

GesPl	Startnr.	Name	Jahrg.	m/w	AK	Verein	Zeit
ERGEBNISSE NORDIC WALKING / Walking-Day 10.10.09							
1.	735	Olaf Krüger	1965	m	M40	USC Bochum	01:40:54
2.	573	Erwin Schuchmann	1960	m	M40		01:42:57
3.	572	Barbara Schuchmann	1951	w	W50		01:43:11
4.	733	Reiner Kump	1963	m	M40	LT Wischlingen Dortmund	01:44:24
5.	720	Peter Schmidt	1959	m	M50	Schnelle Wade Wanne	01:44:26
6.	593	Anne Schwalm	1946	w	W60	Angerland Lauftreff Ratingen	01:44:57
7.	732	Hans-Gerd Hoenselaar	1956	m	M50	SV 1919 Sonsbeck	01:48:54
8.	722	Christian Strangl	1962	m	M40	LG Donatus Erfstadt	01:48:57
9.	616	Lothar Schäfer	1957	m	M50	LC Solbad Ravensberg	01:49:14
10.	602	Wolfgang Neumann	1954	m	M50	BSG WAZ Essen	01:49:32
11.	665	Werner Rohn	1941	m	M60	Tanzschule am Wall	01:50:15
12.	687	Heinz Bongers	1947	m	M60	TV Uffort-Eick	01:50:22
13.	619	Herbert Inden	1954	m	M50	LG Donatus Erfstadt	01:50:32
14.	637	Oliver Weigel	1965	m	M40	LTV 1861 Lüdenscheid	01:50:52
15.	668	Uwe Bullerdiek	1957	m	M50	Tbd. Osterfeld	01:50:59
16.	597	Arnold Jerosch	1959	m	M50	Bergheim	01:52:23
17.	723	Michael Hauffe	1962	m	M40		01:54:35
18.	620	Ulrike Inden	1955	w	W50	lg donatus erfstadt	01:54:36
19.	529	Ralf Heinze	1965	m	M40		01:54:39
20.	587	Jasmin Wehmeier	1976	w	W30		01:55:54
21.	647	Wolfgang Gwosdek	1943	m	M60	ohne	01:56:12
22.	541	Günter Kemberg	1941	m	M60		01:56:17
23.	724	Thomas Hüsecken	1964	m	M40	Hohenlimburg	01:56:19
24.	734	Anke Diemel	1968	w	W40	Go Fitness	01:56:45
25.	636	Marcus Kulp	1969	m	M40	LT Petershagen	01:56:48
26.	631	Barbara Nota	1960	w	W40	LT Kettwig 2000	01:56:49
27.	672	Thomas Wiebe-Selig	1964	m	M40	Tbd. Osterfeld	01:57:10
28.	669	Gudrun Grebe	1956	w	W50	Tbd. Osterfeld	01:57:12
29.	550	Ralf Koschollek	1952	m	M50		01:57:18
30.	731	Erich Bauer	1938	m	M70	BSV Hösel	01:57:34
31.	648	Manfred Wind	1947	m	M60	OTV1873	01:57:35
32.	697	Clemens Stolze	1950	m	M50	wtsoest	01:58:30
33.	670	Rolf Kinter	1950	m	M50	Tbd. Osterfeld	01:58:32
34.	622	Angelika Wedowski	1963	w	W40	LG Donatus Erfstadt	01:59:04
35.	624	Bodo Behnisch	1948	m	M60	LT Kettwig 2000	01:59:22
36.	699	Gerd Langner	1946	m	M60	Wülfrather Stöckeschwinger	01:59:30
37.	503	Gabriele Artes	1968	w	W40		01:59:33
38.	504	Gerhard Artes	1967	m	M40		01:59:37
39.	548	Andrea Koschade	1960	w	W40		01:59:58
40.	711	Michael Neitzel	1959	m	M50	BP GE - Running Team	02:00:27
41.	726	Werner Weiss	1960	m	M40	LT Lintorf	02:01:17
42.	544	Sven Kluczka	1978	m	M30		02:02:08
43.	575	Anja Schuster	1963	w	W40		02:02:15
44.	702	Sabine Hauffe	1964	w	W40		02:02:16
