

39. Int. Marathonlauf "Rund um den Baldeneysee" Essen
Ergebnisse Frauen: Marathonlauf

| Platz | Nr. | Name, Vorname | Verein/*Ort | Jahr | Platz | AK | Endzeit | Halb1 | Halb2 | Brutto |
|-------|------|------------------------|---------------------------|------|-------|----|----------|----------|----------|----------|
| 1 | 150 | Semjonowa, Tanja | SC DHfK Leipzig | 1960 | 1 | 40 | 02:51:47 | 01:22:14 | 01:29:33 | 02:51:50 |
| 2 | 79 | Way, Linda | LAG Gütersloh | 1965 | 1 | 35 | 02:54:08 | 01:26:10 | 01:27:57 | 02:54:15 |
| 3 | 127 | Saalbach, Elke | LG0 Dortmund | 1962 | 2 | 35 | 02:57:03 | 01:27:24 | 01:29:38 | 02:57:10 |
| 4 | 85 | Maak, Petra | TSV Bayer Dormagen | 1964 | 3 | 35 | 02:58:10 | 01:26:06 | 01:32:04 | 02:58:12 |
| 5 | 36 | Saeger, Heike | SV Brackwede | 1966 | 4 | 35 | 03:00:13 | 01:26:16 | 01:33:56 | 03:00:15 |
| 6 | 132 | Spicker, Ute | CNE Team Essen 99 | 1961 | 2 | 40 | 03:03:42 | 01:34:47 | 01:28:55 | 03:03:57 |
| 7 | 278 | Rewer, Elisabeth | Marathon Steinfurt | 1962 | 5 | 35 | 03:11:25 | 01:31:55 | 01:39:29 | 03:11:34 |
| 8 | 77 | James, Michelle | LAG Gütersloh | 1969 | 1 | 30 | 03:12:51 | 01:31:18 | 01:41:32 | 03:12:59 |
| 9 | 101 | Strötges, Gisela | OSC Waldniel | 1956 | 1 | 45 | 03:18:14 | 01:34:36 | 01:43:38 | 03:18:25 |
| 10 | 83 | Koopmann, Andrea | LTV Kiel-Ost | 1961 | 3 | 40 | 03:19:15 | 01:38:49 | 01:40:26 | 03:19:35 |
| 11 | 130 | Köppern, Antje | Fc Moers Meerfeld | 1965 | 6 | 35 | 03:23:09 | 01:40:38 | 01:42:31 | 03:23:10 |
| 12 | 261 | Müller, Ute | LG Gummersbach | 1961 | 4 | 40 | 03:23:13 | 01:41:51 | 01:41:21 | 03:23:29 |
| 13 | 74 | Krause, Anna | LG Mülheim | 1957 | 5 | 40 | 03:24:01 | 01:36:53 | 01:47:08 | 03:24:29 |
| 14 | 82 | Marienberg, Anette | *Dortmund | 1970 | 2 | 30 | 03:25:17 | 01:39:03 | 01:46:13 | 03:25:36 |
| 15 | 149 | Hellwig, Petra | LC Bad Arolsen | 1969 | 3 | 30 | 03:26:25 | 01:43:19 | 01:43:06 | 03:26:43 |
| 16 | 243 | Lindenberg, Regina | LG Gummersbach | 1964 | 7 | 35 | 03:26:32 | 01:41:52 | 01:44:40 | 03:26:48 |
| 17 | 116 | Schmiemann, Martina | DJK Tri Team Dülmen | 1969 | 4 | 30 | 03:26:49 | 01:41:39 | 01:45:10 | 03:27:03 |
| 18 | 129 | Wiedelbach, Claudia | Krefelder Kanu Klub | 1962 | 8 | 35 | 03:30:42 | 01:40:43 | 01:49:59 | 03:30:58 |
| 19 | 224 | Beutler-Gaugl, Vera | ASV Iserlohn | 1961 | 6 | 40 | 03:30:44 | 01:40:02 | 01:50:42 | 03:31:01 |
| 20 | 272 | Lockhorn, Maria | Lauffreunde Emsland | 1954 | 2 | 45 | 03:31:21 | 01:41:42 | 01:49:38 | 03:32:00 |
