

Westdeutsche Marathonmeisterschaften

Essen, 10. Oktober 2004

Gesamtliste

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Männer

Platz	Startnr	Name, Vorname	NAT	Jahr	Verein*/Ort	AK	AK-Pl	Pos	Brutto	Netto	1. HM	2. HM	Min/km
1	2665	di Dio, Salvatore	GER	72	ART Düsseldorf	M30	1	1	2:25:45	2:25:44	1:11:52	1:13:52	3,27
2	2588	Haaver, Knut	GER	68	SV Viktoria Goch	M35	1	2	2:31:40	2:31:40	1:15:01	1:16:39	3,36
3	2547	Lürken, Dietmar	GER	72	DJK Elmar Kohlscheid	M30	2	3	2:32:38	2:32:37	1:14:42	1:17:55	3,37
4	2600	Lohbreyer, Martin	GER	70	DJK Armada Würselen	M30	3	4	2:33:31	2:33:30	1:17:03	1:16:28	3,38
5	2671	Rolfes, Volkmar	GER	70	TuS Eintracht Bielefeld	M30	4	5	2:33:55	2:33:54	1:15:23	1:18:32	3,39
6	2577	Eick, Christian	GER	70	Laufftreff Kettwig 2000	M30	5	7	2:37:02	2:37:01	1:18:23	1:18:39	3,43
7	2558	Yilmaz, Muharrem	GER	71	TUSEM Essen	M30	6	8	2:37:37	2:37:37	1:18:24	1:19:13	3,44
8	2556	Losch, Stefan	GER	68	TUSEM Essen	M35	2	9	2:37:55	2:37:55	1:18:24	1:19:31	3,45
9	2704	Roye, Ortwin	GER	76	LG Deiringsen	MHK	1	10	2:38:07	2:38:07	1:18:24	1:19:43	3,45
10	2515	Busch, Nils	GER	69	rhein-marathon düsseldorf	M35	3	11	2:38:45	2:38:44	1:18:23	1:20:21	3,46
11	2602	Achten, Jörg	GER	71	DJK Armada Würselen	M30	7	12	2:39:00	2:38:59	1:17:07	1:21:52	3,46
12	2533	Bläsen, Ralf	GER	65	TSV Vicht	M35	4	13	2:39:19	2:39:15	1:19:24	1:19:54	3,47
13	2564	Foemer, Ludwig	GER	66	TSV Weiss-Köln	M35	5	14	2:39:35	2:39:31	1:18:20	1:21:14	3,47
14	2656	Voigt-Krämer, Dirk	GER	68	Ohligser TV 1888	M35	6	15	2:40:50	2:40:49	1:18:23	1:22:27	3,49
15	2717	Tersluisen, Tim	GER	76	VfL Gladbeck	MHK	2	16	2:40:52	2:40:48	1:19:45	1:21:07	3,49
16	2691	Drilling, Carsten	GER	72	Non Stop Ultra Brakel	M30	8	17	2:41:32	2:41:30	1:18:29	1:23:03	3,50
17	2599	Reuel, Michael	GER	58	DJK Armada Würselen	M45	1	18	2:42:19	2:42:19	1:18:22	1:23:56	3,51
18	2672	Kersten, Perez	GER	71	TuS Eintracht Bielefeld	M30	9	19	2:42:26	2:42:24	1:21:05	1:21:20	3,51
19	2673	Heyne, Volker	GER	66	TuS Eintracht Bielefeld	M35	7	20	2:42:49	2:42:48	1:21:06	1:21:43	3,52
20	2597	Olcun, Muammer	TUR	63	LC Wuppertal	M40	1	21	2:43:40	2:43:40	1:19:55	1:23:45	3,53
21	2653	Breuer, Markus	GER	76	SV Bergwacht Rohren	MHK	3	22	2:44:40	2:44:34	1:22:47	1:21:52	3,54
22	2601	Collet, Andre	GER	71	DJK Armada Würselen	M30	10	23	2:44:44	2:44:43	1:17:07	1:27:36	3,54
23	2528	Steinmetz, Roland	GER	76	LT Starlight Team Essen	MHK	4	24	2:45:26	2:45:26	1:20:10	1:25:16	3,55
24	2663	Fink, Ralf	GER	67	TSV Vicht	M35	8	25	2:45:45	2:45:39	1:19:55	1:25:50	3,56
25	2863	Lehmann, Dirk	GER	69	LSF-Unna-2000	M35	9	26	2:45:54	2:45:52	1:19:20	1:26:34	3,56
26	2869	Stecker, Ruediger	GER	71	TuS Vinsbeck	M30	11	27	2:46:09	2:46:04	1:21:42	1:24:26	3,56
27	2654	Jansen, Volker	GER	70	SV Bergwacht Rohren	M30	12	28	2:46:31	2:46:31	1:22:44	1:23:47	3,57
28	1686	Lüther, Markus	GER	63	DJK VfR Mülheim Saarn	M40	2	29	2:47:05	2:47:00	1:22:44	1:24:20	3,58
29	2508	Matthias, Graute	GER	83	Team Essen 99	MJU	1	30	2:47:21	2:47:16	1:25:25	1:21:56	3,58
30	2616	Kalogerpoulos, Nikolaos	GER	69	LG Gummersbach	M35	10	31	2:47:48	2:47:46	1:22:08	1:25:39	3,59
31	2834	Schneider, Dirk	GER	62	CVJM Siegen	M40	3	32	2:47:55	2:47:53	1:21:01	1:26:54	3,59
32	2841	Leszinski, Dr. Frank	GER	63	SUS Schalke 96	M40	4	33	2:48:22	2:48:22	1:18:25	1:29:57	3,59
33	2651	Esser, Andreas	GER	67	DJK Elmar Kohlscheid	M35	11	34	2:48:22	2:48:16	1:20:47	1:27:34	3,59
34	2749	Hausdorf, Uwe	GER	62	Marathon-Club Menden	M40	5	35	2:48:38	2:48:32	1:23:00	1:25:37	4,00
35	2683	Koch, Günter	GER	49	USC Bochum	M55	1	36	2:48:47	2:48:46	1:20:54	1:27:53	4,00