45.	513	Ulrich Busch	1950	m	M50		02:02:17
46.	601	Petra Strauch	1969	w	W40	BSG Sparkasse Essen	02:03:02
47.	667	Iris Bullerdiek	1987	w	Fraue	Tbd. Osterfeld	02:03:02
48.	643	Wolfgang Bartkowiak	1946	m	M60	Nordic-Fitness-Bochum	02:03:21
49.	725	Anja Fieyze	1967	w	W40	LT Brechten	02:03:22
50.	694	Bodo Müller	1964	m	M40	Volkers Stockenten	02:03:31
51.	696	Thorsten von der Höh	1968	m	M40	Volkers Stockenten	02:03:33
52.	507	Günter Bernard	1935	m	M70		02:03:53
53.	628	Harald Engelhaupt	1948	m	M60	LT Kettwig 2000	02:04:26
54.	505	Horst Barras	1960	m	M40		02:05:22

55.	518 Elke Espey	1965 w	W40		02:05:25
56.	617 Regina Schäfer	1968 w	W40	LC Solbad Ravensberg	02:05:30
57.	533 Hermann Hildebrandt	1959 m	M50		02:05:37
58.	534 Regina Hildebrandt	1961 w	W40		02:05:38
59.	714 Heike Mertens	1962 w	W40	SC Bayer 05 timeout	02:06:05
60.	689 Angelika Günther	1957 w	W50	VfK Iserlohn 1888	02:06:21
61.	688 Wolfgang Fernholz	1953 m	M50	VfK Iserlohn 1888	02:06:22
62.	579 Dirk Somberg	1970 m	M30		02:06:23
63.	515 Sandra Draese	1969 w	W40		02:06:24
64.	568 Birgit Schiffmann	1958 w	W50		02:06:25
65.	586 Ute Watzlawek	1954 w	W50		02:06:26
66.	556 Kerstin Leitsch	1964 w	W40		02:06:30
67.	701 Erich Reich	1943 m	M60	www.Lauffit.de	02:07:19
68.	695 Gerhard Rudolf	1944 m	M60	Volkers Stockenten	02:07:45
69.	567 Volker Schauenburg	1970 m	M30		02:08:22
70.	683 Elke Schomberg	1969 w	W40	TV Datteln 09	02:08:35
71.	543 Ralf Kluczka	1952 m	M50		02:08:42
72.	549 Gaby Koschollek	1957 w	W50		02:08:46
73.	528 Britta Heinze	1965 w	W40		02:08:50
74.	554 Erika Lamberts	1943 w	W60		02:08:54
75.	641 Michaela Lorenz	1962 w	W40	Nippon Berlin	02:10:01
76.	608 Theodor Lehmkühl	1957 m	M50	Erler-Sportgemeinschaft e.V.	02:10:07
77.	611 Marita Schmidt	1961 w	W40	Erler-Sportgemeinschaft e.V.	02:10:08
78.	523 Albert Grade	1953 m	M50		02:10:10
79.	728 Vuokko Duhnke	1963 w	W40	DJK Preussen	02:10:21
80.	639 Eveline Schultheiß	1960 w	W40	Meddys LWT Koblenz	02:10:32
81.	736 Alfred Lüning	1948 m	M60	DJK Heisingen	02:10:35
82.	642 Agapi Stavrou	1961 w	W40	Nippon Berlin	02:10:50
83.	716 Sabine Schwarte	1965 w	W40		02:11:00
84.	520 Bettina Froelian	1961 w	W40		02:11:11
85.	664 Udo Warnecke	1955 m	M50	Stöckerl Ü 50	02:11:36
86.	634 Heike van Wasen	1951 w	W50	LT Kettwig 2000	02:11:37
87.	663 Kerstin Planert	1959 w	W50	Stöckerl Ü 50	02:11:46
88.	566 Rita Schauenburg	1940 w	W60		02:12:28
89.	627 Monika Dongowski	1947 w	W60	LT Kettwig 2000	02:12:30
90.	535 Anja Hoffmann	1975 w	W30		02:12:32
91.	614 Sabine Lanfers	1961 w	W40	Laufftreff	02:12:48