| 21 | 62 | Freitag, Evelyne | *Lünen | 1957 | 7 | 40 | 03:32:08 | 01:40:32 | 01:51:35 | 03:32:21 |
| 22 | 33 | Jedras, Barbara | Tusem Essen | 1970 | 5 | 30 | 03:32:41 | 01:43:21 | 01:49:20 | 03:33:03 |
| 23 | 262 | Kohlen, Helene | Germania 07 Dürwiss | 1955 | 3 | 45 | 03:33:39 | 01:41:49 | 01:51:50 | 03:33:57 |
| 24 | 43 | Witt, Felicitas | *Essen | 1982 | 1 | JG | 03:35:37 | 01:47:34 | 01:48:03 | 03:36:15 |
| 25 | 155 | Haus, Ellen | TSV Annweiler | 1951 | 1 | 50 | 03:37:28 | 01:43:53 | 01:53:35 | 03:37:48 |
| 26 | 125 | Hundrieser, Sabine | Alfterer SC | 1967 | 6 | 30 | 03:37:37 | 01:44:59 | 01:52:37 | 03:37:40 |
| 27 | 45 | Doczekala, Martina | Spiridon Schleswig | 1961 | 8 | 40 | 03:38:23 | 01:44:10 | 01:54:13 | 03:38:52 |
| 28 | 263 | Winck, Nicole | Krefelder Kanu Klub | 1979 | 1 | HK | 03:38:56 | 01:41:58 | 01:56:58 | 03:39:21 |
| 29 | 275 | Ostgathe-Mattke, Astri | d Triathlon Club Essen 84 | 1959 | 9 | 40 | 03:40:44 | 01:45:51 | 01:54:53 | 03:41:10 |
| 30 | 52 | Stallmann, Therese | *Gmund | 1940 | 1 | 60 | 03:43:22 | 01:45:03 | 01:58:19 | 03:43:50 |
| 31 | 26 | Ergezinger, Rebekka | *Köln | 1971 | 7 | 30 | 03:43:45 | 01:46:51 | 01:56:54 | 03:44:00 |
| 32 | 66 | Prachowski, Krystyna | LG Plettenberg Herscheid | 1955 | 4 | 45 | 03:43:52 | 01:48:11 | 01:55:41 | 03:44:11 |
| 33 | 245 | Goris, Rhoda | *Düsseldorf | 1970 | 8 | 30 | 03:45:02 | 01:44:25 | 02:00:36 | 03:45:18 |
| 34 | 102 | Becker, Annette | ASC Weißbachtal | 1961 | 10 | 40 | 03:45:03 | 01:43:50 | 02:01:12 | 03:45:27 |
| 35 | 31 | Schlichting, Silke | MTB Unit Bochum | 1968 | 9 | 30 | 03:45:04 | 01:42:12 | 02:02:51 | 03:45:23 |
| 36 | 274 | Bullig, Cornelia | ASV-LT Kemperdick | 1959 | 11 | 40 | 03:45:18 | 01:51:30 | 01:53:48 | 03:45:33 |
| 37 | 220 | Zacharova, Nadejda | *Düsseldorf | 1945 | 1 | 55 | 03:45:22 | 01:53:20 | 01:52:01 | 03:46:01 |
| 38 | 1286 | Müller, Anne | BSV Grün Weiß Wesel Flüre | 1966 | 9 | 35 | 03:45:50 | 01:51:19 | 01:54:31 | 03:46:34 |
| 39 | 225 | Vogt, Anne | LT TUS Iserlohn | 1962 | 10 | 35 | 03:46:34 | 01:48:08 | 01:58:25 | 03:46:50 |
| 40 | 123 | Hülsebusch, Karin | ASV Süchtel | 1971 | 10 | 30 | 03:46:59 | 01:40:46 | 02:06:12 | 03:47:15 |
| 41 | 41 | Tillmann-Wesch, Christ | el LC Burgwedel | 1956 | 5 | 45 | 03:47:06 | 01:51:42 | 01:55:23 | 03:47:17 |
| 42 | 280 | Kremer, Erika | LG Hamm | 1950 | 2 | 50 | 03:48:23 | 01:46:33 | 02:01:50 | 03:48:48 |
| 43 | 221 | Jöhring, Jutta | TUSEM Essen | 1967 | 11 | 30 | 03:49:27 | 01:49:09 | 02:00:18 | 03:49:39 |