36	2629	Reinert, Siegmund	GER	63	LC Euskirchen	M40	6	37	2:49:04	2:49:02	1:23:40	1:25:24	4,00
37	1146	Thorwesten, Dieter	GER	63	LG Deiringsen	M40	7	38	2:49:11	2:49:02	1:22:58	1:26:12	4,01
38	2551	Stiel, Georg	GER	56	DJK Elmar Kohlscheid	M45	2	39	2:49:26	2:49:20	1:23:40	1:25:46	4,01
39	2750	Schöne, Burkhard	GER	64	Marathon-Club Menden	M40	8	40	2:49:54	2:49:46	1:23:00	1:26:53	4,02
40	2735	Werner, Ronald	GER	68	HLC Höxter	M35	12	41	2:50:07	2:49:59	1:22:32	1:27:35	4,02
41	2628	Wiemann, Frank	GER	60	LC Euskirchen	M40	9	42	2:50:24	2:50:20	1:23:46	1:26:37	4,02
42	2839	Hövelmann, Philipp	GER	83	SG Suderwich	MJU	2	43	2:50:43	2:50:40	1:21:05	1:29:37	4,03
43	2877	Bonin, Udo	GER	65	LC Solbad Ravensberg	M35	13	44	2:50:54	2:50:51	1:22:33	1:28:20	4,03
44	2557	Schmidt, Alexander	GER	60	TUSEM Essen	M40	10	45	2:51:10	2:51:05	1:24:33	1:26:37	4,03
45	2538	Mentzen, Jörg	GER	79	FC Stoppenberg	MHK	5	46	2:51:14	2:51:09	1:24:32	1:26:41	4,03
46	1777	Hubert, Heinrichs	GER	56	VSV Grenzland Wegberg	M45	3	47	2:51:24	2:51:23	1:22:32	1:28:52	4,04
47	2652	Müller, Marc	GER	84	LAZ Mönchengladbach	MJU	3	49	2:51:44	2:51:41	1:24:32	1:27:12	4,04
48	2855	Berndstrotman, Karl	GER	57	TUS Sythen	M45	4	50	2:52:07	2:52:03	1:22:13	1:29:53	4,05
49	2607	Pabich, Andre	GER	69	DJK Armada Würselen	M35	14	51	2:52:14	2:52:09	1:23:42	1:28:31	4,05
50	2864	Korte, Michel	GER	78	LSF-Unna-2000	MHK	6	52	2:52:43	2:52:40	1:27:32	1:25:11	4,06
51	2700	Pfeffer, Dirk	GER	65	Lauffreunde Bönen	M35	15	53	2:52:47	2:52:45	1:26:39	1:26:08	4,06
52	2707	Buddenberg, Thomas	GER	70	LG Deiringsen	M30	13	55	2:53:31	2:53:23	1:20:53	1:32:37	4,07
53	2609	Pipper, Kurt	GER	57	TV Roetgen	M45	5	56	2:53:42	2:53:33	1:25:52	1:27:50	4,07
54	2848	Kurtz, Peter	GER	70	LG Schwerte	M30	14	57	2:53:54	2:53:51	1:27:26	1:26:27	4,07
55	2657	Krause, Jürgen	GER	59	Gerscheder SV 66 Essen	M45	6	58	2:54:01	2:53:57	1:24:08	1:29:53	4,07
56	2610	Billig, Rainer	GER	61	TV Roetgen	M40	11	59	2:54:02	2:53:52	1:27:08	1:26:53	4,07
57	2050	Giesen, Hartmut	GER	67	TV Roetgen	M35	16	60	2:54:03	2:53:53	1:27:08	1:26:54	4,08
58	2605	Kuck, Guido	GER	74	DJK Armada Würselen	M30	15	61	2:54:05	2:53:59	1:23:42	1:30:23	4,08
59	2842	Thamm, Wolfgang	GER	46	SUS Schalke 96	M55	2	62	2:54:09	2:54:05	1:26:38	1:27:31	4,08
60	2847	Schneider, Armin	GER	66	TuS Scharnhorst	M35	17	63	2:54:12	2:54:10	1:27:26	1:26:46	4,08
61	2640	Lorenz, Michael	GER	58	TV Huchem Stammeln	M45	7	64	2:54:17	2:54:10	1:27:01	1:27:16	4,08
62	2212	Giesen, Christoph	GER	69	TV Roetgen	M35	18	65	2:54:28	2:54:18	1:27:08	1:27:19	4,08
63	2627	Uedelhoven, Stefan	GER	63	LC Euskirchen	M40	12	66	2:54:36	2:54:30	1:26:09	1:28:27	4,08
64	2614	Schulz, Stephan	GER	66	LG 47 Viersen	M35	19	67	2:54:50	2:54:47	1:22:52	1:31:58	4,09
65	2686	Mohn, Uwe	GER	61	SV Brackwede	M35	20	68	2:55:13	2:55:09	1:27:01	1:28:11	4,09
66	1800	Kaschube, Dirk	GER	69	LG Deiringsen	M35	21	69	2:55:20	2:55:05	1:28:25	1:26:55	4,09
67	2851	Schubert, Hans-Jürgen	GER	51	LG Schwerte	M50	1	70	2:55:26	2:55:24	1:27:26	1:28:00	4,09
68	2768	Bruns, Detlev	GER	65	LSF Münster	M35	22	71	2:55:31	2:55:20	1:26:10	1:29:20	4,10
69	2755	Karlsohn, Heinrich	GER	50	Marathon-Club Menden	M50	2	72	2:55:33	2:55:28	1:23:41	1:31:51	4,10
70	2810	Michat, Jacky	BEL	59	Pulheimer SC	M45	8	73	2:56:03	2:55:50	1:21:54	1:34:08	4,10
71	2247	Kracht, Olaf	GER	61	DJK VfR Mülheim Saarn	M40	13	74	2:56:08	2:56:04	1:25:54	1:30:14	4,10
72	2549	Gülpen, Heinz	GER	57	DJK Elmar Kohlscheid	M45	9	75	2:56:19	2:56:13	1:27:32	1:28:47	4,11
73	2818	Dilla, Wolfgang	GER	65	LV Oelde	M35	23	76	2:56:30	2:56:22	1:25:14	1:31:15	4,11

