



Gesamtliste

12. Oktober 2008

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Männer

Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
1	4	Sauter, Tobias	83		TSV Eltingen	M20	1	1	2:18:24	2:18:24	1:09:21	1:09:02	3:17
2	2	Meyer, Manuel	81		TV Wattenscheid	M20	2	2	2:21:12	2:21:12	1:09:20	1:11:50	3:21
3	6	Martel, Zelalem	86		LG Neckar-Enz	M20	3	3	2:29:32	2:29:32	1:09:21	1:20:11	3:33
4	911	Lüning, Sebastian	70		LG Bremen-Nord	M35	1	4	2:29:35	2:29:35	1:14:10	1:15:24	3:33
5	1045	Haaver, Knut	68		TSV Weeze	M40	1	5	2:32:01	2:32:04	1:16:39	1:15:22	3:36
6	831	Hegmann, Tobias	76		TSG Kleinostheim	M30	1	6	2:32:38	2:32:40	1:14:28	1:18:10	3:37
7	1657	Schroer, Christoph	84		Moerser TV	M20	4	7	2:32:46	2:32:47	1:14:10	1:18:35	3:37
8	1726	Rottler, Andreas	67		TuS Deuz	M40	2	8	2:34:32	2:34:34	1:17:05	1:17:27	3:40
9	1915	Bruns, Detlev	65		LSF Münster	M40	3	10	2:39:56	2:39:59	1:20:26	1:19:29	3:47
10	468	Läpple, Gerhard	59		TSV Hildrzhhausen	M45	1	11	2:41:16	2:41:19	1:18:24	1:22:51	3:49
11	1690	Giesen, Hartmut	67		TV Roetgen	M40	4	12	2:41:18	2:41:20	1:20:27	1:20:51	3:49
12	1819	Strothmann, Jörn	73		LC Solbad Ravensberg	M35	2	13	2:41:48	2:41:48	1:17:56	1:23:51	3:50
13	1821	Nedderhoff, Bernd	59		LC Solbad Ravensberg	M45	2	14	2:42:01	2:42:02	1:19:38	1:22:22	3:50
14	1437	Ernst, Uwe	64		EVONIK	M40	5	15	2:42:53	2:42:54	1:20:28	1:22:24	3:52
15	1737	Fink, Ralf	67		LAC Mausbach	M40	6	17	2:43:19	2:43:20	1:19:31	1:23:47	3:52
16	458	Clauß, Thomas	68		LG Reinbek Ohe	M40	7	18	2:44:05	2:44:06	1:21:03	1:23:02	3:53
17	1822	Bergmann, Jens-erik	65		LC Solbad Ravensberg	M40	8	19	2:44:52	2:44:54	1:20:16	1:24:36	3:54
18	1005	Bullach, Andrej	69		LG Hückeswagen	M35	3	20	2:45:07	2:45:10	1:18:50	1:26:17	3:55
19	1659	Temmler, Björn	78		Moerser TV	M30	2	21	2:46:11	2:46:11	1:21:19	1:24:51	3:56
20	529	Nahen, Mathias	70		TV Jahn Bad Driburg	M35	4	22	2:46:43	2:46:45	1:16:28	1:30:15	3:57
21	1989	Fichers, Daniel	66		SC Büttgenbach	M40	9	23	2:46:47	2:46:49	1:21:02	1:25:44	3:57
22	773	Witzke, Hartmut	59		*Düsseldorf	M45	3	24	2:48:13	2:48:14	1:20:02	1:28:10	3:59
23	1748	Greis, Volker	70		Laufteam Unna	M35	5	25	2:48:17	2:48:20	1:23:34	1:24:42	3:59
24	655	Hentschel, Torsten	64		HSG Turbine Zittau	M40	10	26	2:48:29	2:48:30	1:18:50	1:29:38	4:00
25	1129	Baum, Roland	54		SC Bayer 05 Uerdingen	M50	1	27	2:48:31	2:48:32	1:23:11	1:25:20	4:00
26	1177	Collet, Andre	71		*Raeren	M35	6	28	2:48:45	2:48:54	1:29:19	1:19:26	4:00
27	1332	Rittmaier, Markus	75		Franken Speed Fighter e.V.	M30	3	29	2:49:19	2:49:21	1:23:36	1:25:43	4:01
28	1632	Hausdorf, Uwe	62		Marathon-Club Menden	M45	4	30	2:49:33	2:49:37	1:24:53	1:24:39	4:01
29	1351	Schubert, Rolf	57		*Düren	M50	2	31	2:50:15	2:50:17	1:20:28	1:29:46	4:02
30	1746	Sänger, Jörg	63		Marathon Dinslaken	M45	5	32	2:50:16	2:50:18	1:22:55	1:27:20	4:02
31	1370	Wermers, Thomas	61		TV Roetgen	M45	6	33	2:51:37	2:51:46	1:24:24	1:27:12	4:04
32	622	Gugelmann, Christian	75		SSF Bonn Triathlon	M30	4	34	2:51:41	2:51:43	1:24:02	1:27:39	4:04
33	1823	Molsbeck, Norbert	58		LC Solbad Ravensberg	M50	3	35	2:51:45	2:51:48	1:24:31	1:27:14	4:04
34	1735	Göldner, René	73		SSF Bonn Triathlon	M35	7	36	2:52:18	2:52:19	1:23:03	1:29:14	4:05
35	1682	Franssen, Andreas	63		SSG Königswinter	M45	7	37	2:52:31	2:52:34	1:24:32	1:27:59	4:05
36	2017	Claesges, Michael	64		ASV-LT Kemperdick	M40	11	38	2:53:06	2:53:09	1:24:01	1:29:05	4:06
37	1633	Köhnemann, Mario	71		Marathon-Club Menden	M35	8	39	2:53:55	2:53:59	1:26:19	1:27:36	4:07
38	3310	Trebing, Christoph	67		TRC Essen 84	M40	12	40	2:54:21	2:54:23	1:24:01	1:30:20	4:08
39	1860	Grunenberg, Karol	87		Euf Essen	M20	5	41	2:55:06	2:55:09	1:26:21	1:28:45	4:09
40	1806	Leffers, Matthias	67		LLG 80 Nordpark Köln	M40	13	42	2:55:12	2:55:14	1:21:39	1:33:33	4:09
41	1461	Kaschube, Dirk	69		EVONIK	M35	9	43	2:55:41	2:55:50	1:27:29	1:28:11	4:10
42	1012	Kuby, Jürgen	71		TSG Kaiserslautern	M35	10	44	2:55:55	2:55:56	1:25:45	1:30:09	4:10
43	1226	Kunze, Dr. Zubair mir	58		Dauerlaufschule Köln	M50	4	45	2:56:07	2:56:11	1:23:32	1:32:34	4:10
44	1621	Haakert, Oliver	64		Team Free Tibet	M40	14	46	2:56:46	2:56:54	1:29:22	1:27:23	4:11
45	540	Kremer, Mathias	79		BSG Springorum Bochum	M20	6	47	2:57:06	2:57:10	1:26:20	1:30:46	4:12
46	259	Ockl, Alexander	73		Tusem Essen	M35	11	49	2:57:38	2:57:45	1:29:23	1:28:15	4:13
47	899	Flemming, Bernhard	62		FeRoJa Team	M45	8	50	2:57:55	2:57:58	1:26:57	1:30:58	4:13
48	1618	Borrasch, Michael	58		SUS Schalke 96	M50	5	51	2:58:00	2:58:03	1:26:20	1:31:40	4:13
49	1179	van Dongen, Heinz	77		LAV Oberhausen	M30	5	52	2:58:10	2:58:13	1:28:06	1:30:04	4:13
50	1524	Wallbaum, Heiner	68		Spiridon Haltern	M40	15	53	2:58:19	2:58:22	1:29:02	1:29:16	4:14
51	1459	Jungwirth, Rudi	65		EVONIK	M40	16	54	2:58:22	2:58:24	1:23:45	1:34:36	4:14
52	307	Stiel, Georg	56		DJK Elmar Kohlscheid	M50	6	55	2:58:22	2:58:24	1:27:18	1:31:04	4:14
53	772	Becher, Johannes	68		Adler-Langlauf Bottrop	M40	17	56	2:58:27	2:58:30	1:26:20	1:32:06	4:14
54	1327	Schubbert, Michael	69		LC Duisburg	M35	12	57	2:58:29	2:58:38	1:29:12	1:29:17	4:14
55	1959	Kersten, Wienny	57	NLD	Cifla Nymegen	M50	7	58	2:58:34	2:58:35	1:28:16	1:30:17	4:14
56	1599	Trapp, Stefan	79		TSV Kirchlinde	M20	7	59	2:58:35	2:58:43	1:29:21	1:29:13	4:14
57	1864	Obelgöner, Lutz	63		lobworte.de Bielefeld	M45	9	60	2:58:37	2:58:58	1:42:07	1:16:29	4:14
58	1028	Kamphuis, Harry	62	NLD	Achilles Top Kerkrade	M45	10	61	2:58:40	2:58:41	1:28:27	1:30:12	4:14
59	855	van Munster, Gerrit	57	NLD	LG Hückeswagen	M50	8	62	2:58:40	2:58:47	1:27:31	1:31:08	4:14
60	1987	Morkiewicz, Darius	70		*Mülheim	M35	13	63	2:58:43	2:58:46	1:25:14	1:33:28	4:14
61	604	Alder, Dr. Thomas	69		FIRST	M35	14	65	2:58:48	2:58:52	1:28:34	1:30:14	4:14
62	1770	Knappe, Jörg	66		DJK VFR Saarn	M40	18	66	2:58:49	2:58:55	1:28:04	1:30:45	4:14
63	1671	Juchem, Kim	73		SSG Königswinter	M35	15	67	2:58:52	2:58:59	1:29:05	1:29:46	4:14
64	1126	Klein, Holger	66		Bikeholik	M40	19	68	2:58:55	2:59:08	1:24:07	1:34:48	4:14
65	1634	Schöne, Burkhard	64		Marathon-Club Menden	M40	20	69	2:58:57	2:59:01	1:24:53	1:34:03	4:14
66	1793	Schmidt-Fehrenbacher, Volk	58		LT Alt-Erkath	M50	9	70	2:58:57	2:59:03	1:29:16	1:29:41	4:14
67	411	Töpfer, Thomas	63		LGO Bochum	M45	11	71	2:59:00	2:59:07	1:29:38	1:29:21	4:15
68	1268	Mlynski-wiese, Alexander	66		TV Roetgen	M40	21	72	2:59:02	2:59:07	1:26:12	1:32:50	4:15
69	334	Kilian, Walter	58		Triathlon Team Witten	M50	10	73	2:59:08	2:59:16	1:29:24	1:29:44	4:15
70	301	Weigang, Frank	66		Tusem Essen	M40	22	74	2:59:12	2:59:18	1:29:23	1:29:48	4:15
71	866	Ribac, Pascal	75		TSL/ FSHT Aachen	M30	6	75	2:59:25	2:59:31	1:28:33	1:30:51	4:15



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Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
72	300	Riedel, Roland	63		Adler-Langlauf Bottrop	M45	12	76	2:59:38	2:59:44	1:29:14	1:30:24	4:15
73	1914	Laeven, Herbert	56		Aachener TG	M50	11	77	2:59:39	2:59:43	1:28:27	1:31:12	4:15
74	1536	Bauer, Martin	72		METAL HAMMER	M35	16	78	2:59:41	2:59:44	1:28:26	1:31:14	4:16
75	1334	Usselmann, Manfred	60		Passtschon98	M45	13	79	2:59:41	2:59:45	1:28:46	1:30:55	4:16
76	2434	Rosenberg, Sebastian	90		Moerser TV	MJG	1	80	2:59:44	2:59:58	1:33:20	1:26:24	4:16
77	959	Bingart, Jan	80		Turbo-Schnecken Lüdenscheid	M20	8	81	2:59:55	3:00:01	1:29:00	1:30:54	4:16
78	571	Schlosser, Christian	72		*Düsseldorf	M35	17	82	2:59:55	2:59:58	1:28:30	1:31:25	4:16
79	1767	Schax, Manfred	66		SV Viktoria Winnekendonk	M40	23	83	3:00:28	3:00:38	1:25:40	1:34:47	4:17
80	2496	Jakob, Thomas	61		*Baunatal	M45	14	84	3:00:36	3:00:45	1:29:22	1:31:13	4:17
81	1798	Oelsner, Dr. Malte	67		LT Alt-Erkrath	M40	24	85	3:00:42	3:00:48	1:29:15	1:31:26	4:17
82	2358	Berg, Martin	68		*Porta Westfalica	M40	25	86	3:00:53	3:00:59	1:29:03	1:31:49	4:17
83	793	Mirz, Thomas	63		SG Neukirchen-Hülchrath	M45	15	87	3:01:02	3:01:08	1:29:15	1:31:47	4:17
84	575	Bultmann, Jürgen	61		LG Nienburg	M45	16	88	3:01:04	3:01:12	1:28:57	1:32:06	4:17
85	1759	Butler, Richard	64	IRL	TV Roetgen	M40	26	89	3:01:18	3:01:28	1:28:19	1:32:58	4:18
86	1555	Hentrich, Rainer	52		Gerscheder SV Essen	M55	1	90	3:01:38	3:01:45	1:29:23	1:32:15	4:18
87	696	Tüller, Carsten	71		*Velbert	M35	18	91	3:01:49	3:01:56	1:27:51	1:33:58	4:19
88	687	Herrmann, Dietmar	56		VfL Bückeberg	M50	12	92	3:02:36	3:02:40	1:28:31	1:34:04	4:20
89	610	Block, Theodor	49		Tus Eintracht Minden	M55	2	93	3:03:02	3:03:07	1:29:07	1:33:54	4:20
90	1290	Hirschberger, Ingo	66		*Hannover	M40	27	94	3:03:08	3:03:11	1:28:25	1:34:42	4:20
91	1316	Heimrath, Ralf	61		DJK SuS Brambauer	M45	17	95	3:03:32	3:03:37	1:29:15	1:34:17	4:21
92	1769	Brandenstein, Frederik	80		*Essen	M20	9	96	3:03:49	3:03:58	1:30:00	1:33:48	4:21
93	1121	van Leuck, Thomas	77		OpInfoBtl 950	M30	7	97	3:03:57	3:04:11	1:30:16	1:33:41	4:22
94	791	Voßieck, Uwe	61		SV Brackwede	M45	18	99	3:04:05	3:04:14	1:29:19	1:34:45	4:22
95	1306	Leuteritz, Kay	69		LC Solbad Ravensberg	M35	19	100	3:04:14	3:04:16	1:25:28	1:38:46	4:22
96	1615	Fritsch, Franz	53		TV Uffort-Eick	M55	3	101	3:04:21	3:04:29	1:29:23	1:34:58	4:22
97	1771	Klesse, Michael	59		Osnabrück	M45	19	102	3:04:25	3:04:31	1:29:24	1:35:00	4:22
98	1689	Pipper, Kurt	57		TV Roetgen	M50	13	103	3:04:27	3:04:37	1:28:20	1:36:07	4:22
99	462	Plicht, Andreas	67		Springorium Bochum	M40	28	104	3:04:29	3:04:33	1:33:09	1:31:19	4:22
100	1882	Jaenecke, Berndt	69		Electronics for Imaging	M35	20	105	3:04:36	3:04:43	1:29:11	1:35:24	4:23
101	480	Van dongen, Werner	59		TSV Weeze	M45	20	106	3:04:39	3:04:42	1:28:07	1:36:31	4:23
102	829	Holstein, Dirk	64		LGO Bochum	M40	29	107	3:04:39	3:04:46	1:29:38	1:35:00	4:23
103	514	Dünner, Joachim	62		SV Bergisch Gladbach	M45	21	108	3:04:53	3:05:01	1:28:34	1:36:18	4:23
104	1745	Hoffmann, Hardy	62		VfL 28 Ellrich	M45	22	109	3:05:17	3:05:23	1:28:29	1:36:47	4:23
105	1044	Göttlinger, Martin	70		Lauffreff Katzbach/Michelsdorf	M35	21	110	3:05:24	3:05:31	1:27:49	1:37:34	4:24
106	1836	Holberg, Frank	81		LG Remscheid	M20	10	111	3:05:28	3:05:31	1:22:54	1:42:33	4:24
107	1346	Schnitter, Frank	66		*Oldenburg	M40	30	112	3:05:28	3:05:34	1:29:06	1:36:22	4:24
108	1942	Loos, Patrick	79		LG Mülheim	M20	11	113	3:05:30	3:05:35	1:29:15	1:36:15	4:24
109	1077	Laudy, Frank	78		TRC Essen 84	M30	8	114	3:05:30	3:05:36	1:29:15	1:36:15	4:24
110	1757	Kientz, Oliver	70		*Mannheim	M35	22	115	3:05:38	3:05:45	1:29:23	1:36:15	4:24
111	1031	Runge, Holger	62		Team ERDINGER Alkoholfrei	M45	23	116	3:05:40	3:05:46	1:29:15	1:36:24	4:24
112	312	Hamel, Frank	64		Passtschon98	M40	31	117	3:05:43	3:05:47	1:31:44	1:33:59	4:24
113	1824	Feicht, Gunnar	62		LC Solbad Ravensberg	M45	24	118	3:05:45	3:05:52	1:29:37	1:36:07	4:24
114	632	Schimpf, Dr. Ralph	64		BSG Beiersdorf	M40	32	119	3:05:45	3:05:54	1:29:22	1:36:23	4:24
115	1983	Korytowski, Frank	62		BSG Sparkasse Essen	M45	25	120	3:05:54	3:06:03	1:31:52	1:34:02	4:24
116	1610	Eckert, Klaus	63		TG Neuss	M45	26	121	3:06:41	3:06:45	1:29:30	1:37:11	4:25
117	1852	Kirsch, Alfred	60		VFR Unterbruch LG	M45	27	122	3:06:42	3:06:53	1:32:57	1:33:44	4:25
118	489	Maag, Theo	64		Grün Weiss Steinbeck	M40	33	123	3:06:49	3:06:52	1:28:05	1:38:44	4:26
119	1940	Kröger, Thomas	68		ops running	M40	34	124	3:06:58	3:07:06	1:29:23	1:37:34	4:26
120	1192	Stephan, Dr. Andreas	69		*Bitburg	M35	23	125	3:07:04	3:07:18	1:32:47	1:34:16	4:26
121	1973	Janiel, Erwin	63		*Borken	M45	28	126	3:07:07	3:07:09	1:29:13	1:37:54	4:26
122	1513	Schwenke, Carsten	70		EVONIK	M35	24	127	3:07:14	3:07:20	1:29:25	1:37:48	4:26
123	1441	Fischer, Sören	78		EVONIK	M30	9	128	3:07:23	3:07:32	1:29:22	1:38:01	4:26
124	1052	Niklass, Kai	86		TRC Essen 84	M20	12	129	3:08:05	3:08:11	1:29:24	1:38:41	4:27
125	1345	Leggewie, Christian	67		TRC Essen 84	M40	35	130	3:08:08	3:08:12	1:26:19	1:41:48	4:28
126	1948	Dülks, Roman	64		Krefelder Kanu Klub	M40	36	131	3:08:35	3:08:42	1:29:23	1:39:12	4:28
127	1329	Delker, Helmut	67		SV Spexard	M40	37	132	3:08:46	3:08:54	1:29:37	1:39:09	4:28
128	1719	Rolfes, Dieter	72		SV Germania Twist	M35	25	133	3:08:55	3:08:59	1:26:56	1:41:59	4:29
129	1717	Zander, Markus	71		LT Köln Süd	M35	26	134	3:08:59	3:09:08	1:28:06	1:40:53	4:29
130	874	Gochermann, Christian	74		BSG Springorium Bochum	M30	10	135	3:09:06	3:09:18	1:33:05	1:36:00	4:29
131	800	Schierholz, Jörg	80		SV Siegfried Materborn	M20	13	136	3:09:08	3:09:10	1:32:14	1:36:53	4:29
132	1239	Seewald, Jan	84		Tria Delphin Essen	M20	14	137	3:09:26	3:09:32	1:33:35	1:35:51	4:29
133	634	Sohni, Thorsten	69		LLG St. Augustin	M35	27	138	3:09:29	3:09:38	1:29:22	1:40:07	4:29
134	391	Schaaf, Matthias	62		LSF Werne	M45	29	139	3:09:31	3:09:42	1:31:40	1:37:50	4:29
135	847	Schlemper, Dirk	68		*Aachen	M40	38	140	3:09:34	3:09:45	1:33:44	1:35:50	4:30
136	1879	Klamrowski, Mieczyslaw	58		LG Deiringsen	M50	14	141	3:09:40	3:09:40	1:30:12	1:39:27	4:30
137	1786	Simon, Hans-christian	69		SV Diestelbruch-Mosebeck	M35	28	142	3:09:40	3:09:46	1:29:39	1:40:00	4:30
138	1164	Weigelt, Dr. Stefan	58		SG Neukirchen-Hülchrath	M50	15	143	3:09:45	3:09:50	1:33:28	1:36:17	4:30
139	1993	Dudek, Jörg	67		*Herne	M40	39	144	3:10:03	3:10:09	1:29:11	1:40:51	4:30
140	1907	Weier, Ralf	63		SV Westfalia Rhynern	M45	30	145	3:10:06	3:10:11	1:31:28	1:38:37	4:30
141	2005	Korobejnikov, Vladimir	55		Laufsport Senden	M50	16	146	3:10:17	3:10:23	1:29:22	1:40:54	4:31
142	1006	Brinkmann, Werner	61		*berlin	M45	31	147	3:10:21	3:10:25	1:32:56	1:37:24	4:31



Gesamtliste

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Männer

Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
143	481	Strathkötter, Gerd	64		LC Solbad Ravensberg	M40	40	148	3:10:22	3:10:29	1:30:32	1:39:49	4:31
144	1720	Henning, Jörg	62		Bergwerk Ost Hamm	M45	32	149	3:10:36	3:10:44	1:29:26	1:41:10	4:31
145	1255	Kügler, Bernd	55		*Erfurt	M50	17	150	3:10:37	3:10:48	1:35:51	1:34:46	4:31
146	1712	Gieb, Willi	52		LG Neumünster	M55	4	151	3:10:41	3:10:47	1:31:44	1:38:56	4:31
147	305	Maletz, Steffen	69		EVONIK	M35	29	152	3:10:46	3:10:57	1:33:11	1:37:34	4:31
148	1413	Abels, Rolf	56		DJK Preussen 1911 Bochum	M50	18	153	3:11:17	3:11:23	1:30:58	1:40:19	4:32
149	1298	Lappe, Rolf	59		Die Stolperer	M45	33	154	3:11:36	3:11:51	1:35:46	1:35:49	4:32
150	1025	Heukemes, Uwe	51		SC Roth	M55	5	155	3:11:39	3:11:51	1:33:13	1:38:26	4:33
151	920	Krumpelmann, Thomas	65		SV Brackwede	M40	41	156	3:11:43	3:11:53	1:33:11	1:38:31	4:33
152	1564	Demirhan, Abdullah	61		EVONIK	M45	34	157	3:11:47	3:11:48	1:30:41	1:41:05	4:33
153	1503	Roggenbuck, Ludger	62		EVONIK	M45	35	158	3:11:47	3:11:59	1:32:04	1:39:42	4:33
154	745	Gebauer, Bernd	65		LGO/TVE Barop	M40	42	159	3:11:57	3:12:08	1:34:26	1:37:30	4:33
155	1865	Hörsting, Jochen	69		DJK Coesfeld	M35	30	160	3:12:00	3:12:19	1:32:14	1:39:46	4:33
156	1790	Dachs, Manfred	66		LG Nienburg	M40	43	161	3:12:08	3:12:13	1:31:00	1:41:08	4:33
157	1810	Bücker, Thorsten	68		EVONIK	M40	44	162	3:12:12	3:12:21	1:33:08	1:39:03	4:33
158	612	Theisen, Volker	66		Moerser TV	M40	45	163	3:12:41	3:12:59	1:35:07	1:37:34	4:34
159	553	Spiewok, Ingo	62		TTV Waltrop 99	M45	36	164	3:12:45	3:12:51	1:31:42	1:41:03	4:34
160	559	Wesbuer, Thomas	66		Ig kuhweide	M40	46	165	3:12:52	3:13:04	1:35:48	1:37:04	4:34
161	940	Jungmann, Gerhard	49		LC Saucony Saar	M55	6	166	3:12:52	3:13:01	1:31:57	1:40:55	4:34
162	356	Neufeld, Karl-heinz	64		*Bottrop	M40	47	168	3:13:22	3:13:31	1:35:53	1:37:29	4:35
163	1391	Strathoff, Jürgen	58		LG Habbeskamp	M50	19	169	3:13:26	3:13:39	1:35:48	1:37:38	4:35
164	420	Heinzen, Michael	62		MHD Duisburg	M45	37	170	3:13:28	3:13:35	1:34:31	1:38:57	4:35
165	1098	Friedla, Edward	60		*Aachen	M45	38	171	3:13:38	3:13:53	1:35:48	1:37:50	4:35
166	1533	Grabert, Andreas	57		LG Herne	M50	20	172	3:13:50	3:13:55	1:28:32	1:45:18	4:36
167	760	Boenigk, André	78		*Bottrop	M30	11	173	3:13:52	3:14:11	1:38:47	1:35:04	4:36
168	1753	Klinkert, Roman	65		SSF Bonn Triathlon	M40	48	174	3:14:06	3:14:15	1:30:42	1:43:23	4:36
169	1114	Lambertz, Paul	80		LG DIRAK	M20	15	175	3:14:09	3:14:16	1:28:22	1:45:47	4:36
170	1340	Rostek, Peter	71		LC Solbad Ravensberg	M35	31	176	3:14:17	3:14:36	1:37:54	1:36:22	4:36
171	1636	Just, Michael	70		Marathon-Club Menden	M35	32	177	3:14:29	3:14:43	1:35:53	1:38:36	4:37
172	1683	Mauel, Thomas	65		SSG Königswinter	M40	49	180	3:14:38	3:14:41	1:23:07	1:51:31	4:37
173	1730	Rittner, Thomas	66		Marathon Mettmann	M40	50	181	3:14:39	3:14:47	1:33:24	1:41:15	4:37
174	1394	Bürgermeier, Bernd	69		SC Falke Saerbeck	M35	33	182	3:14:40	3:14:48	1:35:22	1:39:18	4:37
175	1884	Jonke, Hermann	56		*Düsseldorf	M50	21	183	3:14:44	3:14:58	1:35:48	1:38:55	4:37
176	1146	Weiland, Klaus	55		LC Duisburg	M50	22	184	3:14:46	3:14:57	1:31:42	1:43:04	4:37
177	315	Hog, Christoph	66		*Geldern	M40	51	186	3:14:48	3:15:01	1:35:49	1:38:59	4:37
177	898	Lips, Martin	83		*Koblentz	M20	16	185	3:14:48	3:15:01	1:32:20	1:42:28	4:37
179	735	Härtel, Thomas	68		LT Butzbach	M40	52	187	3:15:03	3:15:15	1:34:15	1:40:47	4:37
180	1161	Obry, Nick	70		TV Rodenbach	M35	34	188	3:15:05	3:15:22	1:35:47	1:39:18	4:37
181	2024	Meisel, Andreas	64		SC Rahmede	M40	53	189	3:15:06	3:15:09	1:27:56	1:47:10	4:37
182	1232	Patzner, Ralf	67		Stadtpark Hamburg	M40	54	190	3:15:20	3:15:37	1:35:51	1:39:29	4:38
183	1664	Dreimann, Stefan	69		Adler-Langlauf Bottrop	M35	35	191	3:15:28	3:15:40	1:36:09	1:39:18	4:38
184	991	Fuhrmann, Reinhold	58		TSV Victoria Linden	M50	23	192	3:15:29	3:15:43	1:35:48	1:39:40	4:38
185	1956	Tews, Karl-heinz	50		LLG St. Augustin	M55	7	193	3:15:42	3:15:59	1:35:47	1:39:55	4:38
186	1448	Gorczyca, Thomas	62		EVONIK	M45	39	194	3:15:44	3:16:03	1:39:33	1:36:11	4:38
187	670	Rüsenberg, Michael	83		TV 1895 Steinheim	M20	17	197	3:15:59	3:16:12	1:35:50	1:40:08	4:39
188	865	Lehmkuhle, Frank	69		BSV Ostbevern	M35	36	198	3:16:12	3:16:31	1:37:17	1:38:54	4:39
189	1310	Bitzer, Axel	62		Tri Club Wuppertal	M45	40	199	3:16:19	3:16:26	1:32:13	1:44:05	4:39
190	587	Gouders, Michael	69		DLC Aachen	M35	37	200	3:16:22	3:16:49	1:38:19	1:38:03	4:39
191	1656	Dahnke, Maik	71		TG Werste	M35	38	201	3:16:24	3:16:29	1:29:48	1:46:35	4:39
192	1911	Gronau, Robert	71		*Nieder-kassel	M35	39	202	3:16:29	3:16:47	1:35:47	1:40:42	4:39
193	314	Balke, Jürgen	58		Adler-Langlauf Bottrop	M50	24	203	3:16:34	3:16:47	1:35:49	1:40:45	4:40
194	792	Rocheteau, Dominique	65	FRA	LG Gummersbach	M40	55	204	3:16:39	3:17:03	1:38:52	1:37:47	4:40
195	324	Eltahir, Ahmed	63		LSV Bad Langensalza	M45	41	205	3:16:47	3:16:54	1:34:25	1:42:22	4:40
196	719	Teutenberg, Wolfgang	54		LT Olsberg	M50	25	206	3:16:48	3:17:02	1:35:36	1:41:12	4:40
197	1815	Hoge, Werner	50		TV Hohne	M55	8	208	3:17:04	3:17:16	1:34:28	1:42:36	4:40
198	1866	Wille, Thomas	66		LG Emsdetten	M40	56	209	3:17:09	3:17:42	1:38:21	1:38:48	4:40
199	1364	Schmidt, Bernd	62		Wiesbaden	M45	42	210	3:17:14	3:17:29	1:39:03	1:38:10	4:40
200	1015	Splithoff, Hans georg	66		Stadtpark Hamburg	M40	57	211	3:17:16	3:17:32	1:42:22	1:34:54	4:41
201	766	Laps, Roland	70		LG Polizei Altenessen	M35	40	212	3:17:18	3:17:36	1:37:15	1:40:02	4:41
202	1694	von Holten, Andree	69		BSG Jahobi	M35	41	213	3:17:20	3:17:35	1:35:52	1:41:28	4:41
203	2432	Nickel, Harald	63		*Gelsenkirchen	M45	43	214	3:17:22	3:17:31	1:33:49	1:43:33	4:41
204	1496	Pavlidis, Stavros	58		EVONIK	M50	26	215	3:17:33	3:17:51	1:35:51	1:41:42	4:41
205	1532	Heise, Kurt	54		TUS Norderney	M50	27	216	3:17:34	3:17:50	1:35:52	1:41:42	4:41
206	1408	Steinhagen, Jörg	73		*Hagen	M35	42	217	3:17:47	3:17:54	1:31:41	1:46:06	4:41
207	816	Brinkmann, Wolfgang	51		MTG Horst Essen	M55	9	218	3:17:50	3:17:59	1:29:10	1:48:40	4:41
208	1873	Sanders, Joachim	49		SG E.ON Ruhrgas	M55	10	219	3:17:53	3:18:07	1:35:52	1:42:00	4:41
209	476	Cramer, Rüdiger	63		LC Euskirchen	M45	44	220	3:17:55	3:18:11	1:39:25	1:38:29	4:41
210	1241	Janssen, Guido	68		TSV Weeze	M40	58	221	3:17:55	3:17:58	1:31:45	1:46:10	4:41
211	1407	Kleier, Dr. Hermann	53		ART Düsseldorf	M55	11	222	3:18:02	3:18:13	1:33:29	1:44:33	4:42
212	1136	Robertson, Alan	64	GBR	100 Marathon Club	M40	59	224	3:18:09	3:18:24	1:34:25	1:43:43	4:42
213	1923	Quinkert, Michael	61		Turbo-Schnecken Lüdenscheid	M45	45	225	3:18:13	3:18:41	1:38:47	1:39:25	4:42