| 44 | 65 | Scherzant, Kirsten | *Menden | 1967 | 12 | 30 | 03:50:49 | 01:43:09 | 02:07:39 | 03:51:01 |
| 45 | 231 | Schie, Johanna | LC-Duisburg | 1953 | 6 | 45 | 03:50:50 | 01:51:26 | 01:59:24 | 03:51:50 |
| 46 | 59 | Pohl, Daniela | FC Stoppenberg | 1968 | 13 | 30 | 03:50:54 | 01:49:31 | 02:01:23 | 03:51:30 |
| 47 | 119 | Schwedmann, Isabell | *Duisburg | 1977 | 2 | HK | 03:51:19 | 01:52:14 | 01:59:04 | 03:51:42 |
| 48 | 153 | Gronewald, Vera | *Meerbusch | 1970 | 14 | 30 | 03:51:35 | 01:55:02 | 01:56:33 | 03:52:42 |
| 49 | 34 | Hakvoort, Marlies | TV Vreden | 1969 | 15 | 30 | 03:52:26 | 01:57:15 | 01:55:10 | 03:53:29 |
| 50 | 40 | Gill, Gabriele | SV Lengerich | 1964 | 11 | 35 | 03:52:28 | 01:50:29 | 02:01:58 | 03:52:55 |
| 51 | 140 | Fritko, Manuela | *Dortmund | 1975 | 3 | HK | 03:52:30 | 01:56:19 | 01:56:10 | 03:53:17 |
| 52 | 131 | Fringes, Angelika | Marathon Club Menden | 1954 | 7 | 45 | 03:52:42 | 01:52:18 | 02:00:23 | 03:53:29 |
| 53 | 71 | Esser, Birgit | LG Eifel-Runners | 1967 | 16 | 30 | 03:53:04 | 01:58:07 | 01:54:57 | 03:53:48 |
| 54 | 35 | Böhm, Mechtild | TV Vreden | 1959 | 12 | 40 | 03:53:22 | 01:57:15 | 01:56:06 | 03:54:25 |
| 55 | 145 | Brackelmann, Edelgard | LSF-Unna-2000 | 1958 | 13 | 40 | 03:54:08 | 01:47:05 | 02:07:03 | 03:54:15 |
| 56 | 244 | Stemme, Helga | Marathongr. Rinteln | 1950 | 3 | 50 | 03:54:09 | 01:51:47 | 02:02:21 | 03:54:28 |
| 57 | 99 | Balke, Susanne | DJK Adler 07 Bottrop | 1966 | 12 | 35 | 03:54:24 | 01:56:04 | 01:58:19 | 03:55:49 |
| 58 | 232 | Wendler, Judith | FC Stoppenberg | 1971 | 17 | 30 | 03:54:59 | 01:56:02 | 01:58:56 | 03:55:53 |
| 59 | 6 | Schulte, Rita | VFL Löningen | 1962 | 13 | 35 | 03:55:35 | 01:56:08 | 01:59:26 | 03:56:18 |
| 60 | 1 | Grabowski, Gabriele | *Dortmund | 1956 | 8 | 45 | 03:55:35 | 01:56:19 | 01:59:16 | 03:56:23 |
| 61 | 68 | Bischof, Grit | Laufteam Wolfhagen | 1965 | 14 | 35 | 03:55:39 | 01:56:39 | 01:58:59 | 03:56:19 |
| 62 | 37 | Franke-Hähnel, Martina | Super Sauser Langenberg | 1962 | 15 | 35 | 03:55:39 | 01:49:57 | 02:05:42 | 03:56:06 |
| 63 | 96 | Handy, Brigitte | *Dortmund | 1962 | 16 | 35 | 03:55:53 | 01:53:48 | 02:02:04 | 03:56:20 |
| 64 | 88 | Martin, Regina | *Salzkotten | 1961 | 14 | 40 | 03:56:37 | 01:56:36 | 02:00:01 | 03:57:32 |
| 65 | 8 | Reker, Stefanie | LG Oerlinghausen | 1971 | 18 | 30 | 03:56:51 | 01:56:31 | 02:00:19 | 03:57:47 |
| 66 | 84 | Gerritzen, Renate | Viktoria Goch | 1943 | 2 | 55 | 03:56:55 | 01:52:50 | 02:04:05 | 03:57:39 |