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Männer

Platz	Startnr	Name, Vorname	NAT	Jahr	Verein*/Ort	AK	AK-Pl	Pos	Brutto	Netto	1. HM	2. HM	Min/km
74	2548	Olk, Rolf	GER	67	DJK Elmar Kohlscheid	M35	24	77	2:57:02	2:57:00	1:24:09	1:32:52	4,12
75	2511	Aretz, Achim	GER	84	Team Essen 99	MJU	4	78	2:57:42	2:57:33	1:27:00	1:30:42	4,13
76	2624	Müller, Burkhard	GER	54	TuRa Brügggen	M50	3	79	2:57:43	2:57:35	1:28:36	1:29:07	4,13
77	2576	Temmler, Björn	GER	78	Moerser SC	MHK	7	80	2:57:53	2:57:43	1:26:01	1:31:51	4,13
78	2795	Varlet, Benoit	FRA	70	LSF Münster	M30	16	81	2:57:57	2:57:46	1:28:42	1:29:14	4,13
79	2675	Henselmann, Frank	GER	65	TuS Eintracht Bielefeld	M35	25	82	2:57:57	2:57:52	1:27:26	1:30:31	4,13
80	2314	Brouwers, Heinz-Josef	GER	59	OSC Waldniel	M45	10	83	2:58:11	2:58:08	1:28:36	1:29:34	4,13
81	2711	Plaschke, Gerhard	GER	52	LG Deiringsen	M50	4	84	2:58:11	2:58:03	1:28:29	1:29:41	4,13
82	2644	Cramer, Friedel	GER	60	Alfterer SC	M40	14	85	2:58:22	2:58:12	1:24:23	1:33:58	4,14
83	789	Ballweg, Joerg	GER	70	TSV Solingen	M30	17	86	2:58:29	2:58:08	1:28:45	1:29:44	4,14
84	2658	Gebrande, Frank	GER	66	Gerscheder SV 66 Essen	M35	26	87	2:58:31	2:58:29	1:27:17	1:31:13	4,14
85	2567	Graf, Harald	GER	74	SC SW Friesheim	M30	18	88	2:58:39	2:58:34	1:28:21	1:30:18	4,14
86	2552	Schwartz, Franz-Peter	GER	57	DJK Elmar Kohlscheid	M45	11	89	2:58:48	2:58:24	1:28:45	1:30:03	4,14
87	2871	Stange, Ingo	GER	58	GV Waltrop	M45	12	90	2:58:52	2:58:30	1:29:16	1:29:35	4,14
88	2587	Heutgens, Ludger	GER	72	SV Viktoria Goch	M30	19	91	2:59:11	2:58:51	1:28:39	1:30:32	4,15
89	2796	Veauthier, Gregor	GER	63	LSF Münster	M40	15	92	2:59:23	2:59:12	1:28:41	1:30:42	4,15
90	2660	Knoth, Günter	GER	57	Gerscheder SV 66 Essen	M45	13	93	2:59:37	2:59:32	1:28:04	1:31:32	4,15
91	2725	Schollissek, Bernhard	GER	60	LG Haltern	M40	16	94	2:59:43	2:59:31	1:29:26	1:30:16	4,16
92	2748	Köhnemann, Mario	GER	66	Marathon-Club Menden	M35	27	95	3:00:01	2:59:49	1:29:09	1:30:52	4,16
93	2715	Wulbrand, Hanno	GER	82	VfL Gladbeck 1921	MJU	5	96	3:00:01	2:59:58	1:23:22	1:36:39	4,16
94	2613	Rust, Frank	GER	43	TSV Solingen	M60	1	97	3:00:10	3:00:08	1:29:40	1:30:30	4,16
95	1457	Essers, Markus	GER	63	DJK VfR Mülheim Saarn	M40	17	98	3:00:21	3:00:17	1:28:00	1:32:21	4,16
96	2666	Krönchen, Robert	GER	46	DJK Raspo Aachen Brand	M55	3	99	3:00:36	3:00:34	1:27:05	1:33:30	4,17
97	2565	Asmus, Udo	GER	67	SC SW Friesheim	M30	20	100	3:00:53	3:00:48	1:30:47	1:32:16	4,17
98	2523	Bungeler, Herbert	GER	57	DLC Aachen	M45	14	101	3:00:56	3:00:53	1:26:17	1:34:39	4,17
99	2566	Bick, Thomas	GER	58	SC SW Friesheim	M30	21	102	3:01:37	3:01:31	1:27:00	1:34:36	4,18
100	2603	Roedel, Heinz	GER	52	DJK Armada Würselen	M50	5	103	3:01:42	3:01:20	1:29:08	1:32:34	4,18
101	2752	Hofmann, Friedrich	GER	57	Marathon-Club Menden	M45	15	104	3:02:26	3:02:19	1:28:54	1:33:31	4,19
102	2805	Flock, Holger	GER	61	Pulheimer SC	M40	18	105	3:03:19	3:03:06	1:30:40	1:32:39	4,21
103	2693	Derksen, Andreas	GER	65	Non Stop Ultra Brakel	M35	28	106	3:03:28	3:03:10	1:26:33	1:36:55	4,21
104	2568	Kuster, Dirk	GER	68	SC SW Friesheim	M30	22	107	3:03:30	3:03:27	1:23:25	1:40:05	4,21
105	2743	Andreizak, Heinz	GER	54	SV Langendreer 04	M50	6	109	3:04:22	3:04:19	1:29:43	1:34:38	4,22
106	2632	Lehmbach, Klaus	GER	48	LG Wuppertal	M55	4	110	3:04:23	3:04:23	1:27:47	1:36:36	4,22
107	2532	Kirch, André	GER	68	TSV Vicht	M35	29	111	3:04:49	3:04:42	1:23:41	1:41:07	4,23
108	2510	Diehl, Christoph	GER	82	Team Essen 99	MJU	6	112	3:05:07	3:04:40	1:32:15	1:32:51	4,23
109	2826	Clemens, Horst	GER	38	LC Paderborn	M65	1	113	3:05:18	3:05:09	1:29:23	1:35:54	4,24