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Männer

Platz	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
214	1669	Meyer, Stefan	73		*Dortmund	M35	43	226	3:18:15	3:18:32	1:35:46	1:42:28	4:42
215	453	Lohe, Matthias	63		Rockstore Wuppertal	M45	46	227	3:18:17	3:18:33	1:38:00	1:40:16	4:42
216	313	Brinkmann, Werner	59		LG Ems Warendorf	M45	47	228	3:18:19	3:18:40	1:40:11	1:38:08	4:42
217	436	Joswig, Udo	55		Germania Leer	M50	28	229	3:18:25	3:18:37	1:34:18	1:44:07	4:42
218	1970	Bückert, Paul	57		*Kaarst	M50	29	230	3:18:44	3:18:56	1:37:54	1:40:50	4:43
219	638	Ziegler, Karl-friedrich	58		fc unterkirmach	M50	30	231	3:18:45	3:18:49	1:30:57	1:47:47	4:43
220	2428	Gröne, Michael	87		SV Germania Albaxen	M20	18	232	3:18:47	3:19:12	1:41:12	1:37:34	4:43
221	1805	Bartusiak, Stanislaw	51		LSF Münster	M55	12	233	3:18:51	3:19:12	1:39:10	1:39:41	4:43
222	730	Ebert, Udo	56		MTG Horst Essen	M50	31	235	3:19:01	3:19:12	1:34:22	1:44:39	4:43
223	1867	Schulte, Carsten	73		*Essen	M35	44	236	3:19:06	3:19:28	1:39:09	1:39:56	4:43
224	1297	Schäfer, Markus	70		Team Stauder	M35	45	237	3:19:11	3:19:41	1:38:31	1:40:40	4:43
225	1069	Telahr, Jürgen	72		Bocholter WSV	M35	46	238	3:19:11	3:19:32	1:38:16	1:40:54	4:43
226	1996	Janta, Klaudius	68		LG Weka	M40	60	239	3:19:11	3:19:15	1:41:15	1:37:55	4:43
227	1007	Rugovac, Fuad	73		SC Wiking Herne	M35	47	240	3:19:12	3:19:27	1:35:49	1:43:22	4:43
228	1416	Ast, Rudolf	59		EVONIK	M45	48	241	3:19:21	3:19:30	1:32:53	1:46:28	4:43
229	1182	Bergmann, Frank	60		*Essen	M45	49	242	3:19:21	3:19:35	1:36:10	1:43:11	4:43
230	1204	Kirsch, Sven	74		*Gross Gerau	M30	12	243	3:19:24	3:19:37	1:35:51	1:43:33	4:44
231	2435	Heße, Patrick	79		Team Obama	M20	19	244	3:19:26	3:19:42	1:35:38	1:43:48	4:44
232	1739	Kolk-dittmann, Matthias	70		*Moers	M35	48	245	3:19:28	3:19:46	1:37:26	1:42:01	4:44
233	1888	Gatzke, Ralf	63		Frisbee Family Pempelfort	M45	50	246	3:19:32	3:19:45	1:33:41	1:45:51	4:44
234	731	Theuerkorn, Thomas	61		Grüne Handschuhe Bielefeld	M45	51	247	3:19:33	3:19:42	1:35:54	1:43:39	4:44
235	1716	Altmann, Stephan	74		TC Parkhaus Wanne-Eickel	M30	13	248	3:19:33	3:19:49	1:35:09	1:44:24	4:44
236	1512	Schweizer, Peter	59		EVONIK	M45	52	249	3:19:34	3:19:50	1:37:18	1:42:15	4:44
237	888	Kurek, Georg	60		TVK 1877 Essen	M45	53	250	3:19:35	3:19:36	1:34:29	1:45:05	4:44
238	386	Becker, Hermann	65		EVONIK	M40	61	251	3:19:40	3:19:49	1:35:43	1:43:56	4:44
239	471	Rembert, Richard	65		VFL Löningen	M40	62	252	3:19:52	3:20:03	1:35:34	1:44:17	4:44
240	501	Mallmann, Marcus	71		FC Stoppenberg LT	M35	49	253	3:19:53	3:20:08	1:38:00	1:41:53	4:44
241	710	Santalucia, Jürgen	63		KTK-Krefeld	M45	54	255	3:20:04	3:20:30	1:37:39	1:42:24	4:45
242	1713	Halbrügge, Thomas	59		LG Seminar	M45	55	256	3:20:05	3:20:42	1:36:10	1:43:54	4:45
243	2021	Arndt, Oliver	71		LC Solbad Ravensberg	M35	50	257	3:20:06	3:20:19	1:33:32	1:46:34	4:45
244	2012	Menzel, Udo	61		LG Emsdetten	M45	56	258	3:20:11	3:20:28	1:35:00	1:45:10	4:45
245	1869	Nassmacher, Wilhelm	57		TV Gronau	M50	32	259	3:20:18	3:20:45	1:42:13	1:38:05	4:45
246	1038	Van der linden, Heinz	59		Team ERDINGER Alkoholfrei	M45	57	260	3:20:23	3:20:48	1:37:47	1:42:35	4:45
247	394	Schumacher, Peter	62		Ausdauer Schule Bunert	M45	58	261	3:20:33	3:20:47	1:35:48	1:44:45	4:45
248	679	Hegemann, Karsten	67		*Essen	M40	63	262	3:20:43	3:20:57	1:40:48	1:39:55	4:45
249	1041	Hille, Alexander	84		TVE Barop	M20	20	263	3:20:43	3:20:53	1:32:38	1:48:05	4:45
250	1791	Böhle, Martin	61		SUS Schalke 96	M45	59	264	3:20:54	3:20:57	1:38:20	1:42:33	4:46
251	1257	Möbus, Dr. Volkmar	53		*Bergisch Gladbach	M55	13	265	3:21:02	3:21:14	1:37:17	1:43:44	4:46
252	1171	Hartmann, Uwe	63		Bippener SC	M45	60	266	3:21:03	3:21:20	1:39:30	1:41:32	4:46
253	1680	Wüllner, Hubert	57		*Essen	M50	33	267	3:21:05	3:21:22	1:37:59	1:43:06	4:46
254	1107	Hork, Michael	76		LT Union Wessum	M30	14	268	3:21:06	3:21:27	1:40:50	1:40:16	4:46
255	1997	Grönebaum, Jürgen	63		LG Burg Wiedenbrück	M45	61	269	3:21:12	3:21:16	1:34:29	1:46:43	4:46
256	1974	Strunz, Dirk	72		Westf. Neukirchen	M35	51	270	3:21:22	3:21:37	1:35:56	1:45:26	4:46
257	459	Karst, Michael	62		FC Schalke 04	M45	62	271	3:21:22	3:21:27	1:41:40	1:39:42	4:46
258	1287	Janßen, Uwe	60		TuS Holst. Quickborn	M45	63	272	3:21:26	3:21:42	1:36:24	1:45:02	4:46
259	1276	Korinski, Wolfgang	60		TUS Sorgenloch	M45	64	273	3:21:34	3:21:37	1:37:32	1:44:01	4:47
260	1895	Bartusch, Thomas	60		Team SAVANNA DRY	M45	65	274	3:21:39	3:21:52	1:35:54	1:45:44	4:47
261	1796	Ischinsky, Ludger	53		LF Bottrop	M55	14	275	3:21:42	3:22:01	1:35:48	1:45:53	4:47
262	534	Eichmann, Sascha	71		*Recklinghausen	M35	52	276	3:21:50	3:22:10	1:40:55	1:40:54	4:47
263	308	Kozłowski, Volker	68		*Dortmund	M40	64	277	3:21:50	3:22:13	1:41:21	1:40:29	4:47
264	409	Bergstein, Stefan	67		TG Neuss	M40	65	278	3:21:50	3:22:03	1:35:37	1:46:12	4:47
265	949	Piatkowski, Dirk	67		Homburger Turngemeinde (HTG)	M40	66	279	3:21:53	3:22:18	1:40:53	1:40:59	4:47
266	1929	Bolte, Norbert	59		*Rösrath	M45	66	280	3:21:55	3:22:19	1:40:13	1:41:41	4:47
267	1559	Nießen, Jochen	70		SV Germania Eicherscheid	M35	53	281	3:21:58	3:22:20	1:42:35	1:39:22	4:47
268	326	Heilemann, Andreas	70		*Hürth	M35	54	282	3:22:00	3:22:20	1:41:52	1:40:08	4:47
269	2064	Lottig, Wilfried	62		SC Borchen	M45	67	283	3:22:05	3:22:22	1:38:43	1:43:21	4:47
270	1840	Weiß, Hans-Christoph	67		*Essen	M40	67	284	3:22:05	3:22:27	1:41:42	1:40:23	4:47
271	2028	Stenz, Jörg	66		Personal Coaching GM	M40	68	285	3:22:11	3:22:36	1:43:30	1:38:41	4:48
272	434	De kruijff, Johannes	54	NLD	LC Duisburg	M50	34	286	3:22:27	3:22:51	1:39:46	1:42:40	4:48
273	1617	Hanke, Ingo	74		*Lünen	M30	15	287	3:22:27	3:22:40	1:35:49	1:46:38	4:48
273	376	Schlösser, Bernd	69		*Paderborn	M35	55	288	3:22:27	3:22:56	1:43:16	1:39:11	4:48
275	1258	Homann, Uwe	66		*Bochum	M40	69	289	3:22:29	3:22:58	1:41:07	1:41:21	4:48
276	1695	Kube, Joachim	50		LG Kreis Ahrweiler	M55	15	290	3:22:36	3:22:46	1:38:25	1:44:10	4:48
277	641	Ulbrich, Klaus	58		TSV Kirchdorf	M50	35	291	3:22:37	3:22:49	1:35:39	1:46:58	4:48
278	1065	Schmidt, Oliver	71		SG Arheilgen Triathlon	M35	56	292	3:22:53	3:23:18	1:39:34	1:43:19	4:49
279	1837	Dunger, Eberhard	51		LC Wuppertal	M55	16	293	3:22:54	3:23:11	1:34:40	1:48:14	4:49
280	1930	Petri, Ralf	63		*Witten	M45	68	294	3:22:58	3:23:15	1:35:40	1:47:17	4:49
281	1741	Vogt, Martin	63		BSG WIL0 SE	M45	69	295	3:23:07	3:23:24	1:39:31	1:43:35	4:49
282	1321	Lückert, Matthias	64		LG Gummersbach	M40	70	296	3:23:09	3:23:31	1:41:47	1:41:22	4:49
283	1339	Börke, Friedel	63		Homberger TV	M45	70	298	3:23:12	3:23:29	1:35:59	1:47:12	4:49
284	1016	Niederholz, Uwe	62		LT Issum TurboSchnecken	M45	71	299	3:23:16	3:23:47	1:38:47	1:44:28	4:49



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Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
285	1969	Patzelt, Jörn	68		TV Gronau	M40	71	301	3:23:19	3:23:25	1:42:31	1:40:48	4:49
286	742	Hummelsheim, Stefan	64		*Langenfeld	M40	72	302	3:23:26	3:24:10	1:40:32	1:42:53	4:49
287	962	Goreta, Josef	72		*Stadtlohn	M35	57	303	3:23:26	3:23:36	1:32:49	1:50:37	4:49
288	1284	Günster, Andreas	63		DLC Aachen	M45	72	304	3:23:34	3:23:53	1:39:06	1:44:28	4:49
289	1765	Bökern, Markus	72		Osnabrück	M35	58	305	3:23:36	3:23:45	1:32:17	1:51:19	4:50
290	997	Schruff, Michael	63		*Solingen	M45	73	306	3:23:38	3:24:14	1:40:17	1:43:21	4:50
291	1691	Weinbömer, Klaus-peter	48		LT Bittermark Dortmund	M60	1	308	3:24:02	3:24:12	1:37:02	1:46:59	4:50
292	1132	Fust, Martin	65		LV Oelde	M40	73	309	3:24:03	3:24:19	1:36:05	1:47:58	4:50
293	1213	Groß, Patrick	81		*Karlsruhe	M20	21	310	3:24:05	3:24:31	1:44:37	1:39:28	4:50
294	377	Schrey, Rainer	60		Nordwestoelleitung	M45	74	311	3:24:09	3:24:34	1:40:38	1:43:31	4:50
295	485	Holling, Peter	68		Skiclub Beckum	M40	74	312	3:24:14	3:24:41	1:39:29	1:44:44	4:50
296	1700	Müller, Jürgen	62		*Düsseldorf	M45	75	313	3:24:17	3:24:32	1:40:08	1:44:09	4:51
297	698	Mönig, Olaf	72		*Duisburg	M35	59	314	3:24:17	3:24:37	1:40:56	1:43:21	4:51
298	2312	Schlaack, Andreas	70		Team Luftwaffe Köln	M35	60	315	3:24:20	3:24:25	1:41:42	1:42:37	4:51
299	851	Küchmann, Marcus	72		LF Bönen	M35	61	316	3:24:21	3:24:48	1:38:13	1:46:07	4:51
300	1421	Behnsh, Michael	60		EVONIK	M45	76	317	3:24:21	3:24:55	1:41:14	1:43:07	4:51
301	2025	Jürries, Uwe	58		LT Hengsteysee	M50	36	318	3:24:27	3:24:42	1:35:47	1:48:39	4:51
302	351	Krieger, Uwe	63		*Gelsenkirchen	M45	77	319	3:24:28	3:24:53	1:44:34	1:39:54	4:51
303	535	Wanske, Thomas	65		Marathon-Club Menden	M40	75	320	3:24:32	3:24:36	1:32:12	1:52:19	4:51
304	1718	Kösters, Herbert	57		LT Union Wessum	M50	37	321	3:24:36	3:25:11	1:41:30	1:43:05	4:51
305	653	Stephan, Heinz michael	61		*Köln	M45	78	322	3:24:38	3:24:57	1:41:17	1:43:20	4:51
306	1412	Schmidt, Andreas	67		TC Weiskirchen	M40	76	323	3:24:40	3:24:54	1:39:22	1:45:18	4:51
307	1638	Kolonko, Peter	67		Marathon-Club Menden	M40	77	324	3:24:42	3:25:04	1:39:37	1:45:05	4:51
308	1902	Schlinger, Stefan	62		DAV Röthenbach	M45	79	325	3:24:46	3:25:03	1:35:39	1:49:07	4:51
309	422	Hußmann, Wendelin	67		VFLANF	M40	78	326	3:24:47	3:25:04	1:37:25	1:47:22	4:51
310	1841	Grond, Josef	53		Marathon Steinfurt	M55	17	327	3:24:50	3:24:58	1:32:25	1:52:24	4:51
311	835	Hörmeyer, Dr. Heinrich	52		*Essen	M55	18	328	3:24:51	3:25:09	1:37:09	1:47:41	4:51
312	1293	Mattern, Franco	60		*Kaarst/Vorst	M45	80	329	3:24:51	3:25:03	1:34:50	1:50:00	4:51
313	1067	Großmann, Matthias	78		*Essen	M30	16	330	3:24:51	3:25:21	1:37:23	1:47:28	4:51
314	303	Aepfelbach, Tim	73		Triathlon Team Witten	M35	62	331	3:24:56	3:25:31	1:42:02	1:42:53	4:51
315	1631	Bigalke, Karsten	71		TVG Kaiserau	M35	63	332	3:24:59	3:25:07	1:39:47	1:45:12	4:51
316	423	Pothhoff, Markus	66		VFL ANF	M40	79	333	3:25:01	3:25:18	1:41:27	1:43:34	4:52
317	600	Neumann, Rolf	60		TSV Plön	M45	81	334	3:25:01	3:25:17	1:35:46	1:49:15	4:52
318	743	Bukohl, Hans-Werner	58		LT Union-Wessum	M50	38	335	3:25:07	3:25:28	1:40:45	1:44:22	4:52
319	1063	Bekel, Uwe	46		LT Bittermark Dortmund	M60	2	337	3:25:29	3:25:40	1:42:32	1:42:57	4:52
320	1945	Feilen, Heinz	62		Marathon-Club Eschweiler	M45	82	338	3:25:33	3:25:56	1:35:41	1:49:51	4:52
321	1679	Giersberg, Andreas	65		Stadt Bochum Team	M40	80	339	3:25:41	3:25:49	1:37:11	1:48:30	4:52
322	844	Sensen, Alexander	52		Laufftreff Dürerstraße	M55	19	340	3:25:48	3:26:06	1:37:38	1:48:09	4:53
323	1721	Karjetta, Axel	60		*Remscheid	M45	83	341	3:25:56	3:26:22	1:42:07	1:43:49	4:53
324	479	Kurth, Frank	64		SV Mutscheid	M40	81	342	3:26:02	3:26:39	1:44:26	1:41:36	4:53
325	802	Netz, Harald	61		*Herne	M45	84	343	3:26:05	3:26:29	1:44:41	1:41:23	4:53
326	338	Schniedertöns, Dirk	64		VFL Ahaus	M40	82	344	3:26:11	3:26:45	1:43:35	1:42:35	4:53
327	691	Zitterich, Hans-günther	60		TuS Döhlen	M45	85	345	3:26:12	3:26:30	1:40:00	1:46:12	4:53
328	1188	Henscheid, Stefan	64		TEAM TIBET	M40	83	346	3:26:14	3:26:28	1:39:01	1:47:13	4:53
329	1676	Krebs, Dr. Werner	62		DJK VFR Saarn	M45	86	347	3:26:15	3:26:35	1:39:12	1:47:03	4:53
330	715	Beier, Thorsten	69		*Essen	M35	64	348	3:26:15	3:26:41	1:44:38	1:41:37	4:53
331	858	Mussehl, Guido	64		*Ratingen	M40	84	349	3:26:16	3:26:44	1:43:59	1:42:17	4:53
332	2004	Picard, Karl	65		RockStore	M40	85	350	3:26:16	3:26:33	1:38:00	1:48:16	4:53
333	810	Praefke, Frank	65		BSG Team EVAG	M40	86	351	3:26:21	3:26:37	1:36:20	1:50:00	4:53
334	1677	Ehm, Friedhelm	47		TV Einigkeit 06 Mülheim	M60	3	352	3:26:28	3:26:43	1:38:56	1:47:32	4:54
335	1404	Prein, Carsten	69		*Münster	M35	65	353	3:26:28	3:27:01	1:41:55	1:44:33	4:54
336	1386	Steller, Michael	57		Impuls-Laufftreff Kerpen	M50	39	354	3:26:29	3:26:55	1:39:22	1:47:07	4:54
337	310	Knoth, Günter	57		Gerscheder SV Essen	M50	40	356	3:26:34	3:26:49	1:39:45	1:46:49	4:54
338	1875	Stollfuss, Uwe	65		LT Gruiten-Neandertal	M40	87	357	3:26:35	3:27:17	1:44:00	1:42:34	4:54
339	746	Duits, Wilhelm	83		TVE Lauffreunde Gladbeck	M20	22	358	3:26:55	3:27:20	1:43:07	1:43:48	4:54
340	665	Jatzlau, Guido	71		*Düsseldorf	M35	66	359	3:26:55	3:27:27	1:42:40	1:44:14	4:54
341	1365	Reichmann, Dr. Holger	59		*Gelsenkirchen	M45	87	360	3:26:57	3:27:23	1:42:23	1:44:34	4:54
342	379	Lau, Stephan	63		Hemer - Deilinghofen	M45	88	361	3:26:58	3:27:14	1:40:27	1:46:31	4:54
343	1740	Kraemer, Thomas	66		Das Team der Wand Koblenz	M40	88	362	3:27:01	3:27:20	1:42:31	1:44:30	4:54
344	520	Freyther, Roland	81		SF Nordvelen	M20	23	363	3:27:24	3:27:42	1:37:58	1:49:26	4:55
345	1715	Büchner, Christian	76		*Duisburg	M30	17	364	3:27:28	3:27:50	1:43:24	1:44:03	4:55
346	876	Sadowski, Bernd	68		*Dortmund	M40	89	365	3:27:31	3:28:04	1:43:47	1:43:44	4:55
347	1904	Brauckmann, Markus	67		*Gelsenkirchen	M40	90	367	3:27:44	3:28:02	1:40:47	1:46:57	4:55
348	881	Temmler, Gerd	73		*Essen	M35	67	369	3:27:48	3:28:11	1:44:36	1:43:11	4:55
349	1585	Neumann, Tobias	74		Tricity Paderborn 2001	M30	18	370	3:27:48	3:28:06	1:38:43	1:49:05	4:56
350	1859	Hohenfeld, Michael	64		Ski-Club Beckum	M40	91	371	3:27:49	3:28:16	1:42:11	1:45:37	4:56
350	1797	Koschlitzki, Norbert	63		Eintracht Duisburg 1848 eV	M45	89	372	3:27:49	3:28:05	1:39:36	1:48:12	4:56
352	487	Kemper, Andreas	60		Westfalen-Big-Band	M45	90	373	3:27:52	3:28:11	1:41:52	1:45:59	4:56
353	1540	Sulaiman, Thomas	67		AVU Dreipunktteam	M40	92	374	3:27:52	3:28:16	1:38:54	1:48:58	4:56
354	976	Kehlbreier, Ralph	74		LG Gummersbach	M30	19	375	3:27:58	3:28:35	1:44:31	1:43:27	4:56
355	906	Hank, Lothar	59		SG Empfinger Ausdauerport	M45	91	376	3:27:59	3:28:15	1:42:36	1:45:22	4:56



