

49th RWE-Marathon 2011

QUICK INFORMATION FOR FOREIGN PARTICIPANTS

The 49th RWE-Marathon 2011 is organised according to the international competition regulations (IWB) of the German Athletics Federation (DLV) and the International Athletics Federation (IAAF). Participation is open to anyone born in **1993 or earlier**.

START & FINISH

Date: **Sunday, 9th of October 2011**

Location: Freiherr-vom-Stein-Straße, Essen, Lake Baldeney (close to Regatta House)

Start **10:00 a.m.** single competition / **10:20 a.m.** relay

Finish closes at **3:30 p.m.** (time limit: 5:30 hrs)

ORGANISATION

TUSEM Essen 1926 e.V.

Mr. Gerd Zachaeus, Osnabruecker Str. 16, 45145 Essen, Germany

Tel.: +49 (0) 201 / 749 5520 (9:00 a.m. – 6 p.m., except for Saturday & Sunday)

E-Mail: organisation@essen-marathon.de, Internet: www.rwe-marathon.de

Bank account: Sparkasse Essen, bank code 36050105, account no. 8891418, reference "Marathon", IBAN: DE 42 36 05 01 05 00 08 89 14 18, BIC: SPE SDE 3E XXX

ENTRY FEE

Single Competition:	until March 31st	30 € (early check-in)
	April 1st to July 31st	35 €
	August 1st to September 30th	40 €
	Late registration	45 €
Relay:	until September 30th	80 €
	Late registration	90 €

Pasta Party on Saturday, 8th of October, from 4:00 p.m. to 7:00 p.m. additional 4 €.

Please indicate when registering.

REGISTRATION

Due to the necessity of a German bank account, it is **not** possible for foreign runners to register online. Nevertheless, we make it as easy as possible for you. Send your complete registration data to the address mentioned above. You can choose to pay the registration fee by cheque or pay-in slip (please include) or by cash, when getting your race number.

Please indicate the following **obligatory** registration data:

Surname / first name / nationality / club / street / zipcode / city / email / date of birth / sex / personal record / chip number (if existent, otherwise you have to buy or rent a chip, details see TIMING). By receiving your race number, you agree upon the exclusion of liability!

Please pay attention on readability of your data! List of all participants (updated weekly):

<http://signup.mikatiming.de/startlist/mikatiming01/startlist1.php?meeting=16240>

TIMING

Timing is only done by ChampionChip. **No chip – no participation!** The ChampionChip is a plastic transponder which has to be attached to your running shoe. It is used to keep times at most running events in Germany and at most of the large marathons worldwide.

a) **Chip owners** indicate their personal chip numbers during registration (a combination of 2 letters and 5 numbers, the hyphen can be neglected).

b) **Chips may be rent with the option to purchase.** You pay 30 € (cash) when picking up your race number. If you keep the chip after the race, it will be considered as purchased and you can use it for further events. If you return the chip undamaged until 4 p.m., you will receive 25 € back (rental fee of 5 €).

Please fasten the chip to your shoelaces (no metal devices used) – otherwise your time will not be measured.

REGISTRATION OFFICE / RACE NUMBERS

Issue of race numbers and late registration at the gym of the regatta house, Freiherr-vom-Stein-Straße 206c. **Trouble desk** for transferring race numbers (5 €) and changing registration data.

Saturday, October 8th, from 1:00 p.m. to 6:00 p.m.

Sunday, October 9th, from 7:30 a.m. to 9:30 a.m.

CATEGORIES & AWARDS

Separate results for men and women. Categories according to the Athletics Regulations (LAO). Team ranking (3 runners in order, same sex) by time addition.

Medals for all finishers within time. Instant certificate with interim results directly after the run. All results and online-certificates will be available during the evening on internet with the possibility to print. See www.rwe-marathon.de. Cups and/or prizes in kind for 1st - 6th place women and men and 1st - 3rd place age classes and team ranking. No prize money!

COURSE & REFRESHMENTS

The course is flat and completely tarmaced. It leads two laps around the Lake Baldeney with a reversing track loop in round one and is measured by newest international guidelines (AIMS/IAAF). Each kilometer is specially marked by signs. Split times every 5 km. Equipment like poles and baby carriages is not allowed. Escort by bicycles will lead to disqualification.

Refreshment points approx. every 5 km. Water, isotonic drinks, tea, cola and bananas will be available. In the finishing area you can get beer (alcoholic and non-alcoholic), too. It is possible to hand in your **own nutrition** for the race on Saturday, October 8th, from 1:00 p.m. to 6:00 p.m. and on Sunday, October 9th, until 9:00 a.m.

HOTEL OFFER

Special offer for runners! When booking, please mention the keyword "Marathon"

Hotel Bredeney, Theodor-Althoff-Str. 5, 45133 Essen

Tel.: +49 (0) 201 / 769-0, Fax: +49 (0) 201 / 769-3143

email: info.essen@hotelbredene.de, internet: www.hotelbredene.de