110	2709	Kollmer, Jochem	GER	53	LG Deiringsen	M50	7	114	3:05:32	3:05:27	1:28:36	1:36:56	4,24
111	2811	Hagemann, Josef	GER	52	FC Nordkirchen	M50	8	115	3:06:13	3:06:12	1:27:09	1:39:04	4,25
112	2581	Kube, Joachim	GER	50	LG Kreis Ahrweiler	M50	9	116	3:06:35	3:06:30	1:30:49	1:35:46	4,25
113	2844	Böhle, Dr. Martin	GER	61	SUS Schalke 96	M40	19	117	3:06:36	3:06:33	1:28:06	1:38:30	4,25
114	2737	Wosnitzer, Raimund Roman	GER	56	SV Langendreer 04	M45	16	119	3:06:48	3:06:37	1:29:41	1:37:07	4,26
115	2617	Lieder, Dirk	GER	69	LG Gummersbach	M35	30	120	3:06:52	3:06:45	1:23:50	1:43:01	4,26
116	2618	Lückert, Matthias	GER	64	LG Gummersbach	M40	20	121	3:07:02	3:06:51	1:32:30	1:34:31	4,26
117	2856	Lehmer, Bernhard	GER	54	TUS Sythen	M50	10	122	3:07:25	3:07:17	1:30:48	1:36:37	4,27
118	2733	Blume, Dietmar	GER	71	LAC Vellins Hochsauerland	M30	23	123	3:07:42	3:07:36	1:27:17	1:40:24	4,27
119	2639	Schönlau, Dieter	GER	40	TSV Viktoria Mülheim	M60	2	124	3:07:43	3:07:39	1:33:40	1:34:02	4,27
120	2545	Scharrenberg, Ulrich	GER	48	TSV Hochdahl	M55	5	125	3:07:51	3:07:33	1:32:46	1:35:05	4,27
121	2739	Bärens, Ralf	GER	63	SV Langendreer 04	M40	21	126	3:07:57	3:07:29	1:33:01	1:34:55	4,27
122	2678	Mersch, Christian	GER	76	TuS Eintracht Bielefeld	MHK	8	130	3:08:45	3:08:15	1:35:04	1:33:41	4,28
123	2875	Chrobok, Reiner	GER	58	TGH Wetter	M45	17	131	3:09:16	3:08:58	1:33:40	1:35:35	4,29
124	2879	Graf, Karl	GER	50	VFB Alemannia	M50	11	133	3:09:26	3:09:06	1:28:56	1:40:29	4,29
125	2555	Nerger, Armand	GER	39	LT TUS Mondorf	M65	2	134	3:09:43	3:09:26	1:33:45	1:35:57	4,30
126	2726	Bartel, Dirk	GER	72	LG Hamm	M30	24	135	3:09:54	3:09:49	1:27:22	1:42:31	4,30
127	2630	Cramer, Rüdiger	GER	63	LC Euskirchen	M40	22	137	3:11:23	3:10:48	1:34:56	1:36:27	4,32
128	2738	Ruhrmann, Helmut	GER	56	SV Langendreer 04	M45	18	138	3:11:50	3:11:48	1:29:42	1:42:07	4,33
129	2804	Hein, Manfred	GER	47	Pulheimer SC	M55	6	139	3:11:56	3:11:41	1:33:14	1:38:41	4,33
130	2502	Hantke, Walter	GER	41	Viersener TV 1848	M60	3	141	3:12:13	3:12:11	1:33:41	1:38:32	4,33
131	2535	Haberscheidt, Ralf	GER	63	FC Stoppenberg	M40	23	142	3:12:19	3:12:08	1:29:32	1:42:46	4,33
132	2606	Becker, Lorenz	GER	50	DJK Armada Würselen	M50	12	143	3:12:22	3:12:00	1:35:31	1:36:51	4,34
133	2572	Pretorius, Dirk	GER	69	SC SW Friesheim	M35	31	144	3:13:11	3:12:32	1:36:29	1:36:42	4,35
134	2569	Kaulen, Hans-Peter	GER	59	SC SW Friesheim	M35	32	145	3:13:23	3:12:43	1:36:29	1:36:54	4,35
135	2799	Baumann, Hans-Gerd	GER	46	Pulheimer SC	M55	7	146	3:13:54	3:13:39	1:33:13	1:40:40	4,36
136	2507	Ostwald, Alexander	GER	82	Team Essen 99	MJU	7	147	3:14:09	3:13:41	1:34:14	1:39:54	4,36
137	2819	Gebhardt, Maik	GER	81	LV Oelde	MHK	9	148	3:14:12	3:13:47	1:29:58	1:44:13	4,36
138	2082	Witt, Thomas	GER	74	Marathon Mülheim	M30	25	149	3:14:15	3:13:41	1:36:28	1:37:46	4,36
139	2850	Mittelbach, Thomas	GER	67	LG Schwerte	M35	33	151	3:15:01	3:14:57	1:33:13	1:41:48	4,37
140	2688	Götz, Manfred	GER	50	Non Stop Ultra Brakel	M50	13	152	3:15:02	3:14:44	1:33:01	1:42:00	4,37
141	2840	Karst, Michael	GER	62	FC Schalke 04	M40	24	153	3:15:12	3:15:00	1:33:00	1:42:12	4,38
142	2714	Scholze, Michael	GER	55	TV Eckmannshausen	M45	19	154	3:15:15	3:14:42	1:35:27	1:39:47	4,38
143	2706	Erlenkötter, Dirk	GER	79	LG Deiringsen	MHK	10	155	3:15:18	3:15:06	1:36:28	1:38:50	4,38
144	2635	Kalweit, Siegfried	GER	42	TSV Viktoria Mülheim	M60	4	156	3:15:19	3:15:11	1:37:07	1:38:12	4,38
145	2504	Moitroux, Hans-Leo	GER	44	Viersener TV 1848	M60	5	157	3:15:34	3:14:44	1:38:13	1:37:20	4,38
146	2836	Formann, Wilhelm	GER	53	SG Suderwich	M50	14	158	3:15:35	3:14:53	1:37:05	1:38:29	4,38