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Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
356	755	Straßburger, Dr. Christoph	62		*Düsseldorf	M45	92	377	3:28:02	3:28:24	1:42:54	1:45:07	4:56
357	466	Timons, Klaus	67		*Erkelenz	M40	93	378	3:28:03	3:28:19	1:40:38	1:47:25	4:56
358	1143	Brendler, Dirk	69		BEIMER-TEAM	M35	68	379	3:28:06	3:28:23	1:39:32	1:48:33	4:56
359	1892	Steins, Christian	62		TRC Essen 84	M45	93	380	3:28:13	3:28:45	1:44:16	1:43:57	4:56
360	1344	Vetter, Albert-Eugen	54		LG Brandenkopf	M50	41	381	3:28:16	3:28:39	1:43:47	1:44:29	4:56
361	1428	Bücher, Marco	75		EVONIK	M30	20	382	3:28:16	3:28:37	1:41:30	1:46:46	4:56
362	779	Naves, Volker	70		*Rees	M35	69	383	3:28:18	3:28:41	1:41:41	1:46:36	4:56
363	822	Schröder, Matthias	65		*Bochum	M40	94	384	3:28:20	3:28:56	1:39:47	1:48:32	4:56
364	1154	Schulte-zweckel, Michael	60		BSG WAZ Essen	M45	94	385	3:28:20	3:28:49	1:44:28	1:43:52	4:56
365	1497	Pavlidis, Panagiotis	56		EVONIK	M50	42	386	3:28:20	3:28:40	1:40:20	1:48:00	4:56
366	2493	Ilbertz, Rainer	69		*Mönchengladbach	M35	70	387	3:28:22	3:28:47	1:43:45	1:44:37	4:56
367	1872	Luerweg, Heinz	60		*Bottrop	M45	95	388	3:28:28	3:28:47	1:39:27	1:49:00	4:56
368	1099	Pütz, Patrick	75		Fortuna Beggendorf	M30	21	389	3:28:29	3:28:58	1:40:51	1:47:37	4:56
369	1046	Lachnicht, Oliver	70		*ESSEN	M35	71	390	3:28:33	3:29:11	1:44:47	1:43:46	4:57
370	425	Torkildsen, Jörg	67		*Oberhausen	M40	95	391	3:28:37	3:29:12	1:43:34	1:45:03	4:57
371	1908	Fritzsche, Dirk	66		Tri Team TVG Kaiserau	M40	96	392	3:28:37	3:28:46	1:39:46	1:48:51	4:57
372	1233	Schäfer, Michael	66		*Essen	M40	97	393	3:28:39	3:29:09	1:44:33	1:44:06	4:57
373	934	Gutmann, Hagen	62		*Essen	M45	96	394	3:28:40	3:28:53	1:36:00	1:52:39	4:57
374	1167	van Marwick, Klaus	56		OT Bremen	M50	43	395	3:28:41	3:28:50	1:38:16	1:50:24	4:57
375	1056	Woydschiski, Detlef	62		*Werne	M45	97	396	3:28:41	3:29:08	1:41:16	1:47:24	4:57
376	1549	Kehrer, Pascal	81		*Bonn	M20	24	397	3:28:42	3:29:09	1:43:58	1:44:44	4:57
377	1380	Timme, Volker	69		LG Gummersbach	M35	72	398	3:28:43	3:29:05	1:41:26	1:47:16	4:57
378	1755	Lange, Jürgen	60		LT Teutoburger Wald	M45	98	399	3:28:43	3:28:59	1:35:35	1:53:08	4:57
379	1445	Fröse, Karl-heinz	59		EVONIK	M45	99	400	3:28:43	3:29:18	1:44:23	1:44:20	4:57
380	465	Urbanjak, Hans	64		TSC Eintracht Dortmund	M40	98	401	3:28:44	3:29:09	1:43:00	1:45:43	4:57
381	722	Terhorst, Michael	64		Hamminkeler SV	M40	99	402	3:28:44	3:29:18	1:44:22	1:44:22	4:57
382	967	Kerinnis, Jürgen	69		Marathon-Club Eschweiler	M35	73	403	3:28:45	3:29:16	1:43:44	1:45:00	4:57
383	2303	Breuer, Jens	61		BSG Danfoss Bauer	M45	100	404	3:28:46	3:29:10	1:44:29	1:44:16	4:57
384	539	Gerling, Holger	69		TV Werne 03	M35	74	406	3:28:47	3:29:10	1:44:22	1:44:25	4:57
385	1612	Elting, Ludger	58		LT SV Haldern	M50	44	407	3:28:49	3:29:05	1:37:32	1:51:16	4:57
386	1637	Glasmeyer, Gerd	51		Marathon-Club Menden	M55	20	409	3:28:50	3:29:22	1:41:58	1:46:52	4:57
387	358	Passiepen, Dietmar	59		Styrumer TV Mülheim Ruhr	M45	101	410	3:28:51	3:29:12	1:43:36	1:45:14	4:57
388	903	Butzer, Martin	67		FC Stoppenberg LT	M40	100	411	3:28:52	3:29:21	1:44:33	1:44:19	4:57
389	907	Wennmann, Marcus	73		*Mülheim an der Ruhr	M35	75	412	3:28:52	3:29:18	1:41:22	1:47:29	4:57
390	1166	Rottmann, Dirk	64		BSG AON Jauch & Hübener	M40	101	413	3:28:53	3:29:23	1:44:33	1:44:20	4:57
391	1975	Hennemann, Heribert	48		BSG DRV Rheinland	M60	4	414	3:28:53	3:29:11	1:43:29	1:45:24	4:57
392	1619	Oesterheld, Frank	64		Feuerwehr SV Düsseldorf	M40	102	416	3:28:55	3:29:22	1:42:45	1:46:10	4:57
393	1279	Röbke, Lutz	68		Luhdener SV	M40	103	417	3:28:56	3:29:15	1:41:24	1:47:31	4:57
394	1376	Stoehr, Uli	61		LT BsG Grohe	M45	102	418	3:28:57	3:29:27	1:44:41	1:44:16	4:57
395	1596	Kronenberg, Edmund	55		*Krefeld	M50	45	419	3:28:59	3:29:36	1:44:34	1:44:24	4:57
396	329	Fischer, Gerd	64		LT Haumannplatz Essen	M40	104	420	3:28:59	3:29:25	1:44:36	1:44:22	4:57
397	1060	Wagner, Jörg	73		Tri-As-Hamm	M35	76	421	3:29:00	3:29:30	1:44:50	1:44:10	4:57
398	1127	Michollek, Wolfgang	60		GSV Porz	M45	103	422	3:29:02	3:29:24	1:44:39	1:44:23	4:57
399	1325	Stucke, Christian	65		Dülmen läuft	M40	105	423	3:29:03	3:29:23	1:43:38	1:45:24	4:57
400	1896	Bömmelburg, Rainer	61		LGO Bochum	M45	104	424	3:29:04	3:29:23	1:41:07	1:47:57	4:57
401	630	Leßmann, Dirk	69		BSG Dalli-Werke	M35	77	425	3:29:04	3:29:36	1:43:20	1:45:44	4:57
402	1051	Stölzel, Jens	72		LG Hünxe	M35	78	426	3:29:04	3:29:37	1:44:47	1:44:17	4:57
403	1654	Fröhlich, Uwe	58		MC Cappenberg	M50	46	427	3:29:05	3:29:25	1:40:51	1:48:13	4:57
404	943	Langwald, Thomas	61		TSG Valbert 1894	M45	105	428	3:29:06	3:29:24	1:41:22	1:47:43	4:57
405	768	Lauk, Thomas	65		TV Kettwig	M40	106	429	3:29:12	3:29:39	1:40:56	1:48:16	4:57
406	833	Weiß, Andreas	66		*Schwerte	M40	107	430	3:29:15	3:29:38	1:44:00	1:45:14	4:58
407	1711	Hall, Roy	65		Elan Tri Team Steinfurt	M40	108	431	3:29:15	3:30:08	1:44:15	1:45:00	4:58
408	1856	Ellerich, Christian	71		*Lüdinghausen	M35	79	432	3:29:16	3:29:42	1:42:26	1:46:49	4:58
409	1057	Timmermann, Thomas	67		TV Werne 03	M40	109	433	3:29:17	3:29:39	1:44:22	1:44:55	4:58
410	913	Smola, Peer	62		*Mülheim	M45	106	434	3:29:22	3:29:55	1:44:39	1:44:42	4:58
411	807	Mertens, Christoph	67		*Bonn	M40	110	435	3:29:23	3:29:40	1:39:31	1:49:51	4:58
412	1124	Nieweg, Hendrik	74		Tri-Sport-Team Verl	M30	22	436	3:29:25	3:29:38	1:39:58	1:49:26	4:58
413	775	Jaenichen, Dieter	56		DJK VfL Forstwald	M50	47	437	3:29:30	3:29:56	1:44:57	1:44:33	4:58
414	562	Heppel, Udo	62		Tri - Lops Warstein	M45	107	438	3:29:31	3:30:00	1:43:48	1:45:43	4:58
415	1650	Dörner, Carsten	74		LC 70	M30	23	439	3:29:38	3:29:51	1:35:48	1:53:50	4:58
416	2014	Müller, Christian	68		CVJM Iserlohn	M40	111	440	3:29:43	3:30:03	1:40:12	1:49:31	4:58
417	527	Langzauner, Dietmar	64		FFO-Köln	M40	112	442	3:29:44	3:30:17	1:39:57	1:49:47	4:58
417	935	Schmidtman, Ralf	60		*Bochum	M45	108	441	3:29:44	3:30:09	1:43:32	1:46:12	4:58
419	1876	Hülsmann, Olaf	72		*Hilden	M35	80	443	3:29:44	3:30:08	1:44:07	1:45:37	4:58
420	1373	Claas, Dr. Ralf	70		restless legs	M35	81	444	3:29:47	3:31:01	1:40:58	1:48:48	4:58
421	1021	Lüders, Rainer	67		TSV Viktoria Linden	M40	113	445	3:29:49	3:29:59	1:43:16	1:46:33	4:58
422	1702	Heinemann, Jörg	62		*Mülheim	M45	109	446	3:29:50	3:30:04	1:38:06	1:51:43	4:58
423	542	Deja, Marco	60		*Mannheim	M45	110	447	3:29:51	3:30:21	1:43:56	1:45:54	4:58
424	1768	Fleischer, Dietmar	67		*Essen	M40	114	448	3:29:55	3:29:59	1:41:41	1:48:14	4:58
425	637	Schneider, Peter	65		*Korschenbroich	M40	115	449	3:29:55	3:30:18	1:40:58	1:48:56	4:59
426	331	Schulz, Sven	78		LC Duisburg	M30	24	450	3:29:59	3:30:22	1:44:38	1:45:21	4:59



Gesamtliste

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Männer

Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
427	1828	Lösing, Martin	58		*Velbert	M50	48	451	3:30:07	3:30:37	1:44:32	1:45:35	4:59
428	1247	Schwerbrock, Roland	63		RWE Transportnetz Gas	M45	111	452	3:30:10	3:30:40	1:44:37	1:45:32	4:59
429	1530	Wischnewski, Rudolf	56		EVONIK	M50	49	453	3:30:13	3:30:47	1:43:14	1:46:58	4:59
430	2006	Otto, Niels	70		*Ladbergen	M35	82	455	3:30:17	3:30:24	1:34:41	1:55:35	4:59
431	461	Weil, Karl-heinz	44		SV 1899 Staufenberg	M60	5	456	3:30:24	3:30:43	1:40:26	1:49:57	4:59
432	498	Sturm, Martin	66		*Grevenbroich	M40	116	457	3:30:27	3:30:48	1:45:09	1:45:18	4:59
433	1547	Schierbaum, Jörg	66		BEB Stahl Bochum	M40	117	458	3:30:29	3:30:40	1:36:43	1:53:46	4:59
434	1760	Poloschek, Manfred	80		Marathon-Club Menden	M20	25	459	3:30:36	3:31:08	1:42:36	1:48:00	4:59
435	1235	Heinrichs, Udo	73		Die Hard	M35	83	460	3:30:42	3:31:09	1:43:23	1:47:19	5:00
436	1651	Priemer, Prof. Burkhard	68		*Essen	M40	118	461	3:30:47	3:31:05	1:38:57	1:51:50	5:00
437	1055	Fischer, Ralf	62		TuS Bothel	M45	112	462	3:30:57	3:31:23	1:41:16	1:49:40	5:00
438	460	Hermes, Peter	58		Tri - 4- Fun SVKT	M50	50	463	3:31:15	3:31:48	1:43:53	1:47:22	5:00
439	1359	Schuck, Christof	70		*Dortmund	M35	84	464	3:31:16	3:31:28	1:40:08	1:51:08	5:00
440	797	Bauer, Friedrich	63		TSG Wildemann	M45	113	465	3:31:17	3:32:09	1:45:38	1:45:39	5:00
441	1658	Allwermann, Bernd	61		Team Essen 99	M45	114	466	3:31:35	3:31:49	1:35:52	1:55:43	5:01
442	1070	Wilde, Klaus	58		Stadtspark Hamburg	M50	51	467	3:31:35	3:31:52	1:42:22	1:49:13	5:01
443	2058	Loosen, Peter	66		*Köln	M40	119	468	3:31:40	3:31:55	1:40:06	1:51:34	5:01
444	1020	Roehle, Wolfgang	66		*Wuppertal	M40	120	469	3:31:41	3:32:05	1:44:51	1:46:49	5:01
445	1371	Fiedler, Michael	63		*Voerde	M45	115	470	3:31:41	3:32:11	1:41:58	1:49:42	5:01
446	891	Ohlenbusch, Dirk	62		OT Bremen	M45	116	472	3:31:42	3:32:02	1:44:01	1:47:41	5:01
447	393	Schmitz, Christoph	64		TV Hösel	M40	121	473	3:31:43	3:31:56	1:44:57	1:46:45	5:01
448	958	Tröger, Jörg	78		OplInfoBtl 950	M30	25	474	3:31:47	3:32:15	1:44:35	1:47:12	5:01
449	1666	Becker, Arno	68		*Dortmund	M40	122	475	3:31:47	3:32:18	1:43:13	1:48:34	5:01
450	767	Möllenhoff, Klaus	83		LT Wischlingen Dortmund	M20	26	476	3:31:58	3:32:17	1:44:34	1:47:24	5:01
451	778	Nemeth, Dr. Reinhard	59	AUT	*Düsseldorf	M45	117	477	3:32:12	3:32:29	1:42:38	1:49:34	5:02
452	1014	Diedrich, Mike	70		City Fitness Essen	M35	85	478	3:32:14	3:32:37	1:44:42	1:47:31	5:02
453	1415	Kimmelman, Roland	75		IT-On.NET Racers	M30	26	479	3:32:16	3:33:27	1:41:02	1:51:14	5:02
454	402	Schulte, Andreas	60		*Bielefeld	M45	118	480	3:32:17	3:32:25	1:39:44	1:52:33	5:02
455	695	Feichtinger, Axel	67		*Duisburg	M40	123	481	3:32:32	3:32:51	1:41:23	1:51:09	5:02
456	1093	Kowalczyk, Bastian	83		*Aachen	M20	27	482	3:32:42	3:33:11	1:50:47	1:41:55	5:02
457	1678	Gellings, Jürgen	62		SV-Viktoria Winnekendonk	M45	119	483	3:32:50	3:33:14	1:44:38	1:48:12	5:03
458	763	Krause, Andreas	73		TRC Essen 84	M35	86	484	3:32:50	3:33:14	1:43:30	1:49:20	5:03
459	1333	Kretschmer, Heiner	67		LT Union Wessum	M40	124	485	3:33:02	3:33:37	1:44:43	1:48:19	5:03
460	1066	Werner, Karsten	64		*Witten	M40	125	487	3:33:12	3:33:28	1:41:58	1:51:14	5:03
461	2315	Boenig, Jörg	72		SV Teckelhausen	M35	87	488	3:33:15	3:33:31	1:35:52	1:57:22	5:03
462	1169	Kessler, Martin	63		LT Freigericht	M45	120	489	3:33:21	3:34:26	1:45:34	1:47:46	5:03
463	1048	Glabian, Thorsten	69		*Gelsenkirchen	M35	88	490	3:33:21	3:33:56	1:47:34	1:45:47	5:03
464	1135	Barfeld, Peter	55		*Düsseldorf	M50	52	493	3:33:32	3:33:56	1:44:42	1:48:50	5:04
465	1742	Kniesburgese, Burkhard	60		*Gütersloh	M45	121	494	3:33:35	3:33:54	1:44:40	1:48:54	5:04
466	1751	Niehaus, Dr. Hermann-Josef	53		VfR Voxtrup	M55	21	495	3:33:37	3:34:15	1:44:51	1:48:46	5:04
467	1728	Bolz, Uwe	54		VFR Voxtrup	M50	53	496	3:33:38	3:34:15	1:44:52	1:48:46	5:04
468	2038	Schmadalla, Thomas	62		Schwerkranke KinderEV	M45	122	499	3:33:51	3:34:54	1:47:39	1:46:11	5:04
469	1221	Kluger, Artur	73		*Wuppertal	M35	89	500	3:33:53	3:34:50	1:44:12	1:49:41	5:04
470	1935	Schwieder, Detlev	65		LT TBH Düsseldorf Hassels	M40	126	501	3:33:54	3:34:13	1:40:49	1:53:05	5:04
471	1839	Menge, Michael	55		SV Horst 19	M50	54	502	3:34:02	3:34:34	1:46:21	1:47:41	5:04
472	987	Grabellus, Dr. Florian	69		*Essen	M35	90	503	3:34:04	3:34:41	1:44:53	1:49:11	5:04
473	563	Störmer, Manfred	65		*Schwerte	M40	127	504	3:34:07	3:34:28	1:43:38	1:50:29	5:04
474	1833	Ackermann, Ingolf	46		LG Ems Warendorf	M60	6	505	3:34:15	3:34:36	1:41:19	1:52:55	5:05
475	1318	Lange, Bodo	41		SV Beeckenwerth	M65	1	506	3:34:16	3:34:40	1:44:38	1:49:37	5:05
476	1425	Böhm, Hans-peter	61		EVONIK	M45	123	507	3:34:17	3:34:32	1:41:43	1:52:34	5:05
477	724	Eymael, Paul	60	NLD	Achilles Top Kerkrade	M45	124	508	3:34:20	3:34:50	1:44:21	1:49:59	5:05
478	1450	Guernndt, Horst	64		EVONIK	M40	128	509	3:34:25	3:34:58	1:44:47	1:49:38	5:05
479	968	Braun, Bobby	55		Marathon-Club Eschweiler	M50	55	511	3:34:35	3:35:06	1:44:30	1:50:05	5:05
480	1475	Lauer, Thomas	69		EVONIK	M35	91	512	3:34:38	3:35:54	1:46:10	1:48:28	5:05
481	1827	Hamsch, Ben	79		*Bochum	M20	28	513	3:34:40	3:34:55	1:41:36	1:53:03	5:05
482	1381	Franzen, Michael	59		*Voerde	M45	125	514	3:34:44	3:35:14	1:41:58	1:52:46	5:05
483	1360	Olejniczak, Stefan	54		VDO Dortmund	M50	56	515	3:34:45	3:35:22	1:44:43	1:50:01	5:05
484	624	Meijer, Hans	58	NLD	Achilles Top Kerkrade	M50	57	516	3:34:45	3:34:59	1:42:40	1:52:05	5:05
485	1655	Schäfer, Willi	61		Neuenrade	M45	126	517	3:34:51	3:35:21	1:44:32	1:50:19	5:06
486	680	Beier, Ralf	63		DJK Novesia Neuss	M45	127	518	3:34:54	3:35:26	1:44:31	1:50:22	5:06
487	785	Breuckmann, Jörg	67		Team Giorgio Bamebepo	M40	129	519	3:35:06	3:35:37	1:43:20	1:51:46	5:06
488	806	Abraham, Sascha	77		Team Giorgio Bamebepo	M30	27	520	3:35:06	3:35:37	1:43:12	1:51:54	5:06
489	1272	von den Steinen, Roger	58		*Duesseldorf	M50	58	521	3:35:07	3:35:15	1:29:45	2:05:22	5:06
490	1088	Kannegießer, Lutz	55		TV Werne 03	M50	59	523	3:35:31	3:35:53	1:44:21	1:51:09	5:06
491	1706	Mallek, Christoph	65		RSV Düsseldorf-Rath	M40	130	525	3:35:53	3:36:28	1:43:35	1:52:18	5:07
492	2019	Steen, Hans-albert	38		LC Paderborn	M70	1	527	3:36:02	3:36:11	1:45:31	1:50:30	5:07
493	1941	Bruno, Franco	72	ITA	*Münster	M35	92	528	3:36:02	3:36:40	1:46:35	1:49:26	5:07
494	1588	Thole, Jürgen	57		Bippener SC	M50	60	529	3:36:06	3:36:49	1:47:15	1:48:51	5:07
495	1541	Sprick, Wilhelm	42		VfL Oldenburg	M65	2	530	3:36:10	3:36:34	1:45:37	1:50:32	5:07
496	1789	Wessel, Bernd	56		LG Nienburg	M50	61	531	3:36:16	3:36:32	1:46:52	1:49:24	5:08
497	1392	Körner, Bernd	59		*Erkrath	M45	128	532	3:36:19	3:36:42	1:40:21	1:55:58	5:08



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Männer

Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
498	1168	Steffenfauseweh, Harald	71		Westf.Neukenkirchen	M35	93	534	3:36:25	3:36:38	1:38:07	1:58:18	5:08
499	1813	Neuheuser, Markus	67		EVONIK	M40	131	535	3:36:27	3:37:03	1:44:20	1:52:07	5:08
500	1570	Steinhoff, Karlheinz	63		EVONIK	M45	129	536	3:36:30	3:36:55	1:44:39	1:51:51	5:08
501	983	Wagner, Dr. Janning	75		*Lüneburg	M30	28	538	3:36:48	3:37:13	1:40:38	1:56:09	5:08
502	1539	Graff, Michael	64		TV Gronau	M40	132	539	3:36:50	3:37:22	1:46:33	1:50:16	5:08
503	1033	Busemann, Michael	65		Team ERDINGER Alkoholfrei	M40	133	540	3:36:54	3:37:28	1:48:45	1:48:08	5:08
504	602	Mathey, Jörg	66		BSG DKV	M40	134	541	3:36:57	3:37:18	1:44:40	1:52:17	5:09
505	1403	Müller, Peter	61		TV Sankt-Hubert	M45	130	542	3:36:57	3:37:25	1:43:57	1:52:59	5:09
506	1804	Ritter, Roland	60		TuS Uentrup	M45	131	543	3:37:02	3:37:37	1:44:29	1:52:32	5:09
507	2040	Wahl, Thomas	68		*Duisburg	M40	135	544	3:37:07	3:37:41	1:38:52	1:58:14	5:09
508	599	Klein, Karl-otto	53		TSV Plön	M55	22	545	3:37:09	3:37:25	1:38:56	1:58:13	5:09
509	681	Gickhorn, Ivo	66		FC Altena 69	M40	136	546	3:37:12	3:37:32	1:42:23	1:54:49	5:09
510	1228	Kolb, Dr. Stefan	68		*Dortmund	M40	137	547	3:37:25	3:37:51	1:44:38	1:52:47	5:09
511	1115	Lander, Wolfgang	51		Lauffreunde Sylt08	M55	23	548	3:37:28	3:38:11	1:48:26	1:49:01	5:09
512	1899	Koczur, Wolfgang	50		*Duisburg	M55	24	549	3:37:32	3:38:01	1:44:37	1:52:54	5:09
513	1944	Heise, Ulrich	38		DJK Elmar Kohlscheid	M70	2	550	3:37:32	3:37:37	1:42:59	1:54:33	5:09
514	1779	Buß, Ludwig	66		Bit-Club	M40	138	551	3:37:33	3:37:55	1:42:34	1:54:59	5:09
515	1113	Schäpers, Stefan	64		*Bocholt	M40	139	552	3:37:34	3:37:55	1:42:06	1:55:27	5:09
516	1123	Gajsar, Carsten	71	ATA	VfL Gladbeck Fun Runner	M35	94	553	3:37:35	3:38:04	1:44:58	1:52:36	5:09
517	1357	Krzizek, Raphael	80		Autohaus Boden	M20	29	554	3:37:40	3:38:15	1:44:29	1:53:11	5:10
518	640	Pasic, Martin	60		LT BSG Grohe	M45	132	555	3:37:42	3:38:12	1:41:40	1:56:01	5:10
519	486	Kotman, Gerhard	56		Lauffreunde Emsland	M50	62	556	3:37:47	3:38:30	1:44:19	1:53:27	5:10
520	1701	Sagurna, Rainer	61		MTG Horst Essen	M45	133	557	3:37:47	3:38:33	1:48:31	1:49:15	5:10
521	1341	Damm, Helmut	65		Just 4 Fun Dinslaken	M40	140	558	3:37:56	3:38:19	1:44:03	1:53:53	5:10
522	999	Hübner, Michael	67		Hobbyjogger Lünen	M40	141	559	3:38:04	3:38:39	1:45:02	1:53:02	5:10
523	1635	Zappe, Reinhard	52		Marathon-Club Menden	M55	25	560	3:38:11	3:38:34	1:44:36	1:53:35	5:10
524	1838	Meier, Thorsten	73		*Herne	M35	95	561	3:38:12	3:38:47	1:52:30	1:45:42	5:10
525	1787	Borchert, Alexander	68		*Duisburg	M40	142	562	3:38:15	3:38:55	1:48:38	1:49:37	5:10
526	1147	Stroh, Thomas	63		DJK Freigericht	M45	134	563	3:38:18	3:39:23	1:52:03	1:46:14	5:10
527	464	Helmert, Michael	66		DJK Marienstatt	M40	143	564	3:38:19	3:38:45	1:44:58	1:53:21	5:10
528	1762	Klein, Ernst	62		TV Attendorf Tri-Time	M45	135	566	3:38:25	3:39:02	1:44:11	1:54:13	5:11
529	1018	Pataridis, Anestis	71	GRC	*Herne	M35	96	567	3:38:41	3:41:59	1:39:52	1:58:48	5:11
530	644	Nübel, Patrick	75		Lauffreunde Kenia Bochum	M30	29	568	3:38:42	3:39:09	1:44:40	1:54:02	5:11
531	685	Schroeder, Dr. Peter	65		SV Siemens Mülheim	M40	144	569	3:38:47	3:39:18	1:43:47	1:55:00	5:11
532	1505	Rudnik, Christian	63		EVONIK	M45	136	570	3:38:54	3:39:22	1:44:22	1:54:31	5:11
533	1528	Wentz, Jürgen	63		EVONIK	M45	137	571	3:39:00	3:39:28	1:43:34	1:55:26	5:11
534	1885	Hücking, David	72		*Duisburg	M35	97	572	3:39:03	3:39:42	1:48:38	1:50:24	5:11
535	2016	Goldkuhle, Werner	60		LG Voldampf Clarholz	M45	138	573	3:39:07	3:39:58	1:44:39	1:54:28	5:12
536	1196	Knöpfel, Martin	63		MTG Horst Essen	M45	139	575	3:39:08	3:39:53	1:48:32	1:50:36	5:12
536	657	Stöckmann, Alfons	55		LG Hünxe	M50	63	574	3:39:08	3:39:35	1:44:55	1:54:12	5:12
538	950	Birkendorf, Klaus	71		Tri-Geckos Dortmund	M35	98	576	3:39:08	3:39:33	1:47:55	1:51:12	5:12
539	1361	Unruh, Artem	82		*Salzkotten	M20	30	577	3:39:11	3:39:26	1:35:55	2:03:16	5:12
540	474	Bensmann, Ansgar	63		TV Georgsmarienhütte	M45	140	578	3:39:14	3:39:45	1:44:27	1:54:46	5:12
541	1367	Berg, Andreas	76		Bundeswehr	M30	30	579	3:39:14	3:39:37	1:43:06	1:56:08	5:12
542	1483	Meyer, Paul	59		EVONIK	M45	141	580	3:39:18	3:40:20	1:50:14	1:49:03	5:12
543	1050	Drescher, Hans	58		Solinger LC	M50	64	581	3:39:19	3:39:52	1:42:02	1:57:17	5:12
544	1178	Willamowski, Arnd	68		*Bochum	M40	145	582	3:39:20	3:39:51	1:44:39	1:54:40	5:12
545	1877	Graef, Horst	38		SG Neukirchen-Hülchrath	M70	3	583	3:39:21	3:39:56	1:48:10	1:51:11	5:12
546	1122	Schwentker, Thomas	66		*Herten	M40	146	584	3:39:25	3:39:46	1:43:08	1:56:17	5:12
547	524	Kloß, Oliver	86		*Velbert	M20	31	585	3:39:34	3:40:21	1:50:59	1:48:35	5:12
548	1301	Westig, Holger	73		*Menden	M35	99	586	3:39:43	3:40:20	1:45:17	1:54:26	5:12
549	1304	Tautz, André	90		TUS Sundern	MJG	2	587	3:39:46	3:40:07	1:44:00	1:55:46	5:13
550	1538	Fischedick, Thomas	68		TSV Raesfeld	M40	147	588	3:39:48	3:39:59	1:40:24	1:59:23	5:13
550	1572	Schwane, Konrad	63		TSV Raesfeld	M45	142	589	3:39:48	3:39:59	1:40:24	1:59:23	5:13
552	1727	Schichler, Michael	75		Merkstein	M30	31	590	3:39:59	3:40:47	1:47:27	1:52:32	5:13
553	1309	Kappler, Thomas	70		Tom-läuft.de	M35	100	591	3:40:00	3:40:41	2:00:38	1:39:22	5:13
554	1562	Schnell, Günther	68		*Mülheim	M40	148	592	3:40:01	3:40:44	1:51:05	1:48:55	5:13
555	1799	Sweers, Siegfried	55		Emdor LG	M50	65	593	3:40:01	3:40:44	1:49:36	1:50:25	5:13
556	1219	Maschwitz, Jürgen	64		*wuppertal	M40	149	594	3:40:02	3:41:14	1:50:33	1:49:29	5:13
557	1749	Samlowski, Dennis	84		*Essen	M20	32	595	3:40:03	3:40:14	1:41:34	1:58:29	5:13
558	1571	Skrandies, Wolfgang	52		*Giessen	M55	26	596	3:40:04	3:40:34	1:46:57	1:53:06	5:13
559	1212	Slaby, Dr. Emanuel	73		*Lippstadt	M35	101	597	3:40:07	3:40:28	1:41:49	1:58:18	5:13
560	941	Schoofs, Tobias	77		ART Düsseldorf	M30	32	598	3:40:09	3:40:22	1:36:00	2:04:08	5:13
561	1097	Wehner, Markus	69		*Korschenbroich	M35	102	599	3:40:13	3:40:56	1:49:09	1:51:03	5:13
562	1218	Renner, Christian	77		ART Düsseldorf	M30	33	600	3:40:14	3:40:42	1:43:43	1:56:30	5:13
563	1236	Beckmann, Dennis	77		*Münster	M30	34	601	3:40:18	3:41:05	1:52:21	1:47:57	5:13
564	1253	Leuschner, Carsten	72		LF Ehberg 02	M35	103	602	3:40:28	3:40:49	1:48:52	1:51:36	5:14
565	1368	Hengstermann, Christoph	59		LT SV Haldern	M45	143	603	3:40:30	3:41:21	1:49:26	1:51:04	5:14
566	2067	Müller, Ralph	63		LT Düsseldorf-Süd	M45	144	604	3:40:32	3:40:48	1:38:36	2:01:55	5:14
567	1620	Lamers, Marcel	66		*Bad Salzdetfurth	M40	150	605	3:40:36	3:41:11	1:44:30	1:56:05	5:14
568	1673	Boerenkamp, Rainer	60		*Nettetal	M45	145	606	3:40:36	3:41:16	1:48:01	1:52:35	5:14