92.	604 Frauke Drexhage	1963 w	W40	Erler-Sportgemeinschaft e.V.	02:12:53
93.	605 Jürgen Hagels	1962 m	M40	Erler-Sportgemeinschaft e.V.	02:13:12
94.	583 Petra Vaut	1970 w	W30		02:13:13
95.	691 Karin Nigbur	1960 w	W40	VfL Gladbeck	02:13:47
96.	692 Hans Wall	1940 m	M60	VfL Gladbeck	02:13:48
97.	506 Elfie Baudach	1959 w	W50		02:13:51
98.	557 Renate Lenßen	1942 w	W60		02:13:52
99.	656 Sylvia Drees	1967 w	W40	ST. Vincenz	02:13:54
100.	662 Heidi Eisenbeiß	1958 w	W50	Stöckerl Ü 50	02:14:04
101.	713 Sabine Schnare	1961 w	W40		02:14:11
102.	719 Gabriele Betke	1961 w	W40		02:14:11
103.	613 Volker Dickmann	1966 m	M40	Lauffreunde HADI Wesel	02:14:37
104.	655 Frank Drees	1964 m	M40	ST. Vincenz	02:14:47
105.	598 Berthold Schniedenharn	1961 m	M40	BP GE - Running Team	02:14:49
106.	653 Frank Tauch	1962 m	M40	Privat	02:14:50
107.	580 Elvira Tauch	1963 w	W40		02:14:51
108.	564 Petra Peiler	1959 w	W50		02:14:54
109.	559 Beate Modarressi	1953 w	W50		02:15:19
110.	553 Sonja Kuklinski	1968 w	W40		02:15:28

111.	629 Dietmar Kierstein	1943 m	M60	LT Kettwig 2000	02:15:32
112.	727 Klaus Duhnke	1958 m	M50	DJK Preussen	02:15:34
113.	547 Simone Korber	1968 w	W40		02:15:42
114.	552 Gitti Kretschmann	1953 w	W50		02:15:46
115.	715 Helga Stratenschulte	1961 w	W40	Walking Treff Möhnensee	02:15:57
116.	561 Petra Mross	1972 w	W30		02:15:58
117.	682 Elisabeth Thomy	1955 w	W50	TV Allrath	02:16:05
118.	679 Renate Mertens	1950 w	W50	TV Allrath	02:16:07
119.	681 Ulrike Sendzik	1952 w	W50	TV Allrath	02:16:08
120.	633 Marlis Schumacher	1957 w	W50	LT Kettwig 2000	02:17:07
121.	626 Sylvia Bronsert	1960 w	W40	LT Kettwig 2000	02:17:08
122.	609 Michael Lichtenberg	1962 m	M40	Erler-Sportgemeinschaft e.V.	02:17:15
123.	607 Regina Hilmi	1951 w	W50	Erler-Sportgemeinschaft e.V.	02:17:16
124.	678 Hans Hubert Mertens	1944 m	M60	TV Allrath	02:17:39
125.	646 Heidi Tix	1954 w	W50	Nordic-Fitness-Bochum	02:17:51
126.	644 Thomas Kampmann	1955 m	M50	Nordic-Fitness-Bochum	02:17:53
127.	577 Heike Sieger	1979 w	W30		02:17:59
128.	675 Sissi Heitkamp	1955 w	W50	tus Homberg	02:18:04
129.	640 Ute Wingen	1956 w	W50	MSV Turnen Duisburg	02:18:05
130.	540 Gerda Keiten	1953 w	W50		02:18:28
131.	729 Manfred Reschke	1952 m	M50	LA SV Herten	02:18:49
132.	677 Theo Esser	1938 m	M70	TV Allrath	02:19:07
133.	600 Claudia Morgenroth	1965 w	W40	BSG Sparkasse Essen	02:20:20
134.	599 Christiane Braun	1968 w	W40	BSG Sparkasse Essen	02:20:22
135.	508 Carsten Bockstruck	1979 m	M30		02:21:26
136.	555 Marion Lefeld	1962 w	W40		02:21:37