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Gesamtliste

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Männer

Platz	Startnr	Name, Vorname	NAT	Jahr	Verein*/Ort	AK	AK-Pl	Pos	Brutto	Netto	1. HM	2. HM	Min/km
147	2650	Teigelkamp, Stefan	GER	72	DJK Adler 07 Bottrop	M30	26	159	3:15:41	3:15:00	1:37:07	1:38:33	4,38
148	2760	Kaderhandt, Josef	GER	47	Marathon-Club Menden	M55	8	160	3:15:47	3:15:42	1:37:09	1:38:37	4,38
149	2647	Troidner, Karsten	GER	65	Alfterer SC	M35	34	161	3:15:54	3:15:47	1:28:59	1:46:54	4,39
150	2788	Reimann, Hansi	GER	53	LSF Münster	M50	15	162	3:15:56	3:15:08	1:36:33	1:39:23	4,39
151	2843	Jacob, Klaus	GER	56	SUS Schalke 96	M45	20	163	3:16:04	3:15:52	1:34:29	1:41:35	4,39
152	2708	Guney, Michael	GER	55	LG Deiringsen	M45	21	165	3:16:31	3:15:40	1:36:05	1:40:26	4,39
153	2866	Hempel, Hartmut	GER	43	LSF-Unna-2000	M60	6	166	3:16:38	3:16:05	1:34:28	1:42:10	4,40
154	2701	Thewes, Norbert	GER	68	DJK Coesfeld	M35	35	167	3:16:40	3:15:59	1:37:03	1:39:36	4,40
155	2519	Boehnke, Michael	GER	55	DLC Aachen	M45	22	168	3:16:42	3:16:38	1:33:00	1:43:41	4,40
156	2853	Greshake, Tomas	GER	60	TUS Sythen	M40	25	170	3:17:57	3:17:49	1:34:43	1:43:13	4,41
157	2732	Wolf, Klaus	GER	54	LAC Veltins Hochsauerland	M50	16	171	3:18:16	3:18:06	1:34:38	1:43:38	4,42
158	2872	Strese, Sergius	GER	84	LG Bauerkamp-Warburg	MJU	8	172	3:18:19	3:18:09	1:31:10	1:47:09	4,42
159	2633	Seyffert, Oliver	GER	70	LG Wuppertal	M30	27	173	3:18:31	3:17:57	1:36:34	1:41:56	4,42
160	2668	Wittor, Rainer	GER	56	TV Jahn Bad Driburg	M45	23	174	3:18:32	3:17:47	1:38:47	1:39:45	4,42
161	2664	Tiripa, Mihai	GER	62	LG Monheim/Baumberg	M40	26	175	3:18:38	3:17:50	1:43:19	1:35:19	4,42
162	2522	Gülpen, Rainer	GER	56	DLC Aachen	M45	24	176	3:18:50	3:18:20	1:37:04	1:41:46	4,43
163	391	Kesper, Martin	GER	66	MC Menden	M35	36	177	3:19:11	3:18:56	1:32:52	1:46:19	4,43
164	1200	Valente, Nico	GER	52	SV Victoria Goch	M50	17	178	3:19:46	3:19:25	1:32:03	1:47:42	4,44
165	2880	Gürtler, Hans	GER	44	SV Lembeck	M60	7	179	3:19:46	3:19:19	1:35:29	1:44:17	4,44
166	2687	Grüner, Adalbert	GER	50	Non Stop Ultra Brakel	M50	18	180	3:20:27	3:20:10	1:35:52	1:44:34	4,45
167	2638	Temme, Thomas	GER	52	TSV Viktoria Mülheim	M50	19	183	3:21:10	3:20:58	1:41:11	1:39:58	4,46
168	2570	Müller, Ralf	GER	62	SC SW Friesheim	M35	37	184	3:21:12	3:20:00	1:41:41	1:39:31	4,46
169	2571	Lemke, Robert	GER	67	SC SW Friesheim	M35	38	185	3:21:19	3:20:39	1:36:29	1:44:49	4,46
170	2689	Düweke, Wilhelm	GER	54	Non Stop Ultra Brakel	M50	20	186	3:21:21	3:20:28	1:38:16	1:43:05	4,46
171	2838	Schroth, Kurt	GER	51	SG Suderwich	M50	21	188	3:23:28	3:22:34	1:39:54	1:43:34	4,49
172	2526	Saldsieder, Dirk	GER	68	DLC Aachen	M35	39	189	3:23:31	3:22:54	1:39:19	1:44:12	4,49
173	2724	Brathe, Georg	GER	70	LG Haltern	M30	28	190	3:23:43	3:23:09	1:36:53	1:46:50	4,50
174	2520	Seidler, Helmut	GER	71	DLC Aachen	M30	29	193	3:24:14	3:23:50	1:37:04	1:47:10	4,50
175	2702	Aust, Manfred	GER	56	TV Datteln 09	M45	25	194	3:24:22	3:23:41	1:37:08	1:47:14	4,51
176	2696	Rehrmann, Peter	GER	85	Non Stop Ultra Brakel	MJU	9	195	3:24:24	3:24:08	1:39:33	1:44:51	4,51
177	943	Janowsky, Marcus	GER	79	Marathon Mülheim	MHK	11	196	3:24:41	3:23:31	1:41:30	1:43:11	4,51
178	942	Janowsky, Bernd	GER	46	Marathon Mülheim	M55	9	197	3:24:41	3:23:31	1:41:30	1:43:11	4,51
179	2758	Zappe, Reinhard	GER	52	Marathon-Club Menden	M50	22	199	3:26:13	3:25:40	1:41:23	1:44:50	4,53
180	2740	Stefanski, Rolf	GER	47	SV Langendreer 04	M55	10	201	3:26:25	3:26:01	1:39:15	1:47:09	4,54
181	2764	Braun, Thomas	GER	60	LSF Münster	M40	27	202	3:26:30	3:25:53	1:42:23	1:44:06	4,54
182	2514	Steinbach, Gert	GER	39	FC Straberg	M65	3	204	3:27:03	3:26:23	1:37:00	1:50:02	4,54