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Männer

Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
569	1423	Binnenbruck, Henning	68		EVONIK	M40	151	607	3:40:42	3:41:19	1:51:26	1:49:16	5:14
570	1710	Scheitza, Falko	61		DJK Preussen 1911 Bochum	M45	146	608	3:40:54	3:41:20	1:44:47	1:56:07	5:14
571	1623	Genender, Hans-Wilhelm	64		LT Issum TurboSchnecken	M40	152	609	3:40:57	3:41:41	1:48:56	1:52:00	5:14
572	864	Lingnau, Georg	59		*Essen	M45	147	611	3:40:59	3:41:30	1:44:40	1:56:18	5:14
573	2062	Opl, Manfred	57		LG Vellmar	M50	66	612	3:41:03	3:41:21	1:37:29	2:03:34	5:14
574	1939	Willmann, Dr. Peter	57		OT Bremen	M50	67	613	3:41:04	3:41:41	1:44:54	1:56:10	5:14
575	1362	Gromzig, Dr. Werner	57		Hart am Limit	M50	68	614	3:41:07	3:41:53	1:52:17	1:48:50	5:14
576	1977	Ortwerth, Josef	51		SC Altenrheine	M55	27	615	3:41:08	3:41:23	1:38:08	2:02:59	5:14
577	1160	Ruff, Stephen	68	GBR	*Leichlingen	M40	153	616	3:41:18	3:41:49	1:44:28	1:56:50	5:15
578	1401	Hesselkamp, Ulrich	62		Meerwiesel	M45	148	617	3:41:22	3:42:10	1:51:21	1:50:00	5:15
579	497	Kelter, Bernd	58		SV Blau Gelb Dernau	M50	69	618	3:41:22	3:42:03	1:46:28	1:54:54	5:15
580	1601	Becker, Tilo	76		Iserlohner Tri Team	M30	35	619	3:41:23	3:41:36	1:38:46	2:02:36	5:15
581	492	Voet, Gerald	59		Nordhomer Lauftreff	M45	149	621	3:41:29	3:41:54	1:45:01	1:56:27	5:15
582	1480	Meier, Ralf	71		EVONIK	M35	104	622	3:41:30	3:42:39	1:52:04	1:49:26	5:15
583	1481	Meier, Stefan	72		EVONIK	M35	105	623	3:41:31	3:42:10	1:44:28	1:57:02	5:15
584	2494	Grimm, Sven	68		*Hamburg	M40	154	624	3:41:37	3:42:14	1:49:17	1:52:20	5:15
585	1605	Busch, Thomas	72		*krefeld	M35	106	625	3:41:53	3:42:35	1:53:46	1:48:07	5:16
586	718	Sprenger, Dieter	55		*Essen	M50	70	626	3:41:54	3:42:22	1:44:58	1:56:55	5:16
587	2039	Broux, Jörg	66		*Köln	M40	155	627	3:41:58	3:42:43	1:48:57	1:53:00	5:16
588	1776	Hahn, Dieter	70		Laufteam Wolfhagen	M35	107	628	3:42:09	3:42:34	1:44:33	1:57:35	5:16
589	1377	Höber, Volker	62		LT Wischlingen Dortmund	M45	150	629	3:42:09	3:42:35	1:44:39	1:57:30	5:16
590	1648	Weier, Ralf	63		TV Uftort-Eick	M45	151	630	3:42:16	3:42:46	1:44:28	1:57:48	5:16
591	1672	Thurner, Bastian	77		*Dortmund	M30	36	632	3:42:21	3:43:10	1:47:38	1:54:43	5:16
592	656	Klingner, Christian	79		Dorfjungs Methler	M20	33	633	3:42:25	3:42:54	1:49:29	1:52:55	5:16
593	1722	Manz-bothe, Achim	57		Hobbyläufer	M50	71	634	3:42:39	3:43:04	1:47:30	1:55:09	5:17
594	1295	Schultheis, Thomas	71		DJK Elmar Kohlscheid	M35	108	635	3:42:44	3:43:26	1:51:20	1:51:24	5:17
595	1556	Trebes, Karl	54		Gerscheder SV Essen	M50	72	636	3:42:48	3:43:03	1:39:47	2:03:01	5:17
596	1557	Scholl, Franz	56		Gerscheder SV Essen	M50	73	637	3:42:50	3:43:03	1:45:24	1:57:26	5:17
597	1026	Altmann, Thomas	58		*Essen	M50	74	639	3:42:53	3:43:57	1:56:30	1:46:22	5:17
598	2003	Eidmann, Volker	60		Tusem Essen	M45	152	640	3:42:55	3:43:20	1:43:29	1:59:25	5:17
599	367	Lipinski, Karsten	73		*Erkrath	M35	109	641	3:42:56	3:43:22	1:50:17	1:52:39	5:17
600	933	Kreis, Manfred	58		SG NNVVAG MG	M50	75	643	3:43:03	3:43:49	1:44:27	1:58:36	5:17
601	1210	Große-geldermann, Jan	80		*Dorsten	M20	34	644	3:43:04	3:43:45	1:49:08	1:53:56	5:17
602	342	Behroz, A. wahied	55		BSG Team EVAG	M50	76	645	3:43:06	3:43:44	1:48:53	1:54:12	5:17
603	824	Schott, Martin	64		LC Duisburg	M40	156	646	3:43:10	3:43:50	1:50:49	1:52:20	5:17
604	1303	Seidel, Stephan	86		*Hannover	M20	35	647	3:43:15	3:43:56	1:51:10	1:52:05	5:17
605	1992	Engbert, Daniel	68		*Marienfeld	M40	157	648	3:43:20	3:44:01	1:51:02	1:52:18	5:18
606	1922	Schürmann, Jörg	67		*Iserlohn	M40	158	649	3:43:21	3:43:53	1:44:30	1:58:50	5:18
607	1151	Keßler, Sebastian	77		BSG WAZ Essen	M30	37	650	3:43:22	3:43:50	1:40:54	2:02:28	5:18
608	382	Weber, Frank	71		Ayyo-Team Essen	M35	110	651	3:43:26	3:43:57	1:44:30	1:58:56	5:18
609	1223	Matz, Andreas	71		MTG Horst Essen	M35	111	652	3:43:28	3:44:13	1:48:33	1:54:55	5:18
610	1222	Leutner, Joachim	68		*Meckenheim	M40	159	653	3:43:29	3:44:07	1:47:06	1:56:22	5:18
611	1084	Schreiber, Axel	65		*Herne	M40	160	654	3:43:32	3:44:08	1:44:31	1:59:00	5:18
612	1946	Hausmann, Peter	66		LC Duisburg	M40	161	656	3:43:34	3:44:13	1:50:53	1:52:41	5:18
613	701	Höver, Rene	71		Rheinpiraten Bonn	M35	112	658	3:43:41	3:44:42	1:52:05	1:51:35	5:18
614	1825	Popcki, Harald	62		LC Solbad Ravensberg	M45	153	659	3:43:41	3:44:05	1:44:38	1:59:03	5:18
615	1092	Giese, Jakob	85		*Gehlert	M20	36	660	3:43:43	3:44:12	1:52:53	1:50:50	5:18
616	1347	Vynogradov, Andreas	76		SV Kutenhausen Todt.	M30	38	661	3:43:44	3:44:16	1:43:53	1:59:51	5:18
617	1118	Spies, Rouven	76		Lauffreunde Sylt08	M30	39	662	3:43:47	3:44:30	1:52:25	1:51:22	5:18
618	966	Arenz, Dirk	74		OplInfoBtl 950	M30	40	663	3:43:50	3:44:54	1:52:01	1:51:48	5:18
619	1747	Kempin, Andreas	89		Mönchengladbacher LG	MJG	3	666	3:44:03	3:44:20	1:41:03	2:02:59	5:19
620	1947	Schmitz, Bernd	62		*Essen	M45	154	667	3:44:04	3:44:31	1:51:18	1:52:46	5:19
621	456	Willmann, Raimund	65		*Flein	M40	162	669	3:44:04	3:44:53	1:52:20	1:51:43	5:19
622	1296	Wieker, Dimitri	76		LT Haumannplatz	M30	41	670	3:44:06	3:44:30	1:42:58	2:01:07	5:19
623	1019	Konopka, Klaus	55		*Schermsbeck	M50	77	671	3:44:11	3:44:52	1:52:28	1:51:42	5:19
624	693	Ferguson, Zbigniew	64		*Duisburg	M40	163	673	3:44:13	3:45:07	1:57:04	1:47:08	5:19
625	905	Zimmermann, Tino	68		*Duisburg	M40	164	674	3:44:14	3:44:58	1:49:05	1:55:09	5:19
626	2495	Dralmeyer, Hans - jürgen	43		*Köln	M65	3	675	3:44:16	3:45:01	1:52:28	1:51:47	5:19
627	1083	Prang, Matthias	73		*Holzwickede	M35	113	676	3:44:16	3:44:50	1:49:12	1:55:04	5:19
628	2009	Jasch, Ingolf	46		*Solingen	M60	7	677	3:44:18	3:44:45	1:44:25	1:59:52	5:19
629	1665	Pingel, Gregor	49		*Alfter	M55	28	678	3:44:19	3:45:02	1:51:09	1:53:10	5:19
630	1584	Kleimann, Wolfgang	49		Zatopek lebt	M55	29	679	3:44:20	3:45:02	1:51:16	1:53:04	5:19
631	345	Ludden, Peter	62		Gerscheder SV Essen	M45	155	680	3:44:25	3:45:03	1:52:28	1:51:56	5:19
632	495	Günzel, Klaus	62		TSVE 1890 Bielefeld	M45	156	681	3:44:25	3:44:57	1:47:02	1:57:22	5:19
633	1207	Wesseler, Hartmut	63		SC Melle 03	M45	157	682	3:44:27	3:44:48	1:46:51	1:57:36	5:19
634	403	Schumacher, Ulrich	61		Freiräume Eckardsheim	M45	158	683	3:44:34	3:44:39	1:30:05	2:14:28	5:19
635	555	Grimberg, Marc	71		*Velbert	M35	114	684	3:44:35	3:45:09	1:46:29	1:58:06	5:19
636	646	Nicklaus, Ulrich	56		KLB2000	M50	78	685	3:44:42	3:45:30	1:52:27	1:52:15	5:20
637	309	Hendrickx, Eric	71		VMOL	M35	115	686	3:44:46	3:44:57	1:33:23	2:11:22	5:20
638	1775	Klink, Werner	61		Feuerwehr Gütersloh	M45	159	688	3:44:51	3:45:32	1:52:25	1:52:26	5:20
639	825	Winkelhoefer, Werner	50		*Mönchengladbach	M55	30	689	3:44:54	3:45:48	1:52:16	1:52:37	5:20



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Männer

Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
640	762	Möllers, Aloys	63		TV Vreden	M45	160	690	3:44:54	3:45:40	1:48:32	1:56:22	5:20
641	352	Quast, Thomas	62		Blau-Weiß Bochum	M45	161	691	3:44:59	3:45:30	1:44:55	2:00:04	5:20
642	1553	Janyga, Jürgen	70		BP GE-Running Team	M35	116	692	3:45:01	3:45:27	1:44:40	2:00:20	5:20
643	964	Poltronieri, Sandro	69		*Aachen	M35	117	693	3:45:06	3:46:09	1:52:11	1:52:55	5:20
644	996	Bösche, Roland	71		*Düsseldorf	M35	118	695	3:45:09	3:45:45	1:46:12	1:58:56	5:20
645	1545	Sendermann, Wolfgang	45		ASV-LT Kemperdick	M60	8	696	3:45:11	3:45:48	1:47:16	1:57:54	5:20
646	1957	Ackermann, Detlev	70		*Köln	M35	119	697	3:45:12	3:45:14	1:43:55	2:01:17	5:20
647	1150	Dumke, Holger	74		BSG WAZ Essen	M30	42	698	3:45:15	3:45:43	1:44:32	2:00:43	5:20
648	1800	Püster, Friedhelm	48		Currimus	M60	9	699	3:45:23	3:45:50	1:49:16	1:56:06	5:21
649	1627	Behrendt, Siegmund	63		Renntiere Marl	M45	162	700	3:45:23	3:46:20	1:52:23	1:53:00	5:21
650	740	Boetzel, Wolfgang	64		LDT Bochum	M40	165	701	3:45:24	3:45:51	1:44:42	2:00:41	5:21
651	1870	Ley, Christoph	79		*Essen	M20	37	703	3:45:28	3:46:29	1:50:48	1:54:39	5:21
652	1363	Mohnberg, Hans-peter	47		DUV	M60	10	704	3:45:29	3:45:55	1:46:00	1:59:28	5:21
653	352	Kraetzig, Ernst	44		TV Herbeck	M60	11	705	3:45:31	3:46:26	1:52:13	1:53:17	5:21
654	369	Blume, Michael	73		LT Rennhamster	M35	120	707	3:45:33	3:46:24	1:54:46	1:50:47	5:21
655	633	Hempleman, Jochen	80		NSAV 't Haasje	M20	38	708	3:45:34	3:46:06	1:44:31	2:01:02	5:21
656	1106	Reinders, Detlef	64		BADMEN Bocholt	M40	166	709	3:45:43	3:46:05	1:43:21	2:02:22	5:21
657	1489	Nawrath, Uwe	59		EVONIK	M45	163	710	3:45:45	3:46:24	1:50:48	1:54:56	5:21
658	1613	Dillenhöfer, Ulrich	62		TSV Kirchlinde	M45	164	711	3:45:48	3:45:55	1:29:40	2:16:07	5:21
659	1675	Kroll, Udet	65		Tus Herscheid	M40	167	712	3:45:50	3:46:34	1:52:07	1:53:43	5:21
660	1278	Wulle, Sven	79		*Gütersloh	M20	39	713	3:45:52	3:46:46	1:54:08	1:51:43	5:21
661	650	Ultee, Gordon	78		*Siegen	M30	43	714	3:45:52	3:46:49	1:53:33	1:52:19	5:21
662	814	Glomp, Günter	61		Sparkasse Dortmund	M45	165	715	3:45:55	3:46:42	1:52:25	1:53:30	5:21
663	1442	Fitzlaff, Andreas	62		EVONIK	M45	166	716	3:46:05	3:46:41	1:48:26	1:57:39	5:21
664	942	Bosmanns-Grigoleit, Thomas	67		BSG Team EVAG	M40	168	717	3:46:17	3:46:42	1:44:34	2:01:42	5:22
665	688	Paßerschroer, Herbert	55		TC Grün-Weiß Rhede	M50	79	718	3:46:30	3:47:23	1:51:04	1:55:25	5:22
666	1140	Wnendt, Stephan	62		DLC Aachen	M45	167	719	3:46:35	3:47:14	1:48:01	1:58:34	5:22
667	1581	Lewandowska, Hilmar	65		FC Brünninghausen	M40	169	720	3:46:37	3:47:08	1:44:35	2:02:01	5:22
668	1355	Rückmann, Alfred	59		Autohaus Boden	M45	168	721	3:46:44	3:47:27	1:52:22	1:54:21	5:22
669	344	Gökten, Erhan	69		LC Duisburg	M35	121	722	3:46:44	3:47:24	1:52:28	1:54:16	5:22
670	702	Schilke, Norbert	56		MTG Horst Essen	M50	80	723	3:46:47	3:47:32	1:48:31	1:58:15	5:22
671	2313	Messing, Stephan	83		*Paderborn	M20	40	724	3:46:51	3:47:38	1:43:21	2:03:30	5:23
672	689	Tebroke, Paul	63		TV Bocholt	M45	169	725	3:46:52	3:47:46	1:51:04	1:55:47	5:23
673	1493	Oldenbürger, Dietmar	61		EVONIK	M45	170	726	3:46:54	3:47:49	1:50:29	1:56:24	5:23
674	1335	di Maggio, Lorenzo	89		MTG Horst Essen	MJG	4	727	3:46:56	3:47:20	1:44:11	2:02:45	5:23
675	1554	Jungk, Jürgen	55		SV Brackwede	M50	81	728	3:46:57	3:47:42	1:52:23	1:54:34	5:23
676	1653	Adendorff, Jeffrey	68	ZAF	*Essen	M40	170	729	3:47:02	3:47:40	1:44:26	2:02:36	5:23
677	1267	Knaack, Klaus	65		*Bocholt	M40	171	730	3:47:08	3:47:46	1:49:02	1:58:06	5:23
678	1162	Matikas, Akis	63	GRC	*Essen	M45	171	731	3:47:08	3:47:48	1:52:24	1:54:43	5:23
678	325	Weiss, Stefan	71		LC Duisburg	M35	122	732	3:47:08	3:47:49	1:52:27	1:54:41	5:23
680	1592	Perpeet, Dr. Stephan	64		LSF Münster	M40	172	733	3:47:08	3:48:17	1:55:14	1:51:54	5:23
681	427	Daniel, Oliver	67		SV Willich Tri - Team	M40	173	734	3:47:09	3:48:11	1:53:54	1:53:15	5:23
682	1080	Rode, Franz-Josef	65		VFL Ahaus	M40	174	735	3:47:16	3:48:00	1:51:04	1:56:11	5:23
683	1674	Drechsler, Hans-Jürgen	61		LT Bittermark Dortmund	M45	172	736	3:47:18	3:47:53	1:52:35	1:54:42	5:23
684	590	Gebhardt, Jörg	68		Ruhrrunner Essen	M40	175	737	3:47:25	3:48:14	1:50:39	1:56:46	5:23
685	1338	Hansen, Nikolaus	43		LG Kuhlake Berlin	M65	4	738	3:47:25	3:48:13	1:53:03	1:54:22	5:23
686	1254	Weiss, Dr. Thomas	59		SV Blau Weiß Bochum	M45	173	739	3:47:34	3:48:49	1:51:53	1:55:41	5:24
687	611	Tebügge, Bernfried	63		*Südlohn	M45	174	740	3:47:37	3:48:19	1:50:50	1:56:47	5:24
688	863	Waukmann, Karsten	70		*Essen	M35	123	741	3:47:38	3:48:24	1:48:32	1:59:06	5:24
689	805	Brehm, Matthias	65		Team Giorgio Bamebppo	M40	176	742	3:47:41	3:48:12	1:44:52	2:02:48	5:24
690	1609	Senkowski, Helmut	52		*Oer-Erkenschwick	M55	31	745	3:47:44	3:48:33	1:51:51	1:55:52	5:24
691	1271	Sanders, Jürgen	65		backfieldrunners bocholt	M40	177	746	3:47:52	3:48:21	1:43:48	2:04:04	5:24
692	1639	Kuschel, Tom	70		Marathon-Club Menden	M35	124	747	3:47:53	3:48:50	1:54:52	1:53:01	5:24
693	1692	Glienke, Rainer	63		Die Stolperer	M45	175	748	3:47:54	3:48:50	1:52:17	1:55:37	5:24
694	1282	Bobrzik, Dirk	73		Die Stolperer	M35	125	749	3:47:56	3:48:50	1:52:19	1:55:37	5:24
695	1238	Arndt, Manfred	78		SV Spexard	M30	44	750	3:48:01	3:48:42	1:51:44	1:56:17	5:24
696	725	Thome, Meinrad	56		*Bochum	M50	82	751	3:48:04	3:48:49	1:47:26	2:00:37	5:24
697	1399	Pappert, Andreas	66		*Offen	M40	178	752	3:48:06	3:48:39	1:46:45	2:01:20	5:24
698	586	Siltmann, Jürgen	59		LC Solbad Ravensberg	M45	176	753	3:48:08	3:48:44	1:44:45	2:03:23	5:24
699	769	Czarsbon, Dirk	70		*Mülheim	M35	126	754	3:48:15	3:48:50	1:52:15	1:55:59	5:25
700	1971	Klemm, Wilfried	62		TV Gronau	M45	177	755	3:48:20	3:49:29	1:50:34	1:57:45	5:25
701	491	Kaster, Gerhard	58		*Rahden	M50	83	756	3:48:25	3:48:37	1:40:02	2:08:23	5:25
702	1199	Hammerl, Mirco	82		Tri-As Hamm	M20	41	757	3:48:29	3:49:08	1:51:00	1:57:28	5:25
703	1913	Wegener, Andreas	68		LT BSG Grohe	M40	179	758	3:48:29	3:48:59	1:44:42	2:03:46	5:25
704	1286	Schilling, Wolfgang	79		*Bochum	M20	42	759	3:48:30	3:48:34	1:44:44	2:03:46	5:25
705	1756	Wassong, Peter	68		immerrennen by jk-running	M40	180	760	3:48:31	3:49:12	1:53:56	1:54:34	5:25
706	1292	Groove, Willi	60		*Dortmund	M45	178	762	3:48:35	3:49:09	1:48:06	2:00:29	5:25
707	410	Then, Matthias	69		*Hagen	M35	127	764	3:48:40	3:49:27	1:53:04	1:55:36	5:25
708	333	Lütkestratkötter, Herbert	50		*Essen	M55	32	765	3:48:41	3:49:31	1:50:36	1:58:04	5:25
709	348	John, Dennis	82		LG Polizei Altenessen	M20	43	766	3:48:46	3:49:26	1:52:26	1:56:20	5:25
710	1509	Scheuermann, Ralph	72		EVONIK	M35	128	767	3:48:46	3:49:15	1:44:47	2:03:58	5:25



Gesamtliste

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Männer

Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
711	2073	Bäcker, Gerald	78		Tus Sythen	M30	45	768	3:48:46	3:49:33	1:51:00	1:57:46	5:25
712	1156	Hiesgen, Klaus	59		HSP	M45	179	769	3:48:49	3:49:37	1:51:22	1:57:27	5:25
713	1577	Reimer, Thomas	63		*Ahrensburg	M45	180	770	3:48:50	3:49:34	1:52:20	1:56:29	5:25
714	821	Flottau, Dirk	67		*Essen	M40	181	771	3:48:52	3:49:35	1:49:55	1:58:57	5:25
715	716	Storch, Ralf	61		AdeMcPain	M45	181	772	3:48:53	3:49:09	1:43:15	2:05:37	5:25
716	594	Debener, Martin	64		GSV Geldern	M40	182	773	3:48:59	3:49:52	1:53:15	1:55:44	5:26
717	902	Krems, Siegfried	61		*Reichshof	M45	182	774	3:49:00	3:49:44	1:52:25	1:56:34	5:26
718	1317	Menn, Achim	66		*Siegen	M40	183	775	3:49:02	3:49:50	1:52:27	1:56:34	5:26
719	836	Reinhardt, Dr. Jens-peter	67		*Frankfurt	M40	184	776	3:49:05	3:49:47	1:51:02	1:58:03	5:26
720	673	Vogt, Wolfgang	59		Feuerwehr SV Düsseldorf	M45	183	777	3:49:10	3:49:51	1:45:37	2:03:33	5:26
721	1163	Braemer, Patrick	78		TC 1892 Kray	M30	46	778	3:49:22	3:50:11	1:55:27	1:53:54	5:26
722	686	Stepaniak, Andre	74		*Herne	M30	47	779	3:49:26	3:50:08	1:51:16	1:58:10	5:26
723	2363	Becker, Manfred	38		EVONIK	M70	4	780	3:49:26	3:50:20	1:52:36	1:56:50	5:26
724	1472	Kraus, Uwe	65		EVONIK	M40	185	781	3:49:29	3:50:16	1:48:50	2:00:39	5:26
725	1611	Pitsch, Udo	53		TG Viktoria Augsburg	M55	33	782	3:49:33	3:50:21	1:53:56	1:55:37	5:26
726	1998	Schemkes, Frank	60		Tri Finish Münster	M45	184	783	3:49:35	3:50:33	1:55:56	1:53:38	5:26
727	826	Tappe, Dominik	77		*Essen	M30	48	784	3:49:36	3:49:59	1:44:35	2:05:01	5:27
728	1731	Plette, Jochen	61		*Hamburg	M45	185	785	3:49:37	3:50:08	1:47:02	2:02:35	5:27
729	350	Wagner, Michael	57		*Wegberg	M50	84	786	3:49:42	3:50:24	1:52:34	1:57:08	5:27
730	1733	Scharff, Thomas	64		USC Kiel	M40	186	787	3:49:45	3:49:57	1:40:34	2:09:11	5:27
731	1153	Schulte-zweckel, Klaus	61		BSG WAZ Essen	M45	186	788	3:49:47	3:50:36	1:56:41	1:53:06	5:27
732	2065	Rossmanith, Tim	81		1. Tri Club Paderborn	M20	44	790	3:49:48	3:50:06	1:38:43	2:11:05	5:27
733	522	König, Arne	67		SV Hamminkeln	M40	187	791	3:49:49	3:50:41	1:52:17	1:57:32	5:27
734	662	Zmija, Markus	72		*Mülheim	M35	129	792	3:49:51	3:50:36	1:52:20	1:57:31	5:27
735	1111	Eraßmy, Willes	54		Sinzig	M50	85	793	3:49:55	3:50:39	1:52:23	1:57:32	5:27
736	1561	Schürmann, Thomas	63		*Hilden	M45	187	794	3:49:58	3:50:23	1:44:00	2:05:57	5:27
737	676	Lucht, Michael	73		*Rommerskirchen	M35	130	795	3:50:00	3:50:44	1:52:26	1:57:34	5:27
738	1963	Cyrus, Dirk	62		*Bielefeld	M45	188	796	3:50:05	3:50:42	1:52:31	1:57:33	5:27
739	383	Götz, Volker	59		TG Neuss	M45	189	798	3:50:19	3:51:06	1:52:24	1:57:55	5:28
740	1149	Abendroth, Horst	54		BSG WAZ Essen	M50	86	799	3:50:24	3:51:13	1:56:39	1:53:45	5:28
741	1774	Blöming, Dirk	77		*Dortmund	M30	49	800	3:50:25	3:51:18	1:55:23	1:55:01	5:28
742	1880	Steinhauer, Ulrich	53		Turbo-Schnecken Lüdenscheid	M55	34	801	3:50:26	3:50:48	1:41:17	2:09:08	5:28
743	796	Hahn, Rüdiger	59		*Essen	M45	190	802	3:50:27	3:51:06	1:48:38	2:01:49	5:28
744	832	Walter, Michael	67		SV Gladbeck 13	M40	188	803	3:50:31	3:51:15	1:52:25	1:58:06	5:28
745	1305	Pioch, Joachim	67		*Kempen	M40	189	805	3:50:36	3:51:23	1:53:20	1:57:16	5:28
746	1932	Kali, A. w.	73		raef-on	M35	131	806	3:50:38	3:51:05	1:48:49	2:01:48	5:28
747	1384	Junker, Gerd	56		TSV Wallenhorst	M50	87	807	3:50:39	3:51:17	1:43:07	2:07:32	5:28
748	1402	Kempf, Robert	70		Nordtriathleten	M35	132	808	3:50:41	3:51:39	1:57:36	1:53:05	5:28
749	1409	Zimmermann, Jörg	65		Fußballgötter Essen	M40	190	809	3:50:42	3:51:50	1:51:42	1:58:59	5:28
750	1985	Palm, Dirk	71		Lauffreunde Nideggen	M35	133	811	3:50:45	3:51:49	1:58:30	1:52:14	5:28
751	1486	Moron, Jesus	76		EVONIK	M30	50	813	3:50:47	3:51:31	1:52:25	1:58:22	5:28
752	1574	Lefebvre, Gérard	54	FRA	*Obertshausen	M50	88	814	3:50:54	3:51:24	1:48:45	2:02:08	5:28
753	1473	Kurmold, Peter	61		EVONIK	M45	191	815	3:50:56	3:51:38	1:49:05	2:01:50	5:28
754	1858	Rutschke, Dirk	72		*Hattingen	M35	134	816	3:50:58	3:51:40	1:49:42	2:01:16	5:28
755	1372	Heininger, Stephan	67		*Köln	M40	191	817	3:51:00	3:51:23	1:44:40	2:06:20	5:28
756	365	Adamek, Adam	60		*Galdbeck	M45	192	818	3:51:02	3:51:49	1:52:30	1:58:32	5:29
757	2367	Fingerhut, Marcel	81		*Mülheim	M20	45	819	3:51:04	3:51:44	1:47:58	2:03:05	5:29
758	1173	Meier, Daniel	76		*Ratingen	M30	51	822	3:51:07	3:51:40	1:51:39	1:59:27	5:29
759	1887	Hermkens, Fred	50		*Krefeld	M55	35	824	3:51:07	3:52:09	1:54:05	1:57:02	5:29
760	1117	Mielke, Stefan	65		*Bielefeld	M40	192	825	3:51:25	3:52:18	1:46:00	2:05:24	5:29
761	473	Beaupoil, Thomas	60		SV Viktoria Goch	M45	193	826	3:51:28	3:52:08	1:52:33	1:58:55	5:29
762	1411	Kukla, Mathias	76		*Dortmund	M30	52	827	3:51:31	3:51:56	1:44:41	2:06:49	5:29
763	1216	Mitsch, Ralf	57		SPORTFREUNDE NEERSBRO	M50	89	828	3:51:37	3:52:26	1:52:18	1:59:18	5:29
764	1320	Brinkmann, Stephan	61		*Gladbeck	M45	194	829	3:51:39	3:52:20	1:52:25	1:59:13	5:29
765	626	Brömmelsiek, Oliver	67		1. Tri-Team Gütersloh GTV	M40	193	830	3:51:40	3:52:08	1:54:20	1:57:19	5:29
766	1795	Grau, Philipp	72		*Köln	M35	135	831	3:51:40	3:51:58	1:35:46	2:15:53	5:29
767	1446	Fuchs, Volker	58		EVONIK	M50	90	832	3:51:47	3:51:57	1:42:25	2:09:21	5:30
768	1597	Schönig, Jürgen	62		*Voerde	M45	195	833	3:51:49	3:52:28	1:52:27	1:59:21	5:30
769	1256	Wildenhues, Klaus	60		*Bochum	M45	196	834	3:51:50	3:52:25	1:48:53	2:02:57	5:30
770	1889	Plettner, Gregor	67		*Witten	M40	194	835	3:51:54	3:52:59	1:54:02	1:57:52	5:30
771	1531	Oles, Adam	75		*Essen	M30	53	836	3:52:18	3:53:33	1:59:02	1:53:16	5:30
772	375	Anhalt, Bernd	52		*Münster	M55	36	838	3:52:23	3:52:50	1:51:45	2:00:38	5:30
773	439	Philipp, Wolfgang	57		DSD Düsseldorf	M50	91	839	3:52:26	3:52:57	1:48:48	2:03:38	5:31
774	1455	Huld, Volker	61		EVONIK	M45	197	840	3:52:28	3:53:12	1:51:48	2:00:39	5:31
775	1550	Koch, Bernhard	52		Wir schaffens 42	M55	37	841	3:52:34	3:53:19	1:52:36	1:59:57	5:31
776	929	Kemmerling, Marcus	68		*Essen	M40	195	842	3:52:42	3:53:26	1:51:22	2:01:20	5:31
777	1165	Schrömgies, Guido	66		LC Nettetal	M40	196	843	3:52:44	3:53:22	1:44:41	2:08:03	5:31
778	450	Babel, Marcus	77		*Rheinberg	M30	54	844	3:52:47	3:53:34	1:54:56	1:57:50	5:31
779	1535	Brodgers, Volker	74		Tri-Ducks-Dorsten	M30	55	845	3:52:48	3:53:02	1:46:09	2:06:39	5:31
780	1517	Steinebach, Andre	73		EVONIK	M35	136	846	3:52:52	3:53:54	1:56:05	1:56:47	5:31
781	319	Teigelkamp, Stefan	72		Adler-Langlauf Bottrop	M35	137	847	3:53:00	3:53:51	1:53:20	1:59:40	5:31