| 67 | 169 | Heppener, Birgit | *Düsseldorf | 1967 | 19 | 30 | 03:57:01 | 01:55:02 | 02:01:59 | 03:58:08 |
| 68 | 172 | Podsadowski, Viola | MV Schrecke | 1975 | 4 | HK | 03:57:18 | 01:56:35 | 02:00:42 | 03:58:43 |
| 69 | 146 | Rubbert, Susanne | LSF-Unna-2000 | 1964 | 17 | 35 | 03:58:42 | 02:00:17 | 01:58:24 | 03:59:40 |
| 70 | 30 | Blome, Ellen | *Bochum | 1974 | 5 | HK | 03:58:43 | 01:53:09 | 02:05:33 | 03:59:02 |

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|-----|-----|-------------------------|---------------------------|------|----|----|----------|----------|----------|----------|
| 71 | 238 | Mansith, Daniela | LT Lintorf | 1973 | 6 | HK | 03:58:59 | 01:58:00 | 02:00:59 | 03:59:51 |
| 72 | 44 | Lange, Sylvia | *Minden | 1952 | 9 | 45 | 03:59:05 | 01:57:01 | 02:02:03 | 03:59:59 |
| 73 | 63 | Bartholomäus, Rike | Tusem Essen | 1959 | 15 | 40 | 03:59:31 | 01:57:30 | 02:02:01 | 04:00:07 |
| 74 | 19 | Werder, Anke | LG Marienfeld | 1962 | 18 | 35 | 03:59:52 | 01:55:34 | 02:04:17 | 04:00:18 |
| 75 | 107 | Moelders, Petra | DJK Kalkar | 1955 | 10 | 45 | 04:01:34 | 01:50:51 | 02:10:43 | 04:02:00 |
| 76 | 46 | Dahmen, Ellen | *Duisburg | 1964 | 19 | 35 | 04:02:17 | 01:52:52 | 02:09:25 | 04:02:59 |
| 77 | 215 | Gabriel, Bernadette | *Gladbeck | 1958 | 16 | 40 | 04:02:17 | 01:52:36 | 02:09:41 | 04:03:07 |
| 78 | 152 | Redenz, Ursula | DJK Jung-Siegfried Herzog | 1959 | 17 | 40 | 04:02:18 | 02:01:53 | 02:00:24 | 04:03:02 |
| 79 | 246 | Peichl, Jutta | *Hameln | 1962 | 20 | 35 | 04:03:35 | 02:01:14 | 02:02:21 | 04:04:51 |
| 80 | 236 | Schücker, Manuela | Marathon Club Menden | 1961 | 18 | 40 | 04:04:06 | 01:57:25 | 02:06:40 | 04:05:18 |
| 81 | 237 | Hildebrandt, Anke | Spiridon Schleswig | 1964 | 21 | 35 | 04:04:20 | 02:00:34 | 02:03:46 | 04:05:00 |
| 82 | 122 | Hoffmann, Jutta | VWG Dortmund | 1959 | 19 | 40 | 04:04:48 | 01:59:07 | 02:05:40 | 04:05:42 |
| 83 | 60 | Gärtner Dumke, Evelyn | DJK Eintracht Lüdenscheid | 1966 | 22 | 35 | 04:04:51 | 02:00:38 | 02:04:12 | 04:05:27 |
| 84 | 228 | Borchers, Stefanie | TRC Essen 84 | 1968 | 20 | 30 | 04:05:45 | 01:56:18 | 02:09:26 | 04:06:20 |
| 85 | 137 | Matschke, Wilma | *Oberhausen | 1957 | 20 | 40 | 04:06:17 | 01:43:30 | 02:22:47 | 04:07:28 |
| 86 | 93 | Hellwig, Nicole | *Essen | 1971 | 21 | 30 | 04:06:45 | 02:01:02 | 02:05:43 | 04:07:46 |
| 87 | 240 | Hau, Elke | LT Kettwig 2000 | 1946 | 3 | 55 | 04:06:49 | 01:56:08 | 02:10:40 | 04:07:49 |
| 88 | 2 | Radtke, Helga | *Bochum | 1958 | 21 | 40 | 04:07:42 | 02:06:17 | 02:01:24 | 04:08:54 |