183	2837	Schoetteldreier, Friedhelm	GER	50	SG Suderwich	M50	23	205	3:27:04	3:26:09	1:40:21	1:46:43	4,54
184	2751	Kaderhandt, Walter	GER	57	Marathon-Club Menden	M45	26	206	3:27:07	3:27:06	1:44:13	1:42:53	4,55
185	2694	Fiekens, Andreas	GER	65	Non Stop Ultra Brakel	M35	40	207	3:27:16	3:26:23	1:41:08	1:46:08	4,55
186	2634	Fuchs, Reinhard	GER	47	TSV Viktoria Mülheim	M55	11	208	3:27:43	3:27:29	1:42:13	1:45:29	4,55
187	2662	Trebes, Karl	GER	54	Gerscheder SV 66 Essen	M50	24	209	3:27:47	3:27:34	1:39:54	1:47:52	4,55
188	2867	Brettschneider, Wolfgang	GER	66	LSF-Unna-2000	M35	41	210	3:27:49	3:26:45	1:43:05	1:44:43	4,56
189	2637	Rühl, Heinz	GER	37	TSV Viktoria Mülheim	M65	4	213	3:28:27	3:28:13	1:42:16	1:46:10	4,56
190	2873	Knülle, Werner	GER	40	DJK Grün-Weiß Werl	M60	8	215	3:29:22	3:28:40	1:38:53	1:50:29	4,58
191	2770	Geske, Michael	GER	59	LSF Münster	M45	27	216	3:29:29	3:28:51	1:42:15	1:47:13	4,58
192	10	Heitmann-Lammers, Stefan	GER	69	LSF Münster	M35	42	217	3:29:30	3:28:53	1:42:15	1:47:14	4,58
193	2762	Kuschel, Thomas	GER	70	Marathon-Club Menden	M30	30	218	3:29:31	3:29:17	1:33:53	1:55:37	4,58
194	2670	Deutsch, Wilhelm	GER	39	LC 92 Bad Salzuflen	M65	5	219	3:29:50	3:28:59	1:41:56	1:47:54	4,58
195	2719	Ostwald, Lothar	GER	61	VfL Gladbeck 1921	M40	28	220	3:29:50	3:29:06	1:37:29	1:52:20	4,58
196	2824	Uesbeck, Michael	GER	56	SuS Olfen	M45	28	221	3:29:53	3:28:47	1:45:02	1:44:50	4,58
197	2817	Fust, Martin	GER	65	LV Oelde	M35	43	222	3:29:59	3:29:27	1:42:55	1:47:03	4,59
198	2745	Capelle, Heinrich	GER	35	LG Lippe-Süd	M65	6	224	3:30:06	3:28:53	1:45:05	1:45:01	4,59
199	2094	Foerster, Raimund	GER	60	DJK VfR Mülheim Saarn	M40	29	225	3:30:15	3:29:26	1:42:53	1:47:22	4,59
200	2361	Braun, Norbert	GER	58	DJK VfR Mülheim Saarn	M45	29	226	3:30:18	3:29:05	1:45:23	1:44:55	4,59
201	2705	Burghardt, Jens	GER	74	LG Deiringsen	M30	31	229	3:30:39	3:30:34	1:41:03	1:49:35	5,00
202	2741	Folk, Stefan	GER	49	SV Langendreer 04	M55	12	231	3:31:07	3:30:03	1:45:54	1:45:13	5,00
203	2820	Grundkötter, Ralf	GER	70	LV Oelde	M30	32	232	3:31:23	3:30:51	1:42:55	1:48:28	5,01
204	2822	Müller, Axel	GER	70	LV Oelde	M30	33	234	3:31:36	3:31:11	1:31:02	2:00:33	5,01
205	2766	Bungeroth, Jörg	GER	50	LSF Münster	M50	25	235	3:31:39	3:30:32	1:44:26	1:47:12	5,01
206	2720	Albracht, Markus	GER	69	VfL Gladbeck	M35	44	236	3:33:16	3:32:31	1:38:51	1:54:24	5,03
207	2596	Knops, Josef	GER	40	Team Voreifel	M60	9	238	3:33:34	3:33:04	1:44:58	1:48:36	5,04
208	2661	Ludden, Peter	GER	62	Gerscheder SV 66 Essen	M40	30	240	3:33:56	3:32:36	1:46:46	1:47:10	5,04
209	2698	Marx, Josef	GER	57	Non Stop Ultra Brakel	M45	30	243	3:35:57	3:35:11	1:42:18	1:53:38	5,07
210	2594	Semm, Joachim	GER	68	Team Voreifel	M35	45	244	3:35:58	3:35:50	1:45:26	1:50:31	5,07
211	2757	Kesper, Jürgen A.	GER	53	Marathon-Club Menden	M50	26	246	3:36:16	3:36:01	1:41:11	1:55:04	5,08
212	2789	Schäfers, Gottfried	GER	38	LSF Münster	M65	7	247	3:36:29	3:35:51	1:37:09	1:59:20	5,08
213	2595	Strangl, Christian	AUT	62	Team Voreifel	M40	31	248	3:36:36	3:36:30	1:45:26	1:51:09	5,08
214	2754	Hoffmann, Walter	GER	58	Marathon-Club Menden	M45	31	249	3:36:43	3:36:28	1:40:11	1:56:31	5,08
215	2779	Lammerding, Matthias	GER	68	LSF Münster	M35	46	253	3:37:01	3:35:28	1:45:10	1:51:51	5,09
216	2730	Becker, Dirk	GER	58	LG Hamm	M45	32	254	3:37:01	3:36:42	1:36:15	2:00:46	5,09
217	2802	Hindenburg, Jörg	GER	66	Pulheimer SC	M35	47	255	3:37:33	3:37:18	1:45:25	1:52:08	5,09
218	2876	Seebacher, Wolfgang	GER	47	TVA DO-Wickede	M55	13	256	3:37:38	3:36:48	1:44:44	1:52:53	5,09
219	2763	Bodenberger, Horst	GER	59	LSF Münster	M45	33	257	3:37:38	3:36:59	1:46:01	1:51:37	5,09