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Männer

Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
782	552	Kunsch, Johannes	61		Kickboxteam Olching	M45	198	848	3:53:02	3:53:42	1:50:44	2:02:18	5:31
783	523	Kloß, Michael	64		*Velbert	M40	197	849	3:53:05	3:53:56	1:58:08	1:54:56	5:31
784	417	Ehrenberger, Dieter	61		LT Hemsbach	M45	199	850	3:53:14	3:53:53	1:48:00	2:05:13	5:32
785	1707	Suermann, Michael	69		*Düsseldorf	M35	138	851	3:53:14	3:54:31	1:57:53	1:55:21	5:32
786	341	Witt, Klaus	53		LT Haumanplatz	M55	38	852	3:53:15	3:54:18	1:52:01	2:01:14	5:32
787	1328	Pfannkuch, Frank	68		*Ratingen	M40	198	853	3:53:18	3:54:25	1:56:00	1:57:17	5:32
788	1294	Gravius, Marc	79		Team Aroma Ahoi	M20	46	854	3:53:18	3:54:01	1:51:19	2:01:58	5:32
789	803	Schulz, Friedhelm	64		*Neuss	M40	199	855	3:53:19	3:53:43	1:44:37	2:08:41	5:32
790	347	Rittner, Rüdiger	67		Running Devils	M40	200	856	3:53:19	3:54:07	1:52:29	2:00:49	5:32
791	2436	Sohn, Martin	69		*Witten	M35	139	857	3:53:20	3:54:07	1:52:30	2:00:49	5:32
792	418	König, Volker	60		*Bergisch Gladbach	M45	200	858	3:53:20	3:54:17	1:59:45	1:53:34	5:32
793	1281	Fabian, Daniel	65		DJK BO Ehrenfeld	M40	201	860	3:53:24	3:53:39	1:36:33	2:16:51	5:32
794	747	Lösch, Reinhard	62		Die Waldgazellen	M45	201	861	3:53:28	3:54:01	1:48:46	2:04:41	5:32
795	1855	Brach, Michael	65		DJK VfR Mülheim Saarn	M40	202	862	3:53:35	3:54:11	1:58:43	1:54:52	5:32
796	1897	Mayer, Reiner	64		*Heiligenhaus	M40	203	863	3:53:36	3:54:29	1:57:17	1:56:19	5:32
797	1848	Rühl, Heinz	37		TSV Viktoria Mülheim	M70	5	864	3:53:44	3:54:00	1:52:08	2:01:36	5:32
798	1353	Garczarek, Andreas	71		*Gladbeck	M35	140	867	3:53:45	3:54:23	1:48:04	2:05:41	5:32
799	1224	Ridder, Wolfgang	70		*Bocholt	M35	141	868	3:53:49	3:54:34	1:52:27	2:01:22	5:32
800	1378	Buch, Torsten	68		*Mülheim	M40	204	869	3:53:51	3:54:44	1:55:53	1:57:58	5:33
801	1643	Walder, Stefan	67		Feuerwehr Remscheid	M40	205	870	3:53:51	3:54:36	1:52:38	2:01:13	5:33
802	1905	Uerpmann, Guido	67		*Witten	M40	206	871	3:53:56	3:54:52	1:55:40	1:58:16	5:33
803	545	Franz, Wolfgang	69		Schwarz-Rot Hügel	M35	142	872	3:53:58	3:54:41	1:52:28	2:01:30	5:33
804	631	Schulte, Klaus	55		*Wuppertal	M50	92	873	3:53:59	3:54:59	1:57:46	1:56:13	5:33
805	1566	Lüttmann, Andre	75		EVONIK	M30	56	874	3:54:01	3:55:13	1:56:11	1:57:50	5:33
806	438	Carnevali, Peter	68		*Essen	M40	207	875	3:54:01	3:55:13	1:56:11	1:57:50	5:33
807	1315	Lange, Dr. Roland	72		*Krefeld	M35	143	876	3:54:05	3:54:41	1:51:02	2:03:03	5:33
808	419	Uesbeck, Michael	56		*Olfen	M50	93	877	3:54:09	3:54:36	1:44:57	2:09:11	5:33
809	321	Fotschki, Walter	38		TVA Dortmund Wickede	M70	6	878	3:54:10	3:54:56	1:52:36	2:01:33	5:33
810	1383	Pamotat, Ralf	63		LT Bittermark Dortmund	M45	202	879	3:54:17	3:55:08	1:55:33	1:58:43	5:33
811	923	Hoh, Andreas	73		*Leverkusen	M35	144	880	3:54:27	3:55:32	1:58:32	1:55:54	5:33
812	1708	Max, Michael	60		*Gladbeck	M45	203	882	3:54:27	3:55:22	1:53:40	2:00:46	5:33
813	354	Merle, Ralf	63		*Essen	M45	204	883	3:54:28	3:55:24	1:57:34	1:56:54	5:33
814	1602	Beckmann, Markus	65		Adler-Langlauf Bottrop	M40	208	884	3:54:32	3:54:48	1:37:14	2:17:17	5:33
815	1579	Katzenberger, Bernd	59		Tri Club Wuppertal	M45	205	885	3:54:33	3:55:14	1:52:38	2:01:55	5:34
816	457	Fried, Roland	68		LT Wischlingen Dortmund	M40	209	886	3:54:35	3:55:16	1:44:32	2:10:03	5:34
817	1042	Wesemann, Gerd	49		TUS Breitscheid	M55	39	887	3:54:38	3:54:59	1:52:46	2:01:52	5:34
818	332	Giersberg, Wolfgang	38		TK Grevenbroich	M70	7	888	3:54:38	3:55:37	1:58:05	1:56:33	5:34
819	1622	Schell, Oliver	68		*Bonn	M40	210	889	3:54:39	3:55:24	1:56:04	1:58:35	5:34
820	506	Jung, Bernhard	66		MTV Bispingen	M40	211	890	3:54:53	3:55:50	1:58:26	1:56:27	5:34
821	1600	Olschok, Volker	69		*Neuenrade	M35	145	891	3:54:56	3:55:32	1:52:03	2:02:52	5:34
822	1194	Spengler, Norbert	53		TVE Burgaltendorf	M55	40	892	3:54:58	3:56:06	1:52:03	2:02:55	5:34
823	482	Schmidt, Michael	44		*Düsseldorf	M60	12	893	3:54:59	3:55:43	1:49:12	2:05:47	5:34
824	1685	Antonietti, Patrick	87		*Bodenheim	M20	47	895	3:55:10	3:55:39	1:51:10	2:04:00	5:34
825	1843	Gajewski, Volker	68		RWE Systems AG	M40	212	897	3:55:15	3:55:57	1:52:37	2:02:37	5:35
826	1342	May, Dirk	68		*Essen	M40	213	898	3:55:19	3:56:20	1:55:52	1:59:26	5:35
827	1343	Zatzkowski, Michael	63		LGO Bochum	M45	206	899	3:55:19	3:56:19	1:55:52	1:59:26	5:35
828	1426	Borchert, Stephan	63		EVONIK	M45	207	900	3:55:20	3:56:19	1:55:53	1:59:26	5:35
829	1686	Perbix, Jörg	69		LC Duisburg	M35	146	901	3:55:20	3:56:26	1:58:23	1:56:57	5:35
830	1158	Enke, Axel	59		*Sinzig	M45	208	902	3:55:22	3:55:47	1:45:48	2:09:34	5:35
831	1552	Buchholz, Horst	54		SV Beeckenwerth	M50	94	903	3:55:26	3:56:13	1:56:43	1:58:43	5:35
832	1024	Klawitter, Markus	79		SV Kutenhausen Todt.	M20	48	904	3:55:27	3:56:00	1:43:52	2:11:34	5:35
833	1089	Döbbe, Ralf	63		*Essen	M45	209	905	3:55:32	3:56:00	1:55:29	2:00:02	5:35
834	839	Keuchel, Peter	66		*Dinslaken	M40	214	906	3:55:35	3:56:25	1:55:54	1:59:40	5:35
835	1086	Nath, Christoph	70		LT CLoversoft	M35	147	907	3:55:40	3:56:41	1:58:37	1:57:03	5:35
836	860	Brünsing, Frank	48		Krefelder Kanu Klub	M60	13	909	3:55:44	3:56:28	1:54:53	2:00:50	5:35
837	1374	Enk, Christian	62		LT Union Wessum	M45	210	910	3:55:50	3:56:47	1:57:47	1:58:03	5:35
838	2042	Luerweg, Henry	50		*Dorsten	M55	41	912	3:55:53	3:56:44	1:56:41	1:59:12	5:35
839	343	Herfurth, Wolfgang	61		LT Bergwerk Prosper - Haniel	M45	211	913	3:55:54	3:56:51	1:54:29	2:01:25	5:35
840	1924	Brocke, Carsten c.	70		*Essen	M35	148	914	3:55:55	3:56:58	1:58:21	1:57:34	5:35
840	1662	Stalleicken, Jochen	58		Hammer SC 08	M50	95	915	3:55:55	3:56:23	1:44:39	2:11:16	5:35
842	981	Dragun, Maik	69		*Gelsenkirchen	M35	149	916	3:55:56	3:56:36	1:52:28	2:03:28	5:36
843	945	Röskens, Klaus	63		Viersener TV	M45	212	918	3:56:03	3:57:03	1:58:13	1:57:50	5:36
844	426	Zöhrerbauer, Mathias	69		GSV Porz	M35	150	920	3:56:19	3:56:46	1:44:39	2:11:40	5:36
845	1919	Dorobeck, Burkhard	61		Angerland LT Lintorf	M45	213	921	3:56:20	3:56:56	1:56:08	2:00:12	5:36
846	1696	Heim, Volker	57		*Oberhausen	M50	96	922	3:56:21	3:57:15	1:57:15	1:59:05	5:36
847	998	Jäger, Andreas	66		*Dormagen	M40	215	923	3:56:22	3:57:16	1:58:11	1:58:11	5:36
848	897	Lips, Daniel	79		*Winningen	M20	49	924	3:56:23	3:56:36	1:39:25	2:16:58	5:36
849	1449	Gräfe, Rainer	54		EVONIK	M50	97	925	3:56:23	3:57:32	1:58:06	1:58:16	5:36
850	368	Hallerbach, Georg	59		LC Duisburg	M45	214	926	3:56:27	3:57:32	1:57:24	1:59:03	5:36
851	528	Aschenbrenner, Marcus	73		*Essen	M35	151	927	3:56:27	3:57:33	1:58:02	1:58:25	5:36
852	1431	Collins, Frank	50		EVONIK	M55	42	928	3:56:33	3:57:23	1:57:35	1:58:58	5:36



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Männer

Platz	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
853	1594	Stolzenberg, Hans-Georg	65		Depotrunners Bracht	M40	216	930	3:56:40	3:57:40	1:58:25	1:58:15	5:37
854	1705	Weber, Burkhard	64		Rott Runner Wuppertal	M40	217	931	3:56:40	3:57:30	1:57:21	1:59:19	5:37
855	1214	Genter, Heipe	58		LT Turnerbund Frintrop	M50	98	932	3:56:41	3:57:39	1:57:15	1:59:26	5:37
856	1952	Liegmann, Günter	55		TV Georgsmarienhütte	M50	99	933	3:56:43	3:57:19	1:45:41	2:11:02	5:37
857	407	Spitz, Dirk	70		LGO Bochum	M35	152	934	3:56:45	3:57:37	1:56:14	2:00:31	5:37
858	405	Steinhoff, Rüdiger	66		*Bochum	M40	218	935	3:56:47	3:57:50	1:58:22	1:58:25	5:37
859	1645	Utzat, Hermann	57		*Remscheid	M50	100	936	3:56:54	3:57:22	1:51:31	2:05:23	5:37
860	1558	Rodriguez perez, Miguel	82	ESP	*Bochum	M20	50	937	3:56:56	3:57:57	1:55:47	2:01:08	5:37
861	1878	Voigt, Harald	67		Feuerwehr Bochum	M40	219	938	3:56:59	3:58:19	1:57:02	1:59:57	5:37
862	1011	Pieperjohanns, Jörn	68		1. FC Köln	M40	220	939	3:56:59	3:57:53	1:58:11	1:58:47	5:37
863	729	Vulf, Simon	50		LF Bönen	M55	43	940	3:57:01	3:57:40	1:51:00	2:06:00	5:37
864	1861	Zimmermann, Jörn	67		Treffpunkt Leben Erkrath	M40	221	942	3:57:06	3:58:09	1:58:23	1:58:42	5:37
865	1209	Laing, Manfred	57		LT Union Wessum	M50	101	943	3:57:06	3:58:04	1:57:46	1:59:19	5:37
866	1288	Kirejczyk, Stanislaw	82	POL	Wyczółki	M20	51	946	3:57:09	3:58:05	1:58:30	1:58:39	5:37
867	878	Sawatzky, Holger	68		*Dorsten	M40	222	947	3:57:15	3:58:14	1:53:03	2:04:11	5:37
868	2499	Wulf, Andreas	63		*Hattingen	M45	215	949	3:57:18	3:58:04	1:50:11	2:07:06	5:37
869	1854	Bierbaum, Hans-theo	65		Athletik Waldniel	M40	223	950	3:57:19	3:58:02	1:51:21	2:05:58	5:37
870	1201	Moss, Stefan	66		*Haan	M40	224	951	3:57:23	3:58:02	1:51:16	2:06:06	5:38
871	1262	Frei, Thomas	66		SV Derne 49	M40	225	952	3:57:23	3:58:22	1:57:06	2:00:17	5:38
872	1773	Schröder, Prof. Mario	71		Zum Twee Uhrken	M35	153	953	3:57:27	3:58:53	1:59:40	1:57:46	5:38
873	993	Voß, Manfred	66		LT Union Wessum	M40	226	954	3:57:28	3:58:04	1:44:43	2:12:44	5:38
874	1616	Schmellenkamp, Jörg	62		Elan Tri Team Steinfurt	M45	216	955	3:57:28	3:58:31	1:58:23	1:59:04	5:38
875	1358	Chrobok, Roland	75		TV Einigkeit 06 Mülheim	M30	57	957	3:57:33	3:58:32	1:57:15	2:00:18	5:38
876	1176	Jendrian, Rainer	60		*Essen	M45	217	958	3:57:34	3:58:34	1:57:38	1:59:55	5:38
877	661	Fäßler, Wolfgang	53		SG.Empfingen Ausdauersport	M55	44	960	3:57:36	3:58:31	1:56:46	2:00:50	5:38
878	1649	Klingebiel, Volker	59		Ruhrrunner Essen	M45	218	962	3:57:38	3:58:45	1:53:33	2:04:05	5:38
879	1560	Casella, Marco	63	ITA	*essen	M45	219	963	3:57:38	3:58:43	1:58:02	1:59:35	5:38
880	918	Geiss, Daniel	76		*Essen	M30	58	964	3:57:40	3:58:35	1:52:10	2:05:29	5:38
881	1842	Werner, Thorsten	71		*Dortmund	M35	154	965	3:57:40	3:57:58	1:47:11	2:10:29	5:38
882	322	Steiger, Wolfgang	62		TVA Dortmund Wickede	M45	220	966	3:57:41	3:58:18	1:52:43	2:04:57	5:38
883	927	Cantavenera, Emanuel	53		*Duisburg	M55	45	967	3:57:42	3:58:11	1:46:58	2:10:43	5:38
884	323	Seebacher, Wolfgang	47		TVA Dortmund Wickede	M60	14	968	3:57:44	3:58:21	1:52:43	2:05:00	5:38
885	845	Moll, Dr. Jens-holger	68		*Düsseldorf	M40	227	970	3:57:51	3:58:32	1:48:50	2:09:00	5:38
886	849	Schmedt, Andreas	63		Browns active Park	M45	221	972	3:57:56	3:58:53	1:56:38	2:01:17	5:38
887	794	Laing, Reinhard	68		oakway runners	M40	228	973	3:57:56	3:58:53	1:58:31	1:59:24	5:38
888	1081	Zaiss, Philipp	86		Uni Wuppertal	M20	52	974	3:57:58	3:58:45	1:58:43	1:59:14	5:38
889	957	Kirschbaum, Markus	66		*Essen	M40	229	975	3:57:58	3:58:47	1:56:35	2:01:22	5:38
890	1846	Wehran, Frank	68		SG E.ON Ruhrgas	M40	230	976	3:57:58	3:58:54	1:58:28	1:59:30	5:38
891	400	Hübner, Ralf	63		LC Duisburg	M45	222	977	3:57:59	3:58:54	1:58:30	1:59:29	5:38
892	1816	Nowack, Mario	73		TSV Rot-Weiß Zerbst	M35	155	978	3:58:02	3:59:20	1:59:59	1:58:02	5:38
893	1186	Stalitz, Arno	64		DJK Elmar Kohlscheid	M40	231	979	3:58:03	3:58:45	1:51:21	2:06:42	5:39
894	922	Falk, Andi	78		LT BSG Grohe	M30	59	980	3:58:04	3:58:47	1:51:13	2:06:51	5:39
895	538	Kohlbrok, Michael	65		LG Bauerkamp Warburg	M40	232	981	3:58:08	3:58:34	1:44:37	2:13:30	5:39
896	441	Wierling, Ewald	57		Marathon Soest	M50	102	982	3:58:16	3:59:00	1:52:32	2:05:43	5:39
897	469	Herzog, Jörg	68		DJK Adler 07 Bottrop	M40	233	983	3:58:16	3:59:17	1:57:42	2:00:34	5:39
898	787	Beckmann, Thomas	65		LG Niers	M40	234	984	3:58:23	3:59:53	1:56:52	2:01:30	5:39
899	1326	Dworniczak, Ralf	60		*Oer-Erkenschwick	M45	223	985	3:58:24	3:59:31	1:58:18	2:00:05	5:39
900	1723	Kunkel, Uwe	61		LC Duisburg	M45	224	986	3:58:24	3:59:36	1:58:13	2:00:10	5:39
901	370	Van rennings, Mag. Uwe	63	AUT	TriFunHenneseesee	M45	225	987	3:58:25	3:59:11	1:55:03	2:03:21	5:39
902	1091	Kornblum, Wolfgang	85		*Aachen	M20	53	988	3:58:26	3:58:55	1:52:53	2:05:32	5:39
903	302	Bieker, Christoph	61		LT Lustige Schleicher Essen	M45	226	989	3:58:27	3:59:29	1:56:04	2:02:22	5:39
904	1647	Theissen, Markus	63		LG Mützenich	M45	227	990	3:58:27	3:59:47	2:02:59	1:55:28	5:39
905	1283	Dubov, Igor	66	RUS	*Moskau	M40	235	991	3:58:32	3:59:10	1:51:35	2:06:56	5:39
906	985	Schulte, Frank	70		RSG-Märkisches-Sauerland 88	M35	156	993	3:58:49	3:59:51	1:58:35	2:00:14	5:40
907	1736	Adammeck, Jürgen	64		*Osnabrück	M40	236	996	3:59:02	3:59:54	1:54:54	2:04:08	5:40
908	1266	Bundschuh, Gerold	57		*Meerbusch	M50	103	997	3:59:06	4:00:09	1:58:21	2:00:45	5:40
909	2034	Wibberg, Henry	61		Marathon-Club Menden	M45	228	998	3:59:10	3:59:53	1:58:49	2:00:20	5:40
910	817	Nowak, Dirk	70		*Dinslaken	M35	157	999	3:59:11	3:59:41	1:45:03	2:14:08	5:40
911	669	Rüsenberg, Michael	56		TV 1895 Steinheim	M50	104	1000	3:59:12	3:59:45	1:50:55	2:08:16	5:40
912	856	Marthin, Dieter	61		ASV Süchteln	M45	229	1001	3:59:12	3:59:59	1:53:57	2:05:15	5:40
913	1604	Scholl, Jochen	70		*Ratingen	M35	158	1003	3:59:15	4:00:21	1:56:29	2:02:46	5:40
914	340	Hofmann, Jörg	60		Tusem Essen	M45	230	1004	3:59:19	4:00:21	1:58:10	2:01:08	5:40
915	1229	Hendrix, Dr. Andreas	75		*Hofheim	M30	60	1005	3:59:20	3:59:38	1:41:28	2:17:51	5:40
916	567	Kaluza, Michael	69		SV Siemens Mülheim	M35	159	1006	3:59:30	4:00:33	1:53:45	2:05:44	5:41
917	1953	Wolff, Walter	65		Sportfreunde Ennepetal	M40	237	1007	3:59:32	4:00:49	2:02:32	1:57:00	5:41
918	2076	Fischer, Günter	59		TSV Tudorf	M45	231	1009	3:59:37	4:01:01	2:00:10	1:59:26	5:41
919	353	Major, David	65		100 Marathon Club	M40	238	1010	3:59:37	4:00:49	1:59:00	2:00:37	5:41
920	435	Brozio, Wolfgang	55		PV-Triathlon Witten e. V.	M50	105	1012	3:59:41	4:00:39	1:58:25	2:01:15	5:41
921	1803	Thonemann, Wilhelm	54		LSF Münster	M50	106	1013	3:59:45	4:00:40	1:54:09	2:05:35	5:41
922	972	Mörs, Peter	59		*Willich	M45	232	1014	3:59:45	4:00:28	1:52:29	2:07:15	5:41
923	1170	Tietje, Uwe	66		Meister-Läufer	M40	239	1015	3:59:47	4:00:29	1:45:24	2:14:22	5:41



