271 Anna Fritz	1961 w	W40	DJK Preussen 1911 Bochum	02:01:50
114.	36 Dorothee Lange-	1952 w	W50		02:01:51
115.	121 Lothar Schröder	1954 m	M50	LG Plettenberg-Herscheid	02:02:00
116.	108 Wilfried Schmitz	1959 m	M50	DFC Walsum Aldenrade	02:02:13
117.	109 Monika Schmitz-Schäfer	1970 w	W30	DFC Walsum Aldenrade	02:02:13
118.	178 Antje Fischer	1969 w	W40	SSVg 09/12 Heiligenhaus	02:02:16
119.	215 Helga Gedeon-	1952 w	W50	TV Hasperbach	02:02:17
120.	216 Waltraud Worst	1947 w	W60	TV Hasperbach	02:02:18
121.	180 Claudia Hübner	1965 w	W40	SSVg 09/12 Heiligenhaus	02:02:21
122.	269 Gunnar Cronberger	1953 m	M50	DJK Preussen 1911 Bochum	02:02:23
123.	126 Michael Egen	1944 m	M60	LT Kettwig 2000	02:02:29
124.	77 Veronique Ternieden	1965 w	W40		02:02:50
125.	9 Renate Bock	1966 w	W40		02:02:55
126.	99 Silvia Jaeck	1955 w	W50	BSG Allianz	02:02:59
127.	8 Joachim Blumentritt	1953 m	M50		02:03:02
128.	150 Heribert Schupp	1934 m	M70	Oberhausener Turnverein	02:03:25
129.	91 Willi Zimmermann	1942 m	M60		02:03:33
130.	122 Christiane Schulte	1962 w	W40	LSF Münster	02:03:54
131.	259 Monika Opalka	1956 w	W50	VFL Gladbeck Fun Walker	02:04:15
132.	160 Ortrud Scheld	1948 w	W60	Sparkasse Dortmund	02:04:36
133.	112 Regina Colling	1950 w	W50	Erler-Sportgemeinschaft e.V.	02:04:39
134.	238 Astrid Preuß	1964 w	W40	BSG Springorum	02:04:40
135.	242 Martina Piel	1964 w	W40	Springorum	02:04:41
136.	265 Antje Kinast-Ranf	1966 w	W40		02:04:41
137.	236 Johannes van Hüth	1948 m	M60	Oberhausener TV1873	02:04:45
138.	167 Sophia Körner	1946 w	W60	SSV Marl-Hamm e.V.	02:05:05
139.	218 Helmut Daemen	1938 m	M70	TV Hösel	02:05:11
140.	71 Angelika Sebrantke	1957 w	W50		02:05:18
141.	43 Susanne Mertens	1969 w	W40		02:05:18
142.	87 Torben Waldner	1998 m	mJgd		02:05:32
143.	204 Marianne Reimertz	1941 w	W60	TLV Germania Überraehr	02:05:43
144.	194 Waltraut Rebehn	1942 w	W60	SV Schermbeck	02:05:44
145.	158 Renate Vaszita	1941 w	W60	S. G. EVO/STOAG 1960 e.V.	02:05:57
146.	85 Angela Waldner	1965 w	W40		02:06:03
147.	168 Elke Krause-Sokollis	1948 w	W60	SSV Marl-Hamm e.V.	02:06:11
148.	170 Vera Schöbel	1941 w	W60	SSV Marl-Hamm e.V.	02:06:34
149.	161 Dietmar Bendrat	1954 m	M50	SSV Marl-Hamm e.V.	02:06:38
150.	132 Monika Dellke	1948 w	W60	LT Wischlingen	02:07:02
151.	33 Doris Kulomann	1950 w	W50		02:07:45
152.	26 Sabine Heyden	1968 w	W40		02:07:45
153.	72 Karin Stankowski	1958 w	W50		02:07:47
154.	193 Dorothee Osterwald	1945 w	W60	SV Schermbeck	02:07:57
155.	237 Camilla Amoriello	1938 w	W70	SV Schermbeck	02:07:58
156.	65 Annette Scheidt	1959 w	W50		02:08:54
157.	69 Gisela Schriever	1962 w	W40		02:08:55
158.	59 Gabriele Ridder	1963 w	W40		02:08:56
159.	127 Christel Egen	1947 w	W60		02:09:08
160.	200 Martina Fuchs	1958 w	W50	TLV Germania Überraehr	02:09:21
161.	202 Eva Klein	1958 w	W50	TLV Germania Überraehr	02:09:21
162.	152 Ute Jehnichen	1970 w	W30	Pumuckl Runners	02:09:36
163.	240 Manuela Trevito	1970 w	W30	Tura Brüggen	02:09:36
164.	239 Manuela Naerger	1963 w	W40	Eintracht Niederkrüchten e.V.	02:09:37
165.	10 Elke Bolling	1960 w	W40		02:09:39
166.	244 Kim Schullenberg	1985 w	WHK		02:09:40