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Männer

Platz	Startnr	Name, Vorname	NAT	Jahr	Verein*/Ort	AK	AK-Pl	Pos	Brutto	Netto	1. HM	2. HM	Min/km
220	2608	Pipper, Christian	GER	85	TV Roetgen	MJU	10	258	3:38:06	3:37:02	1:45:03	1:53:03	5,10
221	2812	Schürmann, Alfons	GER	42	FC Nordkirchen	M60	10	260	3:39:40	3:38:20	1:48:48	1:50:52	5,12
222	2832	Mendelin, Michael	GER	57	VfB Salzkotten	M45	34	262	3:40:17	3:39:52	1:43:12	1:57:04	5,13
223	2742	Maibom, Klaus	GER	59	SV Langendreer 04	M45	35	263	3:41:15	3:40:10	1:45:54	1:55:21	5,15
224	2575	Grell, Ludwig	GER	50	SC SW Friesheim	M50	27	264	3:41:27	3:40:15	1:45:09	1:56:18	5,15
225	2503	Manten, Ulrich	GER	43	Viersener TV 1848	M60	11	265	3:41:31	3:41:16	1:37:41	2:03:50	5,15
226	2721	Thran, Hans-Jürgen	GER	46	LG Haltern	M50	28	266	3:42:09	3:41:34	1:47:44	1:54:25	5,16
227	2786	Neufend, Klaus	GER	61	LSF Münster	M40	32	268	3:42:40	3:41:21	1:44:43	1:57:56	5,17
228	2505	Peters, Axel	GER	59	Viersener TV 1848	M45	36	270	3:43:09	3:41:47	1:43:15	1:59:53	5,17
229	2744	Kortwinkel, Ralph	GER	59	SV Langendreer 04	M45	37	271	3:43:19	3:43:07	1:39:35	2:03:44	5,18
230	2527	Steinbach, Ingo	GER	58	DLC Aachen	M45	38	273	3:44:24	3:42:53	1:48:01	1:56:22	5,19
231	2697	Neumann, Werner	GER	55	Non Stop Ultra Brakel	M45	39	277	3:46:02	3:44:06	1:51:20	1:54:42	5,21
232	2814	Burger, Manfred	GER	41	FC Nordkirchen	M60	12	278	3:46:05	3:44:47	1:48:32	1:57:33	5,21
233	2278	Löbber, Hans-Josef	GER	52	Viersener TV 1848	M50	29	279	3:46:07	3:44:13	1:52:30	1:53:37	5,22
234	2449	Tillmann, Winfried	GER	53	LSF Münster	M50	30	283	3:49:14	3:48:47	1:49:29	1:59:44	5,26
235	2636	Maghon, Helmut	GER	29	TSV Viktoria Mülheim	M70	1	284	3:49:44	3:49:23	1:54:25	1:55:18	5,27
236	2801	Pypec, Wolfgang	GER	47	Pulheimer SC	M55	14	285	3:50:02	3:49:48	1:43:01	2:07:00	5,27
237	2774	Horst, Johannes	GER	47	LSF Münster	M55	15	286	3:50:09	3:49:10	1:54:09	1:56:00	5,27
238	2833	Uzar, Dr. Horst C.	GER	52	LAG Siegen	M50	31	287	3:50:22	3:49:49	1:44:54	2:05:28	5,28
239	2816	Goehler, Klaus	GER	39	LV Oelde	M65	8	288	3:50:35	3:48:43	1:53:25	1:57:10	5,28
240	2649	Macke, Herbert	GER	36	DJK Adler 07 Bottrop	M65	9	291	3:51:55	3:50:20	1:53:32	1:58:22	5,30
241	2813	Woyt, Albert	GER	44	FC Nordkirchen	M60	13	294	3:52:53	3:51:35	1:49:52	2:03:01	5,31
242	1358	Steingaß, Josef	GER	47	Germania 07 Dürwiss	M55	16	296	3:55:10	3:52:39	1:58:58	1:56:12	5,34
243	2746	Thies, Frank	GER	63	LG Lippe-Süd	M40	33	297	3:55:21	3:54:15	1:44:43	2:10:38	5,35
244	2699	Mönnikes, Hans-Dieter	GER	59	Non Stop Ultra Brakel	M45	40	298	3:55:40	3:53:43	1:51:20	2:04:19	5,35
245	2791	Sieme, Jürgen	GER	54	LSF Münster	M50	32	302	3:58:47	3:56:57	1:58:37	2:00:09	5,40
246	2695	Fiekens, Michael	GER	53	Non Stop Ultra Brakel	M50	33	303	3:58:53	3:57:00	1:54:09	2:04:44	5,40
247	2828	Tünsmeyer, Uwe	GER	65	VfB Salzkotten	M35	48	307	4:01:39	4:00:16	1:46:38	2:15:01	5,44
248	2756	Maiss, Peter	GER	53	Marathon-Club Menden	M50	34	308	4:02:05	4:00:17	1:55:39	2:06:26	5,44
249	2573	Pretorius, Robert	GER	38	SC SW Friesheim	M65	10	309	4:04:30	4:04:20	1:55:46	2:08:43	5,48
250	2777	Kerkhoff, Hartwig	GER	46	LSF Münster	M55	17	312	4:06:28	4:04:38	1:58:37	2:07:51	5,50
251	2623	Lennartz, Johann	GER	38	TuRa Brüggen	M65	11	316	4:07:28	4:05:04	1:59:00	2:08:28	5,52
252	2669	Massek, Peter	GER	47	LC 92 Bad Salzuflen	M55	18	317	4:07:53	4:05:21	1:55:46	2:12:06	5,53
253	2692	Frischemeier, Herbert	GER	55	Non Stop Ultra Brakel	M45	41	318	4:08:29	4:06:01	1:59:00	2:09:29	5,53
254	2771	Hengefeld, Heinz	GER	34	LSF Münster	M70	2	319	4:08:41	4:06:19	2:02:31	2:06:10	5,54
255	2797	Voelkert, Hinz	GER	48	LSF Münster	M55	19	320	4:11:52	4:09:10	2:08:00	2:03:51	5,58
256	305	Harrendorf, Hans-Jürgen	GER	42	Ski Club Beckum	M60	14	322	4:16:13	4:13:49	1:57:58	2:18:14	6,04
257	2619	Riebeling, Helmut	GER	38	LG Gummersbach	M65	12	324	4:19:15	4:18:38	1:58:27	2:20:48	6,09
258	2803	Marx, Frank	GER	63	Pulheimer SC	M40	34	325	4:19:48	4:19:35	1:39:21	2:40:27	6,09
259	2861	Hüttenbrauck, Herbert	GER	34	LSF-Unna-2000	M70	3	329	4:27:48	4:24:42	2:09:06	2:18:41	6,21
260	2501	Bayer, Martin	GER	39	Viersener TV 1848	M65	13	339	4:48:11	4:44:58	2:23:21	2:24:49	6,50
261	2808	Fillbrunn, Dr.med. Klaus	GER	52	Pulheimer SC	M50	35	342	5:03:24	5:03:08	1:51:31	3:11:53	7,11