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Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
924	980	Petlikau, Manfred	64		Zwoelfender	M40	240	1016	3:59:48	4:00:52	1:52:15	2:07:32	5:41
925	1251	Steiner, Thomas	59		TUS Quelle	M45	233	1017	3:59:52	4:00:39	1:52:25	2:07:26	5:41
926	470	Ziemer, Ulrich	59		*Essen	M45	234	1019	4:00:10	4:00:54	1:52:23	2:07:46	5:42
927	1302	Schouren, Raimund	48		*Krefeld	M60	15	1020	4:00:13	4:00:56	1:52:25	2:07:48	5:42
928	10	Lubina, Alexander	79		TV Wattenscheid	M20	54	1021	4:00:16	4:00:16	1:09:21	2:50:55	5:42
929	1881	Holle, Jörg	63		ATSV Espelkamp	M45	235	1022	4:00:21	4:00:40	1:44:39	2:15:41	5:42
930	1590	Tebbe, Frank	67		PSW Isseltal	M40	241	1023	4:00:26	4:01:00	1:49:18	2:11:07	5:42
931	399	Fehring, Ralf	64		*Bielefeld	M40	242	1024	4:00:26	4:01:25	1:57:31	2:02:55	5:42
932	1142	Bahle, Rolf	53		Run4Fun	M55	46	1025	4:00:28	4:01:26	1:57:53	2:02:34	5:42
933	1030	Birkenfeld, Günter	55		Team ERDINGER Alkoholfrei	M50	107	1026	4:00:28	4:01:15	1:51:37	2:08:50	5:42
934	2305	Krolle, Henning	59		TV 1848	M45	236	1027	4:00:35	4:01:33	1:53:43	2:06:52	5:42
935	853	Floß, Peter	64		*Alpen	M40	243	1028	4:00:37	4:01:58	1:53:42	2:06:55	5:42
936	1593	Rohrlack, Michael	59		Lauffrösche Castrop	M45	237	1029	4:00:38	4:01:13	1:46:06	2:14:32	5:42
937	926	Peters, Thomas	64		WSLG	M40	244	1031	4:01:03	4:02:03	1:53:03	2:07:59	5:43
938	1697	Helmenstein, Frank	65		LG Gummersbach	M40	245	1032	4:01:04	4:01:54	1:56:18	2:04:46	5:43
938	1108	Hesse, Detlef	58		DJK Rasensport Aachen Brand	M50	108	1033	4:01:04	4:01:51	1:52:22	2:08:42	5:43
940	1688	Dahl, Hagen	65		*Kürten	M40	246	1035	4:01:25	4:01:42	1:42:47	2:18:38	5:43
941	1299	Kuhlbusch, Alexander	79		*Wuppertal	M20	55	1036	4:01:30	4:02:48	2:03:49	1:57:41	5:43
942	1139	Elmer, Jürgen	68		SV Brünen	M40	247	1037	4:01:36	4:02:34	1:58:29	2:03:06	5:44
943	516	Rulf, Michael	68		*Korschenbroich	M40	248	1038	4:01:39	4:02:47	2:01:55	1:59:44	5:44
944	2431	Mirbach, Christian	76		*Schwerte	M30	61	1040	4:01:55	4:02:00	1:26:30	2:35:24	5:44
945	1981	Stienen, Matthias	66		*Straelen	M40	249	1041	4:02:06	4:03:19	1:57:07	2:04:58	5:44
946	1917	Blinn, Mirko	83		*Bornheim	M20	56	1042	4:02:12	4:02:49	1:50:56	2:11:15	5:44
947	1950	Scholler, Horst	60		LT Issum TurboSchnecken	M45	238	1045	4:02:20	4:03:24	1:56:03	2:06:17	5:45
948	721	Müller, Ulrich	60		LT Turnerbund Frintrop	M45	239	1046	4:02:21	4:03:20	1:57:15	2:05:06	5:45
949	412	Niehues, Detlef	66		Kuckelmann aus Essen	M40	250	1047	4:02:29	4:03:34	1:52:29	2:10:00	5:45
950	440	Rosing, Hans	48		Adler-Langlauf Bottrop	M60	16	1048	4:02:33	4:03:44	2:01:59	2:00:33	5:45
951	1414	Sprink, Thomas	63		FC Stoppenberg LT	M45	240	1049	4:02:44	4:03:37	1:54:51	2:07:52	5:45
952	1433	Dittrich, Dieter	57		EVONIK	M50	109	1050	4:02:54	4:03:21	1:46:47	2:16:07	5:45
953	1883	Müller, Jörn	73		*Wuppertal	M35	160	1051	4:02:55	4:04:00	1:58:06	2:04:49	5:45
954	318	Mitrovic, Milorad	67		*Bochum	M40	251	1053	4:03:16	4:03:38	1:46:40	2:16:35	5:46
955	2041	Kämper, Hans-meinolf	64		Tsv tudorf lautfreff	M40	252	1054	4:03:18	4:04:37	1:56:08	2:07:10	5:46
956	1518	Studener, Peter	61		EVONIK	M45	241	1055	4:03:45	4:05:15	1:58:17	2:05:28	5:47
957	1490	Niehues, Dennis	86		EVONIK	M20	57	1057	4:03:51	4:04:54	1:52:59	2:10:51	5:47
958	1004	Mey, Volker	57		*Detmold	M50	110	1060	4:04:11	4:04:57	1:57:23	2:06:47	5:47
959	581	Wiegering, Jörg	78		Erler Sportgemeinschaft	M30	62	1062	4:04:23	4:05:42	1:57:05	2:07:17	5:48
960	780	Polakovs, Horst	54		*Herdecke	M50	111	1063	4:04:26	4:05:07	1:52:40	2:11:46	5:48
961	1337	Weber, Olaf	59		Viermärker Dortmund	M45	242	1064	4:04:31	4:05:03	1:50:52	2:13:38	5:48
962	549	Liedtke, Alexander	79		Lübecker RG von 1885 e.V.	M20	58	1065	4:04:34	4:05:34	1:56:06	2:08:28	5:48
963	603	Hehl, Jochen	57		SV Bamberg	M50	112	1066	4:04:34	4:05:09	1:52:31	2:12:03	5:48
964	1175	Schultz, Jens	74		DDS Running-Team	M30	63	1067	4:04:37	4:05:36	1:58:20	2:06:17	5:48
965	850	Reis, Klaus-Günter	52		Lt.Mertesdorf 2001e.V.	M55	47	1068	4:04:38	4:05:11	1:45:39	2:18:58	5:48
966	1743	Buhren, Wolfgang	62		LT Issum TurboSchnecken	M45	243	1069	4:04:38	4:05:42	1:56:04	2:08:33	5:48
967	1040	Wilmanns, Stefan	80		*Wuppertal	M20	59	1070	4:04:41	4:05:35	1:58:22	2:06:19	5:48
968	1436	Eckert, Helmut	57		EVONIK	M50	113	1071	4:04:43	4:05:24	1:53:34	2:11:08	5:48
969	697	Häger, Marco	77		*Gelsenkirchen	M30	64	1072	4:04:45	4:05:53	1:58:17	2:06:28	5:48
970	1725	Hülder, Malte	74		*Leipzig	M30	65	1073	4:04:46	4:06:03	1:58:11	2:06:35	5:48
971	1152	Roepertz, Wolfgang	56		BSG WAZ Essen	M50	114	1075	4:04:55	4:05:44	1:56:40	2:08:14	5:48
972	1750	Nawrocki, Alexander	70		BSG Barmenia Laufen	M35	161	1076	4:04:55	4:05:59	1:58:26	2:06:28	5:48
973	560	Wieneke, Peter	46		100 Marathon Club	M60	17	1077	4:04:58	4:06:11	2:01:17	2:03:41	5:48
974	1277	Dietz-Schmitz, Volker	58		Running Babies Unser-Fritz	M50	115	1078	4:05:01	4:06:17	2:00:38	2:04:23	5:48
975	1853	Korthues, Josef	55		*Halle/Westf.	M50	116	1079	4:05:02	4:05:54	1:55:39	2:09:22	5:48
976	320	Teigelkamp, Guido	68		Adler-Langlauf Bottrop	M40	253	1082	4:05:13	4:06:03	1:53:21	2:11:51	5:49
977	1761	Leidig, Peter	69		*Castrop-Rauxel	M35	162	1083	4:05:24	4:06:21	1:58:20	2:07:04	5:49
978	1307	Seipelt, Martin	63		*Herne	M45	244	1084	4:05:25	4:06:31	1:58:19	2:07:05	5:49
979	1259	Faßbender, Rudolf	60		*Köln	M45	245	1085	4:05:32	4:06:24	1:52:23	2:13:09	5:49
980	1389	Hoffmann, Ulrich	60		*Koblenz	M45	246	1086	4:05:35	4:06:34	1:58:27	2:07:08	5:49
981	335	Gettwert, Klaus	70		*Mülheim	M35	163	1087	4:05:57	4:06:47	1:57:30	2:08:26	5:50
982	1492	Nötzel, Hubert	53		EVONIK	M55	48	1088	4:06:07	4:07:06	1:56:05	2:10:01	5:50
983	384	Grasmehr, Frank	68		Team Erkelenz	M40	254	1089	4:06:12	4:06:59	1:54:54	2:11:18	5:50
984	1995	Broich, Karl-heinz	54		*Meerbusch	M50	117	1090	4:06:27	4:07:20	1:57:29	2:08:58	5:50
985	2492	Schlüssel, Peter	66		SLS	M40	255	1091	4:06:33	4:07:29	1:58:18	2:08:15	5:51
986	801	Bischoff, Wilfried	63		*Dortmund	M45	247	1092	4:06:38	4:07:38	1:56:04	2:10:33	5:51
987	2439	Stein, Ronald	71		*Fischbach	M35	164	1093	4:06:39	4:07:55	1:59:01	2:07:38	5:51
988	1868	Meier, Hermann	51		TV Gronau	M55	49	1094	4:06:46	4:07:48	1:58:29	2:08:17	5:51
989	1197	Mühlbauer, Bernhard	62		*Dorsten-Rhade	M45	248	1095	4:06:53	4:07:58	2:02:39	2:04:14	5:51
990	1073	Benighaus, Tobias	81		Team Aroma Ahoi	M20	60	1096	4:06:59	4:08:07	1:58:24	2:08:34	5:51
991	360	Feyerabend, Herbert	55		*Recklinghausen	M50	118	1097	4:07:10	4:07:48	1:52:57	2:14:13	5:51
992	930	Thiemann, Uwe	59		LT Recklinghausen	M45	249	1098	4:07:29	4:07:47	1:51:26	2:16:03	5:52
993	2001	Salawarda, Jürgen	66		Marathon Dinslaken	M40	256	1099	4:07:33	4:08:24	1:54:48	2:12:44	5:52
994	2074	Säufferer, Frank	66		Shotokan Karate	M40	257	1100	4:07:35	4:08:32	1:58:36	2:08:59	5:52



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Platz	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
995	1379	Krekel, Markus	72		Ford Freizeit Organisation	M35	165	1101	4:07:50	4:08:55	1:58:30	2:09:20	5:52
996	1476	Lensing, Jürgen	63		EVONIK	M45	250	1102	4:08:03	4:09:22	2:01:59	2:06:03	5:53
997	753	Peters, Andreas	63		*Mülheim	M45	251	1103	4:08:08	4:09:05	1:57:29	2:10:38	5:53
998	1064	Unverwerth, Oliver	79		*Essen	M20	61	1104	4:08:13	4:09:03	1:53:12	2:15:00	5:53
999	982	Hoffmann, Bernd	80		*Herdorf	M20	62	1105	4:08:17	4:09:49	1:54:48	2:13:29	5:53
1000	786	Huhn, Matthias	90		*Oer-Erkenschwick	MJG	5	1106	4:08:18	4:09:14	2:04:28	2:03:49	5:53
1001	1393	Dahm, Wolfgang	60		DahmsTierleben.de	M45	252	1107	4:08:27	4:09:17	1:50:39	2:17:47	5:53
1002	748	Hölzer, Thomas	69		*Solingen	M35	166	1108	4:08:28	4:08:46	1:39:11	2:29:17	5:53
1003	1369	Wahle, Sebastian	79		*Krefeld	M20	63	1109	4:08:31	4:09:16	1:57:24	2:11:07	5:53
1004	2365	Stille, Holger	71		Krefelder Kanu Klub	M35	167	1110	4:08:37	4:09:37	1:58:32	2:10:04	5:54
1005	1951	Kufner, Peter	45		TV Jahn Bad Driburg	M60	18	1111	4:08:38	4:09:23	1:54:06	2:14:31	5:54
1006	406	Kulpa, Dieter	56		Adler-Langlauf Bottrop	M50	119	1112	4:08:41	4:09:09	1:57:14	2:11:27	5:54
1007	1744	Brucks, Ingo	74		*Oberhausen	M30	66	1114	4:08:46	4:09:57	2:01:20	2:07:26	5:54
1008	944	Steinhilber, Florian	82		Team run for fun	M20	64	1116	4:08:50	4:09:38	1:52:18	2:16:32	5:54
1009	1624	Quill, Joachim	61		Nordtriathleten	M45	253	1117	4:08:51	4:09:47	1:58:28	2:10:23	5:54
1010	580	Wagner-Stolp, Wilfried	55		*Kirchhain	M50	120	1118	4:08:55	4:10:08	2:04:52	2:04:02	5:54
1011	1440	Feuser, Timm	89		EVONIK	MJG	6	1119	4:08:55	4:09:56	1:55:46	2:13:09	5:54
1012	1439	Feuser, Peter	60		EVONIK	M45	254	1120	4:08:56	4:09:56	1:55:47	2:13:09	5:54
1013	1406	Wilhelm, Jürgen	58		*Mülheim a.d. Ruhr	M50	121	1121	4:08:59	4:09:55	1:58:32	2:10:27	5:54
1014	1921	Behnisch-wittig, Martin	61		SV Neukirchen Handball	M45	255	1122	4:09:00	4:10:05	1:57:09	2:11:51	5:54
1015	952	Philippi, Georg	66	AUT	Henkel X-Dream	M40	258	1123	4:09:11	4:10:12	1:53:56	2:15:15	5:54
1016	1263	Caspers, Dieter	55		*Krefeld	M50	122	1124	4:09:12	4:09:49	2:03:21	2:05:51	5:54
1017	925	Ossig, Rainer	65		LC Duisburg	M40	259	1125	4:09:14	4:09:54	1:52:17	2:16:57	5:54
1018	1778	von Lackum, Peter	64		LC Duisburg	M40	260	1126	4:09:17	4:10:23	1:58:23	2:10:54	5:54
1019	1189	Westen, Lothar	55		LC Duisburg	M50	123	1127	4:09:33	4:10:48	2:05:56	2:03:36	5:55
1020	583	Könings, Daniel	76		Adiletten	M30	67	1128	4:09:37	4:10:28	1:57:47	2:11:49	5:55
1021	1764	Wilbuer, Andreas	58		*Essen	M50	124	1129	4:09:42	4:10:46	1:57:58	2:11:43	5:55
1022	1772	Bornemann, Horst	64		TriFun Hennesee	M40	261	1130	4:09:45	4:10:12	1:42:24	2:27:20	5:55
1023	1082	Swantusch, Marco	83		DSD Düsseldorf	M20	65	1131	4:09:48	4:10:34	1:53:35	2:16:12	5:55
1024	754	Dünhölder, Andreas	66		DRK Gütersloh	M40	262	1132	4:09:53	4:10:57	1:59:21	2:10:32	5:55
1025	664	Göllner, Prof. Karl	51		Lauffreij jecke Köpp Hütte	M55	50	1133	4:09:55	4:10:28	1:50:06	2:19:48	5:55
1026	364	Peters, Ralf	65		BSG DVG	M40	263	1134	4:09:59	4:10:40	1:52:25	2:17:33	5:55
1027	674	Junge, Ulf	71		LG Albatros Kiel	M35	168	1135	4:10:05	4:11:12	1:58:18	2:11:46	5:56
1028	1591	Opdenhövel, Ansgar	68		*Detmold	M40	264	1136	4:10:05	4:11:20	2:04:25	2:05:39	5:56
1029	827	Meyer, Michael	58		Wupp Runners	M50	125	1137	4:10:12	4:11:03	1:54:07	2:16:04	5:56
1030	1925	Goletz, Hermann	52		TUS Alstaden 87/97	M55	51	1140	4:10:24	4:11:32	1:58:19	2:12:05	5:56
1031	1890	Lübbing, Heinz	45		SG Borken	M60	19	1142	4:10:38	4:11:34	1:58:39	2:11:59	5:56
1032	1807	Jentgen, Diethelm	59		LLG 80 Nordpark Köln	M45	256	1143	4:10:39	4:11:41	1:58:28	2:12:11	5:56
1033	1159	Schier, Thomas	60		*Ratingen	M45	257	1144	4:10:40	4:11:39	2:00:12	2:10:28	5:56
1034	361	Funken, Karl	60		LT Stimberg Runners	M45	258	1145	4:10:41	4:11:44	1:57:10	2:13:30	5:56
1035	1348	Marquis, Frank	63		*Duisburg	M45	259	1146	4:10:52	4:12:04	1:58:14	2:12:38	5:57
1036	578	Krause, Thomas	71		*Gelsenkirchen	M35	169	1147	4:10:52	4:11:34	2:02:06	2:08:46	5:57
1037	1646	Dittrich, Rainer	58		*Kamp-Lintfort	M50	126	1149	4:10:55	4:12:22	2:04:26	2:06:28	5:57
1038	1990	Thom, Oliver	71		*Steinfurt	M35	170	1150	4:10:55	4:11:58	1:58:21	2:12:34	5:57
1039	518	Merfort, Michael	63		LT Krefeld-Oppum	M45	260	1152	4:11:05	4:12:03	1:55:29	2:15:35	5:57
1040	2018	Bauer, Sven	74		*Mülheim	M30	68	1153	4:11:06	4:12:30	2:04:31	2:06:35	5:57
1041	1551	Gudenkauf, Alwin	50		SV Beeckenwerth	M55	52	1154	4:11:22	4:12:09	1:57:34	2:13:48	5:57
1042	1193	Grasselt, Nico	77		*Duisburg	M30	69	1156	4:11:37	4:12:21	1:48:18	2:23:18	5:58
1043	808	Dolejsch, Martin	62		*Kamen	M45	261	1157	4:11:41	4:11:52	1:44:16	2:27:24	5:58
1044	2033	Püchter, Martin	66		Troisdorfer LG M.U.T	M40	265	1158	4:11:44	4:12:37	1:58:05	2:13:39	5:58
1045	1965	Spiekermann, Andreas	62		SUS Bertlich	M45	262	1159	4:11:45	4:12:25	1:50:40	2:21:05	5:58
1046	1729	Müller, Frank	65		*Gelsenkirchen	M40	266	1160	4:11:48	4:13:16	2:06:27	2:05:20	5:58
1047	1205	Kreimeyer, Thomas	59		*Hannover	M45	263	1161	4:11:50	4:12:46	1:53:26	2:18:24	5:58
1048	596	Leber, Reiner	68		equipe palais royale	M40	267	1162	4:11:54	4:13:05	2:05:03	2:06:50	5:58
1049	1237	von Contzen, Bernd	66		*Mönchengladbach	M40	268	1163	4:12:15	4:13:09	1:55:02	2:17:13	5:59
1050	955	Sigl, Georg	67	AUT	Henkel X-Dream	M40	269	1164	4:12:18	4:13:17	1:57:04	2:15:13	5:59
1051	1203	Goetzle, Uwe	58		Dülkener SV 06	M50	127	1165	4:12:18	4:13:32	1:57:32	2:14:46	5:59
1052	1629	Walfort, Christian	69		TV Vreden	M35	171	1166	4:12:19	4:13:06	1:52:15	2:20:04	5:59
1053	387	Gutt, Klaus	57		*Duisburg	M50	128	1167	4:12:22	4:13:33	2:00:38	2:11:44	5:59
1054	1724	Hessing, Christoph	77		Team Huesker	M30	70	1168	4:12:27	4:13:34	2:01:57	2:10:30	5:59
1055	1862	Ishida, Dr. Masafumi	74	JPN	Team 2 in 1	M30	71	1169	4:12:37	4:13:35	1:58:34	2:14:02	5:59
1056	2032	Nelle, Wilfried	63		*Dormagen	M45	264	1171	4:12:43	4:13:33	1:58:28	2:14:14	5:59
1057	475	Richter, Volker	58		LC Duisburg	M50	129	1173	4:12:54	4:14:03	1:55:58	2:16:55	6:00
1058	1094	Münster, Matthias	67		Hannover Scorpions	M40	270	1174	4:13:05	4:13:59	1:52:13	2:20:52	6:00
1059	843	Gorißen, Dietmar	58		Lauffreij Dürerstraße	M50	130	1175	4:13:07	4:14:15	1:58:21	2:14:45	6:00
1060	1227	Reisch, Axel	53		*Oberhausen	M55	53	1176	4:13:07	4:14:21	2:04:57	2:08:09	6:00
1061	904	Thomas, Borg	73		Laufende Geo Meter	M35	172	1177	4:13:08	4:14:18	2:04:58	2:08:09	6:00
1062	1850	Nöldemann, Dieter	43		*Essen	M65	5	1178	4:13:09	4:14:09	1:58:29	2:14:39	6:00
1063	818	van der Heyden, Ralf	59		LG Sebastianstrasse	M45	265	1179	4:13:16	4:14:05	1:55:55	2:17:20	6:00
1064	414	Ley, Helmut	46		Homberger TV	M60	20	1182	4:13:18	4:14:29	2:05:00	2:08:18	6:00
1064	416	Vieler, Jens	67		Team Ronja	M40	271	1181	4:13:18	4:14:28	2:05:00	2:08:17	6:00



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Platz	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
1066	413	Schiermeister, Klaus	62		LG Warstein-Rüthen	M45	266	1183	4:13:19	4:14:28	2:05:01	2:08:18	6:00
1067	868	Abels, Dennis	81		*Herzogenrath	M20	66	1185	4:13:22	4:14:05	1:52:40	2:20:42	6:00
1068	1225	Voß, Thomas	66		*Erkelenz-Gerderath	M40	272	1186	4:13:26	4:14:24	2:02:20	2:11:06	6:00
1069	894	Winkler, Axel	69		*Gelsenkirchen	M35	173	1187	4:13:30	4:15:00	2:05:35	2:07:55	6:00
1070	812	Resch, Nico	83		*Marl	M20	67	1189	4:13:43	4:14:45	1:58:13	2:15:30	6:01
1071	1291	Porzucek, Dark	63		Transpiration Süd	M45	267	1190	4:13:47	4:13:52	1:43:28	2:30:19	6:01
1072	593	Meinhold, Günter	50		100 MC	M55	54	1191	4:13:47	4:15:19	2:08:56	2:04:50	6:01
1073	1831	Paffendorf, Uwe	63		LC Duisburg	M45	268	1193	4:13:49	4:15:08	2:05:51	2:07:57	6:01
1074	1250	Nöfer, Michael	61		DJK TUS Rotthausen	M45	269	1196	4:13:52	4:14:55	1:58:12	2:15:39	6:01
1075	931	Parakenings, Ingo	71		*Duisburg	M35	174	1197	4:13:54	4:14:30	1:54:34	2:19:19	6:01
1076	1808	Windszus, Frank	58		*Ratingen	M50	131	1198	4:13:58	4:15:11	2:00:19	2:13:39	6:01
1077	1137	Fricke, Dietmar	66		*Bergheim	M40	273	1200	4:14:12	4:15:05	1:53:36	2:20:36	6:01
1078	1628	Schmitt, Günther	58		SV Reyersbach	M50	132	1201	4:14:14	4:14:56	1:52:25	2:21:48	6:02
1079	1999	Wilke, Martin	69		Birkenwerder	M35	175	1202	4:14:16	4:15:57	2:11:19	2:02:57	6:02
1080	1920	Völkert, Hinz	48		LSF Münster	M60	21	1204	4:14:21	4:15:35	2:06:29	2:07:51	6:02
1081	1752	Hofmann, Matthias	66		Die Weicheier	M40	274	1205	4:14:25	4:15:41	1:59:41	2:14:43	6:02
1082	1578	Sombetzki, Detlef	54		LWT Ümminger See/Bochum	M50	133	1206	4:14:27	4:15:32	1:58:21	2:16:06	6:02
1083	1487	Müller, Uwe	56		EVONIK	M50	134	1207	4:14:38	4:15:28	1:58:10	2:16:27	6:02
1084	937	Therolf, Udo	49		LF Ehberg 02	M55	55	1208	4:14:49	4:15:00	2:01:52	2:12:56	6:02
1085	1078	Wiesbrock, Wolfgang	65		Skiclub Vasellren	M40	275	1209	4:14:58	4:16:01	1:55:58	2:19:00	6:03
1086	788	Wischniewski, Sebastian	81		*Mülheim an der Ruhr	M20	68	1210	4:14:59	4:16:19	2:01:47	2:13:12	6:03
1087	692	Musch, Michael	73		*Haan-Gruiten	M35	176	1211	4:15:02	4:16:01	1:58:22	2:16:39	6:03
1088	1474	Kutsch, Ingo	78		EVONIK	M30	72	1214	4:15:11	4:16:01	1:57:35	2:17:36	6:03
1089	1000	Breitgraf, Jens	67		*Velbert	M40	276	1215	4:15:14	4:16:29	2:06:42	2:08:32	6:03
1090	2027	Bender, Gabriele	56		FSG Oberes Siegtal	M50	135	1216	4:15:15	4:16:14	2:05:10	2:10:05	6:03
1091	1285	Schiebener, Andreas	70		*Dorsten	M35	177	1217	4:15:20	4:16:05	1:51:14	2:24:05	6:03
1092	1155	Bollmann, Axel	81		*Duisburg	M20	69	1218	4:15:50	4:16:29	1:52:30	2:23:19	6:04
1093	893	Kornfeld, Torsten	65		Blau-Weiße Kenianer	M40	277	1219	4:15:56	4:16:48	1:56:45	2:19:11	6:04
1094	1937	Gödde, Frank	66		*Witten	M40	278	1220	4:16:13	4:17:24	1:58:31	2:17:42	6:04
1095	672	Tafel, Frank	71		*Essen	M35	178	1221	4:16:25	4:17:08	1:48:33	2:27:51	6:05
1096	339	Capellaro, Christian	67		Tusem Essen	M40	279	1223	4:16:38	4:17:39	1:58:08	2:18:29	6:05
1097	895	Benzmüller, Dirk	68		*Essen	M40	280	1224	4:16:44	4:17:45	1:57:38	2:19:05	6:05
1098	978	Kalinowski, Dr. Bernd	77		LC Auensee Leipzig	M30	73	1225	4:16:49	4:18:05	2:04:57	2:11:52	6:05
1099	1587	Bentz, Uwe	56		*Wülfrath	M50	136	1226	4:16:50	4:17:47	1:55:23	2:21:26	6:05
1100	914	Korth, Wolfgang	64		*Ratingen	M40	281	1228	4:16:56	4:18:05	1:56:20	2:20:35	6:05
1101	1698	Reyer, Hans-Jürgen	66		*Linnich	M40	282	1230	4:17:02	4:18:18	1:55:14	2:21:47	6:06
1102	707	Martin, Andreas	67		*Datteln	M40	283	1231	4:17:07	4:18:39	2:04:41	2:12:26	6:06
1103	1470	Kowalski, Oliver	69		EVONIK	M35	179	1234	4:17:26	4:18:33	2:04:14	2:13:11	6:06
1104	1961	Pickard, Thomas	62		*Remscheid	M45	270	1235	4:17:28	4:18:37	2:05:05	2:12:23	6:06
1105	371	Bungarten, Norbert	53		*Dortmund	M55	56	1236	4:17:41	4:18:36	1:59:18	2:18:23	6:06
1106	2066	Schaefer, Klaus	67		Rapid Ramirez	M40	284	1237	4:17:44	4:18:40	1:57:56	2:19:48	6:07
1107	1220	Deubler, Peter	60		SV Spexard	M45	271	1238	4:17:55	4:18:51	1:57:28	2:20:26	6:07
1108	1809	Artz, Richard	48		TV Witzhelden	M60	22	1239	4:17:57	4:19:19	2:09:56	2:08:01	6:07
1109	328	Kempen, Ulrich	61		*Köln	M45	272	1241	4:17:59	4:19:15	2:04:22	2:13:36	6:07
1110	380	Wieland, Thomas	66		KiKa Universität Köln	M40	285	1243	4:18:17	4:19:23	1:58:39	2:19:37	6:07
1111	1350	Mintgen, Dietmar	54		Spvgg Nickenich	M50	137	1244	4:18:18	4:19:33	2:06:48	2:11:30	6:07
1112	1754	Allenberg, Bernd	53		*Soest	M55	57	1245	4:18:28	4:19:41	1:59:10	2:19:17	6:08
1113	1785	Alexander, Dr. Thomas	62		turnerbund osterfeld	M45	273	1246	4:18:31	4:19:38	1:56:55	2:21:36	6:08
1114	995	Huesmann, Dr. Jürgen	50		*Dortmund	M55	58	1247	4:18:38	4:19:52	2:10:01	2:08:36	6:08
1115	1546	Rehers, Dr. Hawe	47		www.haste-auge.de	M60	23	1249	4:18:51	4:20:11	2:05:06	2:13:44	6:08
1116	951	Broschart, Franz	52		Meddy's LWT Koblenz	M55	59	1250	4:18:55	4:20:03	2:07:01	2:11:54	6:08
1117	678	Gräwe, Detlef	53		Tri-As Hamm	M55	60	1251	4:19:00	4:19:39	1:52:43	2:26:17	6:08
1118	774	Schröer, Martin	65		Tri-As Hamm	M40	286	1252	4:19:01	4:19:40	1:52:44	2:26:17	6:08
1119	921	Waldstein, Dirk	65		*Essen	M40	287	1253	4:19:09	4:20:34	2:12:53	2:06:15	6:09
1120	389	Schäfer, Thomas	57		TUS Wellinghofen	M50	138	1255	4:19:23	4:19:49	1:48:19	2:31:04	6:09
1121	1506	Schade, Michael	59		EVONIK	M45	274	1257	4:19:31	4:20:36	1:59:04	2:20:27	6:09
1122	566	Kieselbach, Wolfgang	52		100 Marathon Club	M55	61	1258	4:19:35	4:20:56	2:09:25	2:10:10	6:09
1123	1818	Sannemann, Wolf-peter	45		*Remscheid	M60	24	1259	4:19:44	4:20:22	1:54:02	2:25:42	6:09
1124	1144	Stehl, Rainer	68		TVDÄ	M40	288	1260	4:19:46	4:20:30	1:56:29	2:23:17	6:09
1125	1563	Boland, Michael	66		EVONIK	M40	289	1261	4:19:48	4:20:53	2:03:51	2:15:56	6:09
1126	1469	Koschmieder, Martin	43		EVONIK	M65	6	1262	4:19:56	4:20:42	2:11:26	2:08:29	6:10
1127	1738	Interthal, Hans jörg	39		*Remscheid	M65	7	1263	4:19:56	4:20:49	1:55:50	2:24:05	6:10
1128	1543	Müseler, Frank	59		Plattfuß Lennep	M45	275	1264	4:20:05	4:20:47	1:55:40	2:24:24	6:10
1129	1323	Scherr, Uwe	66		*Marl - Polsum	M40	290	1265	4:20:12	4:21:18	1:56:28	2:23:43	6:10
1130	2437	Overhamm, Philipp	81		*Düsseldorf	M20	70	1266	4:20:17	4:21:30	2:03:52	2:16:24	6:10
1131	660	Overhamm, Karl-heinz	51		LG DIRAK	M55	62	1267	4:20:17	4:21:30	2:03:53	2:16:24	6:10
1132	1580	Rohr, Dirk	68		Impuls-Lauftreff Kerpen	M40	291	1268	4:20:29	4:22:01	2:14:53	2:05:35	6:10
1133	2500	Osterbrink, Martin	61		TV Mesum	M45	276	1269	4:20:31	4:21:21	1:52:32	2:27:59	6:10
1134	1008	Eigelshofen, Frank	61		Henkel X-Dream	M45	277	1270	4:20:35	4:21:35	2:18:22	2:02:12	6:11
1135	1886	Thomas, Ingo	66		*Krefeld	M40	292	1271	4:20:36	4:21:38	1:55:35	2:25:01	6:11
1136	1630	Steidl, Bernhard	64		*Kamp-Lintfort	M40	293	1273	4:21:16	4:22:44	2:04:27	2:16:49	6:12