167.	243 Martin Schullenberg	1981 m	MHK		02:09:42
168.	128 Margit Frey	1946 w	W60	LT Kettwig 2000	02:09:50
169.	223 Zdenka Reischel	1955 w	W50	TV-Stoppenberg	02:09:57
170.	90 Heike Zielke	1960 w	W40		02:10:16
171.	78 Gabriele Tietz	1953 w	W50		02:10:35
172.	1 Christel Allgäuer	1956 w	W50		02:10:38
173.	119 Anja Breuer	1966 w	W40		02:10:43
174.	49 Elisabeth Neumann	1981 w	WHK		02:10:48
175.	206 Wolfgang Schäfer	1932 m	M70	TLV Germania Überraehr	02:10:53
176.	55 Claudia Pütz	1959 w	W50		02:11:10
177.	23 Christine Grabenkamp	1956 w	W50		02:11:12
178.	222 Olga Erhardt	1969 w	W40	TV-Stoppenberg	02:11:13
179.	60 Anke Rudszuck	1941 w	W60		02:11:47
180.	252 Bärbel Baltés	1956 w	W50		02:12:00
181.	251 Jutta Temmler	1951 w	W50		02:12:01
182.	82 Michael van de Sand	1966 m	M40		02:12:38
183.	174 Helga Zawacki	1945 w	W60	SSV Marl-Hamm e.V.	02:13:25
184.	169 Andrea Krückel	1964 w	W40	SSV Marl-Hamm e.V.	02:13:26
185.	151 Marlies Hudewenz	1955 w	W50	OTV 1873 e.V.	02:13:35
186.	273 Vera Saegbrecht	1952 w	W50		02:13:52
187.	274 Anette Grunwald	1951 w	W50		02:13:53
188.	63 Uwe Schallenberg	1963 m	M40		02:14:29
189.	134 Elke Hansen	1942 w	W60	LT/WT Schöllerhof	02:14:40
190.	188 Angelika Schöneberg	1966 w	W40	SSVg 09/12 Heiligenhaus	02:14:44
191.	79 Stefan Timm	1981 m	Männ		02:15:07
192.	250 Ingrid Großmann	1952 w	W50	MTV Langenberg 1882 e.V.	02:15:22
193.	19 Julia Elmhorst	1980 w	WHK		02:15:26
194.	41 Tamara Malzahn	1974 w	W30		02:15:27
195.	89 Carina Witte	1981 w	WHK		02:15:28
196.	145 Silke Heuser	1944 w	W60	Moerser Turnverein	02:15:35
197.	146 Rosemarie KAUL	1941 w	W60	Moerser Turnverein	02:15:36
198.	163 Viola Eberhard	1956 w	W50	SSV Marl-Hamm e.V.	02:15:44
199.	162 Silvia Bendrat	1957 w	W50	SSV Marl-Hamm e.V.	02:15:45
200.	245 Slavica Feldmeier	1957 w	W50		02:15:48
201.	2 Annegret Arndt	1949 w	W60		02:17:31
202.	88 Dagmar Wilken	1957 w	W50		02:17:32
203.	37 Lucia Lauschner	1971 w	W30		02:17:45
204.	48 Julia Neises	1982 w	WHK		02:17:59
205.	86 Hans-Joachim Waldner	1961 m	M40		02:18:01
206.	165 Maria Kirstein	1952 w	W50	SSV Marl-Hamm e.V.	02:18:14
207.	171 Helga Steckhahn	1950 w	W50	SSV Marl-Hamm e.V.	02:18:15
208.	47 Bärbel Neises	1954 w	W50		02:18:22
209.	28 Alexa Kaiser	1966 w	W40		02:18:36
210.	110 Rita Broschk	1956 w	W50	DJK Tus Rotthausen	02:18:37
211.	256 Ingrid Pförtner	1952 w	W50		02:18:55
212.	257 Margit Möllenhoff	1957 w	W50		02:18:57
213.	27 Stephanie Hicking	1976 w	W30		02:19:19
214.	13 Özden Brühl	1969 w	W40		02:19:21
215.	111 Beate Röhrich	1969 w	W40	DJK Tus Rotthausen	02:19:47
216.	113 Sarah Diering	1992 w	wJgd	Erler-Sportgemeinschaft e.V.	02:20:08
217.	3 Behafarid Baharmast	1950 w	W50		02:21:17
218.	141 Heike Schönig	1961 w	W40	Marathon Dinslaken	02:21:43
219.	137 Heike Gerdawischke-	1970 w	W30	Marathon Dinslaken	02:21:43
220.	84 Andrea Voßbeck	1968 w	W40		02:22:36
221.	29 Nicole Kindermann	1972 w	W30		02:22:56
222.	14 Karin Costamagna	1971 w	W30		02:22:57

223.	210 Heidemarie Kalweit	1945 w	W60	TSV Viktoria Mülheim	02:23:45
224.	249 Birgit Rohde	1945 w	W60	MTV Langenberg 1882 e.V.	02:25:37
225.	58 Sebastian Richter	1997 m	mJgd		02:28:33
226.	57 Sabine Richter	1966 w	W40		02:28:34
227.	233 Brigitta Schildmann	1938 w	W70	SgV	02:28:35
228.	25 Anika Hausmann	1976 w	W30		02:28:36
229.	56 Jörg Richter	1964 m	M40		02:29:04
230.	66 Rosi Schilke	1951 w	W50		02:36:55

02:02:06