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Frauen

Platz	Startnr	Name, Vorname	NAT	Jahr	Verein*/Ort	AK	AK-Pl	Pos	Brutto	Netto	1. HM	2. HM	Min/km
1	2598	Kraus, Melanie	GER	74	TSV Bayer 04 Leverkusen	W30	1	6	2:34:18	2:34:18	1:15:00	1:19:17	3,39
2	2536	Schwanke, Martina	GER	70	TVK 1877 Essen	W30	2	48	2:51:39	2:51:36	1:23:40	1:27:58	4,04
3	2625	Rau, Birgit	GER	69	LC Euskirchen	W35	1	54	2:52:59	2:52:58	1:24:24	1:28:34	4,06
4	82	Thiemann, Kirsten	GER	77	SV Brackwede	WHK	1	108	3:04:14	3:03:49	1:29:30	1:34:44	4,22
5	2703	Saalbach, Elke	GER	62	LG Deiringsen	W40	1	118	3:06:47	3:06:41	1:31:18	1:35:29	4,26
6	2852	Spittank, Elisabeth	GER	56	TUS Sythen	W45	1	127	3:08:04	3:07:41	1:33:09	1:34:54	4,27
7	2845	Möllensiep, Sybille	GER	62	SUS Schalke 96	W40	2	128	3:08:11	3:08:06	1:31:20	1:36:51	4,28
8	2563	Jedras, Babara	GER	70	TUSEM Essen	W30	3	129	3:08:19	3:08:09	1:32:15	1:36:04	4,28
9	2676	Nahrgang, Tanja	GER	69	TuS Eintracht Bielefeld	W35	2	132	3:09:26	3:08:55	1:34:23	1:35:02	4,29
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13	2681	Koch, Britta	GER	61	USC Bochum	W40	4	164	3:16:23	3:15:39	1:36:11	1:40:11	4,39
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15	2589	Spronk, Marianne	GER	48	SV Viktoria Goch	W55	1	181	3:20:56	3:19:51	1:41:39	1:39:16	4,46
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24	2531	Polczyk, Eva	GER	58	TSV Vicht	W45	4	212	3:28:16	3:28:02	1:42:25	1:45:50	4,56
25	2513	Sult, Barbara	GER	53	TC Essen Kray	W50	1	214	3:28:31	3:27:24	1:41:40	1:46:50	4,57
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27	2539	Krabbel, Bettina	GER	64	VT Triangel Kempen	W40	6	227	3:30:31	3:29:31	1:44:10	1:46:20	4,59
28	2769	Feyerabend, Maria	GER	54	LSF Münster	W50	2	228	3:30:37	3:29:33	1:45:03	1:45:33	5,00
29	2592	Müller, Angela	GER	78	ASC Rosellen Neuss	WHK	4	230	3:30:43	3:30:17	1:34:23	1:56:20	5,00
30	2713	Scholze, Marianne	GER	55	TV Eckmannshausen	W45	5	233	3:31:28	3:30:55	1:43:23	1:48:04	5,01
31	439	Seck, Andrea	GER	62	Non Stop Ultra Brakel	W40	7	237	3:33:33	3:32:31	1:42:30	1:51:02	5,04
32	2584	Reiche, Jutta	GER	50	LG Kreis Ahrweiler	W50	3	239	3:33:56	3:32:38	1:47:33	1:46:23	5,04
33	159	Eisemann, Helga	GER	53	SV Westfalia Rhynern	W50	4	241	3:35:03	3:33:36	1:45:05	1:49:58	5,06
34	2620	Müller, Ute	GER	61	LG Gummersbach	W40	8	242	3:35:06	3:34:58	1:44:27	1:50:39	5,06
35	2615	Fröhlich, Erika	GER	61	LG 47 Viersen	W40	9	245	3:36:00	3:34:37	1:46:37	1:49:22	5,07
36	2622	Nießén, Ragnhild	GER	52	LG Gummersbach	W50	5	250	3:36:50	3:35:43	1:44:33	1:52:16	5,08
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41	2553	Lehmann, Ruth	GER	47	DJK Elmar Kohlscheid	W55	2	267	3:42:23	3:41:47	1:49:31	1:52:51	5,16
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55	2506	Kaesmacher, Irmgard	GER	43	Viersener TV 1848	W60	2	299	3:56:51	3:55:28	1:56:35	2:00:15	5,37
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62	2667	Peters, Lena	GER	85	Barmer TV Wuppertal	WJU	2	311	4:05:21	4:04:30	1:54:45	2:10:35	5,49
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64	2530	Cerfontaine, Anita	GER	64	TSV Vicht	W40	13	314	4:06:55	4:05:03	2:01:05	2:05:50	5,51
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66	2858	Schmitz, Monika	GER	61	LSF-Unna-2000	W40	14	321	4:12:38	4:09:33	2:06:31	2:06:06	5,59
67	449	Doths, Anne	GER	54	Non-Stop-Ultra Brakel	W50	13	323	4:18:38	4:16:07	2:00:22	2:18:16	6,08
68	2793	Thonemann, Anne	GER	56	LSF Münster	W45	10	326	4:23:54	4:21:13	2:08:03	2:15:50	6,15
69	2282	Dorn, Margret	GER	49	Viersener TV 1848	W55	4	327	4:24:40	4:21:30	2:12:15	2:12:25	6,16
70	2747	Kaderhandt, Anita	GER	50	Marathon-Club Menden	W50	14	328	4:25:30	4:23:57	2:07:44	2:17:45	6,18
71	2859	Brettschneider-Böning, Jarmila	GER	68	LSF-Unna-2000	W35	10	330	4:28:24	4:25:19	2:10:52	2:17:32	6,22
72	2870	Quintenstein, Simone	GER	68	GV Waltrup	W35	11	331	4:34:06	4:31:08	2:16:21	2:17:45	6,30
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Westdeutsche Marathonmeisterschaften

Essen, 10. Oktober 2004

Gesamtliste

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75	2781	Landfried-Teo, Helga	GER	43	LSF Münster	W60	6	334	4:40:37	4:38:30	2:12:33	2:28:04	6,39
76	445	Frischemeier, Bärbel	GER	55	Non Stop Ultra Brakel	W45	12	335	4:40:44	4:37:44	2:11:54	2:28:50	6,39
77	2579	Hau, Elke	GER	46	LT Kettwig 2000	W55	5	336	4:44:54	4:43:01	1:59:02	2:45:51	6,45
78	2626	Flecken, Heidrun	GER	54	LC Euskirchen	W50	15	337	4:47:51	4:45:04	2:08:17	2:39:34	6,49
79	2500	Bayer, Else	GER	39	Viersener TV 1848	W60	7	338	4:48:11	4:44:59	2:23:21	2:24:49	6,50
80	2546	Krieger, Ingeborg	GER	50	TSV Hochdahl	W50	16	340	4:52:51	4:50:13	2:13:31	2:39:19	6,56
81	2776	Huesker, Hildegard	GER	49	LSF Münster	W55	6	341	4:58:04	4:54:49	2:29:00	2:29:04	7,04
82	2765	Brummel, Hildegard	GER	55	LSF Münster	W45	13	343	5:25:53	5:22:38	2:29:00	2:56:53	7,43