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Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
1137	759	Binias, Jürgen	60		LC Duisburg	M45	278	1274	4:21:21	4:22:33	2:00:36	2:20:44	6:12
1138	1663	Murschall, Oliver	76		*Frankfurt am Main	M30	74	1275	4:21:21	4:22:24	1:58:14	2:23:07	6:12
1139	1013	Sarnetzki, Bernd	52		ESV Gremberghoven	M55	63	1276	4:21:24	4:22:28	1:58:00	2:23:24	6:12
1140	597	Stricker, Tom	68		equipe palais royale	M40	294	1277	4:21:24	4:22:35	2:05:04	2:16:20	6:12
1141	1009	Wagenaar, Frank	64		Iron-Club-Kuhlendahl e.V.	M40	295	1278	4:21:29	4:22:43	2:06:43	2:14:45	6:12
1142	1477	Lisakowski, Werner	56		EVONIK	M50	139	1279	4:21:30	4:22:28	1:56:21	2:25:08	6:12
1143	1576	Enkler, Detlev	63		Passtschon98	M45	279	1280	4:21:32	4:22:37	1:58:37	2:22:55	6:12
1144	1331	Laurent, Johan	80	FRA	*Düsseldorf	M20	71	1281	4:21:49	4:22:17	1:46:53	2:34:55	6:12
1145	1784	Schriever, Philipp	80		*Hamm	M20	72	1282	4:21:53	4:22:59	1:58:25	2:23:28	6:12
1146	915	Weimer, Dr. Tobias	74		*Essen	M30	75	1284	4:21:59	4:23:08	2:08:49	2:13:10	6:13
1147	1349	Natschke, Siegfried	40		*Gelsenkirchen	M65	8	1285	4:22:10	4:23:10	2:00:02	2:22:07	6:13
1148	1265	Makowski, Daniel	86		*Velbert	M20	73	1286	4:22:21	4:23:46	2:09:25	2:12:56	6:13
1149	265	Gerlach, Jörg	60		100 Marathon Club	M45	280	1287	4:22:25	4:23:43	2:03:39	2:18:46	6:13
1150	1781	Hübsch, Franz	50		Sankt Josef-Zentrum Wuppertal	M55	64	1289	4:22:47	4:23:59	2:04:59	2:17:47	6:14
1151	838	Wittke, Achim	54		TSG Sprockhövel	M50	140	1290	4:22:47	4:24:04	2:04:58	2:17:49	6:14
1152	395	Olschewski, Martin	83		*Grafschaft	M20	74	1291	4:22:50	4:23:53	1:58:28	2:24:22	6:14
1153	1087	Schmid, Holger	70		TC 1892 Kray	M35	180	1293	4:23:41	4:24:29	1:55:27	2:28:13	6:15
1154	1851	Zaun, Jürgen	50		*Mettmann	M55	65	1294	4:23:47	4:24:56	2:00:51	2:22:56	6:15
1155	872	Aldenhoff, Ralf	62		*Steinhagen	M45	281	1295	4:24:02	4:25:04	2:13:45	2:10:17	6:15
1156	1829	Klugewicz, Peter	63		LC Duisburg	M45	282	1296	4:24:13	4:25:33	2:00:12	2:24:01	6:16
1157	811	Dietrich, Markus	69		TVE Burgaltendorf	M35	181	1299	4:24:45	4:25:59	2:06:49	2:17:55	6:16
1158	1625	Lochmann, Daniel	69		*Essen	M35	182	1300	4:25:02	4:26:38	2:10:18	2:14:44	6:17
1159	896	Eicker, Peter	57		*Viersen	M50	141	1301	4:25:03	4:26:21	2:03:08	2:21:55	6:17
1160	1125	Franken, Dominik	67		s.g. kreuz-eck	M40	296	1302	4:25:07	4:26:23	2:08:10	2:16:57	6:17
1161	1405	Lukas, Hans	43		FLG Gütersloh	M65	9	1303	4:25:15	4:26:28	2:02:47	2:22:27	6:17
1162	1109	König, Fabian	86		*Traben-Trarbach	M20	75	1304	4:25:17	4:26:33	2:02:35	2:22:41	6:17
1163	521	Hartel, Karl winfried	69		TV Hösel 1901 e.V.	M35	183	1305	4:25:25	4:26:59	2:13:18	2:12:07	6:17
1164	1826	Golz, Klaus	61		Angerland LT Lintorf	M45	283	1306	4:25:29	4:26:53	2:04:53	2:20:36	6:18
1165	1190	Röhlke, Peter	60		*Bergisch Gladbach	M45	284	1310	4:25:48	4:26:57	1:57:39	2:28:08	6:18
1166	472	Tramp, Ralf	58		SV Viktoria Goch	M50	142	1311	4:25:48	4:26:29	1:52:33	2:33:15	6:18
1167	1734	Kriegel, Jürgen	63		FC Greffen	M45	285	1312	4:25:51	4:26:48	1:58:28	2:27:23	6:18
1168	448	Henn, Gerrit	65		*Essen	M40	297	1313	4:25:51	4:27:08	2:10:58	2:14:53	6:18
1169	1375	Hildebrandt, Frank	56		SV munster	M50	143	1314	4:26:03	4:27:38	2:09:13	2:16:50	6:18
1170	591	Gabriel, Martin	58		*krefeld	M50	144	1315	4:26:08	4:27:11	1:58:37	2:27:30	6:18
1171	1314	Detmer, Hanspeter	46		Kölnener Roll-Möpse	M60	25	1316	4:26:13	4:27:24	2:00:18	2:25:54	6:19
1172	1356	Dietsch, Guido	64		Autohaus Boden	M40	298	1317	4:26:13	4:27:34	2:04:49	2:21:24	6:19
1173	1444	Fritsch, Swen	62		EVONIK	M45	286	1318	4:26:16	4:27:43	2:07:04	2:19:11	6:19
1174	1595	Berwanger, Oswald	41		VfL Hüls	M65	10	1321	4:26:24	4:27:41	2:10:15	2:16:08	6:19
1175	1410	Koch, Johannes Edwin	64		*Düsseldorf	M40	299	1323	4:26:31	4:27:22	1:54:38	2:31:53	6:19
1176	1313	Thewes, Carsten	68		*Sinzig	M40	300	1326	4:27:03	4:27:59	1:58:26	2:28:37	6:20
1177	488	Knape, Hartmut	49		*Bergisch Gladbach	M55	66	1327	4:27:08	4:28:33	1:58:05	2:29:03	6:20
1178	1918	Blinn, Roland	57		*Bornheim	M50	145	1328	4:27:18	4:27:55	1:50:57	2:36:21	6:20
1179	784	Wehmeier, Bastian	77		*Essen	M30	76	1329	4:27:23	4:28:36	2:06:50	2:20:33	6:20
1180	1900	Schlingermann, Gregor	87		*Düsseldorf	M20	76	1330	4:27:25	4:28:14	1:54:52	2:32:32	6:20
1181	1986	Dübbert, Tim	86		*Korschenbroich	M20	77	1331	4:27:31	4:28:50	2:15:42	2:11:48	6:20
1182	1336	Fengler, Rüdiger	51		Adler-Langlauf Bottrop	M55	67	1332	4:27:33	4:28:19	1:52:32	2:35:01	6:20
1183	432	Maghon, Helmut	29		TSV Viktoria Mülheim	M75	1	1333	4:27:34	4:28:03	2:10:03	2:17:31	6:20
1184	953	Brozek, Friedrich	52	AUT	Henkel X-Dream	M55	68	1335	4:27:37	4:28:36	2:05:22	2:22:14	6:21
1185	1606	Denker, Jochen	69		BSG Sparkasse Essen	M35	184	1336	4:27:37	4:28:50	2:04:58	2:22:39	6:21
1186	1927	Gumbel, Ralph	65		*Mühlhausen	M40	301	1337	4:27:38	4:28:49	2:04:59	2:22:39	6:21
1187	1017	Falk, Peter	55		*Bochum	M50	146	1339	4:27:44	4:28:40	1:58:28	2:29:16	6:21
1188	1537	Koch, Uwe	62		TSG Bad König	M45	287	1340	4:27:45	4:29:09	2:14:23	2:13:22	6:21
1189	1984	Spieker, Johann	39		100 Marathon-Club	M65	11	1342	4:28:04	4:29:33	2:11:27	2:16:36	6:21
1190	408	Tschesche, Georg	67		Tsv pelkum 04/32 ev	M40	302	1343	4:28:09	4:29:22	2:05:01	2:23:08	6:21
1191	1243	Werner, Ralf	59		ASV Köln	M45	288	1344	4:28:10	4:29:37	2:06:29	2:21:41	6:21
1192	726	Graeser, Axel	48		*Meerbusch	M60	26	1345	4:28:21	4:29:49	1:59:31	2:28:49	6:22
1193	1891	Dahl, Knuth	67		*Meckenheim	M40	303	1346	4:28:22	4:29:34	2:08:27	2:19:55	6:22
1194	737	Theede, Winfried	54		*Aachen	M50	147	1348	4:28:27	4:29:50	2:10:06	2:18:20	6:22
1195	1894	Altenburg, Harald	64		Kein Vereinsmitglied	M40	304	1350	4:28:29	4:29:55	2:13:30	2:14:59	6:22
1196	2036	Henssen, Werner	57		TV Rheindahlen	M50	148	1351	4:28:32	4:29:42	2:07:14	2:21:17	6:22
1197	1382	Peters, Mathias	64		LC Nettetal	M40	305	1353	4:28:42	4:30:02	2:14:17	2:14:24	6:22
1198	1072	Seybold, Alfred	63		Lauftreff KaBa	M45	289	1354	4:28:46	4:29:45	1:58:53	2:29:52	6:22
1199	431	Klingelhöfer, Markus	73		LC Duisburg	M35	185	1355	4:28:57	4:30:20	2:14:23	2:14:34	6:22
1200	430	Huth, Thorsten	62		LC Duisburg	M45	290	1356	4:28:57	4:30:20	2:14:22	2:14:34	6:22
1201	429	Heidenreich, Frank	63		LC Duisburg	M45	291	1357	4:28:57	4:30:20	2:14:23	2:14:33	6:22
1202	517	Noetzel, Dirk	67		*Essen	M40	306	1358	4:28:58	4:30:09	1:58:21	2:30:36	6:22
1203	557	Schramm, Alfred	39		Jahreszeiten-Verlag	M65	12	1359	4:28:58	4:30:03	2:08:52	2:20:05	6:22
1204	526	Zimpel, Andreas	54		TUS Hattingen	M50	149	1361	4:29:03	4:29:59	1:58:26	2:30:36	6:23
1205	723	Appelhoff, Peter	60		*Bochum	M45	292	1362	4:29:05	4:30:31	2:12:30	2:16:34	6:23
1206	2007	Schellenbeck, Stefan	59		LT Gruiten-Neandertal	M45	293	1364	4:29:09	4:30:19	1:59:53	2:29:15	6:23
1207	490	Braun, Helmut	51		*Bielefeld	M55	69	1365	4:29:12	4:30:33	1:52:59	2:36:13	6:23

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Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
1208	2037	Bernhardt, Dieter	40		Grün Weiss Steinbeck	M65	13	1366	4:29:25	4:29:47	1:57:10	2:32:15	6:23
1209	1397	Kraus, Alfred	43		TV Rommerskirchen	M65	14	1367	4:29:28	4:30:42	2:04:57	2:24:30	6:23
1210	1912	Stommel, Olaf	70		*Essen	M35	186	1368	4:29:30	4:30:49	2:06:02	2:23:27	6:23
1211	1215	Dressel, Urs	78		*Essen	M30	77	1369	4:29:34	4:30:41	2:03:56	2:25:37	6:23
1212	1598	Kuppels, Frank	63		*Monheim	M45	294	1370	4:30:11	4:31:26	2:02:33	2:27:37	6:24
1213	969	Bollmann, Henrik	79		*Duisburg	M20	78	1372	4:30:25	4:31:39	2:06:46	2:23:38	6:25
1214	363	Reder, Gerd	51		*Düsseldorf	M55	70	1373	4:30:29	4:31:45	2:04:56	2:25:33	6:25
1215	618	May, Detlef	61		LC Solbad Ravensberg	M45	295	1374	4:30:31	4:31:54	2:15:35	2:14:55	6:25
1216	500	Wollenhaupt, Daniel	83		*Neumünster	M20	79	1375	4:30:43	4:31:45	2:05:41	2:25:01	6:25
1217	317	Graw, Udo	64		DJK Preussen 1911 Bochum	M40	307	1376	4:30:47	4:31:54	1:58:21	2:32:26	6:25
1218	867	Illner, Prof. Rolf	55		*Dorsten	M50	150	1378	4:31:13	4:32:12	1:57:27	2:33:45	6:26
1219	1456	Irmer, Arnd	71		EVONIK	M35	187	1381	4:31:39	4:33:18	2:12:52	2:18:47	6:26
1220	424	Prager, Matthias	72		*Essen	M35	188	1383	4:31:41	4:33:17	2:12:54	2:18:47	6:26
1221	355	Herbold, Harald	59		FTSV Heckershausen	M45	296	1386	4:31:51	4:33:15	2:14:23	2:17:27	6:27
1222	588	Ellinghoven, Günter	66		*Eschweiler	M40	308	1387	4:32:03	4:33:37	2:10:40	2:21:23	6:27
1223	2317	Magerkurth, Sarah	65		Endorphinjunkies.de	M40	309	1389	4:32:11	4:33:33	2:11:26	2:20:45	6:27
1224	421	Eickhoff, Andreas	65		Tri Fan Hennesee	M40	310	1390	4:32:17	4:33:04	1:55:09	2:37:08	6:27
1225	783	Kaupen, Ulrich	63		TV Arnsberg	M45	297	1392	4:32:35	4:33:13	1:55:59	2:36:35	6:28
1226	1763	Meinke, Dirk	66		*Lüdenscheid	M40	311	1393	4:32:38	4:34:02	2:14:24	2:18:13	6:28
1227	362	Wetterau, Dr. Ferdinand	51		Combinat 1928	M55	71	1395	4:32:56	4:34:29	2:14:13	2:18:43	6:28
1228	1893	Borlinghaus, Stefan	89		Heisinger SV	MJG	7	1397	4:33:11	4:34:01	1:56:45	2:36:25	6:28
1229	1133	Buss, Marcel	70		*Essen	M35	189	1398	4:33:25	4:34:51	2:12:36	2:20:49	6:29
1230	1482	Merzenich, Peter	53		EVONIK	M55	72	1400	4:33:44	4:34:54	2:01:26	2:32:18	6:29
1231	477	Froonhoff, Rob	66	NLD	100 MAR	M40	312	1401	4:34:12	4:35:16	2:15:08	2:19:03	6:30
1232	2316	Eisenberg, Frank	76		*Volkmarsen	M30	78	1402	4:34:15	4:35:07	2:05:20	2:28:54	6:30
1233	961	Heuser, Prof. Heinrich	41		*Köln	M65	15	1403	4:34:36	4:39:28	2:17:20	2:17:15	6:30
1234	1847	Krieg, Horst	28		SUS Oberaden	M80	1	1404	4:34:48	4:35:00	2:05:19	2:29:28	6:31
1235	1508	Scheiwe, Hans-Richard	62		EVONIK	M45	298	1405	4:34:59	4:36:00	2:05:07	2:29:51	6:31
1236	1217	Jany, Lothar	59		*Dinslaken	M45	299	1406	4:35:04	4:36:29	2:14:22	2:20:41	6:31
1237	1916	Hittmeyer, Manfred	54		Viermärker Dortmund	M50	151	1408	4:35:06	4:36:03	2:13:25	2:21:40	6:31
1238	1938	Baron, Willi	56		*Herne	M50	152	1409	4:35:06	4:36:34	2:12:11	2:22:55	6:31
1239	2430	Schlüter, Ralph	52		DMT	M55	73	1410	4:35:10	4:36:35	2:11:41	2:23:29	6:31
1240	1548	Gaudig, Stefan	77		*Essen	M30	79	1411	4:35:27	4:36:49	2:14:24	2:21:03	6:32
1241	1788	Pütz, Martin	78		*Solingen	M30	80	1413	4:35:40	4:37:09	2:17:41	2:17:58	6:32
1242	1898	Stute, Johannes	60		*Bielefeld	M45	300	1414	4:36:00	4:37:11	1:58:19	2:37:41	6:32
1243	1568	Öztürk, Recep	60		EVONIK	M45	301	1417	4:36:22	4:36:23	2:02:03	2:34:18	6:33
1244	1569	Schraa, Detlef	58		EVONIK	M50	153	1418	4:36:35	4:37:42	2:03:50	2:32:45	6:33
1245	1703	Guthoff, Volker	61		*Mülheim an de rRuhr	M45	302	1419	4:36:46	4:37:43	1:58:33	2:38:12	6:34
1246	1430	Chemnitz, Michael	70		EVONIK	M35	190	1420	4:37:12	4:37:33	2:11:40	2:25:32	6:34
1247	798	Fischer, Peter	55		*Wülfrath	M50	154	1421	4:37:14	4:38:29	2:01:39	2:35:35	6:34
1248	1527	Wenda, Herbert	48		EVONIK	M60	27	1424	4:37:49	4:39:20	2:10:18	2:27:31	6:35
1249	1311	Backhausen, Klaus	62		Besenwagenwindschattenläufer	M45	303	1425	4:37:58	4:39:32	2:18:49	2:19:09	6:35
1250	1172	Haarkamp, Olaf	68		*Pulheim	M40	313	1427	4:38:41	4:39:53	2:06:57	2:31:43	6:36
1251	1104	Klaus, Orlando	85		*Bochum	M20	80	1429	4:39:03	4:40:26	2:15:03	2:23:59	6:37
1252	554	Czerwinski, Martin	61		Crazy Runners Rietberg	M45	304	1430	4:39:35	4:41:00	2:15:34	2:24:00	6:38
1253	741	Weymann, Andreas	68		*Mülheim	M40	314	1431	4:39:58	4:40:59	1:58:48	2:41:09	6:38
1254	1783	Milke, Johannes Gerhard	58		*Essen	M50	155	1432	4:40:00	4:40:59	2:00:32	2:39:27	6:38
1255	1354	Hansen, Hans-Jürgen	59		*Coesfeld	M45	305	1435	4:40:50	4:42:09	2:04:53	2:35:56	6:39
1256	1001	Rast, Manfred	55		*Dinslaken	M50	156	1436	4:41:24	4:42:37	2:07:59	2:33:24	6:40
1257	374	Borowski, Arnold	65		*Oberhausen	M40	315	1437	4:41:32	4:42:31	2:19:58	2:21:34	6:40
1258	373	Hadadi-Moghadam, Jubin	84		*Oberhausen	M20	81	1438	4:41:33	4:42:31	2:19:58	2:21:34	6:40
1259	1582	Merbecks, Jörg	68		*Düsseldorf	M40	316	1439	4:42:14	4:43:32	1:57:19	2:44:55	6:41
1260	699	Zirkwitz, Hans-walter	53		von-null-auf-42	M55	74	1440	4:42:17	4:43:28	2:05:02	2:37:15	6:41
1261	1264	Schaek, Falko	82		*Bocholt	M20	82	1441	4:42:22	4:43:48	2:11:29	2:30:52	6:42
1262	1324	Dopatka, Jürgen	52		*DORSTEN	M55	75	1442	4:42:27	4:43:57	2:14:18	2:28:09	6:42
1263	1211	Chotsubo, Nobumasa	78		Tsuboya of the world	M30	81	1443	4:42:40	4:44:08	2:06:39	2:36:00	6:42
1264	1245	Kaufhold, Bernd	72		Viermärker Dortmund	M35	191	1444	4:42:48	4:43:28	1:52:46	2:50:02	6:42
1265	467	Otto, Christof	64		*Niederrhausen	M40	317	1445	4:42:53	4:44:19	2:13:31	2:29:22	6:42
1266	577	Ewers, Jochen	59		Crazy Runners Rietberg	M45	306	1447	4:43:34	4:44:59	2:15:34	2:27:59	6:43
1267	708	Driessen, Stephan	77		*Bottrop	M30	82	1448	4:43:47	4:45:16	2:18:09	2:25:37	6:44
1268	327	Unger, Andreas	64		*Holzwickede	M40	318	1450	4:43:53	4:45:01	2:04:17	2:39:36	6:44
1269	2020	Netthöfel, Jürgen	56		*Langenfeld	M50	157	1451	4:43:56	4:45:50	2:01:07	2:42:49	6:44
1270	1138	Breyer, Andreas	65		*Essen	M40	319	1453	4:44:18	4:45:49	2:21:43	2:22:35	6:44
1271	445	Schranz, Yogi	65		Borbecker Raketen	M40	320	1455	4:44:20	4:45:50	2:21:44	2:22:35	6:44
1272	1529	Wider, Michael	67		EVONIK	M40	321	1456	4:44:23	4:45:54	2:20:43	2:23:40	6:44
1273	388	Schramm, Dietmar	99		*Recklinghausen	M	0	1457	4:44:30	4:46:06	2:21:40	2:22:50	6:45
1274	1453	Heger, Frank	59		EVONIK	M45	307	1458	4:44:30	4:45:58	2:14:17	2:30:12	6:45
1275	1830	Radomski, Heinz	63		LC Duisburg	M45	308	1460	4:44:42	4:46:03	2:14:16	2:30:26	6:45
1276	1534	Magh, Thomas	65		*Bottrop	M40	322	1461	4:44:44	4:46:02	2:08:49	2:35:54	6:45
1277	446	Schröder, Tasso	53		Gerscheder SV Essen	M55	76	1462	4:44:50	4:46:20	2:21:46	2:23:03	6:45
1278	1834	Rudolph, Karl-heinz	39		*Kaarst	M65	16	1463	4:44:55	4:46:02	2:17:03	2:27:52	6:45



Gesamtliste

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Männer

Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
1279	2429	Kwiatowsky, Ronny	77		*Gelsenkirchen	M30	83	1464	4:46:06	4:47:38	2:09:26	2:36:40	6:47
1280	1105	Baranski, Markus	69		LC Solbad Ravensburg	M35	192	1466	4:46:20	4:47:50	2:21:30	2:24:49	6:47
1281	828	Hinterberger, Peter	57		LC Duisburg	M50	158	1467	4:46:42	4:48:01	2:17:43	2:28:58	6:48
1282	977	Konwiarz, Thomas	65		*Duisburg	M40	323	1468	4:46:42	4:48:01	2:17:43	2:28:58	6:48
1283	727	Blümer, Christoph	63		Germania Vossenack	M45	309	1469	4:47:04	4:48:19	2:08:27	2:38:36	6:48
1284	1801	Ottersbach, Norbert	60		BSG Stadt Köln e.V.	M45	310	1470	4:47:13	4:48:44	2:16:24	2:30:48	6:48
1285	1626	Börgers, Thomas	67		*Borken	M40	324	1471	4:47:20	4:48:56	2:13:20	2:34:00	6:49
1286	1780	Heller, Hans-peter	51		Impuls-Lauftreff Kerpen	M55	77	1473	4:47:27	4:48:59	2:14:54	2:32:33	6:49
1287	1504	Rudnik, Horst-Michael	62		EVONIK	M45	311	1476	4:47:57	4:49:31	2:19:26	2:28:31	6:49
1288	2031	Schulmeyer, Hartmut	80		*Darmstadt	M20	83	1477	4:48:48	4:50:09	2:09:41	2:39:07	6:51
1289	752	Ludwig, Theo	54		Marathon Dinslaken	M50	159	1479	4:48:58	4:50:28	2:15:36	2:33:22	6:51
1290	1522	Tragesser, Jens	72		EVONIK	M35	193	1480	4:48:58	4:50:17	2:07:59	2:40:59	6:51
1291	2498	Mertesdorf, Richard	36		LAC Veltins Hochsauerland	M70	8	1481	4:50:23	4:51:47	2:19:23	2:30:59	6:53
1292	381	Ott, Wolfgang	40		ÜVL Gelsenkirchen	M65	17	1482	4:51:19	4:51:49	2:07:13	2:44:06	6:54
1293	883	Hoffmann, Erwin	55		*Schlangen	M50	160	1483	4:51:32	4:52:45	2:05:41	2:45:51	6:55
1294	954	Brückmann, Christian	69	AUT	Henkel X-Dream	M35	194	1486	4:52:04	4:52:20	2:06:05	2:45:58	6:55
1295	589	Müller, Andreas	65		PKV Bexbach	M40	325	1487	4:52:18	4:53:02	1:51:41	3:00:36	6:56
1296	712	Schwarz, Marcel	76		*Bottrop	M30	84	1488	4:52:21	4:53:49	2:18:11	2:34:10	6:56
1297	565	Antoni, Günter	41		100 Marathon Club	M65	18	1489	4:53:05	4:54:25	2:13:33	2:39:31	6:57
1298	1681	Pflügler, Christian	67		100 Marathon Club	M40	326	1490	4:53:06	4:54:33	2:11:29	2:41:37	6:57
1299	1134	Gach, Peter	59		*Mülheim	M45	312	1491	4:53:43	4:55:12	2:15:40	2:38:03	6:58
1300	809	Peters, Olaf	65		*Bochum	M40	327	1493	4:54:13	4:55:46	2:21:42	2:32:31	6:58
1301	1270	Kauhn, Manfred	56		Lauffreunde Emsland	M50	161	1495	4:55:04	4:56:28	2:14:26	2:40:38	7:00
1302	1777	Oberkötter, Georg	67		*Essen	M40	328	1496	4:55:05	4:55:40	2:06:11	2:48:54	7:00
1303	1191	Schlifka, Sven	80		*velbert	M20	84	1498	4:55:39	4:57:04	2:09:26	2:46:12	7:00
1304	1583	Wendland, David	86		*Rees	M20	85	1499	4:55:44	4:57:17	2:21:41	2:34:02	7:01
1305	1792	Berentsen, Martin	66		*Oberhausen	M40	329	1500	4:56:00	4:57:04	2:05:38	2:50:22	7:01
1306	804	Bajohr, Andreas	68		Ruhrrunner Essen	M40	330	1501	4:56:51	4:58:22	2:21:44	2:35:06	7:02
1307	1112	Zeressen, Dirk	66		Rapid Ramirez	M40	331	1502	4:57:02	4:58:37	2:20:44	2:36:18	7:02
1308	1844	Schölla, Rainer	52		*Essen	M55	78	1504	4:58:51	5:00:24	2:25:13	2:33:38	7:05
1309	1936	Stasch, Horst	36		MC Capenberg	M70	9	1506	5:00:02	5:01:18	2:08:54	2:51:07	7:07
1310	1100	Posingies, Heinz	52		*Düsseldorf	M55	79	1507	5:00:26	5:01:51	2:17:06	2:43:19	7:07
1311	970	Maurer, Prof. Wolfgang	44		*Siegen	M60	28	1508	5:00:39	5:01:56	2:20:27	2:40:12	7:08
1312	1931	Huff, Georg	64		Freie Schwimmer Düsseldorf	M40	332	1509	5:00:43	5:01:51	1:58:26	3:02:17	7:08
1313	1090	Glaser, Markus	79		TuS St. Martin	M20	86	1510	5:01:12	5:02:39	2:10:03	2:51:08	7:08
1314	1002	Nowak, Adolf	39		SSV Buer 07/28	M65	19	1513	5:02:32	5:04:06	2:20:41	2:41:51	7:10
1315	1274	Kowalzik, Michael	66		BSG-DVG	M40	333	1515	5:04:06	5:05:41	2:25:47	2:38:18	7:12
1316	627	Preisler, Horst	35		LAV Hamburg-Nord	M70	10	1516	5:04:50	5:06:19	2:26:20	2:38:30	7:13
1317	1934	Hodacki, Heiko	72		*Gelsenkirchen	M35	195	1517	5:05:22	5:06:54	2:21:46	2:43:36	7:14
1318	1230	Biallas, Jürgen	54		100 Marathon Club	M50	162	1518	5:05:42	5:07:10	2:22:57	2:42:44	7:15
1319	892	Brozy, Frederic	83		*Düsseldorf	M20	87	1519	5:06:30	5:07:53	2:14:27	2:52:02	7:16
1320	1308	Kowalsky, Paul	35		Gerscheder SV Essen	M70	11	1521	5:07:09	5:08:24	2:15:47	2:51:22	7:17
1321	1575	Tröger, Bernd	47		*Berlin	M60	29	1523	5:10:22	5:11:57	2:21:41	2:48:41	7:21
1322	733	Real, Thomas Javier	68		Tai Ji Gong Fu	M40	334	1524	5:11:05	5:12:31	2:14:13	2:56:52	7:22
1323	1964	Macke, Herbert	36		Adler-Langlauf Bottrop	M70	12	1525	5:11:39	5:13:04	2:27:41	2:43:58	7:23
1324	572	Glogowiec, David	90		Tut nix	MJG	8	1526	5:12:43	5:14:02	2:06:02	3:06:40	7:25
1325	564	Bartsch, Frank	65		Stadtwerke Witten Team	M40	335	1528	5:14:34	5:16:10	2:23:12	2:51:22	7:27
1326	1495	Ostendorf, Markus	63		EVONIK	M45	313	1529	5:14:37	5:15:54	2:13:09	3:01:27	7:27
1327	397	Gafert, Christian	63		jogmap Ruhr	M45	314	1531	5:14:53	5:16:10	2:25:32	2:49:21	7:28
1328	1034	Jansch, Frank	64		Team ERDINGER Alkoholfrei	M40	336	1532	5:14:54	5:16:10	2:25:32	2:49:21	7:28
1329	859	Hense, Norbert	55		TC 1892 Kray	M50	163	1533	5:15:32	5:15:47	2:29:51	2:45:41	7:29
1330	2026	Terwey, Günter	59		TriFinisch	M45	315	1534	5:16:48	5:18:14	2:20:39	2:56:08	7:30
1331	1174	Michaels, Stephan	66		AMTV Hamburg	M40	337	1535	5:17:14	5:18:47	2:19:49	2:57:25	7:31
1332	519	Bergediek, Michael	61		*Dortmund	M45	316	1536	5:18:19	5:19:54	2:29:46	2:48:32	7:33
1333	616	Wehner, Harald	39		IGL Hamburg	M65	20	1537	5:18:27	5:19:54	2:29:53	2:48:33	7:33
1334	2497	Voß, Heinrich	38		TV Lemgo	M70	13	1538	5:20:34	5:22:02	2:30:57	2:49:36	7:36
1335	451	Lietz, Stefan	71		*Gelsenkirchen	M35	196	1539	5:32:38	5:34:09	2:22:17	3:10:20	7:53
1336	1863	Berka, Volker	43		DJK Ochtendung	M65	21	1540	5:35:00	5:36:32	2:42:57	2:52:02	7:56
1337	879	Grünschläger, Thomas	54		TG Neuss	M50	164	1541	5:36:44	5:38:18	2:42:10	2:54:33	7:59