137.	592 Beatrix Zumbrink	1963 w	W40		02:21:38
138.	527 Andrea Heinen-Scheider	1963 w	W40		02:21:44
139.	590 Heidi Zobel	1958 w	W50		02:21:45
140.	546 Gabriele Kohlmann	1959 w	W50		02:21:48
141.	509 Reinhold Bockstruck	1951 m	M50		02:21:50
142.	501 Norbert Abel	1951 m	M50		02:21:53
143.	530 Ingrid Herkenhoff	1951 w	W50		02:21:54
144.	650 Edeltraud Kleszka	1955 w	W50	privat	02:21:57
145.	652 Hiltrud Schlicht	1940 w	W60	privat	02:22:18
146.	666 Gudrun Bullerdiek	1957 w	W50	Tbd. Osterfeld	02:22:25
147.	671 Elke Seelig	1958 w	W50	Tbd. Osterfeld	02:22:27
148.	502 Petra Arndt	1961 w	W40		02:22:50
149.	537 Ulrike Hollender	1962 w	W40		02:22:52
150.	570 Claudia Schramm	1963 w	W40		02:24:49
151.	576 Birgit Sebastian	1962 w	W40		02:25:24
152.	532 Andrea Hildebrandt	1966 w	W40		02:25:50
153.	510 Bärbel Bödecker	1952 w	W50		02:25:51
154.	700 Carolin Tangermann	1972 w	W30	Wülfrather Stöckeschwinger	02:26:23
155.	721 Ralf Baumann	1969 m	M40	Herdecke	02:26:52
156.	717 Marianne Lochmann	1970 w	W30	Essen	02:26:54
157.	718 Daniel Lochmann	1969 m	M40	Essen	02:26:56
158.	730 Thomas Börgers	1967 m	M40		02:26:57
159.	571 Almut Schröder	1976 w	W30		02:26:58
160.	574 Kerstin Schulte	1976 w	W30		02:26:59
161.	519 Margitta Esser	1949 w	W60		02:27:15
162.	582 Margot Uebbing	1950 w	W50		02:27:17
163.	581 Heike Tempelmann	1974 w	W30		02:27:18
164.	584 Ursula Veldhusen	1967 w	W40		02:27:49
165.	536 Christiane Höfs	1968 w	W40		02:27:51
166.	569 Martina Scholz	1959 w	W50		02:29:16

167.	610 Christine Marenziehn	1949 w	W60	Erler-Sportgemeinschaft e.V.	02:29:23
168.	606 Kornelia Heiligert	1955 w	W50	Erler-Sportgemeinschaft e.V.	02:29:25
169.	578 Brigitte Somberg	1955 w	W50		02:31:01
170.	623 Angelika Tenorth	1946 w	W60	LSG Langenberg	02:31:55
171.	588 Christiane Westhoff	1971 w	W30		02:33:06
172.	560 Elke Mohr	1973 w	W30		02:33:08
173.	658 Birgit Kahre	1970 w	W30	ST. Vincenz	02:34:00
174.	657 Ingrid Grieskamp	1953 w	W50	ST. Vincenz	02:34:02
175.	660 Jutta Kornblum	1958 w	W50	ST. Vincenz	02:34:03
176.	705 Christa Brommont	1944 w	W60	SV 19 Straelen	02:34:17
177.	704 Miriam Brommont	1972 w	W30	SV 19 Straelen	02:34:19
178.	703 Gisela Wessendorf	1953 w	W50	SV 19 Straelen	02:34:20
179.	710 Ekkehart Friedrich	1952 m	M50	SV 19 Straelen	02:34:27
180.	707 Helmar Meck	1960 w	W40	SV 19 Straelen	02:34:30
181.	708 Kosi van Stiphoudt	1952 w	W50	SV 19 Straelen	02:34:32
182.	706 Irene Eickes	1954 w	W50	SV 19 Straelen	02:34:34
183.	712 Silvia Villa	1962 w	W40	SV 19 Straelen	02:34:56

Durchschnitt: 02:11:47