| 89 | 80 | Wendland, Bärbel | LG Oerlinghausen | 1944 | 4 | 55 | 04:08:33 | 02:00:43 | 02:07:50 | 04:09:30 |
| 90 | 205 | Kläver, Martina | SVE Eggerode | 1961 | 22 | 40 | 04:09:03 | 01:58:00 | 02:11:02 | 04:10:08 |
| 91 | 91 | Renneke, Irmgard | TC RW Salzkotten | 1954 | 11 | 45 | 04:09:51 | 01:59:41 | 02:10:09 | 04:10:46 |
| 92 | 69 | Schäfer, Sabine | LG Bonn/Troisdorf | 1964 | 23 | 35 | 04:10:02 | 01:57:19 | 02:12:42 | 04:10:32 |
| 93 | 135 | Großheim, Dagmar | Viersener Turnverein | 1962 | 24 | 35 | 04:10:10 | 02:01:25 | 02:08:44 | 04:11:14 |
| 94 | 86 | Ewers, Dorit | Hamb. Mannh. BSV HH | 1961 | 23 | 40 | 04:10:23 | 02:06:23 | 02:04:00 | 04:11:33 |
| 95 | 227 | Homberg, Susanne | DLZ Bad Lippspringe | 1959 | 24 | 40 | 04:10:28 | 02:00:20 | 02:10:08 | 04:11:07 |
| 96 | 151 | Welke-Reichwein, Frauke | *Essen | 1970 | 22 | 30 | 04:10:52 | 02:04:33 | 02:06:18 | 04:11:34 |
| 97 | 276 | Last, Bettina | Laufwerk | 1974 | 7 | HK | 04:12:00 | 02:06:25 | 02:05:34 | 04:13:09 |
| 98 | 90 | Krick-Jung, Ursula | SC Rot Weiß Verne | 1956 | 12 | 45 | 04:12:19 | 02:02:32 | 02:09:46 | 04:13:13 |
| 99 | 239 | Ketzer, Ina | Iserlohner Tri Team | 1965 | 25 | 35 | 04:12:21 | 02:03:43 | 02:08:38 | 04:13:13 |
| 100 | 97 | Lauxtermann, Annelie | LG Osnabrück | 1949 | 4 | 50 | 04:12:29 | 02:02:44 | 02:09:45 | 04:13:22 |
| 101 | 112 | Weith, Beate | TV Bissendorf-Holte | 1959 | 25 | 40 | 04:13:37 | 02:00:04 | 02:13:33 | 04:14:32 |
| 102 | 7 | Rottschäfer, Gerhild | LC 92 Bad Salzuflen | 1949 | 5 | 50 | 04:13:41 | 02:00:48 | 02:12:53 | 04:14:43 |
| 103 | 39 | Richter, Roswitha | LG Hünxe | 1952 | 13 | 45 | 04:14:33 | 02:01:21 | 02:13:11 | 04:15:39 |
| 104 | 241 | Mönnichs, Barbara | *Wuppertal | 1966 | 26 | 35 | 04:16:28 | 02:08:14 | 02:08:14 | 04:17:19 |
| 105 | 171 | Ruzicska, Tanja | DMT Düsseldorf | 1973 | 8 | HK | 04:16:47 | 02:02:37 | 02:14:10 | 04:17:38 |
| 106 | 233 | Lange, Mieke | *Mülheim | 1968 | 23 | 30 | 04:17:21 | 02:07:04 | 02:10:17 | 04:18:44 |
| 107 | 219 | Loerke, Birgit | Etuf Essen | 1957 | 26 | 40 | 04:17:29 | 02:11:17 | 02:06:11 | 04:18:57 |
| 108 | 94 | Litzki, Rita | Turnerbund Osterfeld | 1960 | 27 | 40 | 04:18:36 | 01:59:17 | 02:19:19 | 04:19:44 |
| 109 | 54 | Jaschinski, Rita | Ruhrkohle AG | 1947 | 6 | 50 | 04:18:53 | 01:55:07 | 02:23:46 | 04:19:32 |
| 110 | 154 | Stolle, Birgit | TUSEM Essen | 1959 | 28 | 40 | 04:19:10 | 01:53:47 | 02:25:23 | 04:19:38 |
| 111 | 111 | Maringer, Andrea | TV Bissendorf-Holte | 1973 | 9 | HK | 04:19:33 | 02:03:35 | 02:15:58 | 04:20:29 |