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Frauen

Platz	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
1	F1	Krull, Silvia	78		LG Lage Detmold	W30	1	9	2:38:21	2:38:21	1:18:50	1:19:29	3:45
2	F7	Bohn, Birgitt	71		Spiridon Frankfurt	W35	1	16	2:43:04	2:43:06	1:21:02	1:22:01	3:52
3	F11	Jedras, Barbara	70		Tusem Essen	W35	2	48	2:57:37	2:57:44	1:29:23	1:28:13	4:13
4	F262	Heckmann, Dr. Kirsten	77		SV Brackwede	W30	2	64	2:58:45	2:58:54	1:27:48	1:30:57	4:14
5	F247	Gayk, Svenja	74		*mülheim an der ruhr	W30	3	98	3:04:05	3:04:08	1:28:48	1:35:16	4:22
6	F101	Angel, Heike	60		LC Saucony Saar	W45	1	167	3:12:53	3:13:01	1:31:58	1:40:54	4:34
7	F191	Nachtwey, Claudia	67		EVONIK	W40	1	178	3:14:30	3:14:44	1:35:53	1:38:37	4:37
8	F63	Krieg, Ulrike	72		Alfterer SC	W35	3	179	3:14:37	3:14:44	1:36:11	1:38:25	4:37
9	F219	Hansch, Vera	80		Adler-Langlauf Bottrop	W20	1	195	3:15:46	3:16:00	1:36:28	1:39:18	4:38
10	F218	Wimmer, Tanja	79		ASC Rosellen Neuss	W20	2	196	3:15:47	3:16:00	1:33:05	1:42:42	4:38
11	F224	Musielak, Heike	67		*Gladbeck	W40	2	207	3:16:58	3:17:12	1:34:52	1:42:05	4:40
12	F64	Tünnermann, Ina	69		SV Brackwede	W35	4	223	3:18:06	3:18:24	1:37:47	1:40:18	4:42
13	F267	Nowotny-hupka, Rita	59		LT Wischlingen Dortmund	W45	2	234	3:18:58	3:19:13	1:36:25	1:42:32	4:43
14	F62	Miedtank, Anja	71		*Iserlohn	W35	5	254	3:20:01	3:20:21	1:35:41	1:44:19	4:44
15	F154	Kiss, Christine	82		LGO Bochum	W20	3	297	3:23:10	3:23:30	1:41:54	1:41:16	4:49
16	F118	Claus, Ute	66		LT Issum TurboSchnecken	W40	3	300	3:23:16	3:23:47	1:38:48	1:44:28	4:49
17	F236	Hoffmann, Kerstin	65		VfL 28 Ellrich	W40	4	307	3:23:57	3:24:07	1:39:08	1:44:49	4:50
18	F127	Kina, Heidi	60		Viermärker Dortmund	W45	3	336	3:25:19	3:25:35	1:37:26	1:47:53	4:52
19	F58	Schäuble, Carmen	70		SG.Empfingen Ausdauersport	W35	6	355	3:26:34	3:26:59	1:42:27	1:44:06	4:54
20	F167	Niemann, Marianne	53		LC Solbad Ravensberg	W55	1	366	3:27:34	3:27:54	1:40:03	1:47:30	4:55
21	F164	Prommesberger, Yvonne	77		TBF 03	W30	4	368	3:27:47	3:28:05	1:40:19	1:47:27	4:55
22	F106	Klein, Britta	67		Marathon-Club Eschweiler	W40	5	405	3:28:46	3:29:17	1:43:45	1:45:00	4:57
23	F113	Bluhm-Weinhold, Annemarie	69		LC Solbad Ravensberg	W35	7	408	3:28:50	3:29:13	1:43:28	1:45:21	4:57
24	F59	Breuer, Sabine	66		LC Duisburg	W40	6	415	3:28:55	3:29:18	1:43:45	1:45:09	4:57
25	F238	Kientz, Branka	69	HRV	*Mannheim	W35	8	454	3:30:17	3:30:40	1:40:37	1:49:40	4:59
26	F166	Stemmer, Renate	50		TUS Breitscheid	W55	2	471	3:31:42	3:31:56	1:44:57	1:46:45	5:01
27	1967	Kebbedies, Elisabeth	66		TV Werne 03	W40	7	486	3:33:04	3:33:37	1:44:11	1:48:52	5:03
28	F158	Bergener, Jutta	69		TSV Schloß Neuhaus	W35	9	491	3:33:24	3:33:48	1:44:36	1:48:48	5:03
29	F46	Schürmeyer, Birgit	66		*Neuss	W40	8	492	3:33:26	3:33:54	1:40:39	1:52:47	5:04
30	F109	Esser, Silvia	63		Marathon-Club Eschweiler	W45	4	497	3:33:42	3:34:13	1:43:45	1:49:56	5:04
31	2061	Dörfers, Judith	79		ART Düsseldorf	W20	4	498	3:33:44	3:34:12	1:43:44	1:50:00	5:04
32	F149	Böckhorst, Dorothee	69		LTV Lippstadt	W35	10	510	3:34:26	3:34:54	1:44:34	1:49:51	5:05
33	F145	Leone, Maria	68		Wir schaffens 42	W40	9	522	3:35:30	3:35:53	1:45:03	1:50:26	5:06
34	F242	Tummoszeit, Petra	66		Barmer TV	W40	10	524	3:35:41	3:36:11	1:44:52	1:50:48	5:07
35	2011	Orth-Deppe, Ute	66		Wir schaffens 42	W40	11	526	3:35:54	3:35:54	3:16:59	18:54	5:07
36	2010	Kunze, Anne	68		LT St. Antonius Wesel	W40	12	533	3:36:24	3:36:42	1:44:56	1:51:27	5:08
37	F156	Rother, Eva	53		BSG Danfoss Bauer	W55	3	537	3:36:39	3:37:03	1:44:43	1:51:55	5:08
38	F271	Ioana, Nicola	79		*Essen	W20	5	565	3:38:21	3:39:00	1:46:24	1:51:56	5:10
39	F35	Hein, Susanne	62		Anlauf-Marathonteam	W45	5	610	3:40:58	3:41:32	1:48:06	1:52:52	5:14
40	F240	Hans, Jacqueline	81		LG Gummersbach	W20	6	620	3:41:25	3:42:02	1:44:33	1:56:52	5:15
41	F85	Dahlberg, Katharina	84		*Herne	W20	7	631	3:42:17	3:43:05	1:52:50	1:49:26	5:16
42	F38	Grohmann, Gabriele	65		Troisdorfer LG M.U.T.	W40	13	638	3:42:52	3:43:25	1:50:06	1:52:46	5:17
43	F97	Blondin, Juliane	59		SC Bayer 05 Uerdingen	W45	6	642	3:43:03	3:43:48	1:44:26	1:58:36	5:17
44	F207	Neumann, Silke	79		Tricity Paderborn 2001	W20	8	655	3:43:33	3:44:07	1:49:31	1:54:01	5:18
45	F41	Brinkmann, Ilka	73		LC Solbad Ravensberg	W35	11	657	3:43:39	3:44:16	1:46:58	1:56:41	5:18
46	F152	Kranjc, Eva	66		LT Recklinghausen	W40	14	664	3:43:51	3:44:09	1:51:26	1:52:25	5:18
47	F116	Kamphuis, Annelies	60	NLD	Achilles Top Lerkrade	W45	7	665	3:44:00	3:44:13	1:48:53	1:55:06	5:19
48	F142	Rost-Brasholz, Gabriele	46		LG Bremen Nord	W60	1	668	3:44:04	3:44:17	1:46:40	1:57:24	5:19
49	F227	Thoms, Petra	55		LV Kiel-Ost	W50	1	672	3:44:11	3:44:46	1:48:41	1:55:30	5:19
50	2030	Sonnenschein, Kirsten	63		Marathon Dinslaken	W45	8	687	3:44:50	3:45:21	1:46:37	1:58:13	5:20
51	F104	Wagner, Elke	67		*Aachen	W40	15	694	3:45:06	3:46:09	1:52:11	1:52:55	5:20
52	F185	Gunia, Birgit	65		EVONIK	W40	16	702	3:45:25	3:46:20	1:52:26	1:52:59	5:21
53	F52	Wendler, Judith	71		RWE Starlight Team Essen	W35	12	706	3:45:33	3:46:09	1:52:15	1:53:17	5:21
54	F235	Schütte, Marion	67		Viermärker Dortmund	W40	17	743	3:47:43	3:48:15	1:48:45	1:58:57	5:24
55	F100	Wenzel, Regina	66		Marathonteam Waldhessen	W40	18	744	3:47:44	3:48:50	1:54:36	1:53:07	5:24
56	F230	Buth, Elke	53		LSF Münster	W55	4	761	3:48:33	3:49:28	1:52:26	1:56:07	5:25
57	F170	Kleinschmidt, Gabi	67		SGE Exter	W40	19	763	3:48:38	3:49:19	1:51:16	1:57:21	5:25
58	F88	Ridder, Silvia	65		Feuerwehr Velbert	W40	20	789	3:49:48	3:50:29	1:51:52	1:57:56	5:27
59	F252	Weber, Claudia	62		LAZ Rhede	W45	9	797	3:50:09	3:51:20	1:55:55	1:54:14	5:27
60	496	Großmann, Dagmar	63		LSF Münster	W45	10	804	3:50:35	3:51:38	1:55:42	1:54:53	5:28
61	F69	Kump, Angelika	66		*Bochum	W40	21	810	3:50:43	3:51:42	1:56:54	1:53:48	5:28
62	F25	Greff, Sabine	65		*Merzig	W40	22	812	3:50:47	3:51:41	1:52:27	1:58:19	5:28
63	F148	Wahl, Susanne	68		*Bergisch Gladbach	W40	23	820	3:51:04	3:52:02	1:54:00	1:57:03	5:29
64	F70	Steeger, Monika	74		TV Ruppichterath	W30	5	821	3:51:05	3:51:56	1:53:20	1:57:45	5:29
65	F102	Meier, Jennifer	78		*Ratingen	W30	6	823	3:51:07	3:51:40	1:51:40	1:59:27	5:29
66	F203	Lüdorf, Mara	70		LG Gummersbach	W35	13	837	3:52:23	3:53:13	1:56:55	1:55:28	5:30
67	F201	Wiethoff, Cornelia	67		EVONIK	W40	24	859	3:53:23	3:54:18	1:52:26	2:00:56	5:32
68	F79	Christ, Anneliese	49		*Mönchengladbach	W55	5	865	3:53:45	3:54:40	1:52:15	2:01:29	5:32
69	F264	Diekmann, Tatjana	67		LT Stolperhexen Schwelm	W40	25	866	3:53:45	3:55:02	1:57:47	1:55:58	5:32
70	F96	Harnischmacher, Tina	78		*Langenfeld	W30	7	881	3:54:27	3:55:32	1:58:32	1:55:54	5:33
71	F157	Henke, Birgit	65		RTB Remscheid Marathon Tea	W40	26	894	3:55:07	3:55:49	1:55:40	1:59:27	5:34



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Frauen

Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
72	F169	Meuwsen, Petra	66		*Wiesbaden	W40	27	896	3:55:13	3:55:51	1:52:37	2:02:35	5:34
73	F78	Dürr-brünsing, Anke	72		Krefelder Kanu Klub	W35	14	908	3:55:44	3:56:28	1:54:54	2:00:50	5:35
74	F141	Spors, Michaela	69		*Oberhausen	W35	15	911	3:55:53	3:56:45	1:53:11	2:02:41	5:35
75	F163	Welling, Karin	58		LT SUS Kalkar	W50	2	917	3:55:58	3:56:48	1:52:32	2:03:26	5:36
76	F217	Fröhlich, Hildegard	57		MC Cappenberg	W50	3	919	3:56:05	3:56:50	1:57:20	1:58:45	5:36
77	F210	Müller, Michele	72		Rockstore Wuppertal	W35	16	929	3:56:39	3:57:28	1:57:21	1:59:17	5:37
78	F23	Schlender, Kai-esther	72		LG Hünxe	W35	17	941	3:57:03	3:58:03	1:58:25	1:58:37	5:37
79	F153	Bukohl, Monika	61		LT Union Wessum	W45	11	944	3:57:06	3:58:04	1:57:47	1:59:19	5:37
80	F178	Brack, Ulrike	69		EVONIK	W35	18	945	3:57:07	3:58:05	1:58:09	1:58:58	5:37
81	F115	Großheim, Dagmar	62		Viersener TV	W45	12	948	3:57:15	3:58:17	1:56:04	2:01:10	5:37
82	F187	Hofmann, Katrin	78		EVONIK	W30	8	956	3:57:29	3:58:29	1:58:15	1:59:13	5:38
83	F228	Pipper, Jasmin	84		TV Roetgen	W20	9	959	3:57:34	3:58:32	1:57:23	2:00:10	5:38
84	F40	Eger, Inge	58		Ausdauer-sport Empfingen	W50	4	961	3:57:36	3:58:30	1:56:46	2:00:50	5:38
85	F98	Morgenschweis, Dagmar	62		LC Duisburg	W45	13	969	3:57:48	3:58:41	1:56:46	2:01:02	5:38
86	1980	Seidel, Renate	63		*Eppstein	W45	14	971	3:57:56	3:58:52	1:58:27	1:59:28	5:38
87	F254	Wallhorn, Susanne	63		LC Duisburg	W45	15	992	3:58:35	3:59:54	2:00:11	1:58:23	5:39
88	F266	Franz, Sabine	71		SuS Olfen	W35	19	994	3:58:55	3:59:51	1:57:27	2:01:27	5:40
89	1968	Roters, Christiane	65		TV Gronau	W40	28	995	3:58:55	4:00:05	1:55:07	2:03:48	5:40
90	F155	Sperat, Sibylle	68		M. Gladbacher Turnverein 1848	W40	29	1002	3:59:14	4:00:12	1:57:09	2:02:04	5:40
91	F232	Jungjohann, Martina	57		*Wermelskirchen	W50	5	1008	3:59:35	4:00:28	1:55:51	2:03:44	5:41
92	F137	Lippke, Elke	59		Ruhrrunner Essen	W45	16	1011	3:59:41	4:00:48	1:59:28	2:00:12	5:41
93	F105	Plaga, Daniela	66		*Mülheim an der Ruhr	W40	30	1018	3:59:54	4:00:37	1:54:06	2:05:47	5:41
94	F47	Baron, Monika	59		BTC-Herne	W45	17	1030	4:00:42	4:01:43	1:54:06	2:06:35	5:42
95	928	Hovemann, Sabine	65		LG Lust am Laufen Unna	W40	31	1034	4:01:23	4:02:30	1:59:52	2:01:30	5:43
96	F122	Henrichs, Renate	69		LT Neuenkirchen	W35	20	1039	4:01:54	4:02:56	1:55:58	2:05:56	5:44
97	F53	Kröger, Maria	66		TV Vreden	W40	32	1043	4:02:15	4:03:11	1:56:41	2:05:33	5:44
98	F90	Jongmanns, Elisabeth	60		*Nettetal	W45	18	1044	4:02:16	4:03:02	1:56:04	2:06:12	5:45
99	454	Major, Linda	64		100 Marathon Club	W40	33	1052	4:03:09	4:04:20	1:59:00	2:04:09	5:46
100	F103	Schneider, Malina	76		OpInfoBtl 950	W30	9	1056	4:03:46	4:05:04	1:58:27	2:05:18	5:47
101	F269	Rauer, Petra	71		Freie Schwimmer Düsseldorf	W35	21	1058	4:03:51	4:04:58	1:58:26	2:05:24	5:47
102	F45	Kleefisch, Angelika	72		LT Cloversoft	W35	22	1059	4:04:03	4:05:11	1:58:18	2:05:44	5:47
103	1994	Petrasch, Monika	67		PV-Triathlon Witten e. V.	W40	34	1061	4:04:18	4:05:26	1:57:08	2:07:10	5:47
104	F135	Ropertz, Nina	85		BSG WAZ Essen	W20	10	1074	4:04:47	4:05:37	1:56:40	2:08:07	5:48
105	442	Göbel, Carina	65		Wuppertal	W40	35	1080	4:05:02	4:06:19	1:57:47	2:07:15	5:48
106	F216	Suwelack, Julia	47		LSF Münster	W60	2	1081	4:05:10	4:06:23	2:04:35	2:00:34	5:49
107	F36	Schulz, Wilma	62		TC Karken	W45	19	1113	4:08:46	4:09:58	2:00:06	2:08:39	5:54
108	2075	Kauke, Alexandra	69		TSV Tudorf	W35	23	1115	4:08:50	4:10:14	2:00:10	2:08:39	5:54
109	F214	Strakerjahn, Susanne	59		Wir schaffens 42	W45	20	1138	4:10:16	4:11:26	2:05:00	2:05:16	5:56
110	F229	Braun, Rebekka	75		Germania Eicherscheid	W30	10	1139	4:10:23	4:11:20	1:57:27	2:12:56	5:56
111	2369	Kienast, Daniela	78		SG Schönebeck	W30	11	1141	4:10:36	4:11:31	1:58:29	2:12:07	5:56
112	F32	Kuhna, Claudia	67		*Gelsenkirchen	W40	36	1148	4:10:53	4:11:35	2:02:06	2:08:47	5:57
113	F61	Heller, Heike	60		SV Weiherhof	W45	21	1151	4:11:02	4:12:01	1:56:20	2:14:41	5:57
114	F95	Pingen, Sabine	68		LC Duisburg	W40	37	1155	4:11:24	4:12:42	2:05:54	2:05:29	5:57
115	F138	Hartmann, Britta	66		Bippener SC	W40	38	1170	4:12:41	4:13:59	2:04:08	2:08:32	5:59
116	F49	Sander-rummel, Regine	69		LC Duisburg	W35	24	1172	4:12:49	4:13:30	1:59:35	2:13:13	6:00
117	415	Jöhring, Jutta	67		Tusem Essen	W40	39	1180	4:13:18	4:14:28	2:05:00	2:08:17	6:00
118	F172	Nordemann, Venna	61		Bippener SC	W45	22	1184	4:13:22	4:14:41	2:04:08	2:09:14	6:00
119	F108	Beckmann, Jessica	70		LG DIRAK	W35	25	1188	4:13:40	4:14:52	2:07:58	2:05:42	6:01
120	1972	Nolte, Petra	72		TuS Uentrop	W35	26	1192	4:13:49	4:15:04	2:05:18	2:08:30	6:01
121	478	Kreutzberger, Marianne	57		TuS Uentrop	W50	6	1194	4:13:49	4:15:04	2:05:18	2:08:30	6:01
121	F133	Wiegele, Veronika	72		*Düsseldorf	W35	27	1195	4:13:49	4:13:52	2:03:54	2:09:54	6:01
123	F128	Kleinlanghorst, Carola	65		SGE Exter	W40	40	1199	4:14:02	4:15:15	2:04:58	2:09:04	6:01
124	F171	Gotzhein, Iris	64		Renntiere Marl	W40	41	1203	4:14:18	4:15:30	2:04:59	2:09:19	6:02
125	F255	Mensching, Ilka	72		LC Duisburg	W35	28	1212	4:15:11	4:16:25	2:06:43	2:08:27	6:03
126	F231	Broel, Susanne	69		LC Duisburg	W35	29	1213	4:15:11	4:16:25	2:06:43	2:08:27	6:03
127	F212	Rohrlack-Störmer, Monika	61		Lauffrösche Castrop	W45	23	1222	4:16:37	4:17:13	1:57:24	2:19:13	6:05
128	378	Reichenberger, Michaela	68		LC Duisburg	W40	42	1227	4:16:52	4:17:55	1:59:09	2:17:43	6:05
129	428	Burwath, Jutta	56		Anlauf-Marathonteam	W50	7	1229	4:16:58	4:18:09	2:04:59	2:11:58	6:05
130	F179	Burstedde, Brigitte	69		EVONIK	W35	30	1232	4:17:25	4:18:33	2:04:14	2:13:11	6:06
131	F168	Wildoer, Barbara	67		*Waltrop	W40	43	1233	4:17:25	4:18:33	2:04:14	2:13:11	6:06
132	1966	Schwenner, Ute	61		TuS Uentrop	W45	24	1240	4:17:58	4:19:14	2:05:18	2:12:40	6:07
133	1988	Arndt-uhlig, Regine	59		Betriebssportgem. KW Frimmers	W45	25	1242	4:18:07	4:19:19	2:03:38	2:14:28	6:07
134	F211	Eis, Jutta	61		*Hannover	W45	26	1248	4:18:39	4:19:32	2:05:29	2:13:10	6:08
135	F30	Piechatzek, Gabriele	54		Marathon-Duo-Duisburg	W50	8	1254	4:19:14	4:19:40	1:53:17	2:25:57	6:09
136	F261	Schalk, Claudia	64		LC Duisburg	W40	44	1256	4:19:28	4:20:46	2:05:54	2:13:34	6:09
137	F39	Nicklaus, Dagmar	58		KLB2000	W50	9	1272	4:20:47	4:22:00	2:05:54	2:14:53	6:11
138	F81	Best, Birgit	69		*Steinhagen	W35	31	1283	4:21:55	4:22:58	2:13:45	2:08:10	6:12
139	F139	Kost, Julia	85		*BOCHUM	W20	11	1288	4:22:41	4:23:47	2:07:02	2:15:39	6:14
140	F186	Hanna, Beate	61		EVONIK	W45	27	1292	4:22:50	4:24:02	2:05:00	2:17:50	6:14
141	F147	Wilhelm, Frauke	68		*Essen	W40	45	1297	4:24:33	4:25:55	2:06:19	2:18:14	6:16
142	F119	Schröder, Dr. Andrea	68		TUS Quelle	W40	46	1298	4:24:33	4:25:42	2:05:02	2:19:31	6:16



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Frauen

Platz	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Pos	Netto	Brutto	1.HM	2.HM	Min/km
143	F263	Gramadies, Elke	54		BSG Team EVAG	W50	10	1307	4:25:38	4:26:56	2:06:50	2:18:47	6:18
144	F131	Passon, Sylvia	64		BEIMER-TEAM	W40	47	1308	4:25:39	4:26:26	1:59:50	2:25:49	6:18
145	F222	Wilm - marcinkowski, Gabriela	55		Viermärker Dortmund	W50	11	1309	4:25:45	4:26:58	2:05:01	2:20:43	6:18
146	F165	Dworniczak, Regina	64		*Oer-Erkenschwick	W40	48	1319	4:26:16	4:27:42	2:14:11	2:12:04	6:19
147	F161	Schettler, Dr. Uta	65		VfL Hüls	W40	49	1320	4:26:23	4:27:40	2:10:15	2:16:08	6:19
148	F192	Parizek, Janina	82		EVONIK	W20	12	1322	4:26:27	4:27:41	2:00:39	2:25:48	6:19
149	F223	Beulker, Christiane	73		*Münster	W35	32	1324	4:26:52	4:27:45	2:01:01	2:25:51	6:19
150	F162	Abdel-Nabi, Tamitha	72	USA	*Recklinghausen	W35	33	1325	4:27:02	4:27:57	1:58:26	2:28:35	6:20
151	F256	Landmann, Gisela	64		LC Duisburg	W40	50	1334	4:27:35	4:28:55	2:10:50	2:16:45	6:21
152	F160	Laschke, Ulrike	60		*essen	W45	28	1338	4:27:39	4:29:04	2:11:23	2:16:15	6:21
153	F260	Zimmermann, Femke	69	NLD	Treffpunkt Leben Erkrath	W35	34	1341	4:27:50	4:29:19	2:14:08	2:13:42	6:21
154	F146	Mense, Sabine	68		Bogies Schnecken Team	W40	51	1347	4:28:25	4:29:53	2:11:49	2:16:36	6:22
155	F226	Schumacher-ludwig, Doro	59		Viermärker Dortmund	W45	29	1349	4:28:28	4:29:53	2:12:58	2:15:30	6:22
156	F114	Schneider, Dorothee	61		*Köln	W45	30	1352	4:28:34	4:29:58	2:14:21	2:14:13	6:22
157	F270	Heidenreich, Susanne	64		LC Duisburg	W40	52	1360	4:28:59	4:30:20	2:14:23	2:14:35	6:22
158	F107	Preuss-Schmidt, Claudia	69		LG DIRAK	W35	35	1363	4:29:07	4:30:19	2:07:59	2:21:08	6:23
159	F244	Born, Karin	68		*Gelsenkirchen	W40	53	1371	4:30:17	4:31:43	2:14:11	2:16:05	6:24
160	366	Olfmann, Angi	72		*Düsseldorf	W35	36	1377	4:31:10	4:32:13	2:03:35	2:27:35	6:26
161	337	Balsam, Angelika	53		EVONIK	W55	6	1379	4:31:15	4:32:35	2:06:25	2:24:50	6:26
162	751	Mandel, Bärbel	42		Tus Scharnhorst Dortmund	W65	1	1380	4:31:18	4:31:28	2:06:29	2:24:49	6:26
163	F241	Offermanns, Michaela	72		*Bochum	W35	37	1382	4:31:40	4:33:17	2:12:53	2:18:47	6:26
164	F213	Fries, Ulrike	65		*Korschenbroich	W40	54	1384	4:31:42	4:32:49	1:58:20	2:33:21	6:26
165	F44	Miller, Marina	73		jkrunning	W35	38	1385	4:31:45	4:33:14	2:17:06	2:14:39	6:26
166	F33	Faßbender, Heidi	65		*Eschweiler	W40	55	1388	4:32:04	4:33:37	2:10:40	2:21:23	6:27
167	F132	Ernst, Claudia	66		*Solingen	W40	56	1391	4:32:30	4:32:30	2:12:14	2:20:16	6:28
168	F234	Vogt, Gudrun	63		*Luedenscheid	W45	31	1394	4:32:38	4:34:01	2:14:25	2:18:12	6:28
169	F77	Hillesheim, Nataly	66		Rennschnecken	W40	57	1396	4:32:59	4:34:18	2:11:26	2:21:32	6:28
170	2035	Dierking, Laura	79		*Düsseldorf	W20	13	1399	4:33:32	4:34:48	2:04:13	2:29:18	6:29
171	F117	Becker, Heike	67		*Bochum	W40	58	1407	4:35:06	4:36:35	2:12:11	2:22:55	6:31
172	F246	Clauberg, Sandra	76		*Solingen	W30	12	1412	4:35:40	4:37:09	2:17:41	2:17:58	6:32
173	F136	Schäfer, Diane	70		BSG WAZ Essen	W35	39	1415	4:36:01	4:37:17	2:12:05	2:23:55	6:33
174	F184	Gorczyca, Iris	61		EVONIK	W45	32	1416	4:36:05	4:37:11	2:09:46	2:26:18	6:33
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