| 112 | 110 | Bergmann, Karin | TV Bissendorf-Holte | 1958 | 29 | 40 | 04:19:35 | 02:03:37 | 02:15:57 | 04:20:29 |
| 113 | 270 | Aulbach, Sisko | Röntgenschnecke FAL | 1959 | 30 | 40 | 04:20:52 | 02:11:22 | 02:09:30 | 04:21:40 |
| 114 | 139 | Lewinski, Christine | *Dortmund | 1981 | 10 | HK | 04:21:53 | 02:00:24 | 02:21:28 | 04:22:23 |
| 115 | 124 | Bayer, Else | TSG Valbert | 1939 | 2 | 60 | 04:22:16 | 02:10:30 | 02:11:45 | 04:22:45 |
| 116 | 53 | Wilhelm, Frauke | *Essen | 1968 | 24 | 30 | 04:22:59 | 02:07:54 | 02:15:05 | 04:23:37 |
| 117 | 27 | Bogdanski, Jennifer | Marathon Soest | 1977 | 11 | HK | 04:23:16 | 02:11:48 | 02:11:28 | 04:23:52 |
| 118 | 173 | Fleischhauer, Elke | SG Eintracht Schwerte | 1964 | 27 | 35 | 04:23:48 | 02:01:37 | 02:22:11 | 04:24:17 |
| 119 | 234 | Kolpatzik, Beate | TVE Bismarck 01 | 1961 | 31 | 40 | 04:24:10 | 02:06:11 | 02:17:58 | 04:25:28 |
| 120 | 222 | Grandjot, Ursula | *Lünen | 1959 | 32 | 40 | 04:24:18 | 02:11:28 | 02:12:50 | 04:25:43 |
| 121 | 120 | Otto, Angelika | *Essen | 1960 | 33 | 40 | 04:24:30 | 02:04:18 | 02:20:11 | 04:25:38 |
| 122 | 133 | Drechsel, Rita | SuS Bertlich 1945 | 1953 | 14 | 45 | 04:26:13 | 02:06:12 | 02:20:00 | 04:27:32 |
| 123 | 103 | Koller, Gabriele | *Dortmund | 1952 | 15 | 45 | 04:26:38 | 02:04:03 | 02:22:34 | 04:28:05 |
| 124 | 235 | Kampmann, Martina | *Korschenbroich | 1962 | 28 | 35 | 04:26:49 | 02:06:42 | 02:20:07 | 04:27:41 |
| 125 | 9 | Iseke, Rosi | LT Dümpten | 1954 | 16 | 45 | 04:27:25 | 02:03:33 | 02:23:51 | 04:28:41 |
| 126 | 121 | Busse, Karola | TSV Rönsahl | 1965 | 29 | 35 | 04:27:28 | 02:13:16 | 02:14:12 | 04:28:35 |
| 127 | 138 | Königs-Hüneburg, Andre | a ASV Süchteln | 1964 | 30 | 35 | 04:27:34 | 01:55:04 | 02:32:29 | 04:27:58 |
| 128 | 279 | Krueger, Elisabeth | LT Moltlerbusch | 1964 | 31 | 35 | 04:27:34 | 01:59:50 | 02:27:44 | 04:28:16 |
| 129 | 81 | Daniels, Erika | *Krefeld | 1967 | 25 | 30 | 04:28:57 | 02:04:20 | 02:24:36 | 04:30:05 |
| 130 | 76 | Labotzke, Verena | *Bochum | 1979 | 12 | HK | 04:29:36 | 02:08:48 | 02:20:47 | 04:30:06 |
| 131 | 55 | Jordan, Angelika | Ruhrkohle AG | 1957 | 34 | 40 | 04:30:34 | 02:02:31 | 02:28:02 | 04:31:19 |
| 132 | 115 | Moenikes-Schulte, Catr | in LSF-Unna-2000 | 1962 | 32 | 35 | 04:30:38 | 02:12:52 | 02:17:46 | 04:32:05 |
| 133 | 134 | Kimmeskamp, Birgit | TVK 1877 Essen | 1965 | 33 | 35 | 04:31:32 | 02:05:46 | 02:25:46 | 04:32:44 |
| 134 | 105 | Schneider, Karin | *Coesfeld | 1968 | 26 | 30 | 04:32:44 | 02:13:07 | 02:19:36 | 04:33:36 |
| 135 | 64 | Jasniack, Claudia | *Münster | 1974 | 13 | HK | 04:32:47 | 02:12:05 | 02:20:42 | 04:33:23 |
| 136 | 268 | Tolksdorf, Ursula | ASV Köln | 1943 | 5 | 55 | 04:32:59 | 01:56:58 | 02:36:01 | 04:33:37 |
| 137 | 104 | Freudenmacher, Christi | ne TSV Freckenfeld | 1959 | 35 | 40 | 04:33:04 | 01:59:04 | 02:33:59 | 04:34:06 |
| 138 | 98 | Ebelt, Doris | LSF-Unna-2000 | 1954 | 17 | 45 | 04:33:49 | 02:17:37 | 02:16:12 | 04:34:47 |
| 139 | 281 | Westermann, Britta | LSF Unna 2000 | 1967 | 27 | 30 | 04:33:50 | 02:17:38 | 02:16:12 | 04:34:47 |
| 140 | 218 | Bourquain, Hildegard | TV Kaiseran | 1955 | 18 | 45 | 04:33:59 | 02:16:30 | 02:17:29 | 04:35:04 |
| 141 | 108 | Rosinska, Janina | MTV LT Nordstemmen | 1936 | 1 | 65 | 04:34:12 | 02:04:30 | 02:29:41 | 04:34:36 |
| 142 | 156 | Berntzen, Viktoria | LSV Unna | 1970 | 28 | 30 | 04:34:16 | 02:17:05 | 02:17:10 | 04:35:42 |
| 143 | 203 | Ortega, Rosa Maria | *Essen | 1955 | 19 | 45 | 04:34:52 | 02:06:03 | 02:28:48 | 04:35:52 |
| 144 | 126 | Kuhnen, Rosemarie | Tusem Essen | 1935 | 2 | 65 | 04:36:00 | 02:09:57 | 02:26:03 | 04:37:01 |
| 145 | 42 | Hüging, Doris | SuS Neuenkirchen | 1957 | 36 | 40 | 04:37:03 | 01:55:54 | 02:41:08 | 04:37:33 |
| 146 | 18 | Lendermann, Christa | RTB LT Remscheid | 1952 | 20 | 45 | 04:37:09 | 02:06:34 | 02:30:35 | 04:38:09 |
| 147 | 4 | Moormann, Antonette | FLIB Bremen | 1967 | 29 | 30 | 04:37:21 | 02:13:29 | 02:23:51 | 04:38:30 |

| | | | | | | | | | | |
|-----|-----|------------------------|------------------------|------|----|----|----------|----------|----------|----------|
| 148 | 213 | von Eyckelr Aling, Wel | dtr Rot Gold Voerde | 1954 | 21 | 45 | 04:38:20 | 02:16:05 | 02:22:14 | 04:39:42 |
| 149 | 51 | Singbeil, Marianne | *Velbert | 1961 | 37 | 40 | 04:38:44 | 02:13:50 | 02:24:54 | 04:39:35 |
| 150 | 24 | Pilz, Angelika | Lauftrerr Hohenlimburg | 1955 | 22 | 45 | 04:40:42 | 02:11:23 | 02:29:19 | 04:41:52 |
| 151 | 25 | Ottensmeyer, Annette | Lauftreff Hohenlimburg | 1961 | 38 | 40 | 04:40:43 | 02:11:23 | 02:29:19 | 04:41:52 |
| 152 | 32 | Winterbach, Maria | *Velbert | 1962 | 34 | 35 | 04:41:35 | 02:13:50 | 02:27:45 | 04:42:27 |
| 153 | 214 | Lenz, Erika | Tus 08 Lintorf | 1965 | 35 | 35 | 04:41:51 | 02:22:56 | 02:18:55 | 04:43:16 |
| 154 | 5 | Aaronson, Stefanie | RSC Einbeck | 1966 | 36 | 35 | 04:42:31 | 02:11:29 | 02:31:01 | 04:43:43 |
| 155 | 87 | Mittelberg, Renate | *Versmold | 1959 | 39 | 40 | 04:45:29 | 02:14:29 | 02:30:59 | 04:46:43 |
| 156 | 273 | Fonau, Britta | Tri Geckos | 1962 | 37 | 35 | 04:47:00 | 02:10:23 | 02:36:37 | 04:48:24 |
| 157 | 47 | Granas, Susanne | LG Schmidts Katze | 1969 | 30 | 30 | 04:47:37 | 02:09:35 | 02:38:01 | 04:48:20 |
| 158 | 226 | Blume, Karin | *Wuppertal | 1953 | 23 | 45 | 04:48:25 | 02:21:37 | 02:26:48 | 04:49:51 |
| 159 | 14 | Scharf, Gabriele | *Essen | 1969 | 31 | 30 | 04:48:50 | 02:21:28 | 02:27:21 | 04:50:14 |
| 160 | 147 | Beckmann, Angelika | LSF-Unna-2000 | 1956 | 24 | 45 | 04:49:55 | 02:11:52 | 02:38:02 | 04:51:02 |
| 161 | 11 | Grunenberg, Regina | *Dortmund | 1958 | 40 | 40 | 04:51:51 | 02:19:23 | 02:32:27 | 04:53:22 |
| 162 | 175 | Kache, Beate | RV Edelweiß Mettmann | 1961 | 41 | 40 | 04:52:11 | 02:09:24 | 02:42:46 | 04:53:05 |
| 163 | 13 | Wenta, Helga | *Duisburg | 1954 | 25 | 45 | 04:54:01 | 02:21:31 | 02:32:30 | 04:55:04 |
| 164 | 141 | Weyandt, Ursula | *Bremen | 1948 | 7 | 50 | 04:55:12 | 02:14:35 | 02:40:37 | 04:56:22 |
| 165 | 201 | Wendt-Teschner, Christ | ian Glehner TV | 1960 | 42 | 40 | 04:56:02 | 02:16:35 | 02:39:26 | 04:57:05 |
| 166 | 216 | Huller, Angela | *Essen | 1967 | 32 | 30 | 04:56:31 | 02:15:56 | 02:40:35 | 04:56:51 |
| 167 | 174 | Rusche, Ruth | TSV Buenelovenzen | 1955 | 26 | 45 | 04:56:38 | 02:13:16 | 02:43:21 | 04:57:35 |
| 168 | 73 | Ratajczak, Agnes | FC Stoppenberg | 1957 | 43 | 40 | 05:02:14 | 02:21:38 | 02:40:36 | 05:03:40 |
| 169 | 106 | Vonderschen, Katrin | *Bonn | 1977 | 14 | HK | 05:04:32 | 02:18:43 | 02:45:49 | 05:05:44 |
| 170 | 212 | Schulze, Jennifer | *Düsseldorf | 1974 | 15 | HK | 05:05:00 | 02:16:32 | 02:48:27 | 05:05:53 |
| 171 | 21 | Gonstalla, Brigitte | *Geseke | 1958 | 44 | 40 | 05:05:05 | 02:14:14 | 02:50:51 | 05:05:57 |
| 172 | 142 | Thier, Petra | *Essen | 1975 | 16 | HK | 05:05:39 | 02:22:46 | 02:42:53 | 05:07:01 |
| 173 | 75 | Joost, Klärchen | Marathon Steinfurt | 1926 | 1 | 75 | 05:11:45 | 02:15:45 | 02:56:00 | 05:12:51 |
| 174 | 61 | Eichner, Sigrid | SCC Berlin | 1940 | 3 | 60 | 05:12:38 | 02:37:51 | 02:34:46 | 05:13:00 |
| 175 | 72 | Feldhaus, Ursula | *Solingen | 1946 | 6 | 55 | 05:15:16 | 02:23:32 | 02:51:44 | 05:15:51 |
| 176 | 205 | Baar, Martina | | 1969 | 33 | 30 | 05:17:57 | 02:21:27 | 02:56:30 | 05:19:17 |
| 177 | 38 | Scheer, Karin | TV Klein Wiedenest | 1949 | 8 | 50 | 05:25:35 | 02:15:09 | 03:10:26 | 05:28:43 |
| 178 | 217 | Stolzenburg, Jessica | *Ulm | 1974 | 17 | HK | 05:33:15 | 02:29:06 | 03:04:09 | 05:34:07 |